The name "Red Rose" has been a guarantee of quality for 30 years

RED ROSE TEA "is good tea"

The ORANGE PEKOE is extra good. *Try it!*

Keeping the School Band Intact Throughout the Entire Year.

The school band is dependent upon two important factors for its existence: morale and loyalty to the organization. The first is built up by cultivating in the boy's mind a pride in his performing with and helping to produce an organization that is of some consequence to the school and community. The second is based upon the "gang spirit" of the boy. A boy has a pride in numbers of his kind.

A band should be organized as an integral part of the school. It should not be organized around any other interest. For instance: some bands are built up in the fall to play for the games. When the games are over the band breaks up. A band can be made self-maintaining if the proper interest is aroused in the boys' minds.

A series of concerts in the early spring or a tour will do much to heighten the efficiency of the band and tighten the organization.

SALESMEN

We offer steady employment and pay weekly to sell our complete and exclusive lines of guaranteed quality, whole root, fresh-dug-to-order trees and plants. Attractive illustrated samples and full co-operation, a money-making opportunity.

Luke Brothers Nurseries Montreal

RHEUMATISM

Rheumatism, Sciatica, Lumbago, Neuritis, Gout, Swellings, Sprains, etc., are invariably relieved by John McDonald Rheumatism Remedy. Obtain it by parcel post C.O.D. $1.00, direct from:

JOHN McDONALD MEDICINE COMPANY, 86 BIRCH AVENUE, TORONTO 5.

Sure Enough.

Miss City—"And where is your husband, Mrs. Hay?"

Mrs. Hay—"In the orchard pruning some trees."

Miss City—"Oh, do you raise your own prunes?"

FREE GOVERNMENT INFORMATION

Increase Poultry Profits by Marketing *Co-operatively*

THE Western Wheat Producers, the Ontario honey men and others have made co-operative selling a marked success. They have stabilized prices and increased their profits by standardized grading and shipping methods; and applying efficient salesmanship and real merchandising to the disposal of their crops. By these methods the poultry producers, too, can secure these benefits.

The outstanding proof of this is Prince Edward Island, where, for the last thirteen years, expert and efficient salesmanship applied to co-operative marketing, has saved thousands of dollars annually for the poultry farmers and permanently stabilized their markets.

Naturally, to be successful, co-operative marketing must be handled efficiently. How to form and operate successfully a local organization is detailed in the FREE booklet, "Co-operation in Marketing Poultry Products", issued by the Department of Agriculture at Ottawa. This is one of over five hundred helpful pamphlets on farm subjects. To obtain it, together with complete list of FREE pamphlets, fill in this slip, and return it *post free* to

The Publication Branch
Department of Agriculture
Ottawa Ontario

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MAKE CARE OF BABIES EASIER

Baby's Own Tablets Are a Great Help to Mothers of Young Children.

Stomach disturbances and constipation are responsible for much of the peevishness of babies. The modern mother does not resort to so-called soothing mixtures but corrects the trouble by sweetening the little stomach and giving a gentle laxative that acts without griping. Such a remedy is found in Baby's Own Tablets, easy to take and guaranteed to be free from opiates or narcotics.

Every mother who tries Baby's Own Tablets becomes enthusiastic about them. Mrs. Oscar Auger, Holyoke, Mass., says:—"I have used Baby's Own Tablets and think them a splendid medicine for constipation and other ailments which affect little ones. I have no hesitation in recommending them to other mothers." Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont. A little booklet, "Care of the Baby in Health and Sickness," will be sent free to any mother on request.

Daniel Didn't Dare!

Daniel summoned up courage enough to escort a pretty girl home from church. At the breakfast table the next morning his father asked: "Well, Danny, did you take any of the girls home last night?"

"Yes," stammered Daniel.

"Who was she?"

Daniel hesitated and then blurted out: "I thought it was Rosie Haven, but when we got to the corner she went into Mary Bates's house."

"But couldn't you have found out by her voice?"

"Neither of us said a word," Daniel stammered.

"Leaves" of gold and nickel have now been made by a German scientist, so thin that it would require 2,500,000 of them to measure an inch in thickness.

Kite-flying is forbidden over the Houses of Parliament, Westminster Abbey, St. Paul's Cathedral, and other of London's historic buildings.

Minard's Liniment for Distemper.

Electric lights over the water in fish-hatcheries have been found to attract insects, and aid in feeding the fish.

RHEUMATIC PEOPLE CAN NOW FIND RELIEF

By Driving the Poisonous Acid From the System.

Rheumatism attacks people when the blood is thin and watery, or charged with impurities, thus setting up inflammation of the muscles and joints. Cold, wet weather or sharp winds may start the pains, but the cause is rooted in the blood and to get relief it must be treated through the blood. As a blood builder and nerve tonic Dr. Williams' Pink Pills are unsurpassed, and for that reason do not fail to give relief to rheumatic sufferers when given a fair trial. Among the rheumatic sufferers who have proved the great value of this medicine is Mrs. Simeon J. Tatton, Indian Head, Sask., who says:—"For over two years I was an intense sufferer from rheumatism and until I began the use of Dr. Williams' Pink Pills no treatment that I took helped me any. The trouble grew so bad that I could not move around the house without help, and finally I had to give up and go to bed. Words cannot tell how much I suffered, and I could not bear to have anyone come near me. Finally one of my neighbors strongly urged me to try Dr. Williams' Pink Pills, and I decided to do so. In the course of a few weeks I could feel an improvement, and I was able to get up. I kept on taking the pills until all traces of the trouble were gone, and I could again do my housework, feeling like a new person. Three years have passed since that and there has never been the slightest return of the trouble, so that I feel safe in saying that the relief brought by this medicine is permanent."

You can get the pills from your druggist, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

STORM WINDOWS PAY FOR THEMSELVES

Stop Fuel Waste, insure Winter Comfort with Storm Windows. Low Freight Rates, prices, ready glazed; safe delivery guaranteed. Free price list and easy measuring chart.

THE HALLIDAY COMPANY HAMILTON

SHIP US YOUR POULTRY, GAME, EGGS, BUTTER AND FEATHERS
—WE BUY ALL YEAR ROUND—
Write today for prices—we guarantee them for a week ahead
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15¢ PER PKG. —and in ½ lb. VACUUM (AIR-TIGHT) TINS

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The Tobacco of Quality

Including Alsace-Lorraine, France is now probably richer than she was before the Great War.

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Take without Fear as Told in "Bayer" Package

BAYER

Does not affect the Heart

Unless you see the "Bayer Cross" on package or on tablets you are not getting the genuine Bayer Tablets of Aspirin proved safe by millions and prescribed by physicians over twenty-five years for

Colds	Headache
Neuritis	Lumbago
Toothache	Rheumatism
Neuralgia	Pain, Pain

Each unbroken "Bayer" package contains proven directions. Handy boxes of twelve tablets cost few cents. Druggists also sell bottles of 24 and 100.

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Beautiful durable designs. Big choice, ready to install. Sold all over Canada. Below all others in price. For example this fixture sells for $10.50. Our price $6.90. Send for Free Catalog. Orders Prepaid.

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LESS WORK BETTER RESULTS CAPO

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The sign that you are catching cold. Heat and inhale Minard's and stop the cold.

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Ask for Minard's and take no other.

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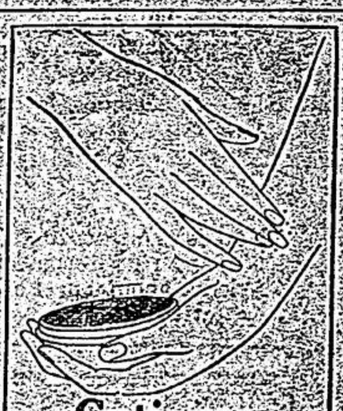

Cuticura Heals Irritating Rashes

Don't suffer with itching, burning rashes, eczemas or irritations when Cuticura Soap and Ointment will quickly relieve and heal. Bathe with Cuticura Soap and hot water, dry and anoint with Cuticura Ointment. Nothing quicker or safer than Cuticura Soap and Ointment for all skin troubles.

Sample Each Free by Mail. Address Canadian Depot: "Stenhouse, Ltd., Montreal." Price, Soap 25c. Ointment 25 and 50c. Talcum 25c. Cuticura Shaving Stick 25c.

MRS. B. H. HART SICK FOR YEARS

Wants Women to Know How She Was Made Well by Lydia E. Pinkham's Vegetable Compound

Cornwall, Ontario.—"I am now giving your medicine a fair trial and it surely is doing me good and I am going to keep on taking it. I used to feel so tired in the morning that I didn't want to get up, but that feeling is leaving me now. I also sleep better and feel more like working. For seven or eight years I have had headaches, tired feelings, pains in my back and across my body. I read letters in the newspapers saying what good Lydia E. Pinkham's Vegetable Compound had done others. My husband says I quit too soon, but I am not going to stop taking the Vegetable Compound and Lydia E. Pinkham's Blood Medicine until I am better and haven't an ache or a pain. Isn't that the right way? I have great faith in your medicines. They must be good when those who take them speak so highly of them. I am recommending them to my friends and I will gladly answer letters from women asking about them."—Mrs. BURT H. HART, Box 1081, Cornwall, Ontario.

Mrs. Hart wants to help other women and is willing to answer letters from sick women asking about the Vegetable Compound.

Found!

Andy Gump Shows Up At Last

Laugh with him every evening in the Telegram

JOY REIGNS in the Gump household again! Andy, the breadwinner, has been found. He's back in Toronto again—this time in The Evening Telegram. And he's here to stay—with a bagful of new ideas, every one of them a sure laugh-producer.

ANDY has been missed. No doubt of that. He's the most famous comic strip character in the world. But the days of worry are over. Every evening, Andy, Chester and Min will entertain you in The Evening Telegram.

NEEDLESS to say, The Evening Telegram is proud of its latest comic strip. Andy's admirers are legion. Everyone in Toronto—in Ontario—knows him. Everyone is happy to laugh with—and at—this unique 20th century philosopher.

The Greatest of all Comic Strips Now in The Telegram

In his old form!

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