

WOMEN'S HANDICAPS

Headaches and Backaches Often Make Life Miserable

A woman's health handicaps her almost always. She has pains and disabilities which do not afflict men. Nature does not give her a fair chance. Her blood is more often thin and poor than a man's and she often neglects the first beginnings of ill-health. Many women who seemed destined to a life of frequent suffering have been freed entirely from their suffering through the wonderful blood-making qualities of Dr. Williams' Pink Pills. Many a woman toils all day with a pain in her back and side, a burning headache, and a sense of having no spine left. What a pity women will not listen to their friends whom Dr. Williams' Pink Pills have saved from their misery. Whenever a woman suffers they will help her—in youth, middle-age and afterlife. Mrs. John Mitchell, of Middleville, Ont., gives her experience for the benefit of other women sufferers. She says: "Some years ago I was so badly run down I could hardly walk around the house. I tried to do a few chores but was able to do very little. My boys and husband had to do the rest. If I started up stairs I had to go very slow or I would fall, and I was just played out when I got at the top of the stairs. My head ached terribly, and my heart would beat violently. In this deplorable condition I began taking Dr. Williams' Pink Pills. When I had finished six boxes I felt much better. Then I got a further supply, and by the time I had taken these I could walk anywhere without being exhausted, the headaches had disappeared and I am now perfectly well. Any woman who is run down should not hesitate to begin Dr. Williams' Pink Pills at once, as I am sure from my own experience they will build her up."

You can get these Pills from any medicine dealer or by mail at 50¢ a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Level crossing over Italian railway are in future to be closed by gas painted with luminous paint, which will be visible by night.



INECTO RAPID

The world's best hair tint. Will restore gray hair to its natural color in 16 minutes.

Small size, \$3.30 by mail
Double size, \$5.50 by mail

The W. T. Pember Stores Limited
129, Yonge St., Toronto

Use SIMONDS SAWS and MACHINE KNIVES

They stay sharp longer.

SIMONDS CANADA SAW CO. LIMITED
1850 DUNDAS ST. W., TORONTO
VANCOUVER MONTREAL ST. JOHN'S

Massey-Harris Farm Impments & Repairs

Buy a new Massey-Harris No. 5A Binder for this year's Corn crop. It is greatly improved. Also see us if you are thinking of buying a new box out that is a whirlwind engine that you can buy. Our New Sulky Plow has no equal on the market, every buyer of a satisfied customer, and no one has been able to make a suggestion of an improvement on one. Order one early as we can sell them faster than we can get them. Call and see if you have not seen one, and if you ever try one you will never part with it.

We have a complete line of repairs on hand, and handle shears for all makes of Plows, a strictly Cash order of Massey-Harris Co. We also have a number of second-hand machines on hand, including all kinds of Plows, Binders, Drills, Engines, Wagons, etc. We are also agents for John Deere Co., Canadian Pottery Co., Ontario Wind Engine and Pump Co., and O. K. Pottery Co., Ontario.

D. HOLDEN, Agent, Phone, Stouffville

After illness you need BOVRL

Influenza, debility, indigestion, loss of vitality, weakness, nervousness, and all ailments which not only weaken the system, but also deprive it of its strength, and cause it to become exhausted and easily fatigued. BOVRL contains the most potent and stimulating principle known.

That is, why BOVRL puts you into

27-25

A-Ring

Beneath an ancient tomb I found a ring.
In Traibsond;
And graved in Greek within the slender thing
These words I coned,
Through dent and scar,
"In summer and in winter, Near and Far,
Here and Beyond."

Oh, Grecian maiden, more than hero he,
Who loved thee so,
And slipped upon thy finger delicately,
Long years ago,
This gift of gold,
And bound two souls with words that could withhold
Time's ebb and flow.

Braise Sorrow's heel, and trip sure-footed Death,
And now respond
In answering echo of immortal breath
Inaging bond,
No Doom can mar!
"In Winter, and in Summer, Near and Far,
Here, and Beyond."

—Eric Clough Taylor.



Born That Way.
No wonder he can turn somersaults so easily—his father was a tumble-bug.

Eclipse.

You have seen the black shadow
Rushing over the sky,
You have stood on a bare hill
And watched the fierce light die.

You do not see the slower shadow
The darkness that takes toll
Of clean strength and burnished beauty,
Creeping over a soul.

—Loretta Roche.

Lucky Man.

They were resting between the dances and he was pointing out to her the various local celebrities.
"That's old Grove's daughter," he said, indicating a tall sulky looking woman on the shady side of 30. "She's going to be married."
"Indeed!" said his partner. "Who's the lucky man?"
"Old Grove."

Total is Generous.

The missionary meeting was over the various amounts contributed by the members of the church had as usual, one of the most popular.
The way home little Jane said to her mother: "What a kind man Mr. must be. He gave ever so much more than anybody else!"

Nothing Serious.

Insurance Agent—"What did your parent die of?"
"Bus. One." "I don't rightly know, but it wasn't anything serious."

NURSES

The Toronto Hospital for Incurables, in affiliation with Bellevue and Allied Hospitals, New York City, offers a three year course of training for nurses, including the required education and training of hospital nurses. This Hospital has adopted the eight-hour system. The pupils receive uniforms of the School, a monthly allowance and traveling expenses to and from New York. For further information apply to the Superintendent.

The All-Important Foxes.

In The Passing Years, a recent volume of reminiscences, the late Lord Willoughby de Broke has almost as much to say about horses, dogs and foxes as of men. Fox-hunting was his chief delight. At Oxford the bursar of his college, noting the excellent mental gifts of the young man, urged him to read harder and take honors.
"I listened to him," records Lord Willoughby de Broke, "and knew in my heart he was right. But it would mean reading seven hours a day. How was I to hunt if I were to read seven hours a day?"
That was decisive: to curtail his hunting was generally regarded respectfully in those days, even by the university authorities. Once, for some minor offense, the fox-hunting student was summoned before the warden, Dr. Sewall.

"When I got his message," says Lord Willoughby, "I was fully dressed in red coat, and top-boots and was about to catch a train for Banbury to hunt with my father. To miss the train was unthinkable. So I put on my cap and gown, a gown that did not even reach as low as the tails of my coat, and was therefore useless for the purpose of concealment, and was shown into his library. There he sat behind his writing-table, pink-faced, white-tiled, black-coated, silvery-haired. With an exhibition of perfect good taste, he ignored my strange costume and began to talk.

"The fact is, sir, I interrupted, 'I am just going out hunting, and if I don't go at once I shall miss the train.'"
"I have never hunted," said the kind old gentleman, "but I have always understood that it is a great offense for a fox-hunter to be late at the meet. You may go now, and come back here to see me to-morrow."

Lord Willoughby de Broke was an example of a disappearing type: the old British, feudal-landowner and sporting gentleman, to whom few things in life loomed as important as the hunt. Yet of its even greater importance in his father's day he has an interesting anecdote to relate. When one of the earliest English railways desired, in 1844, to extend the line through a particularly excellent fox sanctuary known as Ladbroke Gorse, its legal representatives wrote to Sir Hugh Williams, secretary of the Warwickshire Hunt, concerning the matter. He wrote instantly and indignantly in reply:

"After an enormous outlay and perseverance for several years in establishing the cover, now that we look to find foxes in it (in the finest grass country in Europe) you contemplate bringing a railway either through it or close by and thus blasting all our hopes."
"In common fairness, I therefore call upon you, if the above is your intention, to pay us down without loss of time a thousand pounds to go else where and do the best we can in forming another cover. We shall be the losers even then, putting out of question our grievous disappointment, which I value to the hunt at more than you will ever pay."
But the foxes won. The intimidated railway people left them undisturbed in their covert and went another way.

Let Them Try.

Are you a "damper"?
A youth of my acquaintance is going up to college. A week ago he was eager, enthusiastic, ambitious. He had been studying the particulars of the many scholarships and prizes open to undergraduates, and in his own words, "he was going to have a shot at them."
That was the right spirit. But along came a "damper" with: "My dear fellow, you won't stand a chance. The chaps who get those things have had special coaching for the last year or two at school. You'd be nowhere!"
The eager youth has lost his eagerness, his enthusiasm, and his ambition; he's been thoroughly "damped." It was a wicked thing to do. For one reason, the "damper's" statement was too sweeping. Doubtless some of the very special prizes are won by those who are trained by expert coaching; but there are scores of others open to those possessing brains and spurred by ambition.

An ex-Service man, barred by disability from following his pre-war occupation, determined feeling he had it in him to write—to try his luck as a free-lance journalist. Along came a "damper" with: "Waste of pen, ink, paper, and stamps, old man. Editors always sling back everything a newcomer sends."
Quite untrue, of course. But the ex-Service man was damped, and gave up all idea of writing.

There are far too many "dampers" in the country. They kill ambition, choke enthusiasm, and douse the ardour of those who want to get on and do something. As likely as not, if we go back and review our own lives, we can see now what we have lost by listening to the "damper."
If you're a "damper," stop it! Why tell a boy who is going to run in a race that he hasn't an earthly chance of winning? Let him try. We want triers. And we don't want "dampers."



Lots of 'em.
"You say he went broke on the stock market? The poor fish."
"Yes, and likewise the poor sucker."

A LITTLE BOOKLET MOTHERS SHOULD HAVE

It Tells What a Mother Ought to Know for Baby's Sake.

Above all things every mother wishes that her child, or children, whatever their age, may be bright, healthy, good-natured, rosy boys and girls; clear eyed, clear skinned babies; good sleepers, bright wakers. Every mother's wish for her little folks is that they may be well.
It is natural for little folks to be well. No wise mother thinks that her child, at any age is in a natural state unless it is well and happy. No mother can expect, though, that her child will escape all the ills to which babyhood and childhood are subject, but she can do much to make baby's battles for health easily won.
A valuable little booklet, entitled "Care of the Baby in Health and Sickness" has been prepared and as it is something every mother should have, a copy will be sent free to any mother on request who will mention this paper by The Dr. Williams' Medicine Co., Brockville, Ont.

Fire Worship.

The religion of fire worship, called Zoroastrianism, is a survival of a faith of great antiquity. It flourished during the fourth and sixth centuries B.C., and its adherents have always paid great reverence to the elements, especially fire.
The devout Parsee engages in frequent daily prayer and worship, and when the worship turns his face to some bright object. The name "fire-worshipper" was popularized by Moore's poem, "Lalla Rookh."

Recently worshippers at the Temple at Rangoon appealed against the decision of the Supreme Court of Lower Burma, to allow a woman, Bella, born of a Christian father, and a Parsee mother, to worship there, pleading that her presence defiled the Temple and that they had to reconsecrate it.
Bella had undergone the usual "night's" washing by the priest, which constitutes initiation, and the Privy Council who heard the appeal decided that, as she was born of a Parsee mother and had taken the usual ceremonies which were sufficient to make her a Zoroastrian, Bella was therefore entitled to worship in the Temple.

STORM WINDOWS FOR THEMSELVES

Stop Fuel Waste, Reduce Winter Comfort, with Storm Windows. Low Price, Free Delivery Guaranteed. Free Price List and easy measuring chart.

HAMILTON

SHIP US YOUR BUTTERY, GAME, EGGS, BOLLER AND FEATHERS

WE BUY ALL YEAR ROUND - Write today for prices and guarantee. 15th Ave. for awaackaid

P. POULIN & CO. LIMITED
Established over 60 years
26-39 Dundas Street Market - Montreal

CARO POLISHES FOR ALL PURPOSES

MADE IN CANADA

WATER PROOF ARCTIC DUBBIN

SAVES BUYING RUBBERS

The Caro Polishes, Ltd., Hamilton

LESS WORK BETTER RESULTS

CARO

A tea your grocer recommends is usually good tea

RED ROSE TEA "is good tea"

And most grocers recommend it.

Sentence Sermons.

The Fatal Mistake—Of many a business man is that he does not grow as fast as his business.
—Of most politicians is their failure to see farther than the next election.
—Of youth is its inability to appreciate the value of mature experience.
—Of many marriages is the attempt to build a permanent home on a temporary infatuation.
—Of most liars is that they do not have a perfect memory.
—Of many promoters is the fact that they make their proposition sound too good.
—In training children in the right way is in not going that way ourselves.

Minard's Liniment for Distemper.

Not What She Expected.

She had noticed the huskiness in his voice, and the nervous manner in which he fidgeted in his chair told her a lot. She knew what was coming. "Clara," he said, "and his throat seemed dry and parched, "would you—that is, could you—do you think you could—get me a drink of water? I'm as dry as a bone."

"DIAMOND DYE" ANY GARMENT, DRAPERY

Just Dip to Tint or Boil to Dye

Each 15-cent package contains directions so simple any woman can tint soft, delicate shades or dye rich, permanent colors in lingerie, silks, ribbons, skirts, waists, dresses, coats, stockings, sweaters, draperies, coverings, hangings, everything!



Buy Diamond Dyes—no other kind—and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton or mixed goods.

Classified Advertisements

SHOWCARD-WRITING-INCREASES EARNING power. We show the way. 1000s sell work before through course. Cash offers. Show Schools. Toronto. Forty-two Silver Street.

LADIES ONLY-OUR BOOKLET-LADIES' Friend, mailed in plain envelope from 2141, Montreal.

LADIES WANTED-TO DO PLAIN AND LIGHT work at home, whole or spare time; good rates for part-time. National Manufacturing Co. Montreal.

ITS-EMILEPT-PERMANENTLY STOPPED by Trench's Remedy. Simple home treatment, sure for free book. Trench's Remedies Limited, Dept. 1, 19 Adelaide East, Toronto, Canada. (Cut this out.)

BEARDS-OVENERS-WRITE FOR CATALOGUE and list of good ones. Hubbard Oren Co., 1407, 783 King West, Toronto.

SILVER FOXES \$100-\$500-SUBURBAN FUR FARM, BUSHMILLS, I.P.S.I.

Being Nice to Father. "So you are going to buy your father a 50-cent birthday present?" "Yes, but you see I have to ask him for the money!"

MURINE Keeps Eyes Clear, Bright and Beautiful

Write Murine Co., Chicago, for Eye Care Book

TOOTHACHE

Bathe the face with Minard's Liniment and place a piece of cotton wool, saturated with Minard's, in the cavity.

MINARD'S "KING OF PAIN" LINIMENT

PAINS ACROSS THE BACK

Relieved by Lydia E. Pinkham's Vegetable Compound

Mitchell, Ontario. "I have taken your medicine for a number of years. I do not take it steady all the time, but I am never without it. I always keep it in the house. I took it first for pains in the abdomen and bearing-down pains; have my home to look after and many a day I could not get up at all. I saw the advertisement in the paper about Lydia E. Pinkham's Vegetable Compound, and Mrs. John Miller told me about it, too. Every time I take it, it makes me feel better and I always recommend it to my friends. I am willing to answer letters from women asking about this medicine, and you may use this letter as a testimonial."—Mrs. F. J. WASSMANN, Mitchell, Ontario.

The merit of Lydia E. Pinkham's Vegetable Compound is told by women to each other. Many women, now by experience what this medicine will do and they are anxious for others to know. Such testimony should cause any woman suffering from the troubles so common to her sex to give this well-known medicine a fair trial.

Do you know that in a recent canvass among women users of the Vegetable Compound over 220,000 replies were received. To the question: "Have you received benefit by taking this medicine?" 99 per cent. replied, "Yes."

This means that 98 out of every 100 women are in better health because they have given this medicine a fair trial.

For Headache



ASPIRIN

Proved safe by millions and prescribed by physicians for

Headache Colds Neuralgia Lumbago
Pain Toothache Neuritis Rheumatism

DOES NOT AFFECT THE HEART

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer, Manufacturer of Mocoacetate-salicylic Acid (Aspirin) and other drugs. While it is well known that Aspirin means Bayer manufacture, to avoid the public eye, the Tablets Company will be stamped with their general trade mark, the "Bayer Cross."

Large Red Pimples Itched Terribly Cuticura Heals

"My face became full of large, red, itchy pimples, and at times they itched terribly. They spread in great blotches and formed large, sore eruptions that burned a great deal. I was ashamed to go anywhere on account of them, and the trouble kept getting worse. The trouble lasted about a year."
"I tried various kinds of ointments without success. I sent for a free sample of Cuticura Soap and Ointment and they helped me. I purchased more, and after using three boxes of Cuticura Ointment, together with the Cuticura Soap, I was healed in about two months." (Signed) Miss Mildred M. Breaux, Croustons, Nova Scotia.

Prevent pimples by daily use of Cuticura Soap, assisted by touches of Cuticura Ointment when required. Dust with Cuticura Talcum.

Sample Each Free by Mail. Address: Cuticura, "The Great Skin Cure," P.O. Box 103, Montreal, P.Q.

25¢ - Cuticura Shaving Stick 25¢.