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# WINNETKA TRUST and SAVINGS



#### Chicagoan Killed in Crash; Glencoe Man Seriously Hurt

George B. Friend, proprietor of a Chicago loop clothing store, died at the Evanston hospital at about 4:30 o'clock and another machine driven by Leslie "Training the Child's Appetite." Lane, proprietor of the North Shore and her two daughters, Shirley and Arleen, sustained severe cuts and bruises but were able to be taken to their home after receiving medical attention.

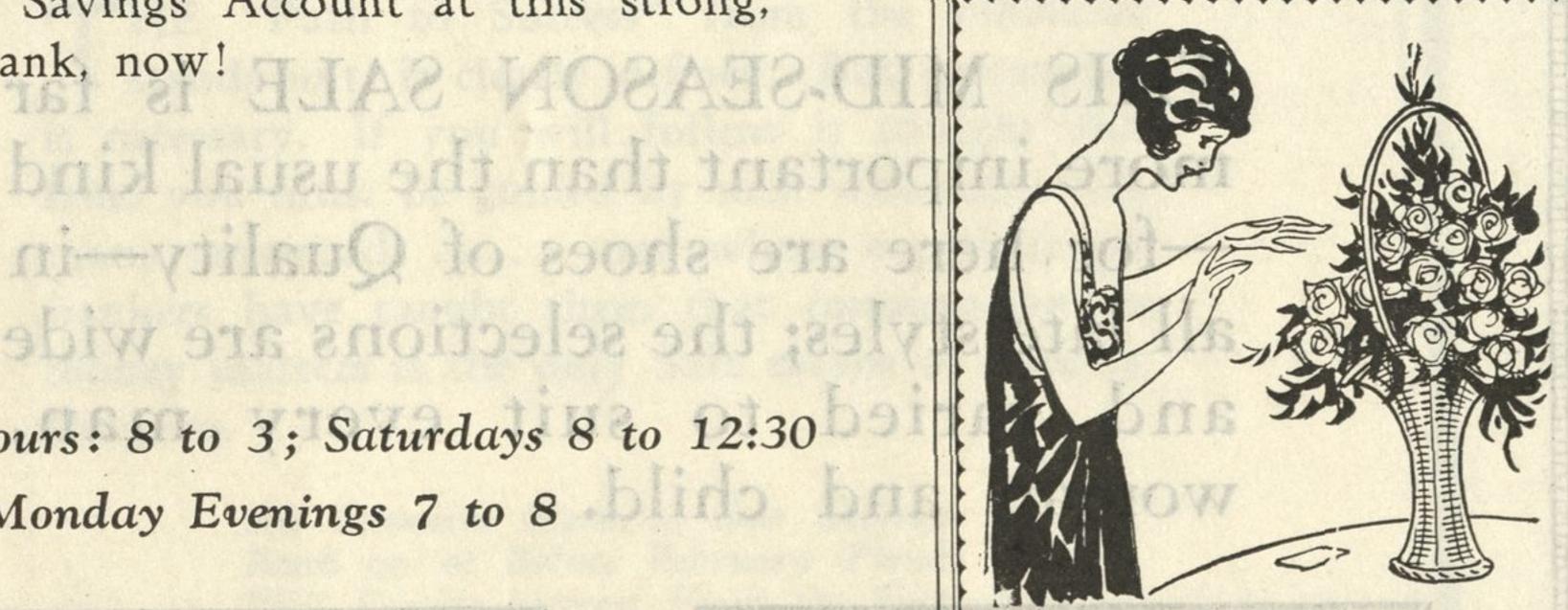
The Friends were returning to their Chicago home from a visit with friends in Waukegan at the time of the accident and were going south on Sheridan road.

from Wilmette accompanied by Don- and relieves it with food. ald Harry, whom he had procurred as a driver for one of his cabs. At the sharp curve just north of Greenwood children. They must first be studied avenue both drivers failed to observe from a physical standpoint in order to the approach of the other's machine until too late to avoid the crash. Both cars were completely wrecked.

An inquest into the death of Mr. Friend which was to have been held at the Evanston hospital last Monday, was postponed until February 9 at 2 o'clock.

Mr. and Mrs. Benjamin Reach of 844 Prospect avenue left Winnetka on Monday, January 30, for a trip of several weeks in California. This is the annual trip for Mr. and Mrs. Reach. Their two youngest children, Betty and Frank, remained in Winnetka, and their oldest daughter, Dorothy, attends the Principia academy in St. Louis.

The Suburban Neighborly Dancing club will have a dance on Saturday evening at the Winnetka Woman's club.



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### At Woman's Society

An unusually large number of women gathered at the meeting of the Woman's society of the Winnetka Monday morning from injuries sus- Congregational church on Wednesday tained in a collision between his car to hear Dr. C. A. Aldrich speak on

Dr. Aldrich first made it plain that Taxi Cab Co., of Glencoe, which had he was not in any way dealing with the occurred just north of the intersections subject of mal-nutrition, that if the of Greenwood avenue and Sheridan question of hunger and appetite was road, Wilmette. Mr. Lane and Adol- handled properly the mal-nutrition ohus Callahan, the Friend family would be taken care of. He pointed chauffeur, were seriously injured out that there is almost no information in the crash and are confined to on the subject of hunger and appetite the Evanston hospital. Mrs. Friend to be found in text books. These two conditions differ, he said, in their origin, in their immediate purpose, and in the factors which influence them. Hunger is a more or less painful sensation, located in the vicinity of the stomach, while appetite is a pleasant desire for food, and must not be confused with hunger. Hunger has a stimulating effect on appetite, and Mr. Lane was returning to Glencoe appetite gratifies hunger contractions

> Dr. Aldrich next touched on the causes and cures for poor appetites in be sure that there is no approaching illness. A fever will almost always dull a child's appetite, and of course is a forerunner of an approaching illness. If there is no physical cause for a poor appetite, then the psychological and dietary causes must be found. The dietary causes of poor appetite are many. The first of these is eating between meals, or eating the wrong thing between meals. Milk is a very solid food, and Dr. Aldrich disapproves of the serving of milk between meals at school except in cases where a child does not get enough food or the proper food at home.

The second of these causes is the eating of the wrong thing at meal time, as too much solid food, and the third cause is the eating of badly cooked and unappetizingly served food. Another cause is that children like a change of food, as well as do grownups, and they must have a variety of

menus.

Among the psychological causes of poor appetite Dr. Aldrich lists: forcing a child to eat, indulging in the wrong sort of conversation at meals, placing too much emphasis on a child's manners, giving him too much entertainment at the table, failing to give an older child affection and attention when a new baby comes into the family, too strict disciplining, eating in an unpleasant atmosphere and room, and giving a child the wrong sort of nurse.

Dr. Aldrich next outlined a conduct proper for meals. There must, he said, be pleasant sights, words, and sensations, fine food, interesting dishes, and a pleasant room. Adults must be an example for their children in their eating, as this is a most valuable method of educating children along this line.

All through his talk, Dr. Aldrich emphasized the fact that no general rule could apply to all children in the matter of creating an appetite, but that a general technique is being established that will be beneficial to

appetite.

After Dr. Aldrich's talk, a delicious luncheon was served by the lunch committee of the church. Then Dr. Aldrich very ably answered many difficult questions regarding children and their eating, which again proved him an authority on the feeding, care, and problems of children.

Mr. and Mrs. John Moore, uncle and aunt of Mrs. Clifford Jaedecke, who have been visiting here at the Taedecke home for the past six weeks, left this week for their home in Kansas City.