



Styles for Children

No. 9116—Boy's Norfolk Suit. Price, 20 cents. Coat cut through at waistline; knee trousers. Cut in 5 sizes, 4 to 12 years. Size 8, with belt, 2 1/2 yds. 36 ins. wide, or 1 1/2 yds. 54 ins. wide; without belt, 2 1/4 yds. 36 ins. wide, or 1 1/2 yds. 54 ins. wide.

No. 9143—Girl's Dress. Price, 20 cents. With shield, kimono sleeve with or without collar and belt. Cut in 5 sizes, 6, 8, 10, 12 and 14 years. Size 8 requires, with collar and belt, 2 1/2 yds. 36 ins. wide, or 2 1/4 yds. 44 ins. wide; without collar and belt, 2 1/4 yds. 36 ins. wide, or 1 1/2 yds. 44 ins. wide.

These patterns may be obtained from your local McCall dealer, or from the McCall Co., 70 Bond St., Dept. W.

A Singing "Literary."

The people in our community had met regularly in the schoolhouse every Friday night for "literary" during several years, but they seemed to be getting into a rut. The younger folks especially were not very excited about the meetings.

Attempts at brightening up the program helped some, and occasional parties of the usual "bid-for-a-supper-basket" kind had a good effect, but not for long.

The enthusiasm with which the younger people sang on their way to and from the meetings finally suggested an idea. Of course, they had always had some singing at the "literary," but it wasn't of the jovial, spontaneous kind that was needed. At the next meeting they succeeded in getting the idea accepted that they should get hold of the new popular songs and also work up some of the old favorites, and that there should be a song after each number on the program, but the big

one would actually feel like joining in when the time came, so they got all to agree that every one should pay a three-cent fine for every song not participated in. To enforce the rule, inspectors were appointed who, themselves singing heartily all the time, watched for people not joining in. It was necessary to choose exactly the right people for this. At first many people moved their lips and merely pretended to sing, but that led them on to singing heartily.

By the fourth week of the new style the thing was an undoubted success. The spirit of the place was entirely changed. The old awkwardness that every one had shared before gave way to a sort of thrill of interest in everything. "Perhaps the people were all wondering what the next song would be. Whatever the reason, they took a keen interest in everything.

They had now dropped the "fines" system, and use another method. Some one—generally the school-teacher or the minister, but, sometimes a real singing-teacher—sits on the platform during all the singing, and after each song marks up on the blackboard a stroke for whichever side of the room sang the best. The rivalry runs very high each week and each month for the highest score, and the room is always divided sharply into the two sections. Moreover, the rivalry is of a particularly merry and good-natured sort. A singing "literary" after this fashion is a sure-fire success.—P. W. W.

Babies sometimes acquire a dislike for cow's milk through improper feeding.

TONIC TREATMENT FOR THE NERVES

Neuralgia and Other Severe Nervous Disorders Cured Through the Blood.

In many severe nervous disorders the best remedy is often a tonic. The most active tonic treatment is recommended by the highest medical authority to arrest the progress of such disease. Dr. Williams' Pink Pills are a tonic that acts on the nerves through the blood, which carries to the nerves the elements needed to build them up and restore them to a normal condition.

Neuralgia, sciatica, nervous headaches and a number of more severe nervous troubles are properly treated by building up the blood with Dr. Williams' Pink Pills and are often entirely cured in this way. If you are nervous you can help yourself by refusing to worry, by taking proper rest and sleep, by avoiding excesses and by taking out-of-door exercise. For medicine take Dr. Williams' Pink Pills and you will soon notice the beneficial effect of this tonic in every part of the system. Miss Annie L. Johnston, R.R. No. 1, Listowel, Ont., is one of the numerous sufferers from nervous troubles who has found a cure through Dr. Williams' Pink Pills. Miss Johnston says:—"For a long time I was a severe sufferer from nervous troubles, with the result that I grew very pale and weak. Medical treatment did not help me, and various medicines had no beneficial effect, until finally a friend advised me to try Dr. Williams' Pink Pills. I began their use and took the pills regularly for several months, with the result that I not only gained in weight, but have recovered my full health and strength. I cannot praise Dr. Williams' Pink Pills too highly for what they have done for me."

To build up the blood there is one remedy that has been a household word for a generation, Dr. Williams' Pink Pills for Pale People. They tone up the entire system, make the blood rich and red, strengthen the nerves, increase the appetite, put color in the cheeks and lips and drive away that unnatural, tired feeling. Plenty of sunlight, good wholesome food and fresh air will do the rest. You can get Dr. Williams' Pink Pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

What is a Tidal Wave?

Much of the storm's terrific damage at Corpus Christi is said to have been caused by a "tidal wave" of great height, which swept away entire blocks of houses.

But what is a tidal wave? It has nothing whatever to do with the tides. Any great onrush of the sea that overwhelms the land is called a tidal wave. In 1867 such a wave threw the United States cruiser *Monongahela* clear out of the harbor and into the town of Friedrichstadt, on the island of Santa Cruz.

Such waves may be due to various causes. They may represent a heaping up of masses of water by a hurricane of wind, as at Corpus Christi. Or an earthquake under the sea may be the cause.

Submarine volcanic eruptions are of not very infrequent occurrence, and earthquakes are liable to accompany them. Or a mere slipping of strata in the sea-floor may cause earthquakes. If, incidentally to the volcanic or seismic disturbance, one part of the sea-floor sinks or another part rises, there must be a consequent rush of water, which may assume the proportions of what is called a tidal wave.

The great earthquake that destroyed Lisbon in 1755 was supplemented by a tidal wave which rolled up the valley of the Tagus from the ocean, submerging all the lower portions of the city and destroying thousands of lives.

Twenty-five years ago Japan was visited by a series of terrific tidal waves, which ran fifteen or twenty miles inland. They accompanied great earthquake shocks.

The tidal wave above mentioned, at Santa Cruz, also struck St. Thomas, where a wall of water that looked fifty feet high ran up over the land. There were severe earthquakes all night, and the people, believing that the island was going to sink, besought the commander of an American warship (which had survived the wave by a

miracle) to take them off. He did carry 2,000 of them to Santa Cruz.

The Time to Cut Timber.

The time of cutting has very little effect upon durability, if timber is properly cared for after it is cut. The method of handling posts, poles and logs at different times of the year, however, does influence their durability.

Late spring and summer cutting: Posts, poles and other rough products cut in late spring and early summer are more likely to be attacked by insects and fungi, because the wood is freshly cut and in the most favorable condition for attack at a time when insects and the spores of fungi are most active. Seasoning also proceeds more rapidly during the warmer months and may cause excessive checking. If the wood is peeled when cut, and piled openly on skids for seasoning, the opportunity for decay will be reduced to a minimum, but checking will not be retarded. In no case should the wood be allowed to lie in direct contact with the ground. Checking can be reduced somewhat by locating the piles in a shaded but dry place. The bark peels most easily in spring. It can be removed at any other time of the year, but the labor and expense will probably be greater.

Fall and winter cutting: Timber cut in late fall and winter seasons more slowly and with less checking than during the warmer months. In practice, winter cutting is best. Fungi and insects do not attack wood out-of-doors in cold weather, and by the time warm weather arrives the wood is partly seasoned and less susceptible to attack. It is for this reason that winter cutting is advantageous, and not on account of a smaller amount of moisture or sap in the wood in winter, as the popular belief has it. Nor does there seem to be much to the moon theory.

HEALTH FOR THE BABY

The baby of to-day is the man or woman of to-morrow. Thus the success of the future man or woman depends upon the baby's present welfare. If the baby is sickly and ill nourished it is not to be expected that he will grow into a strong, active man who will hold his own in the business world a few years hence. Mothers, it is a duty you owe the future to keep your little ones well now. This can be easily done if Baby's Own Tablets are kept in the house. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach and thus make baby healthy and strong. Concerning them Mrs. W. Orser, Elginburg, Ont., writes:—"I have a fine healthy boy three years and have used Baby's Own Tablets for him ever since he was a small baby. I certainly think them a splendid medicine." The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Biggest Eyes.

The most enormous of all eyes are those of the giant squid, a cephalopod that attains a length of 150 feet, two-thirds of which, however, is represented by its pair of long-distance tentacles.

No specimen so large has ever been captured, but its eyes—circular, lidless and glaring with a horrible greenish lustre—would probably be not less than two feet in diameter. A small fifty-footer in the Smithsonian Institution has eyes with a diameter of twelve inches.

Minard's Liniment Co., Limited, Gentlemen,—In July, 1915, I was thrown from a road machine, injuring my hip and back badly and was obliged to use a crutch for 14 months. In Sept., 1916, Mr. Wm. Onridge of Lachute urged me to try MINARD'S LINIMENT, which I did with the most satisfactory results and to-day I am as well as ever in my life.

Yours sincerely,
MATTHEW X BAINES, mark

New Zealand Census.

The New Zealand Government statistics relating to the census of 1916 have just been made public. In classifying dwellings by the number of rooms the figures show that out of 229,423 private dwellings in New Zealand 9,000 had one room, 8,380 two rooms, 10,500 three rooms, 49,000 four rooms, 58,000 five rooms, 50,000 six rooms, 22,000 seven rooms and 10,800 eight rooms. Country districts account for most of the small houses.

The overwhelming prominence of wood in the construction of dwellings in New Zealand is shown by the fact that 219,000 were constructed of wood, 7,000 of brick, 1,280 of stone and 1,680 of concrete. In many counties there was not a single dwelling built of brick or stone, but these districts were in the back-blocks of New Zealand, where there are but few houses.

Of the total dwellings and tenements 109,000 are being rented, 12,000 bought on time payment, 55,000 bought on mortgage and 56,860 the unencumbered property of the occupants. In the Tuck and metropolitan area 15,000 homes are rented, 16,300 held under mortgage and 5,000 are unencumbered.

To remove paint from clothes, saturate the spot two or three times with equal parts of ammonia and turpentine, and then wash out in soap and

"SYRUP OF FIGS" CHILD'S LAXATIVE

Look at tongue! Remove poisons from little stomach, liver and bowels



Accept "California" Syrup of Figs only—look for the name California on the package, then you are sure your child is having the best and most harmless laxative or physic for the little stomach, liver and bowels. Children love its delicious fruity taste. Full directions for child's dose on each bottle. Give it without fear.

Mother! You must say "California."

General and the Jug.

General Bailloud, who commanded part of the French expeditionary force in the Balkans, was so well liked by his men that nearly every good story that originated in his corps was either about him or attributed to him. Among the most amusing of these is one that has to do with the general and a soldier who was returning alone to quarters near Monastir with a water jug in each hand.

Coming across another mud-stained pole sitting beside the road, the soldier hailed him: "How goes it, old man?" "Very well," said the other. "Can't you carry one of these jugs for me?" "Certainly," came the answer, and the two men went on together. "Would you believe it," said the first soldier, "they have chucked me into the grade of corporal!" "What of that?" replied the other. "Didn't they chuck me into the grade of general?" "The soldier nearly dropped his jug, then drew closer and made out three faint stars on a mud-stained sleeve. He drew himself up at attention and saluted. "Walk on, corporal," said General Bailloud, and together they trudged into camp, each bearing a water jug.

MONEY ORDERS.

Buy your out-of-town supplies with Dominion Express Money Orders. Five Dollars costs three cents.

His Special Gift.

A school trustee visited one of the schools over which he bears rule, and made something of a speech to the assembled children. "Now," said the great man, "the thing that you want to keep in mind is that you should always seek to do some one thing better than anyone else can do it. You can begin to do that right now. Tell me—is there anyone among you who can do that one thing better than anyone else?" A youngster held up his hand. "And what is it?" "I can read my own writing better than anyone else can," said the boy.

Had a Better One.

A college professor who was always ready for a joke was asked by a student if he would like a good recipe for catching rabbits. "Why, yes," replied the professor, "What is it?" "Well," said the student, "you crouch down behind a thick stone wall and make a noise like a turnip."

"That may be," said the professor, with a twinkle in his eye, "but a better way than that would be for you to go and sit quietly in a bed of cabbage heads and look natural."

RASCALS

Biliousness, Headache, Colds, Constipation, driven out with "Cascarets"

Why take nasty cathartics, sickening salts, or stomach-turning oils to drive these rascals out? Let gentle, harmless Cascarets remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, your skin sallow, your breath offensive, and your stomach sour. Get a box of Cascarets at the drug store and rid your liver, stomach, and bowels of the excess bile, poisons, and waste which are keeping you miserable. Cascarets never grip, never sicken, never inconvenience. They cost so little and work while you sleep.

BITS OF HUMOR FROM HERE & THERE

Her Way Out.

"Ould Mary Donohue," the seller of eggs and milk, became Mrs. Donohue when she inherited her uncle's money and went to Dublin to live like "th' gentry." One day a lawyer's clerk, an English youth, called on her, on business, to request her signature to some papers.

"Just yo sign thim yersel', young man, an Oi'll make me mark," said the good lady promptly. "Since me eyes got so bad, I've not been able to write a word."

"And—how do you spell your name?" asked the clerk shyly. "Shure, just whatever way yo fancies," replied Mrs. Donohue, blandly. "Since I lost me teeth, shure it's not a single blessed word I can spell!"

Pat's Discovery.

Strolling along the quays of New York harbor, an Irishman came across the wooden barricade which is placed around an inclosure where immigrants suspected of suffering from contagious diseases are isolated.

"Phwat's this boarding for?" he inquired of a bystander.

"Oh," was the reply, "that's to keep out fever and things like that, you know."

"Indade!" said Pat. "Olive often heard of the Board of Health, but, be jabbers, it's the first time O've seen it!"

Buy Thrift Stamps.

Sure! High Heels Cause Corns But Who Cares Now

Because style decrees that women crowd and buckle up their tender toes in high-heel footwear they suffer from corns, then they cut and trim at these painful pests which merely makes the corn grow hard. This suicidal habit may cause lockjaw and women are warned to stop it.

A few drops of a drug called freeze-on applied directly upon a sore corn gives quick relief and soon the entire corn, root and all, lifts out without pain. Ask the drug store man for a quarter of an ounce of freeze-on, which costs very little but is sufficient to remove every hard or soft corn or callus from one's feet.

This drug is an ether compound and dries in a moment and simply shrivels up the corn without inflaming or even irritating the surrounding tissue or skin. Clip this out and pin on your wife's dresser.

America's Pioneer Dog Remedies

DOG DISEASES

and How to Feed Mailed Free to any Address by the Author, H. C. Gray Glover Co., 115 West 31st Street, New York, U.S.A.

WHEN YOU SUFFER FROM RHEUMATISM

Almost any man will tell you that Sloan's Liniment means relief

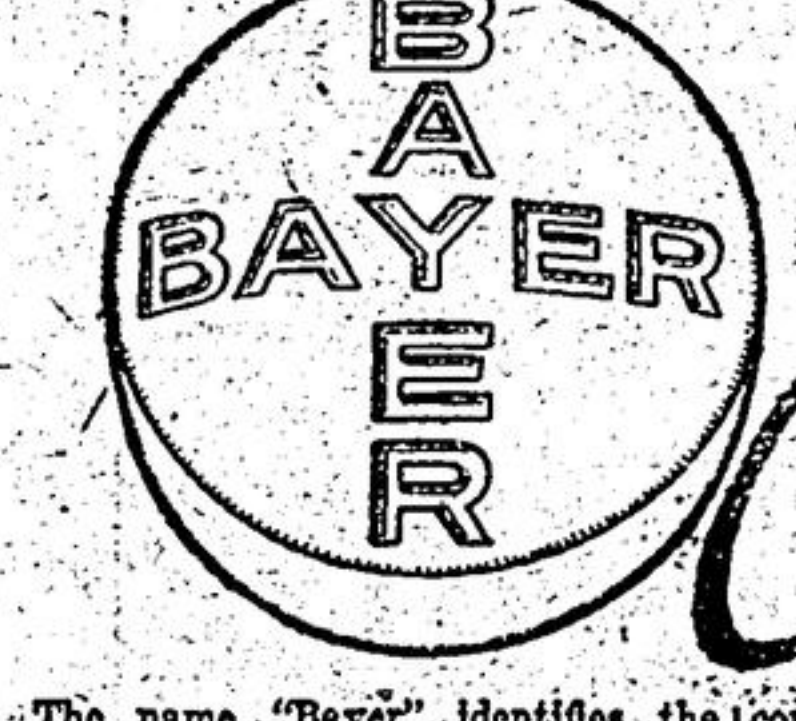
For practically every man has used it who has suffered from rheumatic aches, soreness of muscles, stiffness of joints, the results of weather exposure.

Women, too, by the hundreds of thousands, use it for relieving neuritis, lame backs, neuralgia, sick headache. Clean, refreshing, soothing, economical, quickly effective. Say "Sloan's Liniment" to your druggist. Made in Canada. Get it today. 85c, 70c, \$1.40.



ONLY TABLETS MARKED "BAYER" ARE ASPIRIN

Not Aspirin at All without the "Bayer Cross"



The name "Bayer" identifies the only genuine Aspirin—the Aspirin prescribed by physicians for over nineteen years and now made in Canada. Always buy an unbroken package of "Bayer Tablets of Aspirin" which contains proper directions for Colds, Headache, Toothache, Earache, Neuritis, Joint Pains, and Pain generally. Ten boxes of 12 tablets cost but a few cents. Larger "Bayer" packages.

There is only one Aspirin—Bayer. You must say "Bayer" Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocetate of Salicylic Acid. While it is well known that Aspirin is made by Bayer Manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Classified Advertisements

RAW WHEAT PAIRS Reid Bros. Ontario.

FIRST CLASS HAVE YOU? Reid Bros., Bothwell.

ARE YOU LOOKING FOR a job? Reid Bros., Bothwell.

MISCELLANEOUS

HENS WANTED, ALIVE, 19 CENTS per pound, any size. I pay express within 150 miles of Toronto. No deduction for shrinkage. Samuel Lewis, 666 Dundas West, Toronto.

BUSINESSES, TORONTO PROPER for sale or exchange. Davis, 129 Victoria St., Toronto.

CANCER, TUMORS, LUMPS, ETC. Internal and external, cured without pain by our home treatment. Write us before too late. Dr. Hellman Medical Co., Limited, Collingwood, Ont.

Peat Yields Oils. Some of the peat mined in New Zealand is so well filled with kauri gum particles that it can be made to yield oils that are valuable substitutes for gasoline or benzine or use in varnishes.

Minard's Liniment Cures Distemper. Buy Thrift Stamps.

Coughs, Colds, relief of influenza conditions.



GRAY'S SYRUP RED SPRUCE GUM

SHILOH 30 DROPS COUGHS

Miss Flora Boyko Tells How Cuticura Healed Her Pimples

"My face was very itchy at first, and after that it was covered with pimples that disfigured it badly. The pimples were hard and red and they were small, and they were scattered all over my face and were so itchy I had to scratch and I could not sleep.

"These bothered me nearly a year before I used Cuticura Soap and Ointment and when I had used five boxes of Cuticura Ointment I was healed." (Signed) Miss Flora M. Boyko, Gardenton, Man., Dec. 26, 1918.

Having obtained a clear healthy skin by the use of Cuticura, keep it clear by using the Soap for all toilet purposes, assisted by touches of Ointment as needed. Do not fail to include the exquisitely scented Cuticura Talcum in your toilet preparations. Splendid after bathing.

For free sample each of Cuticura Soap, Ointment and Talcum address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

INSTANT POSTUM

has taken the place of tea and coffee in many homes

Convenient Economical Satisfying Made instantly

Sold by Grocers.