Thin blooded people usually have

stomach trouble. They seldom recognize the fact that thin blood is the cause of the trouble, but it is. fact thin, impure blood is the most common cause of stomach trouble: it affects the digestion very quickly. The glands that furnish the digestive fluid are diminished in their activity; the stomach muscles are weakened, tion and normal nutrition than good Great Britain. He says: rich, red blood. Dr. Williams' Pink | "Notwithstanding the heavy exit rich and red, and this enriched blood outbreak of the war, and the heavy strengthens weak nerves, stimulates drafts upon the public, the debt of tired muscles and awakens the normal Great Britain to-day is only about activity of the glands that supply the one-half of what it was per capita at digestive fluids. The first sign of im- the end of the Napoleonic War. In proving health is an improved appe- 1816, just after the Battle of Watertite, and soon the effect of these blood loo, the public debt per capita was £43. making pills is evident throughout the That amount in proportion to the insystem. You find that what you eat come of the country at that time, comdoes not distress you, and that you are pared with the income of the present strong and vigorous instead of irrit- day, represented a debt of £120 per able and listless. This is proved by head. In August, 1914, the public the case of Mrs. J. Harris, Gerrard St., debt was £14 per capita, and every attack of indigestion and vomiting. capita; so that the present day debt as I ate it, and I would turn so deadly of the equivalent debt at the end of sick that sometimes I would fall on the the Napoleonic-War. floor after vomiting. I tried a lot of home remedies, but they did not help me. Then I went to a doctor who gave me some powders, but they seemed ac- England is financing France, Italy, tually to make me worse instead of Russia and Serbia in the present war, better. This went on for nearly two and is carrying the entire charge of months, and by that time my stomach Belgium. The money so employed is was in such a weak state that I could loaned to these nations so that Engnot keep down a drink of water, and land is still largely a creditor nation. I was wasted to a skeleton and felt The financial condition of Great Brithat life was not worth living. I was tain at this advanced period of the not married at this time, and one Sun- war is most remarkable. The marday evening on the way to church with kets are all buoyant, the minimum remy intended husband I was taken with striction on sales of stocks is being a bad spell on the street. He took me removed, and as they reach a proper to a drug store where the clerk fixed level as regards the value of money up something to take, and my intended to-day (due to war conditions), there got me a box of Dr. Williams' Pink is a tremendous amount of money for Pills. By the end of the first week I investment. A large part of could feel some improvement from the money whereby England is financing use of the Pills, and I gladly continued herself and other nations is the protaking them until every symptom of ceeds of the sale of American securithe trouble was gone, and I was again ties, made by private holders to the enjoying the best of health. These British Government, which is being Pills are now my standby and I tell all used as it is collected. Another large

my friends what they did for me." from any dealer in medicine or by mail facturers of war supplies. Then at 50 cents a box or six boxes for gain, the restriction imposed by the \$2.50 from The Dr. Williams' Medicine | Government on the investment of Bri-Co., Brockville, Ont.

GERMAN SOLDIERS HOMESICK.

Write Their Letters From the Front in Melancholy Tones.

The "Kolnische Zeitung" remarks that it has been generally observed that numerous letters from German in history the British Government has soldiers at the front are couched in made use of the gratuitous service of melancholic tones, giving to friends some of the leading advertising men, and relatives the impression that the which service has been immensely late King Edward and both successful writer is sad, and filling the hearts of profitable to the Government. The those at home with uneasiness.

of wives, parents, friends; they see 6% annually. the sunshine round their homes, and "It is calculated that 70% of the farms, Oakville, but will be brought in a longing for the old life and peace war revenue is contributed by payers to Toronto for the whole period of the comes over them. It is this that casts of income tax and other direct taxa- Exhibition, the only place where the a shadow over their surroundings, and tion, that is by persons whose in- Thoroughbred Horse Society has conthis shadow finds its expression in come is above \$800 per annum, and sented to exhibit him.

their letters. nische," they do not know what they and indirect, last year amounted to have written. After they have writ- about £350,000,000. ten and sealed their letters they forget all about them, and they wonder penditures of England about 40% is when they hear from home, why coming back to the country in wages their friends are all so anxious about and expenditures for war supplies; them. That is the explanation. It is about 40% is money loaned to the only home-sickness.

Simply Ferocious.

"Yes," said the cynical old sea cap-"when I was shipwrecked South America I came across a tribe of wild women who had no tongues." "Good gracious!" exclaimed a listener. "How could they talk?" "They couldn't," was the reply.



Patriotic Buttons The above illustration shows three the twenty different Patriotic Bu tons and Flags of the Allied Nations which Canadians are proudly wear

Dept. "T," 186-188 Peel St., Montreal Manufacturers of Badges, Buttons, "Flags and Tag Day Supplies."

T. P. TANSEY.

# A CAUSE OF INDIGESTION GREAT BRITAIN'S

JOHN BULL'S REMARKABLE FIN ANCIAL POSITION.

Lending to Russia, France, Italy and Serbia, and Supporting Belgium.

John Hart, political economist and director of "London Opinion" Corthere is a loss of nerve force. In this poration, who has just arrived in the state of health nothing will more United States, gives a lucid explanaquickly restore the appetite, the diges- tion of the financial conditions of

Pills act directly on the blood, making penditure of Great Britain since the

Toronto, who says: "About three one thousand millions of pound sterlyears ago I was seized with a severe ing issued since represents £20 per My food seemed to turn sour as soon of Britain is not much more than 50%

A Creditor Nation

"It should be borne in mind that part is derived from the enormous You can get Dr. Williams' Pink Pills | amount of profit being made by manutish capital outside of the country is responsible for a tremendous amount of money being kept at home which would otherwise find investment a-

Benefits of Advertising

"Strange as it may sound, an enormous portion of the money raised by the British Government has bee due to advertising. For the first time British Treasury has used the same And yet, after exact investigation, methods adopted by high-class mersays the "Kolnische," it has been cantile houses to sell their goods and proved that the writers of these let- they have succeeded beyond expectaters are in excellent spirits. What, tion. A very large amount of the Hen, the dam of Anmer, is also then, is the explanation? The writ- five-year Treasury bonds has been sold winner and the dam of Brakespear ers are simply afflicted with home- to the working classes. The lowest Pintadeau and Jungle Cock. She is sickness. They are thinking of their denomination of these bonds is £1, by Gallinule, sire of the great Pretty homes. They do not wish to make which is sold as advertised for 15s. 6d. Polly. those at home sad or cheerless, but so for which amount the investor obtains The gracious and timely action of long as they have a pen in their the face value of the bond at maturity; King George in presenting to Canada hands they see their home life swim or, in other words, he makes a profit such a stallion for the improvement before their eyes, and hear the chil- of 4s. 6d., or a little over 29% in the of thoroughbred stock is very much dren's talk, they see the friendly faces five years, which represents nearly appreciated by horsemen. "Anmer"

only 30% by those with smaller in-As a matter of fact, says the "Kol- comes. The entire taxation, direct

> "Of the £5,000,000 daily war ex-Allies, the colonies, India, and other dependencies, so that of the total amount only about 20% is an actual charge against the Government."

ARMY GROWS POTATOES. British Soldiers Planting Between

Camp Huts. The army has started to grow its own potatoes. Instructions have been sent, or are being sent, from the War Office to every command, indicating the lines which should be followed, says a story from British army

headquarters. Military requirements are very large and-little more than half the usual supplies of potatoes are coming into the markets, with the result that prewar prices to the public are nearly

At one camp in Surrey digging operations began last week, and the seed potatoes are to be planted in a fow days in rows between the huts. A number of men are being told off each day for digging, and others are ing to-day. In order to advertise our Tag Day Supplies we will send you these twenty designs, upon the receipt of 25 cents. This is a collection you will prize and keep. Ask for a price on a large Flag for your home. derstood that instructions will soon be issued for the growing of vegetables.

> And the more some people are worth the more worthless they are.

A FAMOUS HORSE.

Thoroughbred Stallion "Anmer" Will Be Seen at Canadian National Exhibition.

In the interests of the breeders of Ontario and the united efforts of the various breed societies to encourage the farmers and breeders of Canada to raise horses that will meet the demand expected from buyers from foreign - countries during the years succeeding the termination of the war, the Canadian National Exhibition, at Toronto, has arranged with the Dominion Government and the Canadian Thoroughbred Horse Society to hav Anmer, the thoroughbred stallion presented by His Majesty, King George, as a sire suitable to improve the stock in Canada, paraded every afternoon during the Exhibition.

As an encouragement to breeders the Thoroughbred Horse Society has decided to distribute the revenues obtained from "Anmer's" stud fees in premiums at Agricultural Shows to classes of horses sired by a thoroughbred, which are best suited for remount and cavalry purposes.



Thoroughbred Stallion "Anmer.'

"Anmer" is a beautifully bred horse the shores of the world's greatest the wild man of Borneo!"

fatal for the jockey, Herbert Jones.

"Anmer" - was a winner in England in the 114 miles Hastings plate, second in the Payne Stakers, third in the Newmarket, St. Ledger and Royal Stakes. His sire, Florizell II, yas a winner of the Ascot Gold vase, Jockey Club cup, Goodwood Billy!" cup and Manchester cup and an own brother to Diamond Jubilee and Persimmon, both Derby winners for the now!' sires. Diamond Jubilee was sold at the end of his racing career for \$150,-000 to go to the Argentine Republic, where he has headed the list of winning sires for several years. Guinea

has been quartered at Ennisclaire

#### The Fine Flavour===

the delicate taste of malted barley blended with the sweets of whole wheatis sufficient reason in itself for the wonderful popularity of

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A short trial proves

"There's a Reason"

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Canadian Postum Cercal Co., Ltd., Windsor, Ont.

## YOUNG FOLKS

The Circus Baby.

Before Billy Hall was a year old and of course long before he ever saw circus, or even knew what a circus was, they called him "the circu baby." It came about this way:

One Saturday in June just after the circus came to Belton Dick and Dorothy, who are Billy's brother and sister, joined with a dozen or more other little folk of the neighborhood in having a circus of their own in the Halls big stable. Dick was one of the clowns. He wore a long gown, spotted with many colors, a big ruff round his neck and a pointed paper cap on

dancer, with a dress of bright colors and many ribbons in her hair. What fun they had that day! be sure, the cat that was to be the tiger in the menagerie got out of the box and ran away; and old Major, the Newfoundland dog, was too good-natured to make the right kind of lion; but most of the other animals did very well indeed, especially the rabbit that

was a kangaroo and the toy snake

his head. Dorothy was a Spanish

that jumped out of a box. The performance itself was wonderfully pleasing to those who saw it from the row of boxes that served for seats. When Tom Skinner hung by his toes from the flying rings above the haymow there was much handclapping, but there was even more when Dick, the clown, tried to do the same thing, only to tumble into the hay below. And when Dorothy had danced gracefully on the bottom of an overturned box, Dick climbed up on the box to do the same thing, and fell through the bottom of the box and disappeared inside.

When the performance was over "Reddy" Carter, the ringmaster, made an announcement

"Ladies and gentlemen," he shouted and stands over 16 hands, with plenty "don't miss the great side show! It of quality and substance, and a good i sbetter than the main performance disposition. He was elected by Lord Step right into the house and see the Marcus Beresford from the Royal wild man of Borneo! He has been in stud as a horse most suitable for the this country only a few months. No Canadian requirements, and has been one can understand a word of his lanpronounced by successful breeders to guage, and he has to be kept in be the best stallion that has ever left strong cage. Step right in and see

So everyone that was there, with It will be remembered that in 1913 many giggiles and whispers, filed into Anmer" was the King's Derby can- the house. There they found that didate and was running well up in "the wild man of Borneo" was Baby that historic event when a suffragette Billy, who was lying in his crib, which ran out on the course, endeavoring to was indeed a strong cage for him. snatch at the bridle. "Anmer" was Anr of course it was true that no one thrown and the woman was trampled could understand a word of his lanto death. The fall also nearly proved guage, although it was plain that he was trying to tell his callers something very important.

When they had all gone, Dick and Dorothy lingered a moment beside "Wasn't he a dear?" cried Dorothy.

'No one did his part better than "That's so," agreed Dick.

see, he's trying to stand on his head "No, he's just trying to get his foot into hi mouth," answered Doro-

thy, "but he's doing it easier than anyone else in the circus could." "Next year we'll have him in the main performance," said Dick, "and perhaps he'll make even more of a hib than he did to-day."—Youth's

THIRD OF FRENCH SERVE.

Seven Out of Twenty Males Engaged in War Duty.

Republic, which is sent to all French not walk on it for three weeks. soldiers at the front, published re- MINARD'S LINIMENT and in six cently a page of statistics showing days I was out to work again. I think how the whole of the French nation it the best Liniment made. actually takes part in the war. Out of every twenty Frenchmen six

or seven are actually under arms or engaged in manufacturing munitions. The unit of twenty is composed of the following: One aged or infirm, two small children, two boys at school, two young men under military age either studying or working, four to five soldiers mobilized; one or two men working in munition factories, three engaged in agriculture, three uncalled working men or clerks.

There is only one man in France out of every forty in governmental positions, such as functionaries, judges and teachers.

PEARLS OF TRUTH.

A "just and lasting peace" cannot, in the present case, be negotiated. It you try my plan?" must be imposed .- Cecil Chesterton. He who does wrong does wrong against homself. He who acts unjustly rings I put on my hat and gloves beacts unjustly to himself, because he makes himself bad .- Marcus Aurelius. to be someone I don't want to see seem to command. There is no slave going out."

so helpless as the greedy man whom gold makes greedier still .- W. H. A man cannot speak but he judges himself. With his will, or against his will, he draws his portrait to the eye

of his companions by every word .-There is some help for all the defects of fortune; for if a man can- face, my form, and my sweet disposinot attain to the length of his wishes | tion! he may have his remedy by cutting

of them shorter.-Cowley.

able for life.

with pills may give temporary relief—but the pill habit is not a health habit. It will put the liver out of business in timeand then everything else goes out of business. Get the health habit by eating Shredded Wheat Biscuit, the ideal hot-weather food, which contains more digestible, brain-making, muscle-building material than beefsteak or eggs. The tasty, delicious crispness of the baked wheat gives palate joy and stomach comfort. It supplies the maximum of nutriment in smallest bulk, and its daily use keeps the bowels healthy

Made in Canada

and active. For breakfast

with milk or cream, or for

any meal with fresh fruits.

Pepsin Supplanting Rennet. ter to the Trade Bulletin, states there that state, owin gto the use of pepsin army. instead of rennet. It coagulates the the whey. The price of pepsin is tutions. very much cheaper.

old, and the curing process seems to be identical. The factories are us- last fall. ing about 3-8 to 1-2 ounce of pepsin dissolved in warm water at about 90 degrees temperature, then emptied into a bucket of water and put into the milk the same as they have always done with rennet. . The use of pepsin will materially relieve the situation on the scarcity of rennet, in fact they believe that in the future pepsin will be used instead of rennet.

Minard's Liniment used by Physicians.

On the Safe Side. the dining room table perusing the tain, field and seige cannon. evening papers when the doorbell rang. Jones arose to answer when his wife said:

"Let me hide those umbrellas fore you let them in.' "Why, do you think someboly steal them?" asked Jones. "No," replied his wife.

Granulated Eyelids SOF C Eyes; inflamed by exposure to Sun. Dust and Wind Ves Eye Remedy. No Smarting. Your Druggist's 50c per Bottle. Murine Eye Salvein Tubes 25c. For Book of the Eye Freeask Druggists or Murine Eye Remedy Co., Chicage

night recognize them."

"Is that fellow a member of

"Does he come regularly?" "Yes, every Sunday." "That's a surprise to me. had several business deals with him and I'd never suspected that he was

er inside a church."

I fell from a building and received what the doctor called a very The Bulletin of the Armies of the sprained ankle, and told me I must

ARCHIE E. LAUNDRY.

Redd-An automobile is so differ ent from a horse.

Greene-Why, of course. "You see, a horse goes faster when away from home."

"Well, doesn't an automobile?" "Oh; no; you see, an automobile ofen has to be towed home."

Ask for Minard's and take no other

A Flat-Dweller's Stratagem. Mrs. X .- "Bothered with time wasting callers, are you? Why don'

Mrs. Y .- "What is your plan?" Mrs. X .- "Why, when the fore I press the button. If it proves Men serve the wealth which they I simply say: "So sorry, but I'm just

> Mrs. Y,-"But-suppose it's some one you want to see?" Mrs. X .- "Oh, then I say: 'So fortunate, -I've just come in."

Taking a Chance. Lawyer-What evidence have you that he promised to marry you? Girl-What evidence? Why, my Lawyor-Well, I'll do my best to

get a near-sighted bachelor jury. The trouble is that by the time a A spinster says an old bachelor is girl is old enough to help mother a man who has overlooked an oppor- wash the dishes she is also (old entunity to make some woman miser- ough to know that sort of work makes her hands red.

#### Lashing a Lazy Liver ACROSS THE BORDER

WHAT: IS COING ON OVER IN THE STATES.

Latest Happenings in Big Republic Condensed for Busy

All the shops at the State penitentiary, at Frankfort, Ky., were de- work.

Readers.

stroyed by fire. Fifteen hunhdred Sioux Indians in South Dakota have offered to enlist for service in Mexico.

Thirty Chinese citizens of Tuscon Ariz., have formed a company of home guards as a protection rigainst a mistake and snip off a little bit of Mexican raiders.

This year the United States will

yield 125,000 divorces, the Rev. F. M. Moody, of Chicago, told President Wilson, at Washington. Twelve Brooklyn physicians are to be prosecuted as a result of a recent

crusade for alleged negligence in reporting births of children within ten Chicago packing houses have closed A Wisconsin cheese firm, in a let- contracts with the army quarter-

master there for a monthly supply of is a revolution in cheese making in 1,5000,000 pounds of meat for the

In his will as probated, John Black, or write Firstbrook Bros. Limitmilk better, it is of uniform srength, a retired Baltimore financier, who ed, Toronto. and the test of the whey shows that died recently, gives more than \$275,there is less butter fat and solids in 000 to religious and educational insti-

Miss Rose Pitonof, of Dorchester, They have cheese on hand made Mass., was married to Dr. Frederick with pepsin that are four to six weeks Weene, a dentist of Somerville. She saved his life in Marblehead waters

> Ties were found bound to the tracks of the New York Central main line at Lyons, N.Y., over which trains carrying the Massachusetts National Guard were to pass.

Reports were current that Frank A Munsey, owner of the New York Press, and William C. Reick, owner of the Sun, are contemplating a merger of their properties.

Five million dollars was added to the fortifications bill as it passed the House at Washington, to be used for Jones and his wife were seated at purchase and manufacture of moun-

Private Clifford Green, Co. F., Dover, Me., after being summoned to his company, walked 150 miles from Elm Stream through the woods before he could strike a railroad. A protest against the promiscous

removal of tonsils from children was voiced by Dr. Royal Copeland, of New York , in a paper read before the American Institute of Homoeopathy K. D. Taliaferro, aged 18, son of

R. M. Taliaferro, general agent of the Norfolk and Western Railway at Yynchburg, Va., committed suicide when Miss Bertha Pfeister refused to elope with him

Minard's Liniment Lumberman's Frien. GEN. SMUTS' CONQUEST.

Usambara Described as the Gem of

German East Africa. Wilhemstal, the capital of the Usambara Highlands, was occupied a short time ago by General Smuts, and as the enemy have abandoned its seaport, Tanga, it would appear that the whole of this region, the most settled and most prosperous part of German East Africa, will shortly be in undisputed possession of the Bri-

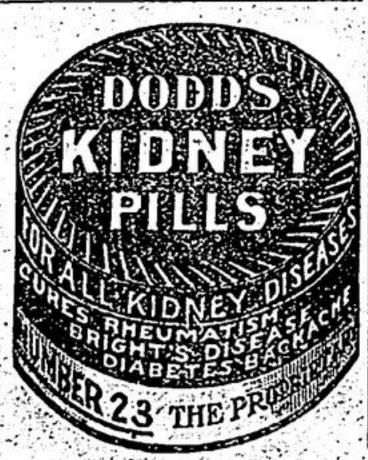
.Its healthy climate, picturesque valleys and mountains, and luxuriant vegetation attracted attention to Usambara from the first establishment of German rule, and its nearness to the coast rendered it easily accessible. To-day it possesses scores of thriving plantations, pleasant and well-built towns, and excellent roads. Its European population is about 8,000 Bordered east and west by arid schub?covered steppes, north by open country, and south by dense jungle, the highlands form an oasis in the wilderness. Extending southeast and northwest for 75 miles, they vary in breadth from 1 to 45 miles. The hills he's going home than . when going rise thruptly 1,500 feet to 1,700 feet from the surrounding plain, and the most lofty peaks are over 7,500 feet above the sea. The valleys, deep and narrow, through which rush turesque torrents, and the hillsides, are under cultivation; the native population is dense, and long before the comirty of the white man they had flourishing and extensive shambas. Soon after the proclamation of the German protectorate a site in one of the south-western valleys was chosen

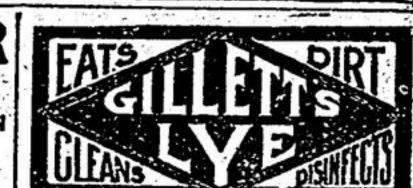
as a Government post. Named Wil-

hemstal, in honor of the Kaiser, it

has grown into a considerable town,

with fine public and private buildings.





Vigilant Fido.

The man getting his hair cub noc ticed that the barber's dog, which was: lying on the floor beside the chair had his eyes fixed on his master a

"Nice dog, that," said the customer. "He is, sir!

"He seems very fond of watching you cut hair. "It sin't that, sir," explained the

barber. "You see, sometimes I make a customer's ear." Reep Minard's Liniment in the house

Marringe may be a lottery, but nine times out of ten if a man picks loser it is his own fault.

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instruction and practice to young wo



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Cysts. Allays pain quickly. Price \$1 and \$2
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