wanted to play, his mother sent him hausted at times and cannot devote The great dealers at Erfurt, where the "Then we had to retake the trench. out to pull weeds in the blackberry real energy to your work. Sleep does seed industry has its centre, are anpatch. When his mother went out to not rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postnot rest you and you wake up feeling swering mail orders with printed postsee how he was getting on, she found "all tired out." Perhaps rheumatism cards begging customers to be patient aged it, but the Canadians came up as him lying on the ground and looking is flying through your muscles and; till they can fill the orders. at the sky.

Bear sat in his big chair.

him!" Bear, gazing hard at Little Bear. "Do Pills cleanse bad blood and strengthen duct a country-wide campaign for the I understand that you will not pull weak nerves.

weeds, Son Bear?"

and send you out to work, and that better, sleep better, and are able to is what I should do if your mother do your work. were willing. But-"

jumped at the tone. "But little bears that strengthen. berries."

So upstairs went Little Bear, followed by his mother, who carried a plate of bread and a brown pitcher full of water from the spring. Mother Bear said nothing when she left Little Bear upstairs with the bread and the water, but he did not mind that, because at first he thought it was a joke.

At dinner time, when he smelt fish frying, he felt hungry; but his mofrying, he felt hungry; but his mo-ther did not bring him any fish and and energy of the men engaged in it. —the "petits metiers." - The Paris his father said nothing. So Little It was at his headquarters in Russia Figaro notes the presence in the Bear ate bread and drank water.

his mother brought him more bread for a long time. He was delighted to ing the War Cross. He did a thriving

his mother did not bring him any fish and his father said nothing. Then plied the aged man, "I am at home, he called his mother and his father.

downstairs.

"Have you no bread?" asked Father Bear.

"I cannot eat just bread," answered before. Little Bear, "not when I smell fish; "My friend, it is all a matter of the by a Government analyst to be absoluand besides, I am lonesome. I will will," replied the field marshal "What tely safe and free from injurious weed the blackberry patch and the ever happens I make up my mind to drugs. Once a mother has used them whole garden, and I'll hoe the corn, face it, and there is the whole secret she would not use anything else for and I'll work like Sally Beaver, if of youth. All that is necessary is to her little ones. Concerning them Mrs.

patch before dark."

Father Bear filled it with trout, and shining; you don't even notice it. mashed potatoes, and current jelly. That is what is keeping me young." Mother Bear passed him the johnnycake, and gave him a big dish of blackberries and a brown mug full of milk.

Little Bear was so hungry that he ate two whole speckled trout, and my old school friend and her two five pieces of johnnycake, and three daughters. heaping dishes of blackberries, and drank two mugfuls of milk before he and taking medicine." (Both tea and went out and weeded the blackberry coffee are injurious to many persons, at every turn. Lord Ruthven-a Shaving a Pleasure. patch. He was tired when he went because they contain the subtle, pois- Crimean veteran, 77 years old, but as to bed that night, and on many other onous drug; caffeine.) "I determined spry as a cricket and twice as jolly, nights afterward, but he said nothing to give them Postum instead of cof- now back in service as Provost Marabout it, nor did he ever stop his fee when they visited me, so without shal of London-took me the other work in the garden until-he had done saying anything to them about it, I day to Victoria Station to see the and wrinkle chaser, is a boon to men it all as well as he could; for he soon made a big pot of Postum the first seven days' leave of absence men with heavy, wiry beards and tender found out that when he had worked morning. good, but that when he had not work- each one passed up her cup to be ing, no embracing and falling in a now. I used to consider it almost an ed, there was no taste in fish, or refilled, remarking how fine the 'cof- faint, but just kiss, a bright smile, operation." honey, or milk, or in a heaping dish fee' was. The mother asked for a a "good luck," a wave of the hand- of Usit into the beard before lathering of blackberries.—Youth's Companion third cup and inquired as to the brand kerchief as the train pulled out and of blackberries .- Youth's Companion.

Just Complaint.

Stout Red-faced Lady-"Do you mean to say you won't give me my coffee. advertise that it is your aim to have only satisfied customers."

"Yes, Madam, but what is the matter? It the print imperfect, or anything like that?"

"Then why are you not satisfied with the novel?"

"Well, I don't like the way it ends."

Blocked by Her Think.

"I once thought seriously of marrying for money." "Why didn't you then?" "The girl in the case did some thinking, too."

The Real Test.

Farmer's Wife (to tramp) -- 50c tins. "Come right in through the gate." Tramp-"Will your dog bite?" F. W.-"I don't know. I want to try him-he's here on approval." .

REPLENISH YOUR BLOOD

One morning when Little Bear sorts"-not your usual self. Quite ex- ceeding at a rate never before known. dozen escaped. joints, or may be your skin is disfigur-"Little Bear," said she, "have you ed by rashes, boils or pimples. Head-poses. An American in Berlin, the place like Scotland' ringing above the aches, twinges of neuralgia, fits of owner of a small garden, ordered seed awful din, we retook the trench.

she took him by the hand and led your blood is poor and watery, that wise he might have got good notations. Clean over our heads they him into the house, where Father your nerves are exhausted. You must that cost threefold more than ordinary bayonets, clubbed rifles and everyrenew and enrich your blood at once ones. "Father Bear," she said, "Little and restore tone to your tired nerves, The Imperial Government, which Canadian seize a Hun and, lifting Bear will not work." Then behind or there may be a complete break- had taken no action last year for the him high over his head, fling right

and children is Dr. Williams' Pink at Berlin for that purpose. It has ap- The scrap was short and sharp, the "Ah-hum! Ah-hum!" began Father Pills for Pale People, because these charge of it and to immediate Canadians beating back the Huns."

"It is too hard work," explained need in spring—is plentifully created measures of help, besides more pro-Little Bear. "I am not big enough to by Dr. Williams, Pink Pills, and with paganda. All available lands about pull weeds in the blackberry patch." this new, pure blood in your veins you cities, factory sites, and elsewhere will "Ah-hum! Ah-hum!" repeated Fa- quickly regain health and increase be put into vegetables and properly ther Bear, who was really too sur- your strength. Then your skin be- cultivated. The superintendent of garprised at first for words. Then said comes clear, your eyes bright, your dening is communicating with the vari-

Father Bear said "But" in such a to-day for the blood and nerves with and cold-storage plants, and the sweeploud, loud voice that Little Bear Dr. Williams' Pink Pills - the Pills ings from the streets are to be turn-

These Pills are sold by most dealers, berry patch shall not eat black- but do not be persuaded to take "somebut do not be persuaded to take some-thing just the same." If you can't a larger scale than ever known. The get the genuine Pills from your deal- 52 canning and preserving factories at ers they will be sent you by mail, post Brunswick (the centre of the industry) paid, at 50 cents a box or six boxes put up about 200,000,000 cans of vegefor \$2.50 by writing The Dr. Williams' tables from last year's crop, as compar-Medicine Co., Brockville, Ont.

NEW FOUNTAIN OF YOUTH.

Recently Field Marshal Von Hindenburg gave expression to some interesting views regarding the influence The afternoon lasted a long, long received a call from an 80-year-old streets of one armed knife grinders, time. Little Bear was asleep when man who had been a neighbor of his one of whom, it says, was seen wearsee the aged man so full of energy business in the Rue de la Paix, where When he awoke, he again smelled and vitality, and made some complicit seemed as if all the dressmakers fish frying. He felt hungry, but still mentary remarks on the care he took had suddenly decide to have their

"But, my dear field marshal," reenjoying every comfort, and have lit-custom for an itinerant grinder to "What is the trouble with Son the else to do but look after myself. I give some souvenir to his customers. Bear?" inquired Father, Bear, when am, however, wondering how you man- This modern "remouleur" gave a copy Mother Bear led the little fellow age to keep your health and look of the "Marseillaise." younger than your sixty-eight years in "I am hungry!" wailed Little Bear, all the storm and stress of this cam- WOULD NOT BE WITHOUT paign. I understand you go to bed very late and get up very early. Yet you appear in better health than ever

and I'll work like Sally Beaver, it you'll let me have fish for my supper, and blackberries, and honey, and milk."

have some fixed purpose, some aim or george Taillon, Noelville, Ont., writes:

"All right, Jake," said the official.

"George Taillon, Noelville, Ont., writes:

"If you need a sack of flour, and it is a mazing how cheerfully you will do your work. Then it is that you have your work. Then it is that you have no time to think of getting old. You then so good for my baby, I would a sack:

But see here, Jake, there's a circus coming to town in a few days a circus coming to town in a few days. ther Bear. "You shall sit down to sleep less and eat less, never think of not be without them." The Tablets are a circus coming to town in a few days supper, and weed the blackberry looking at the clock, but simply work, sold by medicine dealers or by mail and if we get you a sack of flour you not shall be before dealers. work, work. It is immaterial whether at 25 cents a box from The Dr. Wil-Little Bear passed his plate, and the weather is stormy or the sun is liams Medicine Co., Brockville, Ont.

WISE HOSTESS.

Won Her Guests to Postum. "Three great coffee drinkers were

"They were always complaining England:

of coffee I used. I didn't answer her the babies in their arms kissing their Usit penetrates into the pores, softens question just then, for I heard her hands to "daddy," whom perhaps the beard, and gives a clean, close shave.

say a while before that she didn't like (and probably) they will never see in a hair.

fast was pure Postum, and the reason for peace is not the finest thing in caused by exposure to excessive winds, she liked it was because it was pro- the world, and that they have wealth Accept no substitute. perly made.

condition of physical health by leav- gentlemen in Wall street might well ing coffee and using Postum.

freedom, and have earned the grati- are more creditable things to be done tude of many, many friends." Name than screw the last cent out of your given by Canadian Postum Co., Wind- friends on war contracts in the hour

sor, Ont. Postum comes in two forms: Postum Cercal-the original formmust be well boiled. 15c and 25c pkgs Instant Postum—a soluble powder dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and

cost about the same per cup.

"There's a Reason" for Postum.

GERMANS HOME GARDENS.

scale. Seedmen report that people bayonet, and then we lay down and began to buy garden seeds with a rush potted the rest as they tried to scut-Just now you are feeling " out of in January and the buying is now pro- tle away. I don't think more than a

No, Mother Bear," was the answer, nervousness, irritability of temper and potatoes from Erfurt, and was surhave seen a lot, but the Canadian "it is too hard work. I shall pull no a disordered stomach often increase prised a week later to receive from a rush was ton-notch. Those Canadian dealer a blank form on which the rush was top-notch. Those Canad-Never before had Mother Bear The cause—winter has left its mark police were to certify to the fact that ians, with a roar like the crashing heard Little Bear speak like that; so on you. These troubles are signs that antitled to have seed a garden and was therefore of waves on a rocky shore, dashed

Little Bear's back she made motions down. The most powerful remedy for encouragement of vegetables growing, into the middle of their barbed wire. that meant, "But please do not spank these spring ailments in men, women has now established a special bureau the screen was short and share the increase of vegetable production. His Wanitoba New, rich, red blood-your greatest plan of operations embraces practical gardeners thus to be called into the Begin your spring tonic treatment field; the waste from slaughter houses

Not only will vegetables be grown in greater quantities than ever before, ed with 70,000,000 cans for 1914.

WAR CROSS ON KNIFE GRINDER

ronize Disabled Soldier.

Disabled soldiers are already find-

scissors sharpened. For centuries it has been French

BABY'S OWN TABLETS

Baby's Own Tablets are guaranteed

LESSON FOR AMERICANS.

Superb Spirit of People in England Praised by Traveller.

The following are extracts from a letter just received in New York from a distinguished American now in three days and the second I can't

The superb spirit meets you here = "Before the meal was half over, womenfolk were there, and no weepmoney back for this book just because I have read it? You know you the 'coffee' she liked so well at break- their heads that an ardent longing Useit prevents dryness of the skin and comfort and ease now because send soc to-day for a trial bottle-suf-"I have been brought up from a their forefathers knew what was ficient for over cix weeks use... nervous, wretched invalid, to a fine right and fought for it. And the USEIT MANUFACTURING COMPANY, come over to learn here (and even "I am doing all I can to help the more in France) that money is not world from coffee slavery to Postum the chief end of life and that there of their need.

BEAT BACK THE GERMANS.

Description of a Canadian Charge Against the Enemy.

An N.C.O. in the .- Gordon Highlanders, in a letter home, re-Both forms are equally delicious and cently received in Scotland describes how on one occasion the Canadians came to the support of the Gordons. -sold by Grocers. The lines of a British regiment had

been broken, and the Gordons were sent up to relieve the situation. The Strict Account of Seed Sales Are N.C.O. writes: "We reached other side (of a belt of trees) and Everything indicates that the great found the Huns coming on. We got home gardening campaign of 1915 is the order to charge when they were to be duplicated in Germany this about 300 yards off. We reduced year, but on an even more extensive their number by one-half with the

The strictest care is being taken that splendid; and with their cries of seeds be bought only for bona fide pur- 'Good old Gordons,' and 'There's nae

USE DODD'S KIDNEY PILLS.

Mrs. F. J. Garlis, Who Suffered With Were Wonderful.

Stewart Valley, Sask., April 3rd. (Special.)-Mrs. F. J. Garlis, wife of an estimable resident of this place, is enthusiastic in her praises of Dodd's

me wonderfully," Mrs. Garlis says in refuse to be crowded out. an interview. "A year ago I was so an interview. "A year ago I was so but during that time the town was bad with my back I could hardly move. but during that time the town was shelled every day, usually for half an I took four boxes of Dodd's Kidney Paris Dressmakers Crowd to Pat- Pills and they helped me more than can tell you."

> her household duties as well as nurse bombardment was over. More dangerher fine big baby boy and she feels ous than the bombard-shells were the that she cannot recommend Dodd's balles perdues or stray bullets that Kidney Pills too highly.

life a burden. But thousands of woof women's ills come from diseased or shells. disordered kidneys.

Saving for a Sunny Day. acter. He had a large family, and al- ravages of war would have been woodpiles, he frequently came to seek many other places. aid from the city fathers.

"I gotta haff a sack of flour," said Jake on one occasion. "I'm I'll out, and my family iss starfin'."

"All right, Jake," said the official. are sure you will not sell it and take your family to the circus?" "Oh, no," said Jake, "I already got

tat safed up. Yes, I got money to go to the circus."

Hard Luck.

Mrs. A .- You seem to have back luck with your cooks. Mrs. B .- Yes; the first stayed only

USE IT, the wonderful new skin food

Postum unless it was more than half again. I wish people from St. Louis, Ust is kind to tender skin. There is no Kansas City, Atlanta, and Omaha smarting or soreness after shaving. "After breakfast I told her that could come over here and get it into Gives the face a fine feeling of smooth-

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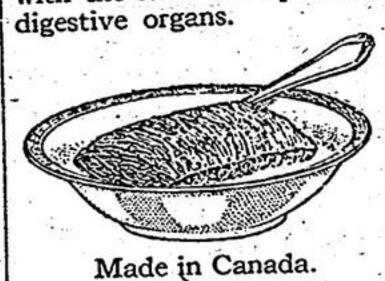
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H. CLAY GLOVER, V. S.

the Author

going to celebrate it? You can live to celebrate it by eating the right kind of foods. Give Nature a chance. Stop digging your grave with your teeth. Cut out heavy meats, starchy foods and soggy pastries and eat Shredded Wheat Biscuit. It supplies all the nutriment for work or play with the least tax upon the



IN A LITTLE FRENCH VILLAGE.

Inhabitants Made Cave Dwellers By Constant Shelling. In the last 18 months we have been

in probably 200 different towns or villages, but the most peculiar of all was the little town of P--. It was less than 2000 yards from the German TELLS SUFFERING WOMEN TO lines, yet the civilians still live in the houses, says a writer in Leslie's ly a part of the treatment. I must quotations. H. W. Dawson, Brampton, Magazine. A steep-sided, horseshoe-keep my patients cheerful; I proshaped hill incloses the little valley in mised this morning to run away with which the town lies, and the toe of the a married man who had, lost both his Backache, Says That the Results shoe is toward the German lines. She Got From Dodd's Kidney Pills Three-quarters of the way up the side of the ridge is an outcropping of limestone, in which are many natural caves. The houses are built just in front of the caves, and the latter are used as stables, wine cellars and granaries. The brow of the hill is the site of a second line trench, so that the caves are occupied by troops and artil-"Dodd's Kidney Pills have helped lery horses. The civilians, however,

We were in this sector only a week shelled every day, usually for half an hour between noon and 4 in the afternoon. At the sound of the first shell the troops and the women would all Mrs. Garlis is now able to attend to take to the caves and wait until the spattered into the town .-

This constant shelling had demolishwoman's life. It is accompanied by a ed the church, schoolhouse and many weakness and lassitude, that makes of the dwellings of the town, but the school into one of the caves, and there men all over Canada are talling their the children learned their lessons on suffering sisters that relief and cure weekdays and on Sunday gathered is to be found in Dodd's Kidney Pills. with their elders for the services of the They cure the kidneys and nine-tenths church, secure from both bullets and The remains of the furniture from

the shattered church and school build-Pings had served to scan hiyam his nune cave. The unconcern with which the Jake Penticoff was a unique char- people of this village looked upon the though he was reasonably diligent in great surprise to me if I had not seen the use of saw and axe on the village similar evidences of fortitude in so

> MIRINE Granulated Eyelids, Eyes inflamed by exposure c quickly relieved by Murine YOUR LYLD Eye Remedy. No Smarting, just Eye Comfort. At Your Druggists 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Free write Murine Eye Remedy Company, Chicago

Her Fear. Nervous Old Lady (as train stops

suddenly)-What's the matter? Trainman-There is a 200-foot embankment here and a whole train just rolled down it. Nervous Old Lady-Oh, dear; tope it wasn't ours.

Worsted by War. She-Your friend doesn't seem very happy.

He-Poor chap! Just lost a pot of She-Through the war, I suppose. He-Yes; the girl married a sol-

I was cured of Acute Bronchitis by MINARD'S LINIMENT. Bay of Islands. J. M. CAMPBELL. I was cured of Facial Neuralgia by MINARD'S LINIMENT. WM. DANIELS. Springhill, N.S.

I was cured of Chronic Rheumatism by MINARD'S LINIMENT. Albert Co., N.B. GEO. TINGLEY.

"Did your audience throw you bouquets after your speech." "No," heplied the reckless crator, "they brought only useful gifts, 'such as bricks and other building mater.

Utility.

Minard's Liniment Cures Burns, Etc. Helpful.

John-The French have gained four undred meters from the enemy. Auntie-How splendid! That should help to put a stop to those dreadfu

Sure Thing. "Money doesn't bring happiness." "Maybe not. But it will help you reatly to go after it."

A BRASSEY STORY.

Your Ninety-First Lord Bassey, despite his great-age, Birthday-how are you is very keenly interested in the war, and has presented his famous yacht, Sunbeam, to the Government of India for hospital purposes. Always noted for his love of an outdoor life, Lord Brassey in his younger days was an enthusiastic amateur cricketer, and many a game was played on his estate. On one occasion, the players being short of an umpire, one of . his lordship's footmen was asked to fill the position. During Lord Brassey's innings a swift ball came and took the bail off neatly. "How's that?" he asked of the footman umpire. "I am afraid, your lordship,' said the man politely, "I must say that you are not at home." "Not at home !" exclaimed the noble batsman in surprise. "What do you mean?" "Well," returned the footman, with a neat bow, "if your lordship must have it, you are hout!"

Man's Adaptability.

It's funny how a man whose health is so pour that his wife has to carry the baby when they go out anywhere walk fifteen miles around a lodgeroom with sixty pounds of robes and knick-knacks on him.

Minard's Liniment Relieves Neuralgia.

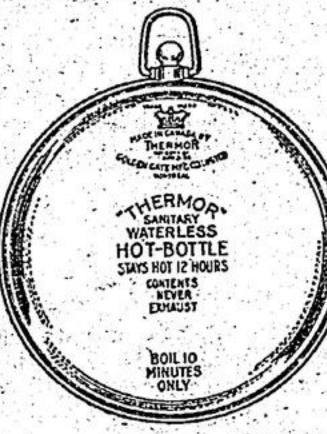
Part of Treatment. Patient (to pretty nurse)-Will you be my wife when I recover? Pretty Nurse-Certainly.

REMEMBER! The ointment you put on your child's skin gets into the system just as surely as food the child eats. Don't let impure fats and mineral coloring matter (such as many of the cheap ointments contain) get into your child's blood! Zam-Buk is purely herbal. No poisonous coloring. Use it always. 50c. Box at All Druggists and Stores.





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It is made of metal, nickel plated, of a convenient size.

Simply boil the "Thermor" for ten minutes only (no longer) and it stays hot for full twelve hours at an even temperature of 125 deg. Recommended by physicians on account of the steady heat and sanitary metal case.

No trouble - no filling - no darger of scalding the handsno leaks-no expense and one purchase lasts a lifetime.

In sickness, such as Neuralgia, La Grippe, Rheumatism, Neuritis, Inflammation-in fact all aches and pains, the "Thermor" is invaluable. As a bed-warmer and a foot-warmer it has no

"The "Thermor" measures 81/2" across and is 11/2" thick, yet it weighs less than a filled two quart rubber bottle. The price is \$4.00 sent Postpaid anywhere and sold under an absolute guarantee from the mak-

High-class representatives wanted in some territories. GOLDEN GATE MANUFAC-TURING COMPANY, LIMITED .9 Youville Street, Montreal.

Heard in Court.

Plaintiff's Lawyer-I rest the case. Defendant's Ditto-You ought to; it's pretty weak.

E.W.GILLETT COMPANY LIMITED

ONTAINS NO ALU

Minard's Liniment for sale everywhere

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SEED POTATOES. IRISH Carman. Pretty Nurse—Oh, no; that's mereder at once. Supply limited. Write for a part of the treatment. I must quotations. H. W. Dawson Branches

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