

"FLU" EPIDEMIC MILD, SAYS HEALTH DIRECTOR

**Advices Against Closing Schools,
Theaters, or Business Houses**

Advising against closing schools, business houses or theaters because of influenza outbreaks and announcing that state district health superintendents have been instructed to promptly investigate and report on every serious case of the disease, Dr. Isaac D. Rawlings, state health director declared this week that so far there have developed no reasons for public alarm concerning the epidemic wave of influenza now hovering over the middle west. Practically all of the 2,196 cases reported in Illinois during the last ten days, 807 of which were reported Monday, have been mild in character and no change in this respect is anticipated. Virulent outbreaks like the 1918 epidemic come at intervals of twenty to thirty years with occasional secondary or mild waves like the present in between.

"Flu" Epidemic Is Mild

"We are now in the midst of a mild influenza epidemic that actually began last spring, was intercepted by the summer, and has manifested itself again under the prevailing unseasonable weather conditions," Dr. Rawlings said. "It will probably disappear in epidemic form with the return of cold, dry weather.

"Nothing will be gained by closing schools, business houses or places of entertainment. Much will be gained for health in general by following the homely advice of going to bed and calling a doctor when attacked by a respiratory disease. Experience in 1918 taught us that ordinary quarantine has no significant effect upon the spread of influenza. It likewise taught us that the patient who went to bed and stayed there recovered more frequently and escaped serious complications more often than the one who tried to 'work off' the attack.

Report Serious Cases

"District health superintendents who are on duty throughout the state have been instructed to investigate every serious case and report promptly on all developments in their territory. From their reports the public will be provided with reliable information concerning any developments of interest.

"Historical evidence indicates that major or highly fatal waves of influenza travel at intervals of twenty to thirty years. Between these periods secondary or mild waves occasionally occur. We are still too close to the 1918 epidemic to anticipate a major outbreak at this time. Apparently the epidemic has about run its course in the far western states, particularly California, and it was mild throughout.

"We are, however, in the midst of the pneumonia season and nothing predisposes to pneumonia more than attacks of colds, gripe, influenza and other respiratory disorders. Hastening recovery from these attacks through rest in bed and preventing them through avoiding over-fatigue and over-exposure to severe weather are therefore good preventive measures against pneumonia and influenza as well."

Mr. and Mrs. Sam Meyers and their daughter, Patricia, of Kenilworth, are returning Sunday from a trip through the south. They stopped at the Meyers' ranch in Joplin, Mo. for hunting.

Miss Mary Harding, Burr avenue, Hubbard Woods, came home last Saturday from New York, where she has been since July studying dramatic art.

Indian Chief to Appear at Field Museum Dec. 29

Children are invited to meet Chief Little Moose of the Chippewa Indians who will make a personal appearance at Field Museum of Natural History this Saturday, December 29, it is announced by Stephen C. Simms, director of the museum.

A free entertainment for children from all parts of Chicago and suburbs will be given by Chief Little Moose in the James Simpson theater of the museum. The chief will tell Indian stories, among them the legend of Wan-Nah-Boo-Zhoo, the Spirit Man. He also will sing Indian songs, and perform the dances of the Chippewas, including the famous war dance. The chief appears in full Indian regalia, including feathers, war-paint and costume. He will render the tribal dances with all the whoops and shouts, dash and fire and

vigor that his kinsmen put into them when they were masters of the land.

Chief Little Moose will give two performances, one at 10 a. m. and one at 11 a. m. His appearance is arranged for under the provisions of the James Nelson and Anna Louise Raymond Fund of the museum.

HERE FOR HOLIDAYS

Mr. and Mrs. H. W. Wales, 480 Sheridan road, have had as their house-guests for the holidays, Mr. and Mrs. Henry Whitwell Wales, Jr., of Louisville, Ky. Robert Wales has been at home and is leaving January 1, to go back to Cambridge where his is taking law at Harvard and Miss Betty Wales will return to Smith college next Wednesday.

Miss Katherine Houston, Hill road, Winnetka, has gone to Kentucky to spend the holidays.



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636 CHURCH STREET, EVANSTON