

## TONIC TREATMENT FOR THE STOMACH

The Modern Method is Most Successful in Treating Indigestion

The old-fashioned method of treating indigestion and stomach troubles are being discarded. The trouble with the old-fashioned method was that when the treatment was stopped the trouble returned in an aggravated form. The modern method of curing indigestion and other stomach troubles is to tone up the stomach to do nature's work. Every step toward recovery is a step gained, not to be lost again. The recovery of the appetite, the disappearance of pain, the absence of gas,—are all steps on the road to health that those who have tried the tonic treatment remember distinctly. Dr. Williams' Pink Pills are a blood-builder, tonic medicine, every constituent of which is helpful in building up the digestive organs, and is therefore the very best remedy for chronic cases of stomach trouble. Thousands of cases like the following prove how successful this treatment is:—Miss Amy Browning, Cornith, Ont., says:—"I have found such great benefit from Dr. Williams' Pink Pills that I would be ungrateful if I did not publicly say a good word in their favor. I was badly run down and my stomach was in a very bad condition. All food distressed me, and left me disinclined to eat. I suffered from nausea and dizziness and frequent sick headache, and this was further aggravated by pains in the back and sides. I was in this condition for several years, and although I had got medicine from several doctors it did not help me. Then I heard of Dr. Williams' Pink Pills and began taking them. I am glad to say that they soon helped me, and now I am as well as ever; can eat all kinds of food with pleasure, and have not an ache or pain. You can get these Pills through any dealer in medicine or by mail, post paid at 50 cents a box or six boxes \$2.50 from The Dr. Williams Medical Co., Brockville, Ont.

### In An Elevator.

Mrs. Brown is very stout, but she is also most considerate about other people. The other day she went into a large hotel to call on a friend. The clerk sent her to the lift. There a small boy opened the door for her. "Are you going up, ma'am?" he asked politely. Mrs. Brown eyed his slender figure and thought of her own ample proportions. "Yes, I am, my boy," she answered with a kindly smile. "But goodness me, a little fellow like you can't pull me in that thing!"

### Janie Ate Both.

Her mother to her "Did you peel

## ADMITS U-BOAT FAILURE.

German Critic Also Says Pressure of British Fleet is Felt.

In a review of the naval situation in the Berliner Tageblatt, Captain Persius remarks that the significance of sea power, though unperceived by the superficial observer, in reality played many a significant rôle during the past year. In the North Sea the pressure exercised by the British Fleet made itself felt in German economic life.

Captain Persius claims that German U boats during the first half of the year jeopardized British commercial shipping in the North Sea, and German and Austrian U boats accomplished the same ends in the Mediterranean during the last few months. In the Baltic, British submarines were able to boast of some successes. After expressing the opinion that the entire elimination of the submarine danger requires a decisive blow by a hostile fleet, he says:—

Regarding the effectiveness of our U boats in the trade war one hears frequently nowadays views that bear little resemblance to the views uttered a year ago. Then, alas, hopes were extravagant, owing to a disregard of facts which the informed expert indeed observed, but which remained concealed for the laymen.

Captain Persius then gives figures purporting to be derived from good authority regarding the losses caused to allied shipping by submarines and mines, estimating the British losses at 5.9 per cent. of the entire British merchant fleet before the war. He says:—

We must, however, take into consideration the fresh supply of ships as the result of sedulous British industry as well as of the purchase of neutral and the seizure of enemy merchant vessels.

In war-vessels, also, he admits the allies have been able to fill up the gaps rapidly.

### Just as Grandmother Did.

A young thing's idea of a great tragedy is for her mother to insist on frying onions in the house when the young thing's fellow is going to call that evening.

## STORMY WEATHER

### HARD ON BABY

The stormy, blustery weather which we have during February and March is extremely hard on children. Conditions make it necessary for the mother to keep them in the house. They are often confined to over-heated, badly ventilated rooms and catch colds which racks their whole system. To guard against this a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. This will not fail to break up colds and keep the health of the baby in good condition till the brighter days. Baby's Own Tablets are sold

## RATS INFEST PETROGRAD.

Great Horde of Vicious Rodents Surprises Residents of City.

A migration of rats, estimated at 50,000, surprised the residents of Petrograd. The Customs House district and the grain markets of Petrograd are infested with innumerable rats, often of large size and great boldness.

They go to water usually in the still hours of the night in serried ranks. Watchmen who see them get out of their way, as they attack isolated men when in numbers. There are traditions that persons who have tried to interfere with these armies of rats have been overcome and killed and eaten.

The last migration was by day and the route led across the Nevsky prospect. Thousands were cut to pieces by the electric street cars, and bands of boys and men killed many others. This daylight migration was no doubt caused by the emptying of the grain bins at the grain market. Supplies have been distributed recently directly from the railway cars to the dealers and larger bakers.

Nothing pleases some people more than to hear disagreeable things about people they do not like.

## Dr. Jackson's Roman Meal Pancakes a Digestible Delicacy.

and unlike ordinary pancakes are a really valuable food. Because of their granular character they will not disorder digestion or ferment. They may be safely fed to a babe. Roman Meal also makes most delicious porridge, gems, muffins, steam puddings, bread, etc. All may be eaten hot without fear or distress. All nourish better than meat and positively relieve constipation or money refunded. At your grocers, 10 and 25 cents a package.

## GERMAN RECORD TABULATED

London Newspaper Lists Teuton Achievements in War.

The results of the war, so far, are summarized by the "Westminster Gazette" under the headings, "What the Germans Have Succeeded in Achieving" and "What the Germans Have Failed to Achieve." The first items are as follows:

1. Conquest of Belgium, including Antwerp and Zeebrugge.
  2. Occupation of the northern provinces of France, including Lille.
  3. Occupation of Russian Poland and the effective holding up of the Russian armies.
  4. Destruction of Serbia and the establishment, with the help of Bulgaria of a through route to Constantinople.
  5. Check to the British attempt to pierce the Dardanelles.
- The enumeration of what the Germans have failed to achieve is as follows:
1. Failed to crush the French armies.
  2. Failed to

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### Germans at Wood.

German scientists who have investigated the wood of trees for use as human food to eke out the supply of ordinary breadstuffs report that wood contains large quantities of sugar, starch, and oil, and small quantities of albumen, particularly in the winter months. The food elements are found principally in the twigs and sapwood of the tree. The hardwoods contain the most starch, while the soft woods contain little starch but considerable oil. Pine and spruce contain too much resin to be used as food, while oak and willow contain too much tannin. The wood must be finely ground and mixed with the usual breadstuffs in order that the digestive organs can utilize it.

### Ever Tried It?

Auntie—Well, Tommy, what have you learnt in school to-day?  
Tommy—How to whisper without moving the lips.

### Why to Avoid Accepting Favors.

"Be careful of asking favors of people, my boy."  
"Why?"  
"Because once a man does a favor for you you are in his debt for life."

### Presence of Mind.

"Just look at that diamond tiara," she gushed. "Isn't that dear?"  
"Very," said her husband, as he glanced at the tag.  
And then he called her attention to some solid tin coffee pots at 48 cents.

**Sore Granulated Eyelids,** Eyes inflamed by exposure to Sun; Dust and Wind.

## JAPAN LEADS FISHING WORLD

Annual Value of Water Products is Placed at 30 Millions.

Reports just compiled show that Japan is the leading fishing nation of the world in the number of people who make their living from this work. It is estimated that one person in twenty in the entire empire is more or less of a fisherman. Fish appear in some form on the table of every Japanese family daily, if not at every meal. The annual value of water products is more than 30 million dollars. Half a million boats are engaged in fishing, of which 18,000 are more than thirty feet long. Almost a million men are professional fishermen and 1½ million more give part of their time to fishing and the rest to farming and other pursuits.

### It Is In Many Cases.

"William," said the teacher during the lesson in physiology, "what is the use of the external ear?"

William considered for a moment. "I think," he said, "it is mostly used to catch dirt."

## When the Grave Yawned for Him

Sandy Goulette Took Dodd's Kidney Pills for Bright's Disease.

Now He Can Do His Days Work As Well As He Could Ten Years Ago—Offers Proof Of His Statement.

Old Fort Bay, Labradore, Que.—Feb. 14th, (Special.)—Cured of Bright's Disease when the grave yawned before him, Sandy Goulette, an old settler here, wants all the world to know that he owes his life to Dodd's Kidney Pills.

"I was swollen out of shape from head to foot. I was so short of breath I could hardly speak," Mr. Goulette states. "The doctor could do nothing for me. The minister gave me the holy sacrament and a good old priest came and told me that I could not live much longer.

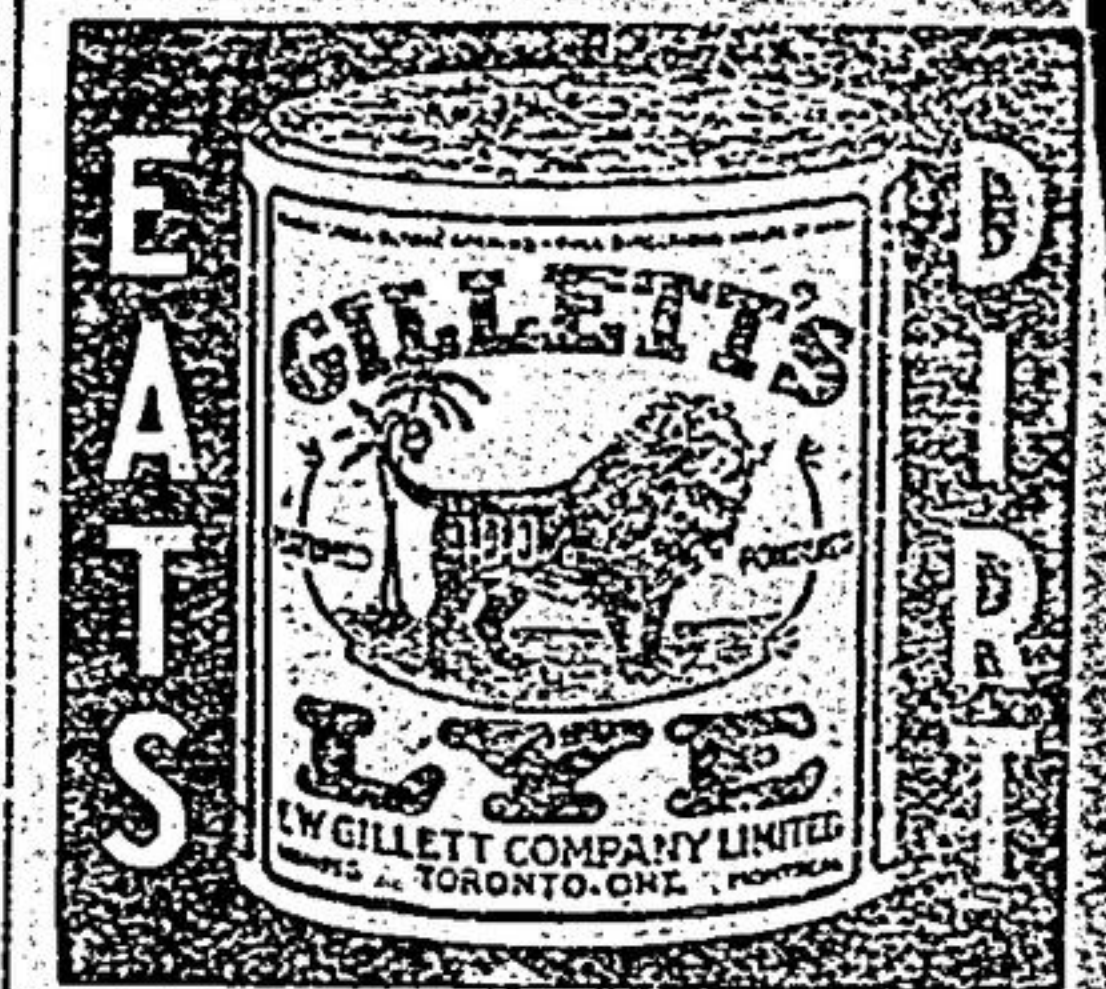
"I was sick all winter and in the spring. I telegraphed two hundred miles for two boxes of Dodd's Kidney Pills. I took three pills the night they came and I got relief before morning. I took Dodd's Kidney Pills and they cured me.

"If anyone doubts this statement they can write me and I will give them names of people who know me and who will vouch for me. I am able to do my day's work as well now as I could ten years ago."

Dodd's Kidney Pills are no cure-all. They simply cure the Kidneys.

### Absolutely Honest.

"I'm a maid trustworthy?"



### Had no Experience.

Mrs. Stubbins—Do you like codfish balls, Mr. Fox?  
The New Lodger—I don't know, Mrs. Stubbins. I never attended any.

### SPEND THE WINTER IN CALIFORNIA.

Round trip Winter Tourist tickets on sale daily to California via the direct and scenic routes. Four fast modern trains leave Chicago daily from the most modern railway terminal in the world. Overland Limited (Extra Fare) leaves 7:00 P.M. Los Angeles Limited—direct to Southern California—leaves 10:00 P.M. San Francisco Limited leaves 10:45 P.M. Let us help you plan an attractive trip. Booklets giving full particulars mailed on application to B. H. Bennett, G.A., Chicago & North Western Ry., 46 Yonge St., Toronto, Ont.

The right path is often the left, gotten by themselves.

Minard's Liniment Cures Diphtheria.

## A POPULAR CONTEST

Would you like to enter a contest where a small part of your time is devoted to a system of correspondence which would add very materially to your present income. Write for full particulars to Bull and Company, Manufacturers, Dept. D., 240 Confederation Life Bldg., Toronto, Ont.

### FARMS FOR SALE.

FARMS—ALL SIZES—STOCK, Grain, Dairy or Fruit. When you want to buy, write H. W. Dawson, Brampton, Ont.

### RAW FURS WANTED

S KUNK, raccoons, muskrats, all kinds fancy prices/Address Stillman Henshaw, Deep Brook, Annapolis Co., N. S.

### NEWSPAPERS FOR SALE.

PROFIT-MAKING NEWS AND JOB Offices for sale in good Ontario towns. The most useful and interesting of all businesses. Full information on application to Wilson Publishing Company, 73 West Adelaide St., Toronto.

### MISCELLANEOUS.

CANCER, TUMORS, LUMPS, ETC. Internal and external cured without pain by our home treatment. Write us before too late. Dr. Bellman Medical Co., Limited, Collingwood, Ont.



## DOG DISEASES

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