The one Tea that never disappoints the most critical tastes.

on a Sealed Packet is Your Safeguard.



The Baby's Second Summer.

Uneasiness is often manifested mothers regarding the baby's second summer. It is generally supposed that this period is one of the most dangerous in the life of the child While it is a fact that children often suffer from digestive and other troubles during this reriod, it is not! is: the child's second summer.

The development of the child brings it in contact with many sources danger. It will spend much time upon the floor, either creeping or beginning to walk, often putting dirty things into the mouth and in other ways exposed to dangers from which it was immune while in its bed or chair. The child is also allowed a more varied diet, and many times given foods that severely tax if they do not entirely upset the digestive organs. Candy, peanuts, bananas, sauces; pickles and other equally improper things find their way into the child's stomach without much thought upon the part of the parents, save that "baby wanted it."

If the child had previously been breast fed, weaning time has come, and often the milk given the child is too rich in certain elements or may not be pure or clean.

It is for these and similar reasons that the second summer is made so dangerous for the little one. Of course, at this period the child is often teething, and a great deal too much stress is placed upon this fact. The eruption of the teeth does not cause so much trouble as the failure to remember that the digestive organs are at the same time taking on changes which require study upon

the part of the mother. If the diet and surroundings receive as much care during this persummer won't appear.

## Let Them Talk.

"She's got nothing to say for herself," was the unanimous verdict of the drawing room as the door closed on a pretty but tongue-tied girl guest.

Probably the girl herself had quietly suffered agonies at her lack of social ability. Probably she will miss much worldly advantage thereby, for the world judges largely by exteriors, and seldom has time to seek for the gold beneath.

More than one boy and girl have to thank their parents for ill-success in business and in social life. Not that education in the ordinarily accepted sense of the word has been denied them, but because their parents have never tried to "draw them out" as children to express thei own ideas.

As a matter of fact, the large maj prity of people deliberately suppress what they please to call "chatter" in hildren.

If you want to attain perfection at nging you have got to devote many purs to practice. This applies to most any art. Why not to conrsation?

Self-assurance, an easy manner, od flow of language, original ideas, more often than not due, unconously, perhaps, to careful home tun in the art. A home environit where children are heard, as as seen, where they are encourle to ask questions, and to vent own ideas, will, nine times out en, develop conversational ability grace of manner in the child in

e precocious child, of course, is uch to be pitied as its timid playbut there is a happy medium struck between them, and parwith their well-worn "be quiet, do!" would do well to remember

Canning in Hot Weather. lack of a gas stove often makes in summertime exceedingly as the ordinary range heats chen to an almost unbearable In our home canning factory devised a method which has very efficient, especially is

cooker is operated. pulled out from the old iron standard of a discarded sep-Tie cooker, places on this, the convenient height for

working over it comfortably. small iron cream basin shelf affords a convenient place for utensils, etc. Under the cooker we use a gasoline fire not such as plumbers use in their work. It requires a little less than hollow of his hand, a precious young, and being scolded and blamed all the one quart of gasoline an hour to op- life to train? erate the fire pot.

necessarily due to the fact that it the most useful equipments we have Dorothy Elizabeth was not six goin'?" she broke off, as her husband on the farm. I use it frequently for months old before the young father reached for the hat he had just tossoldering irons, heating nuts or couplings that refuse to move, and many lings that refuse to move, and many as irritated at the way Helen but-very white. other similar purposes where a quick tered a whole slice of bread at a! "I'm going down to the square to and intense heat is required. Last time, and said "swell" and "you was," get something to eat. Then I'm gous and made hot coffee for dinner he could not buy what he wanted; sit up for me. I shall stay all night." quicker than could have been done at just as annoyed at the purple cushion | "All-night!" home on the kitchen stove.

> Some Delicious Salad Dressings. Physicians tell us that a diet of ed that when a fellow made good ed behind him. meat and starchy vegetables is responsible for many of the present- anyone could cultivate calm content- "Why, Baby, he-he-" Then she of the uncooked succulent greens, was situated! such as lettuce, watercress, celery, cabbage, cucumbers, corn salad, enes and the various herbs, such as new ones. It was as if, indeed, each told himself that he had a right to be parsley, chives, onions, leeks, taragon, sorrel and chervil.

> cal well-being. Now that these foods, son could so monopolize everything away of his the act of a coward and are abundant, they should be served and everybody. in the form of an appetizer and a

days of sulphur and molasses are no line everything and evrybody on the Elm Hill. more. We of the twentieth century earth, plainly regarding nothing and prefer to take our tonic in more palat- no one as of consequence, ercept in able forms.

Thousand Isle Dressing-One cup and housework, in comparison with iod as during the earlier months of of stewed tomatoes, three onions Baby, were of even less than second the baby's life, many of the supposed chopped fine, one green pepper chop- consequence; and Burke grew to feel dangers will be avoided, and many ed fine. Place in a saucepan and cook himself more and more an alien and of the dreaded troubles of the second until thick. Rub through a sieve a nuisance in his own home. Moreinto a fruit jar and add one table- over, where before he had found disspoon of sugar, one teaspoon of salt, order and untidiness, he now found positive chaos. And however fond one teaspoonful of red pepper, one- he was of the Baby, he grew unut- and Howard de Walden one is imhalf teaspoon of mustard, three- terably weary of searching for his pressed by a sense of the grandeur quarters cup of salad oil, juice of one belongings among Baby's rattles, and proud descent of our nobility, lemon, two tablespoons of vinegar, balls, shirts, socks," milk bottles, says an English writer. But a closer juice of one-half orange, two table- blankets, and powder-puffs. . spoons of raw onion, grated, three The "cool, calm serenity" of his tablespoons of finely minced parsley. determination he found it difficult to Shake until creamy and then use This mixture will keep until used if kept in the refrigerator.

Italian Dressing-One-half cup of and walking, to say nothing of the salad oil, four tablespoons of vinegar, one teaspoon of salt, one teaspoon of red pepper, three tablespoons of grated cheese. Place in a fruit jar and then shake the blend.

Sour Cream Cucumber Dressing-Pare the cucumbers and then soak in ice-cold salt water for one-half hour. Wipe dry and then grate. Place in a bowl and add two tablespoons of grated onion, three tablespoons ' of finely minced parsley, two tablespoons of lemon juice, one teaspoon of salt, one teaspoon of red pepper, one-half teaspoon of mustard, one teaspoon of sugar, one cup of sour cream, beaten stiff. Blend well and then use on fish or meat, salads, lettuce, tomato and lettuce or potato salad.

Plain French Dressing-Place in a fruit jar or a wide-mouthed bottle one teaspoon of salt, one teaspoon of sugar, one-half teaspoon of red pepper, one-half cup of oil, juice of one. lemon or three tablespoons of vine- months old, showed a daily increasing gar. Shake until creamy.

All of these dressings will separate if left standing any length of time, but if mixed in a fruit jar they may simply be shaken until creamy again and then used.

Mayonnaise Dressing-Place the yolk of one egg in a soup plate and add one teaspoon of lemon juice, one-body, including himself, was no less quarter teaspoon of red pepper, onequarter teaspoon of mustard. Beat with a fork until thick and creamy hefore adding the oil. Then heat in the oil, adding a little lemon juice or. vinegar from time to time. This dressing may be made in a bowl with noon out," when Helen was alone

of all Russian Dressing-One beet, one carrot, one onion. Pare the raw vegetables and then grate them into a bowl, and add one and one-half teaspoons of salt, one and one-half tea- inky tide surging from an upsidespoons of red pepper, three-quarters down bottle, held high above a golden teaspoon of mustard, two teaspoons head, told that the quest had been

difficult to get along with. Of course this state of affairs could

had to snap sometime. And it snapover a bottle of ink in a baby's It happened on Bridget's "aftera dover egg beater. Add the salt last with the baby. Dorothy Elizabeth, propped up in her high-chair beside

the dining room : table, where her instant a wild shout of glee and an successful.

Things happened then very fast There were a dismayed cry from Helen, half-a-dozen enery snats on sole wealth consists in reindeer.

## The Road to Understanding

CHAPTER IX.-(Cont'd.)

when she was old enough to meet him

on his own ground-to be a compan-

ion for him, the companion he had

brought to him. No, indeed! For that

on the red sofa.

its relationship to Baby.

Such unimportant things as meals

realize; and the delights and respon-

a way ahead, even to teeth, talking,

charm and companionship of a young

Children were all very well, of

course,-very desirable. But did they

never do anything but cry? Couldn'

they be taught that nights were for

sleep, and that other people in the

house had some rights besides them-

selves? And must they always choose

four o'clock in the morning for a fit

of the colic? Helen said it was colic.

For his part he believed it was no-

thing more or less than temper-

And so it went. Another winter

passed, and spring came. Matters

were no better, but rather worse. A

series of incompetent maids had been

adding considerably to the expense-

and little to the comfort-of the

household. Helen, as a mistress, was

not a success. She understood neith-

er her own-duties nor those of the

maid-which resulted in short periods

July came with its stifling heat, and

of poor service and frequent changes.

-Dorothy Elizabeth, now twenty

disapproval of life in general and of

her own existence in particular.

sick from care and loss of sleep,

grew day by day more fretful, more

difficult to get along with. Burke,

also half sick from loss os sleep, and

consumed with a flerce, inward re-

bellion against everything and every-

plain, right-down temper!

lady daughter!

not found in his wife! he wuld be

And how delightful it would be

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a tiny hand, a series of shrieks from Dorothy Elizabeth, and a rapidly spreading inky pall over baby, dress, table, rug, and Helen's new frock. At that moment Burke appeared in

With wrathful eyes he swept the pretty, of course, sweet-tempered, scene before him, losing not one deand cheerful. (Was he not to train tail of scolding woman, shricking Such news is always startling to a her himself?) She would be capable child, dinnerless table, and inky and sensible, too. He would see to chaos. Then he strode into the room. that. To no man, in the future, "Well, by George!" he snapped. should she bring the tragedy of disillusionment that her mother had

"Nice restful place for a tired man to come to, isn't it? This is your idea of a happy home, I suppose!" matter, however, he should not let The overwrought wife and mother, her marry anyone for a long time. with every nerve tingling, turned Borneo, however, was by no means an He should keep her himself. Per-sharply.

haps he would not let her marry at "Oh, yes, that's right-blame me! all. He did not think much of this Blame me for everything! Maybe you marriage business, anyway. Not that think I think this is a happy restful he was going to show that feeling any place, too! Maybe you think this is longer now, of course. From now on what I thought 'twould be-being he was to show only calm contentmarried to you! But I can tell you ment and tranquility of soul, no mat- it just isn't! Maybe you think I ain't ter what the circumstances. Was he tired of working and pinching and rate, they had never discovered the not a father? Had he not, in the slaving, and never having any fun, time because I don't eat and walk and Again all this was very well in stand up and sit down the way you Incidentally, the fire pot is one of theory. But in practice- want me to, and- Where are you

winter we took it into the woods with as before; just as impatient because ing up to father's. And-you needn't

"Yes. I'd like to sleep for once He was surprised and disappointed. And that's what I can't do-here.' He told himself that he had suppos- The next moment the door had bang-

resolutions, he was given some show Helen, left alone with the baby, of a chance to keep them. But as if fell back limply.

day ills and they urge a liberal diet ment and tranquility of soul as he caught the little ink-stained figure to was situated! her and began to cry convulsively. First, there were not only all his . In the street outside Burke strode old disappointments and annoyances along with his head high and his jaw dive, romaine, green peppers, radish- to contend with, but a multitude of sternly set. He was very angry. He

particular torment had taken unto angry. Surely a man was entitled itself wife and children, so numerous to some consideration! had they become. There was really In spite of it all, however, there pump the drainage water from the These leafy plants contain a valu- now no peace at home. There was, was, in a far-away corner of his soul, deep mines of the vicinity. These able mineral element which is neces- nothing but the baby. He had not an uneasy consciousness of a tiny mines have been worked for almost sary for our daily growth and physi- supposed that one thing or per- voice of scorn dubbing this running

When the baby was awake, Helen Very resolutely, however, he silacted as if she thought the earth enced this voice by recounting again swung on its axis solely to amuse it. to himself how really abused he was. Since dietitians have made these When it slept, she seemed to think It was a long story. It served to oc- ascends inside the round masonry facts plain many of the old diseases the earth-cught to stand still—lest cupy his mind all through the un-column at the left of the wheel. due to poor and impoverished blood it wake Baby up. With the same appetizing meal he tried to eat at the The wheel has a diameter of sevenstream have disappeared. The old wholesale tyranny she marshaled into cheap restaurant before climbing

(To be continued.)

PLEBEAN NAMES OF NOBLES.

Some of Peers of Great Britain Have Common Family Cognomens.

When one glances casually at the roll of British peers and sees such high-sounding names as De Montmorency and Cholmondeley, Grosvenor examination dispels this illusion; 'for, rubbing shoulders with such splendidpatronymics, suggesting long centuries sibilities of fatherhood began to pall of blue-blooded ancestry, you will find upon him. It looked to be so long scores of surnames such as Smith and Robinson, Hogg and Gardner.

Two of our marquesses have for surnames Browne and Hay, in common with many a farm laborer, while Lord Headfort is a Taylour, like his remote forefather, who probably earned his bread by his scissors. Among the wearers of earls' coronets, Lord Enniskilen is a Cole, and his lordship of Leicester signs himself Coke. The Earl of Dartmouth is a Legge; Lord Desart, a Cuffe, and Lord Dudley bears the name of his ancestor, the goldsmith's apprentice - "Ward," with "Humble" before it. We have an earl who is Hardy; one is a Boyle; two others are "Hay." There are also a Browne and a Scott, a Harris and a

In the group of viscounts figure a Ward and a Flower, a Gage and an O'Grady, a Smith and a Gully, first made famous by an old-time prize fighter. Among the barons are Luke White, Lord Annaly and Algernon Strutt, Baron Belper. Lord Cloncurry is "Lawless" by name, though not by nature; Baron Glentawe calls himself Jenkins, and Lord Dynever is a Rice. Helen, worn and worried, and half, Howard de Walden is a title of which its bearer is prouder than of his patronymic, Ellis, and Lord Inverciyde

is really plain "James Burns," We have a baron who was cradled a "Graves;" another whose father like himself, was dubbed Hogg, and a third, who, if he were not a peer, would be simply James Hozier, a name not continue forever. The tension probably derived from an ancestor who sold stockings

In the extreme north of the Russlan province of Archangel, where the Allies have been fighting of late, dwells one of the queerest and least known races of mankind, These are mother was writing a letter, reached the Samoyedes, the wandering tribes covetous hands toward the fascinat- of the vast frozen marches which exing little fat black bottle. The next tend in these regions from the forest belt to the shores of the Arctic. These peoples owe allegiance to no master, Civilization has passed by them in its stride and they live to-day pretty much as their ancestors lived centuries ago. They worship idols and their

CURIOUS SOUNDS AND NOISES.

Some Small Animals Have Remarkable Vocal Powers.

It is a very curious fact; that the loudest sounds are not always made by the largest animals. The roar of the lion exceeds in sonorousness the cry of the elephant. Anyone who had only heard, without seeing, a bull-frog, might well suppose, that its fearful voice, breaking the silence of the night, must certainly come from the throat of an animal of formidable dimensions.

Perhaps the most remarkable case of vocal power in an animal is that encountered by a traveler in the highlands of Borneo. He was informed by some natives that they had heard a tiger roaring in the neighborhood. stranger in the jungles, and hardly less so to the natives.

An investigation was accordingly set on foot, which resulted in the discovery that the alarming roars had been emitted by a toad! This toad of ordinary member of the family. It measured no less than fourteen and one-half inches around the body.

That the natives should not have recognized the true source of the sound shows that the existence of such toads was either unknown to them, or at any remarkable vocal capabilities of the animals.

In this relation Bates tells of an incident that occurred during his travels along the Amazon. Among the many sounds heard in the dense Brazilian the trees, and the origin of which the traveler was unable to discover. Whenever it was heard, the natives cowered with fear, ascribing it to a supernatural origin. Possibly the noise was so loud that they missed its location by searching only for something of corresponding physical dimensions.

LARGEST WATER WHEEL.

Isle of Man Possesses the World's Biggest Overshot.

The largest water wheel in the world is in Laxey, a small mining town of the Isle of Man, and it is used to two centuries and are now over fourteen hundred feet deep.

The wheel is an overshot wheel, and the water for driving it is conducted from a reservoir on a hill near by and

ty-two feet and six inches and is six feet broad. It exerts two hundred horse power and is capable of pumping two hundred and fifty gallons per minute from a depth of twelve hundred feet. Its crank stroke is ten feet.

The wheel forms one of the principal attractions of the island, both be-



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The Autograph Fiend.

General Smuts tells with gusto this. story against himself:

"I was once at a social gathering. with my distinguished friend and colleague, General Botha," he says, "when two pretty flappers of sixteen or so came up and asked me for my autograph. "'I haven't got a fountain pen, I

"'Yes,' said the other flapper, and so I took out my pencil and signed my name in the daintily-bound little book that she had given me. "The flapper studied the signature

said, much flattered. 'Will pencil do?"

with a frown. Then she looked ur and said: "'Aren't you General Botha?"

"'No, I said. I'm General Smuts." "The flapper turned to her friend

with a shrug of disgust. "'Lend me your India-rubber, 'May,

Germany sold goods valued at-\$835,000,000 to the British Empire in 1913. Canada's opportunity is; waiting, the Canadian Trade Commission says.

Keep Minard's Liniment in the house.

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LLARK'S CANADIAN DINNER A FULL SATISFYING MEAL MEAT-VEGETABLES - COMPLETE

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THIS LEGEND ON THE TIN

