

WHY RHEUMATISM OFTEN COMES BACK

The Usual Treatment Does Not Reach the Root of the Trouble.

Most treatments for rheumatism do no more than aim to keep down the poison in the blood and enable nature to overcome that particular attack. Then when the system becomes run-down from any cause the disease again gets the upper hand and it all has to be done over.

Sufferers from rheumatism who have found their condition unrelieved or actually growing worse while using other remedies, would do well to try Dr. Williams' Pink Pills. The tonic treatment with this medicine has proved in thousands of cases that it builds up the blood to a point that enables it to cast out the rheumatic poisons through the regular channels of excretion, the bowels, kidneys and the skin. When this is done rheumatism is banished, and as long as the blood is kept pure and rich the patient will be immune from attack.

This is proved by the case of Mrs. J. Hewitt, Beach P.O., Hamilton, Ont., who says: "For a number of years I was troubled with muscular rheumatism, which caused me a great deal of suffering. I would get rid of the trouble for a time, but it always came back. A friend recommended Dr. Williams' Pink Pills, and I have not had an attack of rheumatism since I took them, and that is five years ago. I have since used the pills for anaemia and found them equally good, and I now recommend them to any friends who may be ailing."

You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

The Bank of England was founded by a Scotsman who died in poverty.

Minard's Liniment for Garget in Cows.

About 1,100 kinds of insects make their homes in oak trees.

Surnames and Their Origin

EYLER.
Racial Origin—English.
Source—A locality.

This is a family name which appears as though it might have some optical significance. But though of pure Anglo-Saxon origin it has no connection with our modern word "eye."

The word from which it is derived is spelled somewhat differently to-day, which explains the difficulty. If the family name were spelled "Isler" you'd stand a better chance of guessing the origin, or perhaps if it were spelled "Islander."

Really, however, there was a shade of difference between the meaning of the medieval word, "eyler," and the modern word "Islander." The former meant as much "waterman" as "islander." According to geography an island is a section of land entirely surrounded by water. According to etymology, however, it is "water-land," a distinction, perhaps, without a difference. In earlier days the Anglo-Saxons called water "ea," and later the spelling of this root or word developed into "ey" (not, however, with a pronunciation like our word "ee," for in those days the "y" like the "i," was pronounced either as we to-day pronounce "ee" or the short "i.")

Until comparatively modern times, therefore, this family name was not pronounced "Eye-ler," but "Ay-ler," rhyming with "sailor."

Where They Got Their Names.

Quite a lot of geography can be learnt in a stroll round a dry goods shop, for many of the fabrics and materials we use to-day get their names from the places where they were originally made.

For example, calico owes its name to Calicut, a town in India. In the days before Manchester was a great manufacturing centre most of the best calico came from Calicut, and even after the industry came to Britain the old name remained. India is also responsible for muslin, which came originally from a place called Mosul.

Two textiles owe their names to France. These are cretonne and cambric, the first of which came from the Normandy town of Creton, while the second is still manufactured at Cambrai.

How many people know that serge takes its name from China, whence it was introduced into England in 1667? The Latin name for China is Sellaum, which gradually has changed into the modern word serge.

STAPLES.
Racial Origin—English.
Source—A locality.

Here is a family name which has nothing to do with the article of hardware of the same name. It is founded rather upon the same source as our modern adjective "staple," which we used to denote a common article of commerce. What is the connection?

It lies in the original meaning of the word. A staple article is a common or usual article of trade. The phrase has come to have this meaning because it meant originally a "market article," or a marketable article, and in the broad sense only an article in common demand is freely marketable. In the medieval period in which family names were being formed, the "staple" was an open market or trading place.

It was quite natural, therefore, that a man who lived at or near such a place should be referred to as "John De La (of the) Staple," or "William at the Staple." And, as has happened with virtually all of these descriptive surnames as they have become family names through the loss of their original specific meaning, these prefixes have been dropped in the course of time.

Here again is a case in which the addition of the "s" was but a tendency of the tongue, and did not represent a shortened form of the ending "son."

GUARD THE CHILDREN FROM AUTUMN COLDS

The Fall is the most severe season of the year for colds—one day warm, the next cold and wet, and unless the mother is on her guard, the little ones are seized with colds that may hang on all winter. Baby's Own Tablets are mother's best friend in preventing or banishing colds. They act as a gentle laxative, keeping the bowels and stomach free and sweet. An occasional dose of the Tablets will prevent colds, or if it does come on suddenly their prompt use will relieve the baby. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Three hundred years ago the population of London was only 150,000.

A fraction of a grain of musk will scent a room for years, and the curious thing about it is that at the end of that time its weight is not diminished by the smallest fraction.

GETS HIM IN FINE SHAPE FOR WINTER

"Tanlac built me up in fine shape last Spring, and now I am getting another bottle as a tonic to keep me fit for the cold weather," declared Henry Dufenbach, 450 York St., Hamilton, Ont., recently. Mr. Dufenbach has been identified with the grocery business in Hamilton several years, and is very well known.

"My stomach was troubling me for a long time and I got into a badly run-down condition," he said. "Almost everything I ate upset me terribly, and gas would form on my stomach and keep me miserable. My nerves were unstrung, too, and many a night I never got a bit of rest."

"I was feeling simply all played out when I got my first bottle of Tanlac, but before I had finished it, the pains in my stomach went away entirely, my food began to agree with me and I have never had indigestion since. With my nerves calm, my strength back and my appetite in fine shape, I expect to enjoy Christmas dinner and all the good things of the holidays as I have not done for a long time. They can count on me to always give a good word for Tanlac."

Tanlac is sold by all good druggists.

Testing Coal for a Queen.

In olden days the Lord Mayor of London was one of the Sovereign's most trusted henchmen; and at times many strange duties have fallen to his lot. One of the quaintest was devised by Queen Elizabeth:

Until her reign coal was almost unknown in the South of England, though sea coal was gathered regularly from the shore and used in the North.

One day a Northumbrian subject sent her a consignment of coal. The Queen saw it burn on the hearth and enjoyed it pleasantly. "Can it be used for cooking?" she asked. She was assured that it could.

But she was a cautious person. She sent a quantity to her Lord Mayor, ordering him to use it for cooking his own dinner and to report to her whether food treated in this way was fit for human consumption.

Not until the Lord Mayor had reported that he had eaten and survived would she have coal used in the royal kitchen.

MONEY ORDERS.

Send a Dominion Express Money Order. They are payable everywhere.

The Gentle Hint.

An American editor hit upon the following ingenious method of jogging the memories of delinquent subscribers to his paper:

"There is a little matter that some of our subscribers have seemingly forgotten entirely. Some of them have made us many promises, but have not kept them. To us it is a very important matter—it is necessary in our business. We are very modest and don't like to speak about such remissness."

There are more than 300 railway stations within twelve miles of St. Paul's Cathedral, London.

At the age of fifteen years a dog is more decrepit than a man of eighty.

"Cascarets" 10c

For Sluggish Liver or Constipated Bowels

"Clean your bowels! Feel fine! When you feel sick, dizzy, upset, when your head is dull or aching, or your stomach is sour or gassy, just take one or two Cascarets to relieve constipation. No gripping—pleasant laxative-cathartic on earth! For grown-ups and children. 10c a box. Taste like candy."



FOR RHEUMATISM. Lumbago, Neuralgia, or any other pain, apply Minard's Liniment to the aching spot and get quick relief. Minard's is the remedy your grandmother used. There is nothing to equal it.

FOR SALE EVERYWHERE.

COARSE SALT LAND SALT
Bulk Carlots
TORONTO SALT WORKS
C. J. CLIFF TORONTO

American's Finest Dog Remedies
Book on **DOG DISEASES**
and How to Feed and Train Your Dog. Address by the Author, E. Gray Glover, O. Box 12, West 24th Street, New York, U.S.A.

MOTHER!

Move Child's Bowels with "California Fig Syrup"



Even a cross, feverish, bilious, or constipated child loves the "fruity" taste of "California Fig Syrup." A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Humane education is the training that leads people, young and old, to increased consideration for all animals and kindness to them as well as to human beings.

Minard's Liniment for Distemper.

Lions and tigers are too weak in lung power to run more than half a mile.

How to Purify the Blood

Fifteen to thirty drops of Extract of Root, commonly called Mother Seigel's Curative Syrup, may be taken in water with meals and at bedtime, for indigestion, constipation and bad blood. Persistence in this treatment will give permanent relief in nearly every case. Get the genuine at druggists, 50c. and \$1.00 bottles.

LARGE PIMPLES ALL OVER FACE

Itched and Burned. Face Disfigured. Cuticura Heals.

"Large, red pimples were scattered all over my face. They festered and itched and burned so that I scratched them. The pimples were so large that I was ashamed to go among my friends. I would lie awake half the night, and my face was awfully disfigured."

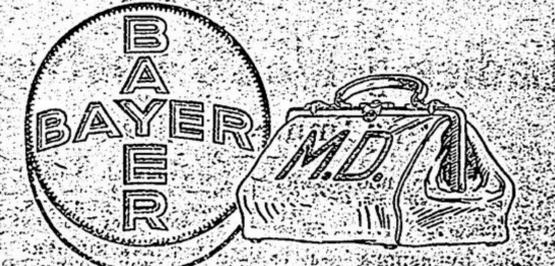
"A friend advised me to try Cuticura Soap and Ointment. After using them for some time the pimples began to disappear, and when I had used three cakes of Soap and two boxes of Ointment I was 'healed.'" (Signed) Harry Feinstein, 36 Pequot St., Hartford, Conn., May 12, 1921.

Use Cuticura for all toilet purposes. Sample Each Free by Mail. Address: "Cuticura," Dept. 444, P.O. Box 24, Montreal. Sold every-where. Soap 25c. Ointment 50c. and 1.00.

Cuticura Soap shaves without tug.

ASPIRIN

UNLESS you see the name "Bayer" on tablets, you are not getting Aspirin at all



Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds, Headache, Rheumatism, Toothache, Neuralgia, Neuritis, Earache, Lumbago, Pain, Pain.

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100. Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacturing of Mono-acetic acid ester of Salicylic acid. While it is well known that Aspirin is a Bayer product, the public is urged to insist that Aspirin tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

PETRIE'S MACHINERY TORONTO

\$12,000 IN PRIZES \$12,000

Here is your opportunity to participate in these three big cash prizes. We wish to put THE ATHLETIC GUIDE, our new Sporting Paper on the map and at once canvassing methods so we have decided to spend our money in a way whereby our own subscribers will gain an opportunity to participate in our expenditure which really makes our proposition a mutual one to the way round.

To participate in this subscription campaign you simply indicate on the coupon below whether you want to participate in these three big cash prizes. We wish to put THE ATHLETIC GUIDE, our new Sporting Paper on the map and at once canvassing methods so we have decided to spend our money in a way whereby our own subscribers will gain an opportunity to participate in our expenditure which really makes our proposition a mutual one to the way round.

- awarded to subscribers as follows: The first prize to the subscriber who submits the most correct estimate and the third prize to the subscriber who submits the third highest. Prizes will be equally divided among subscribers whose estimates rank equally correct.
- ### RULES
- All entries must be made on coupons provided for that purpose.
 - Any coupon which has been altered or mutilated will be disqualified.
 - In event of a tie, or ties, prizes will be divided equally between those tied, but should the necessity arise, the Auditor reserves the right to rearrange prize money so that the first prize winners will receive more than the second, and the second prize winners receive more than the third.
 - Matches on coupons incorrectly scheduled, or not commenced, same will be struck off the coupon. In the event of a game being started, and then discontinued at the time the game is terminated, will be accepted as being the same as a full game.
 - The Auditor reserves the right to disqualify any coupon for what, in his opinion, is a good and sufficient reason, and if it is a distinct condition of entry that the Auditor's decision shall be accepted as final and legally binding in all matters concerning this competition. No correspondence will be entered into or interviews granted.
 - In marking coupon, place cross in column provided; denote whether you think the HOME team will score MORE GOALS, LESS GOALS, or the SAME NUMBER OF GOALS as in the corresponding game of last year.
 - Should the score shown for last year's games be incorrect it will not affect any estimate as the figures will be taken as printed.
 - Entrants must enclose 25c with each coupon, which will entitle them to five weeks' subscription to THE ATHLETIC GUIDE, or \$1, which entitles them to one extra entry coupon and twenty-five weeks' subscription.
 - No two prizes will be paid out in any one week to any one subscriber.
 - Employees of THE ATHLETIC GUIDE cannot compete.
 - Prizes are awarded on the results received by cable, on or before 9 a.m. Monday following date of matches.
 - No responsibility will be accepted by THE ATHLETIC GUIDE for the loss or non-delivery of any coupon. Proof of posting will not be accepted as proof of delivery or receipt.
 - Coupons received without name or address will be disqualified.
 - In cases of capital prize winners when the address is given as "General Delivery" only, proof of identification will be required before mailing of capital prize.

FOOTBALL COMPETITION No. 1

ATHLETIC GUIDE PUBLISHING CO., 508 Dominion Bank Bldg., Vancouver, B.C.

I enter this Football Competition with the understanding that I agree to abide by the published rules governing same and to accept the Auditor's decision as final and legally binding. I enclose thereon five weeks' subscription entitles me to one estimate; 50c. ten weeks and two estimates; 75c. fifteen weeks and three estimates; \$1.00, twenty weeks and five estimates.

NOTE—Mark with an X in column provided whether you think the HOME team will score MORE, LESS or the SAME number of goals as in the corresponding game last season.

HOME TEAM	Last Year's Score	Away Team	Coupon No. 1	Coupon No. 2	Coupon No. 3	Coupon No. 4	Coupon No. 5
			M L S	M L S	M L S	M L S	M L S
Newcastle	1-2	Aston Villa					
Everton	2-1	Birmingham					
Manchester, C.	1-1	Cardiff, C.					
W. Bromwich A.	2-1	Sunderland					
West Ham, U.	2-0	Wolverham'n					
Rotherham Co.	1-1	Bury					
Hull City	1-0	Blackpool					
Southend, U.	2-1	Charlton Ath.					
Luton Town	1-0	Portsmouth					
Nelson	2-1	Darlington					
Hartlepool U.	1-1	Lincoln City					
St. Mirren	2-1	Motherwell					
Partick T.	2-1	Raith Rovers					
Falkirk	1-0	Morton					
		Dundee					

Games to be Played
Dec. 23
Competition closes Midnight
Dec. 22