

The Delicious Flavor

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"SALADA" GREEN TEA

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THE REVOLT OF MRS. HUMMINGBIRD

In the midst of our discussions there was a whir in the columbines, and Mr. Hummingbird appeared. This was so unusual that pony-plans ceased abruptly; we sat very still. Mr. Hummingbird is shy; besides, he is such a beauty. We must be sure to have more columbines in these beds next year; they suit him so—and he does love them. But—had Mrs. Hummingbird, for once, sent him out to do the work? He had—so far as anything as transient as a hummingbird could have—the arduous, painstaking expression of one who grapples with an unaccustomed task; sometimes blundered a little, once almost missed his aim at a columbine-division. Surely this was the revolt of Mrs. Hummingbird. Every day, before, she had been doing the strenuous honey-search, tasting and sucking with all her little might; dashing at every possibility of prying, furiously into the slightest crack in the folded petals (the columbines were hardly out), sometimes at an inhospitable closed bud.

(Imagine Mrs. Hummingbird declaring, "Dearest, I must have a job"; Mr. Hummingbird retorting, "Darling—don't you think you have one already?" and Mrs. Hummingbird silencing him—if a hummingbird husband could be silenced, which I doubt—with "But this sitting on a nest, beloved, is a bore. I want to be out—being important, being visible, in the fierce traffic of the flower-beds!") Hummingbird nests, they tell us, are lined with cobwebs; imagine one of these little fiery creatures constraining itself to handle a cobweb; to weave it, patiently, into lining. Either cobwebs are tougher than one thinks—or else a hummingbird can be gentle when it tries.

Later on, when leaves thinned, we saw the little thimble-bump of a nest; high up, on a strong limb as broad as the nest. No precarious fork-architecture for these two. Getting honey was precarious enough, without a wiggly nest to worry over. I wish all birds were as careful.

How Does She Do It?

The average mother with four or five children, has been under scrutiny by an investigator in home economics. He finds that in the course of a year she makes the equivalent of 1,095 loaves of bread, fifty cakes and 750 pies, prepares meat which, if assembled, would make one or two cows and about six hogs, peels 5,110 potatoes, makes 1,200 beds, dusts 7,500 chairs and sews fifty to one hundred garments, exclusive of mending and darning and the sewing on of buttons. The gross amount of dishwashing and a number of other activities is not computed. In her spare time she may do the family wash.

This hardly seems to cover the ground. Mothers can be recalled who do all that and then some. They do it without any claim to knowledge of modern efficiency systems. Their objective is work performed and they go far in its attainment. The investigator is endeavoring to contribute an answer to the question: Shall mother be paid a salary? That question, however, once answered in the affirmative, is productive of another just as difficult of answer: Can we pay her what she is worth?

The Woman Pays.

"My new housemaid is a treasure," declared Mrs. Johnson. "I had a bridge party the other evening, and one woman failed to turn up. You know how it is—she gave me no notice whatever."
"Very annoying."
"The housemaid, however, put on one of my gowns and fitted in beautifully."
"That was helpful."
"Yes, and I won her week's wages."

Cedars in Lebanon.

Ever since Solomon sent 30,000 men to cut them, the cedars of Lebanon have had a powerful attraction to the tourist and the visiting scientist, and many descriptions of the famous trees are in print, remarkable chiefly for their apparent inaccuracy in regard to size, distribution, and number of the trees. It is a wonder any were left at all with a fresh crew of 10,000 in the woods every month; for Solomon split his 30,000 into three shifts and put them on the job in relays.

A Good Reason.

Sweet Young Thing—"Why do you have knots on the ocean instead of miles?"
Skipper (sarcastically)—"Well, you see, they couldn't have the ocean tied there were no knots."

Mrs. Hummingbird grew very tame, that summer. As I sat on the steps, she would get honey all round me. There was a flood of climbing nasturtiums nearby; I wondered if their honey could be as placid-colored as that from more mildy tinted flowers. About me she whizzed, now across my feet to get into a low-lying petunia, now in one wild whir across my face and up over the shed-roof in the sudden conviction that there were blossoms even finer among the pumps and plantains, mowing-machines, and agriculture of the back yard. Beautiful, these swoops; almost too swift—even for thought. In an instant, back she would come (I could have told her there was nothing in that back yard) and—zizz!—at the convolvulus. The throat of the convolvulus being just too long for her beak, she could not, with her utmost vivacity, hum herself in deep enough to reach the honey, so had to come to vulgar trampling and pushing—which, with those needle-claws, meant also tearing and scratching. But they were pale-gray, poetic little scratches after all.

The gentler pencil-stripings on the edge of the fragile blossoms were perhaps the most touching; so fairly delicate, so not-made-by-hands, that the flower looked as if fairies, on their keen little sleds, had been coasting down its rim. Only a convolvulus-bloom, unhappily, folds up at night. A fairy would have to do its costing on a petunia.

The petunias, however, were shorter necked, and showed no fairy slidings. As they blossomed more and more thickly she grew tamer and tamer. I inspected every item of her, as she hummed before me; the thorn-like shine of her beak; the exact spot where she stowed each curled-up ball of a foot; the brace-points at the end of her very practical tail, and, most impudent of all, the very black-rimmed curve of her nearer eyelid! One felt as if one ought to look away; but how little she minded.—Anne Bosworth Greene, in "Dipper Hill."

CHILDREN LIKE THEM

Baby's Own Tablets Are Effective and Easy to Give.

You do not have to coax and threaten to get the little ones to take Baby's Own Tablets. The ease with which they are given, as compared with liquid medicines, will appeal to every mother. None is spilled or wasted; you know just how big a dose has reached the little stomach. As a remedy for the ills of childhood arising from derangements of the stomach and bowels they are most satisfactory.

Mrs. Rose Voyer, Willimantic, Conn., says: "I used Baby's Own Tablets in the Canadian Northwest and found them a wonderful medicine for children's troubles, especially indigestion and constipation. I have also given them to my children for simple fever and the restlessness accompanying teething and they always gave relief. I can recommend Baby's Own Tablets to all mothers."
Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

On a Second Journey.

Give me to live this life again, and I would ask no better odds than those allowed.
The right to walk and mingle with the crowd.
To know the self-same space of earth and sky.
The self-same friends and neighbors dwelling nigh.
This country, smiling, clean and strong and proud,
For freedom born, for freedom long endowed,
With all its laughing ages passing by.
"But," asks a voice within me, "would you weep
As you have wept to walk through life again.
Would you want joys you knew you could not keep
And face once more those losses with their pain?"
Yes, once again to know those happy years,
I'd bear the burdens and I'd brave the tears.
—Edgard A. Guest.

Spruce is found in all the forest regions of Canada, and it is not only the most abundant but is the principal wood used in the manufacture of both lumber and pulp.

Keep Minard's Liniment handy.

SUNSPOTS ARE GIGANTIC CANNON

Astronomers Think They Bombard Earth With Electrons.

Secrets of Science.
By David Dietz.

Observations of the sunspots, it will be remembered, resulted in the discovery that the sun rotated on its axis once in 26 days and that the surface of the sun is molten and not solid.

The exact nature of the spots, however, is still one of the mysteries of astronomy.

They appear to be gigantic holes in the sun. Some astronomers think they are great whirlpools in the surface of the sun.

They change in size frequently. New ones appear and old ones disappear. There seems to be some sort of a cycle, so astronomers have observed, the greatest number appearing every 11 years.

As we gaze at these sun-spots it is impossible for us to conceive of their true magnitude.

Many of them are more than 50,000 miles across. In 1858, one was observed which was 107,000 miles across.

The matter in these sun-spots seems to be whirling about with a speed of more than 100 miles a second.

When one of these spots disappears, the sides rush together with a speed 20 times as great as that.

Rising sprays of fire leap thousands of miles from the surface of the sun and fall back upon it, rolling out in great waves.

A ship's large as the earth placed in such a storm would be tossed about like a cork.

A peculiar connection has been observed between sun-spots and certain phenomena upon the earth.

When the sun-spots are the most frequent, we have the most magnetic storms, that is, periods when compasses fail to function properly, when telephone and telegraph lines are thrown out of order, and the aurora borealis or "northern lights" are seen in the sky.

These facts have led some astronomers to believe that sun-spots are like gigantic cannon, bombarding the earth and space with a fusillade of electrons. Electrons are the particles of negative electricity which physicists now believe compose the atoms of all matter.

Next article: Will the sun ever give out?

Oh Mother! What Can I Do?

How many times a day do your babies ask you that question? And how often are you able to suggest some interesting game for them to play, some amusing occupation for a rainy day? If you'd like always to have a practical, helpful suggestion for them, read this snappy new feature:



Look through the magazine to find a picture of a sheep. Cut him out, then paste these bits of cotton on him for wool. You can paste him on cardboard to make him strong if you wish.

No Change in 20,000 Years.

It is believed that the market section of the ancient city of Bagdad has not changed in appearance or method during the last 20,000 years.

The shopping streets are like tunnels, lined with tiny booths, and packed and jammed with men, "velled" women, donkeys and camels.

In these quaint streets, there is always the clatter of at least a dozen different languages.

This market place is small, but probably the most congested spot in all the world during the business hours.

Don't let indigestion after meals, biliousness, heartburn, or dyspepsia take the pep out of you. Take Seigel's Syrup. Any drug store.

Canadian feldspar enjoys a well-merited reputation as a raw material for the ceramic industries, being of high grade and of uniform potash content. Analyses of sample from a number of quarries showing a potash content of about 12 per cent.

When hoarse use Minard's Liniment.

Ochres, wad and ferruginous clays suitable for the manufacture of paint, and hydrated oxides of iron for the purification of illuminating gas, are found in many parts of Canada.

Canada produces no tin ores. Though the occurrence of tin-bearing minerals has been noted in a number of localities, they have never yet been found in sufficient quantity to be of any economic importance.

SKATES! SKIS!
Joe Malone's Famous Hockey Skates, riveted on strong boots with ankle straps. Regular price \$11.00. Our price for one pair complete, only \$7.50. Skis and equipment the largest assortment in the world. Write for catalogue and prices. Ask for our catalogues and prices. THE BANCROFT CO. 2247 Bleury St. Montreal.

Great Beasts Were These.

The Dinosauria form an order of extinct land reptiles which inhabited the earth more than ten millions of years ago.

All that is known of them has been learned from the study of their fossil remains found in the rocks of Europe, India, South Africa, and North America.

All had limbs and in many species the hind ones were much larger than the front ones, indicating that the animals walked on two legs similar to the birds.

The bones are hollow, as in birds, and since in several other important features the skeleton is similar to that of birds it is believed that the two groups are closely related and have descended from a common parent.

Many species were of immense size. Brontosaurus, the giant reptile whose mounted stone skeleton is in the Museum of Natural History in New York, was over sixty feet long.

Diplodocus, whose fossil remains may be seen in the Carnegie Museum of Pittsburg, was about seventy feet in length.

The extinction of this entire group of huge creatures may have been brought about by lack of food or the presence of numerous parasitic or carnivorous enemies.

The reptiles are intermediate in structure between the amphibians and birds. The brain resembles that of the frog, but the cerebrum is larger. The vascular and respiratory systems approach the condition in birds.

In most forms the heart has two auricles and one ventricle, but in the crocodile a partition divides the ventricle into two parts.

It is literally true concerning woman in the home that her work is never done. She starts with housework when she rises in the morning and is kept busy up to the time she retires at night. The work must be done whether she is feeling well or not. It is no wonder that she often breaks down under the strain. She becomes breathless at slight exertion, feels exhausted if she walks up stairs. Headaches and dizzy spells become frequent, and life seems a burden. Much of this trouble is due to the fact that her blood has become thin, and watery, and to regain her good health she must take a reliable blood-enriching tonic such as Dr. Williams' Pink Pills. The great value of this tonic medicine is shown by the statement of Mrs. Mary Nolan, Lintlaw, Sask., who says: "When I began using Dr. Williams' Pink Pills I was a physical wreck. It was with great difficulty that I could do light housework. I suffered from headaches, my heart would beat violently at the least exertion, and I always felt tired and depressed. I did not sleep well at night, and I had no appetite—my limbs would swell as in dropsy. It was at this stage that a neighbor advised me to take Dr. Williams' Pink Pills. I had used the pills for some weeks before I began to feel their benefit; and thus encouraged I continued taking them for several months, when I was again as strong and well as ever. I have no hesitation in saying that these pills are a remarkable blood-builder and strength renewer and I shall ever be grateful for what they did for me."

You can get these pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

A WOMAN'S WORK IS NEVER DONE

No Wonder Health Gives Out and She Becomes Weak and Despondent.

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Fishing Through the Ice.

If you want to fish through the ice on a fairly large scale, cut a number of holes ten inches in diameter in the ice and in each pour a cupful of coal oil to keep the water from freezing again. Attach the line for each hole to an ordinary wooden barrel hoop. Lay this on the ice with the string suspended through the centre of the hole. The minute the fish takes the bait, the hoop will be pulled upright or partly so and you can tell from a long way off that you have a bite. Moreover, the hoop is springy, so there is no danger of breaking your line.

By running the line through the centre of a sheet of newspaper and laying this on the ice more light is excluded and might persuade a wary fish to bite.

Swinging to Work.

Pacific Islanders are probably the cleanest people on earth, for they spend a good part of every day in the water, and may be said to be almost as amphibious as sea. The children learn to swim almost as soon as they learn to walk. If the village happens to be at some distance from the shore, a swimming pool is formed in a nearby stream, and there mixed bathing is indulged in several times every day. With the skin constantly greased with cocoa-nut oil, the pulp of the bitter green orange makes a good soap and lathers freely. Dame Nature also supplies them with scrubbers, the husks of the cocoa-nut, and this they apply to their shining bodies very vigorously. Their towel is provided by the sun and wind.

Minard's Liniment for Chills.

Bank of Montreal Annual Meeting

President's Address.
In his review of the situation, Sir Frederick Williams-Taylor said in part: "As you know, the past year was a severe test for the Bank of Montreal, and which it is our duty as well as our determination to preserve the position of the Bank of Montreal in the face of the depression and this is reflected to the advantage of banking profits. Fortunately our great earnings power continued, though obviously our profits would have been larger had the industrial situation permitted us to put out more money to the trade and commerce of Canada rather than to loan on call in London and New York, and to hold high-class investments with a lesser field."

As to the future, my special message to our shareholders at distant points and abroad is that for several reasons, including a beautiful harvest, there has come about a better and more hopeful feeling throughout Canada. In consequence, there is ground for thinking that we have passed through the worst of our bad times and that we can look for better general conditions in which, naturally, our Bank must share, especially as we have been in a better or stronger position to undertake new business."

Conditions in the year under review were neither so good nor so bad as extremists on either side have stated. As to the outlook, it is true that, taking into national industry, the outlook is not bright, but our national budget, this must not continue. We must, sometimes and somehow, come to live within our means and begin to pay our debts. With good management of our affairs, we should be well able to do this, and we will do it as soon as our people wake up to the fact that public debt is a burden on the individual, and that the larger it gets, the more money it takes out of the individual pocket.

Need For Public Economy.
The pressing necessity of restricting, so far as may be legitimately possible, all national expenditures is generally recognized, but unless it is followed by appropriate action which results in reduction in taxes, we cannot regard it as other than an ineffective gesture. If our expenditures should be so controlled that within a reasonable time Canadian taxes should not exceed those imposed in the United States, it would provide an important stimulus to industry and also an effective aid to immigration and colonization, the need for which is apparent. When I urge as strongly as I can this measure of prudence and economy should be exercised, I do not do so with any feeling that the country actually and potentially possesses such wealth and opportunity that its future cannot be decided, and I deprecate most strongly expressions of opinion based upon local conditions and individual business which are perpetuated into pessimism as to the country's future when no real foundation for such a sentiment exists.

Golden Passage.
Leaves through the grass are telling over again. The passing of the god without a name. Gone down the earth unseen, unheard of men. With but these footprints for his fiery fame. These might be stars, so goldenly they burn. So fixed and fair are they, so still they lie. And it is only thus that men may learn. The way of feet that lately left the sky. And I who walk abroad these autumn nights. Between the stars above and the stars below. Am still bewildered by these glimmering lights. Incredible how there will come, I know. Rains that will quench these starry prints at last. As though it had not been a god that passed. —David Morton.

Minard's Liniment for stiff muscles.

Sentence Sermons.

I Have Never Seen—A spendthrift with a rosy future.
A headstrong boy who was not having trouble.
A jealous person who was also happy.
A home made brighter by moonshine.
An indulgent mother who did not handicap her child.
A successful church run by one man.
A satisfactory substitute for sincerity.

Canada's sugar maples have other uses; besides producing maple syrup and sugar. The wood is hard, even grained, and heavy, and is used for flooring, furniture, agricultural implements and woodwork.

Yes! It Really Does Stop Your Cough

GRAY'S SYRUP OF RED SPRUCE GUM

SHIP US YOUR POULTRY, GAME EGGS, BUTTER AND FEATHERS. WE BUY ALL YEAR ROUND. Write today for prices—we guarantee them for a week ahead. P. POULIN & CO. LIMITED. 36-39 Bonsecours Market—Montreal.

Saws SIMONDS Machine Knives

Use Cuticura to clear your skin. Send Each Free by Mail—Address Canadian Depot: "Simonds, Ltd., Montreal." Price, Soap and Cream, 25c. Cuticura Shaving Stick 25c.

HAD PIMPLES A WHOLE SUMMER

On Face and Neck, Lost Rest, Cuticura Healed.

"I had a breaking out of little, red pimples on my face and neck. The pimples festered and scaled over causing disfigurement. They itched and burned causing me to scratch, and the scratching caused eruptions. The irritation caused a lot of discomfort, and I lost my rest at night. I had the trouble a whole summer.

"I was treated without success. I read an advertisement for Cuticura Soap and Ointment and purchased some, and after using one box of Cuticura Ointment and two cakes of Cuticura Soap I was completely healed." (Signed) Mrs. Forest Krick, R. R. 4, Rockford, Ohio.

Use Cuticura to clear your skin. Send Each Free by Mail—Address Canadian Depot: "Simonds, Ltd., Montreal." Price, Soap and Cream, 25c. Cuticura Shaving Stick 25c.

COUGHING!

Take half a teaspoon of Minard's Internally in molasses. Bases the throat, stops the cough.

MINARD'S LINIMENT

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SHAW'S BUSINESS SCHOOLS, TORONTO. Train and place people in office positions through their study and employment department. Particulars free. Address: forty Bloor West, Toronto.

BAKERS' OVENS, WRITE FOR CATALOGUE and list of used ovens. Hubbard Oven Company, 125 King West, Toronto.

Graphite is found in nearly all the provinces of Canada, and even in Baffin Island. The Black Donald mine, near Calabogie, Ont., is the largest and richest deposit of flake graphite known in America.

French scientists are building an experimental refrigerating plant, for freezing sardines.

TAYLOR-FORBES Tree Pruners. For every purpose in the orchard, cutting limbs up to 11 inches. Handles 4, 6, 8, 10 and 12 feet. Your Hardware Dealer knows the quality. Our descriptive circular sent to any address on request.

TAYLOR-FORBES COMPANY, LIMITED, GUELPH, ONT.

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