

For Your Health

You should buy the best.

"SALADA"

TEA

H500
is the purest and most scientifically prepared tea, sold today. — Try it.

Woman's Interests

AREN'T YOU GLAD THAT

Your husband isn't an angel? He'd be such a sorry sight in overalls. You need not submerge your mind with your hands in the dishwater?

God reserved the right of judging your neighbors and allowed you the privilege of enjoying them?

The city is at last moving to the country by the radio route, and that you don't need to dress up to receive it?

You have comfortable old clothes and comforting old friends?

Your eyes are set in the front of your head instead of the back? There is so much more to be gained from the forward look.

Life must be lived moment by moment? How very distressing it would be to have the whole day's duties descend on our helpless heads at once. Cowards have the urge to stray into your neighbor's cornfield? Without their unintentional assistance you might remain forever in the dark concerning his "real" disposition.

Christmas comes in winter instead of early spring when there wouldn't be a minute of time to prepare for or enjoy it?

The Great Artist picked out the particular patch of sky canvas above your pasture bars upon which to paint the ever recurring masterpiece of the sunset?

INDISPENSABLE RUBBER BANDS

A nickel's worth of rubber bands bought at a bookstore is a good investment for a housewife. When there is no suitable cover for a dish of cold vegetables or other leftovers a piece of waxed paper or a white cloth may be firmly held in place by means of a rubber band. Patch bundles of dress patterns can be put away quickly if rubber bands are used.

A rubber band slipped lengthwise over the pages and back of the cook book will keep the desired place.

In the work basket rubber bands confine the loose ends of darning cotton.

When there are no lids to glasses and jellies must be covered with paper the use of rubber bands will save time and keep the cover securely in place.

Unsightly flower pots may be quickly transformed into harmonious containers by the use of green crepe paper held firmly in place by the ever helpful rubber band.

CHEER-UPS:

In my Aunt Mollie's jam closet is a shelf of what she calls tasters, and what I call cheer-ups. Aunt Mollie keeps all of the small glasses and wide-mouthed squat bottles in which salad dressing, cream cheese, cherries, or other small quantities of food are packed. They are washed carefully and decorated prettily, and when preserving time comes they are filled with the choicest of jellies and jams against the time when a friend who is ill needs a cheer-up gift. Then wrapped in colored paper, the dainty glass, with just enough jelly to tempt the whimsical appetite of an invalid, is a welcome addition to the sick-room tray. Small bottles that hold but one small glass of liquid are filled with grape juice or blackberry cordial to make blessed the name of Aunt Mollie in many a shut-in life during the dreary convalescent days. — J. V. R.

WRIGLEY'S

After Every Meal

It's the longest-lasting confection you can buy—and it's a help to digestion and a cleanser for the mouth and teeth.

Wrigley's means benefit as well as pleasure.

Sealed in its Purity Package



JULY FRUIT CHewing GUM

4659

A SET OF TWO PRACTICAL GARMENTS FOR INFANTS.

4659. A dainty yoke dress and a comfortable "barrie" or petticoat is here depicted.

The dress could be of lawn, batiste or fine muslin. The barrie coat of flannel or cambric.

The Pattern includes both designs. It is cut in One Size, and requires 2 yards for the dress and 1 1/2 yards for the "barrie" coat. To make the waist portions of the "barrie" or cambric will require 1/4 yard.

Pattern mailed to any address on receipt of 15c in silver by the Wilson Publishing Co., 73 West Adelaide St., Toronto. Allow two weeks for receipt of pattern.

Send 12c in silver for our up-to-date Spring and Summer 1924 Book of Fashions.

WOMEN CAN DYE ANY GARMENT, DRAPERY.

Dye or Tint Worn, Faded Things New for 15 Cents.

Diamond Dyes

Don't wonder whether you can dye or tint successfully, because perfect home dyeing is guaranteed with "Diamond Dyes" even if you have never dyed before. Druggists have all colors. Directions in each package.

SPRINKLING CLOTHES.

"Come with me while I sprinkle and fold the clothes," invited my neighbor. To my surprise she led the way to her pleasant back yard, where the washing still hung in snowy array on the clotheslines. Then she proceeded to surprise me still further, accustomed though I am to the homely task of sprinkling and folding clothes for the ironing.

From a storage space under the back porch she drew forth a wheeled platform made from a child's wagon and on it placed her clothes basket and the small basket for clothespins. With a small pail of water and a whisk broom she walked along the lines, sprinkling the desired articles.

When placing the clothes in the basket she put at the bottom all plain things that had not been sprinkled, each one neatly folded. Next all starched and sprinkled pieces. And at the top the folded sheets. Colored things had already been sprinkled and folded in small round basket.

"I handle the clothes this way whenever possible," she explained. "I like working out of doors all I can. It saves handling the clothes again. And provided the dampened clothes are well covered they iron just as well folded in this way as when they are each rolled separately." — A. M.

"When Hearts Command"—

By ELIZABETH YORK MILLER

"When hearts command,
From minds the sagest counsels depart."

CHAPTER XIII.—(Cont'd.)
"And I must get back to the hotel,"
announced Mrs. Carnay. "No, no,
Alice. You're not to come with me.
I've left poor Uncle John far too long.
He'll be feeling most neglected."

Ardeyne moved the table so that
she could pass. "I met Mr. Gaunt
just now," he said. "He gave me a
message for you."

"He wants you to bring your
brother to see him."

"Oh, yes—how kind! Yes, I will."

And she, too, hurried away.

Alice looked anxiously after her.
"I don't think mumsey is very well.
I do hope she hasn't caught Uncle
John's flu." Did you notice Philip?
She doesn't seem at all herself."

"She looks a little feverish," Ardeyne admitted.

"Perhaps the climate doesn't suit
her, but—oh, I know, she should not say
it, but for the last few days I've been
rather sorry Uncle John came. He's
made a perfect slave of mumsey. He's
a selfish, fussy old man. This was to
have been a holiday for her."

Ardeyne inquired if she had seen
much of her "Uncle John."

"Scarcely anything at all," she re-
plied. "Mumsey's so afraid I'll catch
his cold."

Now the sun came up, beating her
by a good half hour. For the last
lap she found a short cut, a steep,
muddy path that sorely taxed her
strength and soiled her skirt and
shoes with red earth. Above her she
could see the farmhouse silhouetted
against the blazing gold of the sun-
rise; and Hector Gaunt, himself, work-
ing with a couple of men and his old
woman on one of the lower terraces.
She called out to him and was ans-
wered first by his dog. Then he dropped
the tool he carried and came rushing
down to meet her.

"Jean, what does this mean? Why
didn't you send for me? I would have
come. I was waiting for you to send
for me."

Jean began to cry little weak whim-
pers like a distressed child at the
sight of its mother, and Gaunt lifted
her bodily in his arms.

"There, my dear—my poor, dear.
Don't wriggle, please, Maria!" He
called to the old woman and bade her
make some fresh coffee. The work-
men stared with unsmiling eyes at
the sight of their master carrying a
white-clad signorina in his arms, and
the old dog sniffed along behind wag-
ging his stiff, rheumatic tail.

"Jean's arms went around Gaunt's
neck. She could not well help herself,
but it was a comforting position, and
she became more and more conscious
of her aching feet and altogether un-
happy frame of mind. It was good
to be taken care of, if only for a little
while; good to weep on somebody's
shoulder.

"Never mind. Whatever it is, we'll
fix it all right. There, my poor dear,
try not to cry any more. We'll soon
have you looked after."

"Oh, I do want to be looked after—I
do!" she wailed, her lips pucker-
ed dismally.

She realized for the first time in
years that she was dead sick of looking
after other people. All her life
long she had been doing it—first old
Madame Douste, then Hugo, then
Alice, now Hugo again. There seemed
to be no end to the thing.

He held her to him so closely, kissed
her so ardently yet with remorse,
too—that Alice was a little frightened.

"Philip!" she gasped. "Don't—
please! Someone might see you're
crushing my hat, dear."

"I love you—I love you—love you!"
Ardeyne exclaimed, his lips brushing
her soft cheek. "Nothing shall ever
keep you away from me—nothing in
this whole wide world."

"But nothing can—nothing will."
She laughed happily.

"Nothing," he repeated, as one
making a vow to himself.

"Has anyone tried to?" she asked,
moved by his strange manner. In
spite of herself she kept thinking of
that too-familiar Mrs. Egans.

"Of course not—my foolish little
love!"

CHAPTER XIV.

Dawn, pink-fingered, felt stealthily
along the rim of the eastern horizon,
but it was dark and silent in old
Bordighera, as a woman skirted the
edge of the town; her anxious face
set towards the heights of Monte
Nero. Just before the road descended
to the turning to the cemetery, she
halted for a moment and studied a
wooden sign on the high pink wall
which enclosed a small villa. The
sign said that this was the Villa
Charmil, that it was to be let fur-
nished, and particulars were to be
obtained at the Laietrie of one D.
Benetti. It was just light enough for
the woman, Jean Carnay—to read
the lettering. She pressed close to
the gridded gate and, peering through,
obtained a restricted view of a tiny
garden and house. "Villa Charmil,"
she repeated to herself. "I wonder—?"
Then she went on, hurrying in the
vain hope of beating the sunrise.

It was now four o'clock, and she
had only slept a few hours. What
would the porter think of her leaving
the hotel so early? She had told him
she was going for a walk. Well,

that was true enough. It was a good
walk to the summit of Monte Nero
before breakfast.

She had left a note for Alice and
another for Hugo, but she hoped to
be back before either of them awak-
ened. Oh, for Tomaso and his roomy
saddle! Oh, for a pair of sensible
shoes!

But she was used to the martyrdom
of high heels, and her mind was so
filled with grinding anxiety that for
once she scarcely noticed any physical
discomfort. Her main idea was to
get on as fast as possible, and reach
Hector Gaunt's farm ahead of the
sun.

Brighter and brighter grew the
eastern sky, and poor Jean panting
and plodding up and up through the
endless terraces, not even pausing for
a moment's rest at the little chapel.
In the gloom of the dawn dark figures
of high heels, and her mind was so
filled with grinding anxiety that for
once she scarcely noticed any physical
discomfort. Her main idea was to
get on as fast as possible, and reach
Hector Gaunt's farm ahead of the
sun.

Another strange nest is that of the
Chinese Swift, which is made entirely
from saliva hardened by exposure to
the air.

You Can't Beat Tanlac Says Alberta Citizen

"The Tanlac Treatment Made Me Look and Feel Like a Different Man," Says Petro.

"The Tanlac treatment has made me look and feel like a different man," is the positive statement of H. G. Petro, well-known citizen of Okotoks, Alberta, Canada.

"Before taking Tanlac I was sorely troubled with indigestion, gas bloating and a tightness in my chest that made me short of breath. My appetite was gone, my circulation poor, and headaches and dizzy spells would

strike me most every day. I also had a bad swelling in my leg."

"Three bottles of Tanlac put me in A-1 condition in every way. I have a rousing appetite, sleep like a log and am rid of all my troubles, even the swelling in my leg. Incidentally, I have gained so much weight that I am too big for the clothes I wore before taking Tanlac, and am feeling fine. You can't beat Tanlac."

Tanlac is for sale by all good drug-
ists. Accept no substitute. Over 40
million bottles sold.

Take Tanlac Vegetable Pills.

Guard Bank of England.

At 6 o'clock every evening an officer and a platoon of forty-five soldiers march from their barracks through the streets of London to stand guard duty over the Bank of England through the night. At 6 next morning they take their departure. The custom of guarding the Bank of England dates back to 1694, the year when the bank was built.

Calumny would soon starve if no-
body took it in and gave it lodgings.

Bees on Farm

Nothing pays better when properly
managed. Send for our catalogue
of beekeepers' supplies. Expert ad-
vice freely given.

Ruddy Manufacturing Co., Ltd.

Brantford, Ont.

Minard's Liniment Heals Cuts.

Overlooked.

"There's nothing in the paper!"

It is a burning shame."

But what he meant was merely that

it didn't print his name.

Queen Expert in Furniture.

Queen Mary delights in antique fur-
iture and is said to be quite an ex-
pert when it comes to judging and
valuing it.

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usually not far apart.

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