

BLEMISHES OF THE SKIN

Are Proof the Blood is in a Weak and Watery Condition.

One of the surest signs that the blood is out of order are the pimples and unsightly eruptions that break out on the face or body. The same condition is indicated by an attack of eczema or scrofula. You cannot get rid of these troubles by the use of purgative medicines, as so many people try to do. Purgatives merely gallop through the system and leave it still weaker. What is needed when the blood is shown to be out of order is a tonic which will restore its missing elements and leave the blood rich and red. For this purpose there is no other tonic can equal Dr. Williams' Pink Pills, every dose of which helps enrich the blood, drives out impurities, and brings a new feeling of health and energy. Mrs. R. B. Bishop, Hawthorne Ave., Hamilton, Ont., tells for the benefit of others what these pills did for her. She says: "I was suffering terribly from scrofula. I doctored with several doctors, but without success. My complexion was sallow, I had no strength, feeling very weak and languid. My neck was full of lumps called scrofula, and at times they were very painful. After trying several so-called blood medicines, Dr. Williams' Pink Pills were recommended to me and I got half a dozen boxes. After taking them I found a decided improvement in my appearance, and to my joy the lumps were disappearing from my neck. I persevered in the treatment, and finally the only sign left of the trouble was a scar on my neck where one of the swellings broke. Since that time I have been in robust health and heartily recommend Dr. Williams' Pink Pills to any suffering from impure blood."

You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Just Words.

Mrs. Mary Austin, in her recent book, "Everyman's Genius," declares: "Few people will see in the present craze for the cross-word puzzle a device of the deep self to puzzle itself with a larger English vocabulary in which to deliver the rapidly ripening fruit of social experience, but I make no doubt that this will prove to be the case."

The shallow selves of the casual reader and the ardent puzzle-fan will hardly accept such a profoundly serious explanation of their enjoyment of a clever diversion. But they will certainly not deny the extension of their vocabulary not only by the addition of new words, unfamiliar variants of old ones, terms of chemistry, anatomy, zoology and other sciences, but by the inclusion of mythological and historical names and scraps of foreign languages.

"Does there remain in this country, I wonder," humorously inquired one puzzle-solver recently, "any human being who sees a newspaper and can wield a pencil who has not made acquaintance with Ra, the sun god, Eos, the goddess of dawn, Ate, the goddess of mischief, Og, King of Bashan, and Gog, coadjutor with Maog. It cannot be!"

Another puzzle-worker, a trifle cross with any who depreciate cross-word puzzles, challenges them to define, off-hand, twenty-five of her newly acquired words, "reeled off without stopping to think or choose, but all perfectly good words." "If you too solve cross-word puzzles, you probably know them also. If not—do you?"

"Although certainly, 'perfectly good' for use when you need them, they are scarcely such as you are likely to need very often, but here they are: All, al, ken, em, en, et, rot, rot, rot, ohi, os, alb, om, orlop, aye-aye, stela, awn, guise, cam, tacl, proa, moa, pawl, pace, pac."

Maxims by One Who Made Them.

Let every one attend to his own business, and to the duties of his office, they will then be better discharged.

Let religious sects be carefully expiated as soon as they spring up; it might be too late afterward.

Endeavor to acquire a perfect knowledge of the rules of civility and politeness; these tend to maintain concord.

Avoid slander and abstain from malicious accusations.

Let those who cultivate the earth and breed silk worms be esteemed and respected; you will then want neither grain for your nourishment nor clothing to cover you.—Confucius.

Don't Worry.

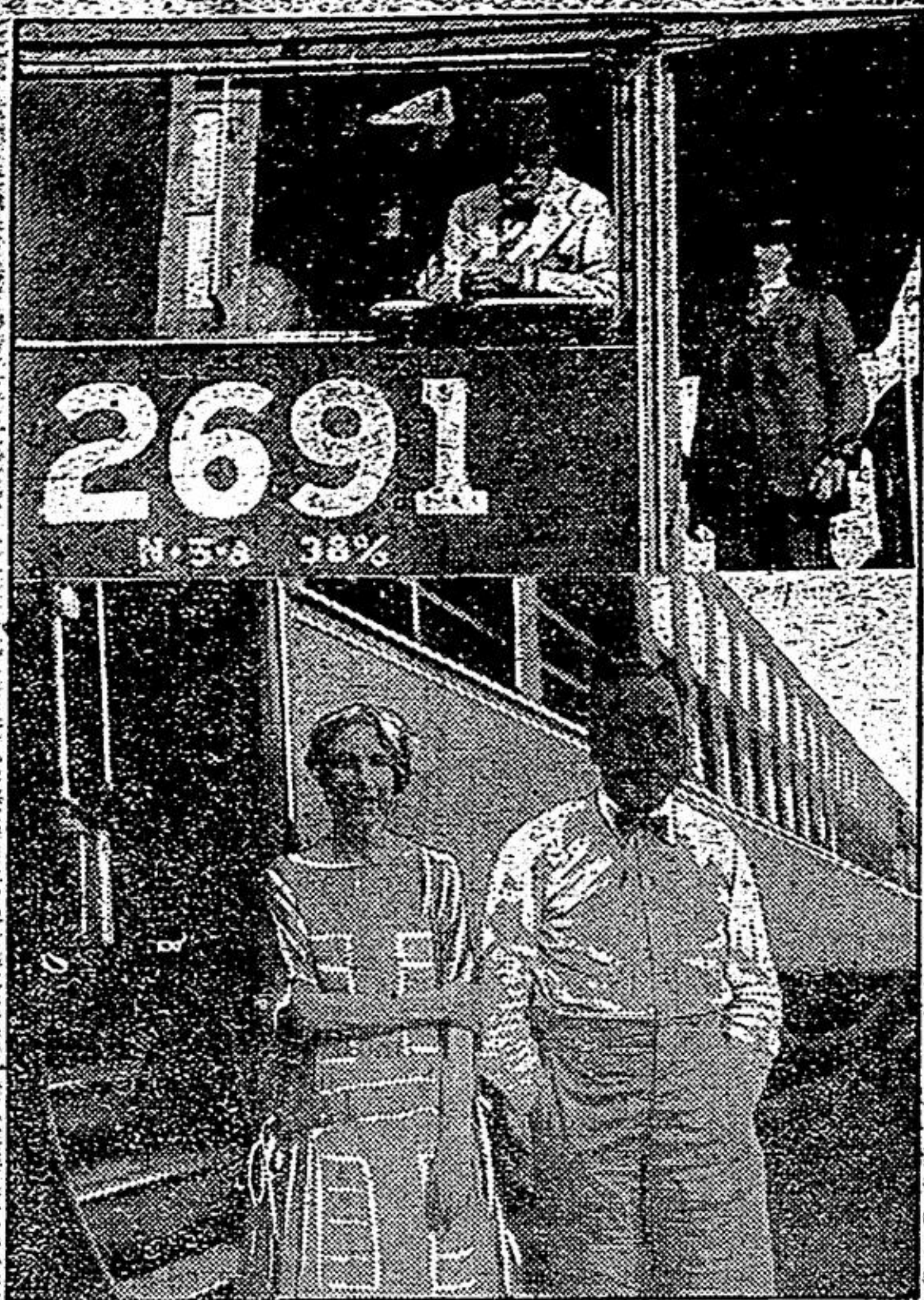
Doctors have been gathering statistics on nervous diseases, and their tendency to shorten life, and have issued a remarkable bulletin against worrying.

So far as is known, the bulletin says: no bird ever tried to build more nests than its neighbor; no fox ever fretted because he had only one hole in which to hide; no squirrel ever died of anxiety lest he should not lay by enough nuts for two winters. Instead of one; and no dog ever lost any sleep over the fact that he did not have enough bones laid aside for his declining years.

Encouragement.

Shoe (as train) foots at grade crossing—George, you go right ahead. Don't let that big brute bully you.

EARL HAIG AS ENGINE DRIVER



When Field Marshal Earl Haig crossed the Canadian Rockies on the special Canadian National Railways train he expressed a wish to view the scenery from the cab of the engine rather than from the observation car which was attached to his train. He therefore took the throttle of the locomotive at Blue River and drove his own engine for several miles. Upper photograph shows him aboard the engine of his special, while below he is shown with Countess Haig looking out toward Mount Robson, the highest peak in the Canadian Rockies.—C.N.R. Photos.

Is Music a Language?

"Programme music" has become so much the mode, music which dismisses that "beauty" of the kind that might be called classic, that it is interesting to read an expression from Mendelssohn—who probably surpassed all others in the balance of the classic and romantic spirits in music—in a letter written by a young poet to the composer, asking if he had succeeded in embodying the sentiments of certain of his compositions in a set of poems written for this purpose.

"You give the various numbers of the book such titles as 'I think of Thee,' 'Melancholy,' 'The Praise of God,' 'A Merry Hunt.' I can scarcely say whether I thought of these or other things while composing the music. Another might find 'I Think of Thee' where you find 'Melancholy,' and a real huntsman might consider 'A Merry Hunt' a veritable 'Praise of God.' But this is not because, as you think music is vague. On the contrary, I believe that musical expression is altogether too definite, that it reaches regions and dwells in them whither words can not follow it and must necessarily go lame when they make the attempt as you would have them do."

A Marriage Misfit.

A Frenchman whose bride has failed to preserve after marriage the glamour of courtship days, has brought an action for damages against her parents. He claims compensation on the ground that they "deceived him as to the qualities of his wife."

A further point in the case for this disappointed husband is the statement that "contrary to the information given to him before marriage, the family into which he married contains some most undesirable characters."

Marriage seems to be much the same in France as in Canada—only Canadian husbands don't make a song about it.

Canadian orchards grew fruit worth \$24,000,000 last year.

Minard's Liniment for Corns and Warts

A Bird Falls.

T hunter fired a gun with telling skill. His mark a bird, which fluttered to a mound, Rolled o'er and died without complaint or sound. A fluff of feathers and an open bill, The relic of this speck of life, a thrill The less on earth, where cruel lusts abound. A tiny bit of energy aground, A gem to Beauty lost, a voice now still; Yet Truth and Beauty will reflect their light. Until the heedless are a vanquished throng, And blood lust shall no more the world enlight.

When men who kill for sport shall sense the wrong, And know the shot that stops the finch's flight, Kills not a bird, but more—a Song.—The Critic.

Castle.

The man whose costly radio set Enables him with ease to get The programs from some distant place Without of static, roar a trace, Looks down with supercilious sneer Upon the chap who cannot hear. A sound from stations farther, say Than fifteen hundred miles away, This man, in turn, regards with scorn The common person, lowly born, Whose limit with his radio, Is fifty dinky miles or so. While both of these, with uppish eye, Will pass the mere plebeian by, Whose set, a cheap and homemade thing, Of wire and wood and tin and string, Can only tap the atmosphere For concert stuff absurdly near. And thus is formed, by Fate's decree, A middle class and peasantry.—A. H. Folwell.

Manganese has never been mined to any extent in Canada, but during 1924 shipments amounting to 584 tons valued at \$4,098, were made from the Province of New Brunswick to the Province of Quebec.

THE MERCHANTS' CORNER

Cultivating a Preference for Your Goods.

Every purchase is made as the result of desire. The desire may be to satisfy an actual need, acquire a necessity to go without which is hardship. Or, it may be a desire to satisfy convenience, comfort, pride, pleasure in a luxury, or any of a score of impulses. Mighty few purchases are made on the spur of the moment. The desire that finally crystallized into the action of buying may have existed for days, weeks, months, even years. Desire for this thing struggles with desire for that thing. Surplus money is so little that desires can be satisfied only one at a time in the case of most people. Choice must be made—many desires must wait for realization.

My Dog.

I have no dog, but it must be somewhere there's one belong to me. A little chap with wagging tail, And dark brown eyes that never quail, But took you thro' and thro' and thro' With love unspokeable, but true.

Somewhere it must be, I opine, There is a little dog of mine, With cold black nose that snuffs around, In search of what things may be found In pocket or some nook hard by Where I have hid them from his eye.

Somewhere my doggie pulls and tugs The fringes of rebellious rugs, Or with the mischief of the pup, Chews all my shoes and slippers up, And when he's done it to the core, With eyes all eager pleads for more.

Somewhere upon his hinder legs, My little doggie sits and begs, And in a wistful minor tone, Pleads for the pleasure of the bone. I pray it may be his owner's whim To yield and grant the same to him!

Somewhere a little dog doth wait, It may be by some garden gate, With eyes alert and tall attent— You know the kind of tall that's meant.

With stores of yelps of glad delight, To bid me welcome home at night, —John Kendrick Bangs.

SAVE THE CHILDREN

Mothers who keep a box of Baby's Own Tablets in the house may feel that the lives of their little ones are reasonably safe during the hot weather. Stomach troubles, cholera, infantum and diarrhoea carry off thousands of little ones every summer, in most cases because the mother does not have a safe medicine at hand to give promptly. Baby's Own Tablets relieve these troubles, or if given occasionally to the well child they will prevent their coming on. The Tablets are guaranteed by a government analyst to be absolutely harmless even to the newborn babe. They are especially good in summer because they regulate the bowels and keep the stomach sweet and pure. They are sold by medicine dealers—or by mail—at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



Puppy Love—That's All. "That girl's leading him a dog's life." "Puppy love—that's all."

Frozen Flowers.

The flower trade has entered on a new phase as the result of a recent experiment which proves that cut blooms can be carried in cold storage. This may come to mean that cut flowers can be had all the year round in much greater variety and at cheaper prices than at present.

Considerable interest was taken in the experiment, which was entirely successful. The flowers selected for the "trial trip" were peonies grown in Montreal. They were packed in containers and placed in cold storage on a liner, and were in splendid condition when they reached London. They had not suffered by the journey in any way.

It is stated that the flowers were kept during the voyage at a temperature varying with the humidity of the atmosphere. For the best results a temperature below 40 deg. Fahr. is required.

At first the blooms carried in cold storage may be of the rarer and more expensive kinds, but in course of time "frozen" flowers may become as democratic as chilled beef. But hinders will be the thrill of the first "harbingers of spring" when we have flowers in abundance all the year round? Progress does have its disadvantages.

Blind Girl Stenographers. Two blind girl stenographers are employed in the offices of the British ministry of pensions.

A tea your grocer recommends is usually good tea

RED ROSE TEA "is good tea"

And most grocers recommend it

A Plea for More Birds.

If there were no other argument for the conservation of our wild bird life than the one demanding economic administration of national affairs concerning them, it would be perfectly satisfied that the cause of the birds would win in any court in Christendom. So sure am I of the reasonableness of the growing boys and girls who are about to step out into life to undertake its conquest, that I believe all they need is to have a moment's time given them for consideration of the value of enlisting in the army of conservation and construction, that declares its purpose to be to save rather than to waste, when they will commend the economic activity in which they are urged to take part and thus keep the wolf away from the door for all time to come.

Protection from invasion by insect hordes is the agriculturist's only hope. The natural enemy of all insect life is the bird life with which we were once so generously surrounded. When we consider that this country now exists upon about ten per cent of the bird life that was here less than 450 years ago, it does not seem as though it ought to be necessary to urge measures to build rather than to tear down—does it?

I wonder how many ever stopped to think that if the entire bird life of the world were to be destroyed the vegetation upon which we depend wholly for life would be eaten in about three years. So rapidly do insects multiply that one is unable to grasp the enormity of the figures setting forth the truth. For instance, let me take one instance in which Riley says that the hop aphids develop thirteen generations in a year, and at the end of the twelfth generation there will be ten sextillions of individuals. The American naturalist, Forbush, says: "If this brood were marshaled into line, ten to the inch, it would extend to a point so sunk in the profundity of space that light from the head of the procession traveling at the rate of 184,000 miles per second would require 2,500 years in which to reach the earth!"

Insects destroy more than \$1,000,000,000 worth of fruit and cereals every year. Birds eat insects! A bird in the bush sings sweeter than two birds on a woman's bonnet. —Charles G. Plummer.

Minard's Liniment for Aches and Pains

A snake's fang is a sort of hollow tooth, and when the snake strikes at anything the pressure of this hollow tooth against the gland above it forces the poison through the tooth into the wound the fang has made.

One portion of the human body—the crystalline lens of the eye—continues to increase in size throughout life, and does not cease with the attainment of maturity.

Edge-Holding Saws Fast-Easy-Cutting SIMONDS SAWS

SIMONDS CANADA SAW CO. LTD. 1800 DUNDAS ST. W., TORONTO, MONTREAL, VANCOUVER, ST. JOHN'S, N.S.

Cord Wood Saw Users Write Simonds Canada Saw Co., Limited, 1850 Dundas St. West, Toronto, Ontario, for prices on Simonds Special Circular Cord Wood Saw.

Classified Advertisements

INCOMPARABLE SILVER FOXES. OWNERS' PRICES. HIGHEST QUALITY. Enquire about our Fur Farm, Founders, 5 Huron Park Farm, Summerside, Prince Edward Island.

Touched the Traffic Officer. A woman driver whose car ran out of gasoline in front of a Cleveland (O.) traffic officer, borrowed money from him to get more gas.

Over-gushing hostess—Such a dear man the new vicar is—so outspoken. In his sermon last Sunday he censured the Devil most severely!

MURINE You Cannot Buy New Eyes But you can Promote a Clean, Healthy Condition of Your Eyes. Use Murine Eye Remedy Night and Morning. Keep Your Eyes Clean, Clear and Healthy. Write for Free Eye Care Book. Charles Eye Remedy Co., 9 East Ohio Street, Chicago.

To Gain Weight

We guarantee Bitro-Phosphate to rebuild shattered nerves, to replace weakness with strength, to add body weight to thin folks and rekindle ambition in tired-out people. Price 50c per pkg. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

For Warts

Apply Minard's freely and often and watch them disappear.

MINARD'S "KING OF PAIN" LINIMENT

HARD PIMPLES ALL-OVER-FACE

For About Three Years. Healed by Cuticura.

"I had trouble with pimples and blackheads for about three years. The pimples were scattered all over my face and were hard and red. They itched and burned a lot causing me to scratch and the scratching caused eruptions. My face looked so badly that I was ashamed to go out. I began using Cuticura Soap and Ointment and they helped me. I continued the treatment and in two months I was completely healed." (Signed) Miss Helen Budnik, R. 1, Box 11, Needah, Wis., Sept. 27, 1924.

Rely on Cuticura Soap Ointment and Talkum to keep your skin clear. Sample Each Free by Mail. Address Canadian Dept., 704 St. Catherine St. W., Montreal. Price, Soap 25c, Ointment 35c and 50c, Talkum 25c. Cuticura Shaving Stick 25c.

FULL OF ACHEs AND PAINs

Toronto Mother Found Relief by Taking Lydia E. Pinkham's Vegetable Compound

Toronto, Ontario.—"I have found Lydia E. Pinkham's Vegetable Compound a splendid medicine to take before and after confinement. A small book was put in my door one day advertising Lydia E. Pinkham's medicines, and I did not feel at all well at the time I went and got a bottle of Vegetable Compound right away. I soon began to notice a difference in my general health. I was full of aches and pains at the time and thought I had every complaint going, but I can truthfully say your medicine certainly did me good. I can and will speak highly of it and if I know it will do other women good who are sick and ailing if they will only give it a fair trial." Lydia E. Pinkham's Liver Pills are splendid for constipation. You are welcome to use my letter if you think it will help any one.—Mrs. HARRY WESTWOOD, 543 Quebec Street, Toronto, Ontario.

The expectant mother is wise if she considers carefully this statement of Mrs. Westwood. It is but one of a great many, all telling the same story—beneficial results.

Lydia E. Pinkham's Vegetable Compound is especially adapted for use during this period. The experience of other women who have found this medicine a blessing is proof of its great merit. Why not try it now yourself?—O.

BAYER Genuine ASPIRIN. Proved safe by millions and prescribed by physicians for Headache, Neuralgia, Colds, Lumbago, Pain, Toothache, Neuritis, Rheumatism. Safe. Accept only "Bayer" package which contains proven directions. Handful Bayer boxes of 12 tablets. Also bottles of 24 and 100 Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Pharmaceutical products. Bayer's Aspirin is a pure Bayer product. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."