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Bay of Fundy

Of all Nova Scotia's countless attractions, none is more interesting than the tormented tides of the Bay of Fundy. In this northern end of the bay, especially where the water becomes more confined, it rolls not merely in waves, but in spectacular walls that march onto the shore. The changing colors of the water, red, blue and green and silver, are remarkable at all times, in the early morning they are exquisite, when fogs still hang low and the crimson of the sky tinges the water through the misty gray veil.

Tides of Fundy, tides of Fundy, What is it you bring to me—
News from nowhere vague and haunting
As the white fog from the sea.
—Vernon Quinn, in "Beautiful Canada."

BABY'S OWN TABLETS

AN EXCELLENT REMEDY

For Any of the Many Minor Ailments of Infants and Young Children.

No mother can expect that her child will escape all the ills to which babyhood and childhood are subject, but she can do much to lessen their severity, and to make baby's battles for health easily won.

Nine-tenths of the minor ailments which afflict babyhood and childhood are caused by some derangement of the stomach and bowels. Regulate the stomach and bowels and these troubles will disappear. To do this nothing can equal Baby's Own Tablets. They are a mild but thorough laxative which through their action on the stomach and bowels never fail to banish constipation and indigestion, colds and simple fevers, expel worms and make the dreaded teething time easy.

Concerning Baby's Own Tablets Mrs. A. Koshan, Hamilton, Ont., writes: "Kindly send me your booklet, 'Care of Baby in Health and Sickness.' I have two little children, four and a half and three years old and have used nothing else for them but Baby's Own Tablets. I think the Tablets are a wonderful medicine for little ones."

Baby's Own Tablets are sold by all medicine dealers or will be sent by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

It Pays to Advertise.
He who whispers down a well about the goods he has to sell will never make as many dollars as he who climbs a tree and hollers.



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You really enter sunny California the moment you step aboard one of the five famous Santa Fe cross-continent trains.

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The Fair Hills of Ireland

A plentiful place is Ireland for hospitable cheer.
Ullean dubh O!
Where the wholesome fruit is bursting from the yellow barley ear.
Ullean dubh O!
There is honey in the trees where her misty vales expand,
And her forest paths, in summer, are by falling waters fann'd;
There is dew at high noon tide there, and springs in the yellow sand,
On the fair hills of holy Ireland.

Large and profitable are the stacks up on the ground,
Ullean dubh O!
The butter and the cream do wondrously abound,
Ullean dubh O!
The cresses on the water and the sorrels are at hand,
And the cuckoo's calling daily his note of mimic bland,
And the bold thrush sings so bravely his song in the forests grand,
On the fair hills of holy Ireland.
—Sir Samuel Ferguson. (From the Irish.)

An Uncringing Reply.

Queen Elizabeth is sometimes pictured as possessed of a temper which, carrying with it the power of revenge, made it greatly feared. The "Virgin Queen" is also reported by some writers to have been a proficient musician. Probably both statements are true. Although it was hardly safe to speak of her temper during her life, it was the proper thing to flatter her musical attainments. One of her desires was to excel Mary Queen of Scots as a performer. But Elizabeth's temper did not always cause her to wreak vengeance on those who spoke in an unbecoming manner of the Queen. This is instanced in the case of Dr. Tyre, who frequently performed on the organ in the royal chapel. On one occasion while he was playing some music more technical than funeral, she sent the verger to him with the message that he was playing out of tune. The doctor's quick reply was: "Tell the Queen that her ears are out of tune."

The Queen let the mark pass without rebuke.

THE TRIALS OF MIDDLE-AGE

Much of the Suffering Women Endure Can be Avoided.

Every woman approaches middle age with considerable anxiety, because she knows this is the time of her life when trivial ailments may be the first signs of trials and sufferings to come. She fears the headaches, backaches, lassitude and other distressing weaknesses that burden the life of so many women at this period.

Much of the anxiety and suffering that assail women approaching middle age can be avoided. This has been proved by thousands of happy, virile women who have relied at this time on the health-help given by Dr. Williams' Pink Pills. To the middle-aged woman the one thing necessary to carry her through her years of trial is rich, red blood. Because of their direct action on the blood, Dr. Williams' Pink Pills are the one remedy praised by women for women's needs. Among the thousands who have found benefit from this remedy is Mrs. Allan Wager, Echo Lake, Ont., who says: "I was at a critical period in the lives of all women and was sick and miserable. I became so much run-down that I was unable to do my housework. The least exertion would cause my heart to flutter so violently that I would have to sit down. I had headaches, and backaches, and was in a depressed condition. I saw Dr. Williams' Pink Pills recommended and decided to give them a trial. It was fortunate that I did so, for under the use of this medicine I was restored to good health and strength and feel like a new woman. I never neglect an opportunity to recommend this remedy to those who are run-down for I am very grateful for what the pills did for me."

For all ailments due to weak watery blood Dr. Williams' Pink Pills will be found a specific. You can get the pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Moving Pictures.
"Seen much of moving pictures lately?"
"Have I? My wife's doing the fall cleaning."

Many Jews Change Names in New Palestine Homes

The Jewish aptitude for a change of surname is reported to be manifesting itself in Palestine, where many of the Zionist settlers are adopting the new Hebrew designation "Mizrachi," meaning Easterner, says "The Manchester Guardian." Once upon a time a whole great Jewish community was compelled to make such a change of name by law. After the Prussian War of Liberation in 1813, an edict was issued ordering all Jews within the Prussian realm to Teutonize their surnames. Most of those affected chose new designations from nature and originated the tribes of Rosensteln, Rosenberg, Blumensteln, and so forth.

Accuracy.

Farmer—"Is there anything about my farm that I can explain to you?"
Small City Boy—"Yes, sir. How do chickens know how big egg-cups are?"
Navy Yard Church Bells.
Church bells are being cast in Danzig at the navy yard where warships were formerly repaired.

The art of using moderate abilities to advantage wins praise and often acquires more reputation than actual brilliancy.—La Rochefoucauld.

INDIGESTION

Dr. Franklin's DIGESTIN

Strengthens the Stomach, relieves and prevents Dyspepsia, Biliousness, Heartburn, Sour Stomach, Nausea, Flatulence, Headache, and all other troubles caused by disordered Stomach and Bowels. Buy at your drug store or mail fifty cents to our address.

Dr. Franklin Laboratories
Toronto

Surnames and Their Origin

ATWATER

Variations—Atton, Atcliff, Atwood, Atworth, Atfield, Hatfield.
Racial Origin—English.
Source—A locality.
Very nearly all family names of English origin begin in "AT," with the exception of certain ones in which this is but a corruption of the "Ad" from the given name of Adam, had their origin as indicative of the place of residence of those who bore them.

The period at which family names began to form in England was the period in which the Norman and Saxon elements of the population of that island were in process of amalgamation. Throughout most of this period there were two tongues spoken. It follows, then, that many surnames were formed in both languages, and from them have developed very often a Norman and Saxon family name, totally unlike in sound, but the same so far as their original meaning was concerned.

Surnames which were prefixed by "de" were, of course, Norman. The Saxon equivalent of this prefix was "at," or "atte," the latter being a contraction of "at the." To-day we don't speak of a person being "at" a place unless he actually is there at the moment. But in those days the word had much the same meaning as "of" or "from," like the French "a" in "a la" to-day.

The man who bore the name of Atwater was one who lived near the water. "Atton" meant "at the town." Atcliff was "at the cliff." Atworth was "at the worth" (wooded enclosure). Atwood and Atfield are obvious. Hatfield is sometimes a corruption of Atfield.

CURTIS

Variation—Curtiss.
Racial Origin—English.
Source—A sobriquet.
The origin of this family name is likely to prove quite puzzling to you and then, when it is explained, make you wonder why you never thought of it.

Say "courteous" real quick, and you will have it.

Courtesy in the Middle Ages apparently was a virtue none too general, else it would have been no distinction to call a man "Walter le Courteous." On the other hand it was by no means unknown, or the name would not be so widespread as it is to-day.

Curtis is one of those names which developed in many sections of England about the same time, and all Curtises are by no means sprung from the same stock.

There is another source of the name, however, though a search of the old records discloses that it was the source only in a minority of cases. It was the word "Curt-hose," literally "short-stocking," the sort of sobriquet that a man would gain for himself by reason of a peculiarity in his dress. As a matter of fact, the name of "Shorthose" is to be found to-day in England, though the variation is extremely rare.

There is a tendency among many students of language to explain these sobriquet family names by assuming that they are but corruptions, at one period or another, of already established names sounding somewhat like the corruption. But in this case, as in many others, actual records prove the contrary.

The King's Reproachful Formula

King Edward VII, among his other merits as an administrator, had the merit of punctuality, and he lost no opportunity to impress the importance of that virtue on others. One of the classic stories told to illustrate that characteristic of the King's is repeated in the Argonaut.

A dinner guest of the King's was late and, entering in a rush, presented himself before his host, obviously nervous about Edward's attitude. In the tone of a schoolmaster Edward said, "So-and-So, you are late."
"Yes, sir, but—"
The King repeated his reproachful formula: "So-and-So, you're late."
"I'm extremely sorry, sir, but—"
"So-and-So, you're late."
That was all; no excuse was adequate.

Humility

I cannot but think that one of the truest ways in which Christianity has made humility at once a commoner and a noble grace, has been in the way it has furnished work for the higher powers of man, which used to be idle and only ponder proudly on themselves. Idleness standing in the midst of unattempted tasks is always proud. Work touches the keys of endless activity, opens the infinite, and stands awe-struck before the immensity of what there is to do. It is something that never comes into the character, never shows in the face of a man who has never worked.—Phillips Brooks.

An underfed hen may get enough food to sustain the body, but not enough to make eggs. The first food eaten is used to build up waste tissues. After that the surplus goes to making fat or eggs, according to the nature of the feed.

Recompense.

What care I for the tongues of men? For have I not these things—
The beautiful sweep of the earth's full breast,
The transit of sun from east to west? 'Tis morn and the glad world aches
What is the speech of people?
In the market place stands the Pharisae,
But yonder a wild riot of vines,
The passage of a fox entwined,
Ah, calm is the heart of me.
—Virginia Stacy.

Light-Trick Fools Thieves.
The trick of leaving the dimmers and tall light on when parking is one that has prevented many car thefts. A potential thief who sees a car with lights burning figures that the owner is leaving the machine but a few minutes. In some cases it helps the battery, too.

The Laurentian forest area of Quebec is estimated to contain 72,000,000 acres and lumbering operations have been carried on for more than 100 years. The principal species are spruce, pine, cedar, tamarack, maple, birch, ash, elm, basswood and poplar.

The trail that leads to HOME

The Cunard Anchor-Donaldson ocean highway will be the home trail for many Canadian citizens intent on spending Christmas with the home folks in the British Isles this Christmas.

Leaving Halifax December 12th and 13th respectively the two Christmas ships "Lettitia" and "Antonia" are scheduled to arrive at the home ports three or four days before Christmas, the "Lettitia" at Belfast, Liverpool and Glasgow, and the "Antonia" at Plymouth, Cherbourg and London.

Ask your Steamship Agent for information, or write—
The Robert Reford Co., Limited
Montreal, Toronto, Quebec, St. John, N.B., Halifax.

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Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoacetic Salicylic Acid (Acetyl Salicylic Acid, "A. S. A."). While it is well known Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

RED ROSE TEA

"is good tea" TEA

Red Rose Orange Pekoe is extra good. Won't you try it this time?

Classified Advertisements.

REMNANTS

3 LBS. \$2. 5 LBS. PATCHES \$1.50. A. McCreey, Chatham, Ontario.

WANTED

Old Postage Stamps. If on envelopes do not remove. If not, send anyway. Highest prices paid. Write H. MERKER 547A Yonge St. Toronto

Wishes for Rain on Wedding Day.
Princess Astrid of Sweden will wish for rain on the day of her wedding to the Belgian Crown Prince, for a Swedish marriage superstition says: "Wealthy will be the bride upon whose crown rain falls."

Canadian Plan Book

In co-operation with Canadian Architects designs of moderate priced homes are published in the MacLean Builders' Guide. Detailed information on planning, building, furnishing, decorating and selling. Profusely illustrated. An ideal reference book. Send 25 cents for a copy. MacLean Builders' Guide 314 Adelaide St. W. Toronto, Ont.

MINARD'S "KING OF PAIN" LINIMENT

STRATFORD WOMAN

Restored to Health by Lydia E. Pinkham's Vegetable Compound

Stratford, Ontario. "After my first baby was born I started to work on the tenth day and did a big washing on the twelfth day. Being so young (I was married at 19) I did not know what was the matter, so let it go until I was all run-down, weak and nervous, and had a bad displacement. For nearly two years I could not sleep and I would always complain of having 'not a head-ache, but a brain-ache.' My mother is taking Lydia E. Pinkham's Vegetable Compound during the Change of Life and she recommended it to me. After taking two bottles I began to get a little sleep and to feel better and I have never left off since then, except for about three months. I can safely say I have taken thirty bottles since my second baby was born. I think it makes child-birth easier, as I had terrible pains with my first three children and very few with my fourth. I was so much stronger. I am now able to do my work alone but I am still taking the Vegetable Compound as I am nursing baby."—Mrs. OMER PAUL, 49 Cherry Street, Stratford, Ontario.

If you are suffering from any weakness which causes such symptoms as pains in the side and back and nervous feelings, give Lydia E. Pinkham's Vegetable Compound a trial now.

Cuticura OINTMENT

The Family Friend

Nothing purer, sweeter or more effective for eczemas, rashes, itching and irritations. Baths with Cuticura Soap and hot water to open the pores of impurities and follow with a gentle application of Cuticura Ointment to soothe and heal. Single Box Free by Mail. Ask for Cuticura Soap, Cuticura Ointment, Cuticura Shaving Cream. Cuticura Shaving Soap.

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