

## HAS NEVER FELT FINER IN HIS LIFE

"TANLAC MADE A CLEAN SWEEP OF MY TROUBLES," DECLARES TORONTO CITIZEN.

### Wife and Daughter Also Greatly Benefitted by Master Medicine.

"Tanlac fixed me up so fine that I quit taking it three months ago, and I've been feeling great ever since," said Thomas Brown, of 140 Hamilton Street, Toronto, employee of the Wm. Davies Co.

"Indigestion and stomach disorder was my trouble, and for three years before I got Tanlac I was in mighty bad shape. Why, if I drank a cup of tea and ate a little buttered bread for breakfast I would bloat terribly and be in awful distress. I had to let meat and pies alone, and after meals I felt as though I had a big lump in the pit of my stomach. I had headaches a great deal, too, and there was sharp, shooting pains around my heart that nearly worried the life out of me.

"After taking Tanlac my wife and daughter thought so much of it that they got me to try the medicine, and it proved to be the very thing I needed. Why, it has made a clean sweep of all my troubles and given me the very best kind of an appetite. I can eat just anything I want now and I feel as fit and fine as I ever did in my life. Tanlac is what did the work in my case and I don't make any secret of it."

Tanlac is sold by all good druggists. —Adv't.

Search others for their virtues, and thyself for thy vices.—Fuller.

**MONEY ORDERS.**  
Remit by Dominion Express Money Order. If lost or stolen you get your money back.

Better to hold your tongue to-day than regret your words to-morrow.  
Minard's Liniment for Distemper.

## Surnames and Their Origin

**DUNCAN**  
variations—Duncanson, MacDonachie, Tennochy, Donachie, Durnachie, MacConnechy, MacConachie. Racial Origin—Scottish. Source—A given name.

Though the family name of Duncan, with some of the foregoing variations, in some cases represents a development from the Gaelic name of one of the Irish clans, it is, for the most part, Scottish Gaelic, and traces back to the Clan Robertson, of the Scottish Highlands.

There is not, however, any connection other than a historical one between the name of Robertson and Duncan. It simply happens that the English and Gaelic names of this clan are entirely different, which is no unusual thing among the Scottish clans. The Gaelic designation of the clan is "Clann Domachaidh" or Clan Donachie, or Duncan. History is a bit hazy but the founders of this clan were apparently descendants of the old Earls of Athol, and the clan took its name from one of these, "Donnachadh" (or Duncan) Reamhar, who led it at the battle of Bannockburn.

The English designation of Clan Robertson was a later development in the reign of King James I. from the name of Robert, then its chieftain. All of the foregoing family names

## Marine-Engine Condenser of Novel Construction.

Considerable attention has been attracted to a surface condenser for marine engines that has been invented in Belgium, and patented in several countries. The object of the invention is to eliminate automatically all causes for engine breakdown due to defective feed water, preventing the entrance of salt water into the boilers, and maintaining in the condenser a constant state of cleanliness. The condenser has a steam chamber at one end connected to the engine exhaust, and another at the other end connected to the air pump. Between these two chambers, in the main body of the condenser in which the water circulates, are series of pipes, divided into two or more separate groups, so that one group can be cut off by a shut-off valve from the other, and can be attended to without requiring the stoppage of the engine. In connection with each of these groups is a specially designed salinometer—an instrument for measuring the quantity of salt that there may be in solution in the water of the condenser—that is electrically connected with an instrument board in the engine room, containing warning lamps that by ignition indicate a dangerous condition of the water.

## STORMY WEATHER HARD ON BABY

The stormy, blustery weather which we have during February and March is extremely hard on children. Conditions make it necessary for the mother to keep them in the house. They are often confined to overheated, badly ventilated rooms and catch colds which rack their whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep its stomach and bowels working regular. This will not fail to break up colds and keep the health of the baby in good condition till the brighter days come along. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Never criticize that which you could not do better.

## Seeing Both Sides of the Shilling At Once.

"An ordinary shilling piece, a contributor tells us, was largely responsible for the origin of the present-day motion picture.

Some hundred years ago Sir John Herschel asked his friend Charles Babbage whether he could show both sides of a shilling at once. Babbage replied by taking a shilling from his pocket and holding it in front of a mirror. Sir John was not satisfied and set the shilling spinning on a large table; at the same time he explained that if you placed your eye on a level with the coin you could see both sides of it at once.

Babbage was so much impressed with the experiment that the next day he described it to his friend, Dr. Fitton, who immediately made a working model. It was a cardboard disk with the picture of a bird on one side and of an empty bird cage on the other. When the card was whirled on a silk thread the bird appeared to be inside the cage. The model, which is called a thaumatrope, showed that the eye retains the image of an object for a fraction of a second after it has been removed.

Following the thaumatrope came the zoetrope, or "wheel of life." A cylinder was perforated with a series of slots, and a band of drawings of dancing men was placed inside it. When the apparatus was rotated the figures seen through the slots seemed to be in motion. About 1872 Edward Muybridge made the first systematic photographs of men and animals taken at regular intervals with a view to showing them in motion.

### Beauty.

Oh, I had sought for Beauty,  
And dreamed that it might be  
At the end of distant pathways  
Beyond a tropic sea—  
In radiant silver moonways  
By a golden tropic sea.

But when I went to seek there,  
The panting waves did lie  
Beneath a pall of darkness  
Under a moonless sky—  
Sadly we turned us home again  
My tired heart and I.

And there above my doorway  
A young moon laughed at me,  
Caught in the tangled branches  
Of mine own willow tree—  
From its green and silver branches  
Beauty smiled down on me!  
—Edna Valentine Trapnell.

### Shifting the Responsibility.

The children of a young college professor had been sent upstairs and told to keep quiet while their parents were entertaining guests.

During a lull in the conversation the youngest boy appeared in the dining room doorway.

"Mamma," he said, "there's nothing but clean towels in the bathroom. Shall I start one?"

### Progress, Anyhow.

"I'm not at all sure," said the profiteer's wife to the head master of one fashionable preparatory school, "how your school is going to suit my dear boy."

The head master smiled confidently. "You need not worry about that, madam," he said, "we've taught him how to hold his knife already."

in the given name of Annette, for instance, but which was equally applicable to masculine and feminine names.

When we say that these family names may come either from Ann, John or Anthony, we mean that doubt exists only in the individual instance, for the old records clearly establish that they actually did come variously from all three of these sources.

## TREAT RHEUMATISM THROUGH THE BLOOD

Liniments and Rubbing Only Give Temporary Relief.

Rheumatism is a trouble extremely difficult to get rid of. If a tendency to rheumatism is established in the system it makes itself manifest by a return of the acute pains with every spell of bad weather. This is why so many people think the trouble is due to cold or damp. The fact is known, however, to medical men, that with the appearance of rheumatism there is a rapid thinning of the blood, and that the rheumatic poisons are only expelled from the system when the blood is restored to its normal condition. This means that to drive rheumatism from the system it must be treated through the blood, and for this purpose Dr. Williams' Pink Pills have been very successful, as they build up and enrich the blood, thus easing the aching, swollen joints, and benefitting the health of the sufferer in other ways as well. Among the rheumatic sufferers who have satisfactorily used this medicine is Mrs. James Gillan, Charlottetown, P.E.I., who says: "For three long months I suffered terribly from rheumatism. I was so bad that I could not do my housework, and even to attempt to walk caused me agony. I spent a great deal of money on liniments and medicines without getting the least benefit, and my condition was pitiable. At this stage my attention was called to Dr. Williams' Pink Pills, and I began taking this medicine, and shall always praise the day I did so. Before long there was no doubt that I had at last found something that would give me relief. I gladly continued using the pills with the result that I am now as well as ever I was, able to do my housework and care for my children. Since that time one of my daughters fell into an anaemic condition and was obliged to discontinue going to school. I gave her Dr. Williams' Pink Pills, and now she is as healthy a girl as there is in the city. You may be sure I lose no opportunity in praising this medicine." Dr. Williams' Pink Pills can be had through any medicine dealer, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

"Where you goin', Ma?"  
"To a surprise party, dear."  
"Aren't you goin' to take all of us?"  
"No, dear, you weren't invited."  
"But, ma, don't you think they'd be a lot more surprised if they saw all of us comin'?"

## Child's Owns With California Fig Syrup

Your little one will love the "fruity" taste of "California Fig Syrup" even if constipated, bilious, irritable, feverish, or full of cold. A teaspoonful never fails to cleanse the liver and bowels. In a few hours you can see for yourself how thoroughly it works all the sour bile, and undigested food out of the bowels and you have a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful to-day saves a sick child to-morrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

The Manitoba Legislature has been asked to vote \$50,000 for the coming anti-grasshopper campaign.

Minard's Liniment for Garget in Cows.

## The House of Worth.

Worth, the most famous of Parisian dressmakers, whose name for half a century has suggested everything that is tasteful and sparkling in the art of dress, was not a Frenchman at all, but an Englishman. His full name was Charles F. Worth, and he was born at Bourne, Lincolnshire, in 1825. He was the son of a lawyer's clerk, and his first start in life was as a salesman in a London drapery shop. Dissatisfied with his position, he crossed to France and entered the service of Mme. Gagelin, at that time one of the foremost madistes in Paris; he worked for her as designer. It is said he came to Paris with only one sovereign in his pocket.

He left Mme. Gagelin to start for himself and took a flat in the Rue de la Paix, where his firm is still situated. At that time—during the Second Empire—it was a fashionable residential street, and the inhabitants objected to the presence of a business man among them. The Empress Eugenie took an interest in the young man and helped to make his fortune. Besides his designs, his particular contribution to the business of dressmaking was to introduce the modern system of the dressmaker, supplying the materials as well as cutting and making them up. Before his time women of all ranks chose their stuffs themselves at the silk mercantiles or the linen drapers'. On his death his business descended to his sons, and it is a grandson that is now at the head of the firm.

If you are not good-looking, why not look good?

Navy blue was a fashionable color for women's clothing 2,000 years ago.

## COARSE SALT LAND SALT

Bulk - Carlots  
TORONTO SALT WORKS  
C. J. CLIFF - TORONTO

THIN, FLAT HAIR GROWS LONG, THICK AND ABUNDANT

"Danderine" costs only 35 cents a bottle. One application ends all dandruff, stops itching and falling hair, and in a few moments, you have doubled the beauty of your hair. It will appear a mass, so soft, lustrous, and easy to do up. But what will please you most will be after a few weeks use, when you see new hair—fine and downy at first—yes, but really new hair, growing all over the scalp. "Danderine" is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. This delightful, stimulating tonic helps thin, lifeless, faded hair to grow long, thick, heavy and luxuriant.

SLOAN'S RELIEVES NEURALGIC ACHES

FOR forty years Sloan's Liniment has been the quickest relief for neuralgia, sciatica and rheumatism, tired muscles, lame backs, sprains and strains, aches and pains. Keep Sloan's handy and apply freely, without rubbing, at the first twinge. It eases and brings comfort surely and readily. You'll find it clean and non-skin-staining. Sloan's Liniment is pain's enemy. Ask your neighbor.

At all druggists—35c, 70c, \$1.40. Made in Canada.

## Sloan's Liniment

CUTICURA HEALS ITCHY SCALP

Was Sore and Red. Hair Fell Out. Head Disfigured.

"From using the same brush and comb as my sister, whose scalp was troubled with dandruff, it caused my scalp to become itchy. My scalp was sore and red, and the dandruff came off and could be seen on my pillow. My hair fell out gradually and my head was disfigured. This trouble lasted six months. Then I sent for a free sample of Cuticura Soap and Ointment. I afterwards bought more, and I only used two cakes of Soap and two boxes of Ointment when I was healed." (Signed) Miss Frances Burns, St. Basile, Quebec.

Use Cuticura Soap, Ointment and Talcum for all toilet purposes.

Sample Pack Free by Mail. Address: "Cuticura, Limited, 245 St. Paul Street, Montreal." Sold every where. Soap 25c, Ointment 25c and 50c, Talcum 25c. Cuticura Soap shaves without mug.

## CASCARETS 10¢

For Constipated Bowels—Bilious Liver

The nicest cathartic-laxative to physic your bowels when you have

Headache—Biliousness  
Colds—Indigestion  
Dizziness—Sour Stomach

is candy-like Cascarets. One or two to-night will empty your bowels completely by morning and you will feel splendid. "They work while you sleep." Cascarets never stir you up or gripe like salts. Pills. Calomel or Oil, and they cost only ten cents a box. Children love Cascarets too.

## Genuine BAYER ASPIRIN

WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances? Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds—Headache—Rheumatism  
Toothache—Neuralgia—Neuritis  
Earache—Lumbago—Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoacetic Acidester of Salicylic Acid. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

ISSUE No. 3—22

## Why does any healthy person want to be kicked into wakefulness in the morning?

Many people feel that they have to be agitated into wakefulness in the morning. They think that without the tea or coffee they take in the morning that they will not be able to meet the tasks and duties of the day.

Nothing could be more false than this reasoning. Any doctor can tell you this. For a healthy body does not need or require a stimulant. It gets all the stimulant it needs from food.

The thein and caffeine found in tea and coffee are irritating to the heart and nervous system. They jolt the nerves into undue activity. The result is a reaction. This is why regular tea and coffee drinkers think they must have their stimulant the first thing in the morning to wind them up for the day.

If you will stop using tea and coffee for a week, and drink

Postum, the pure cereal-beverage instead, it will give Nature an opportunity to rid the system of the irritating substances that harass your nerves, upset digestion, increase your heart action, and make you nervous and irritable.

Many people who have tried Postum say that inside of a week they wake in the morning without that "all gone" feeling that they used to have, and are full of energy, strength and endurance.

Order Postum from your grocer today, and make it according to directions. Your first sip of Postum will surprise and please you.

Postum comes in two forms: Instant Postum (in tins) made instantly in the cup by the addition of boiling water. Postum Cereal (in packages of larger bulk, for those who prefer to make the drink while the meal is being prepared) made by boiling for 20 minutes.

## Postum for Health—"There's a Reason"

Made by Canadian Postum-Cereal Co., Limited, Windsor, Ont.

