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RELATE STORY OF ARDEN SHORE CAMP

**Great Fresh Air Resort for
 Mothers and Children of Chi-
 cago Tenement Areas**

By Observer

Arden Shore, a camp for mothers and children, is one of the largest fresh air camps in the world. It is located on a high wooded bluff, overlooking Lake Michigan, about thirty-five miles north of Chicago. There are some twenty-two acres of land with a frontage of 300 feet on the lake. The property is owned by the Arden Shore association, an incorporated body with a charter from the state of Illinois, and is entirely free of debt. Many beautiful buildings have been given to the camp, most of them as memorials. Screened cottages are provided for all campers.

The camp was started in 1901 by Mrs. Leila Moss Martin, the founder of Gads Hill Settlement in Chicago, and was originally called Gads Hill camp. It was first located in Glencoe on land loaned for the purpose. In 1908 when this land was no longer available the present tract was purchased and the name changed to Arden Shore in order to avoid confusion in the minds of subscribers.

In the beginning only thirty guests could be accommodated at one time

and all the work was done by volunteers from the north shore villages. Now a staff of trained workers is employed and the camp, in summer, takes care of 500 persons at one time. During the summer season vacations are given to some 2,300 mothers and children of Chicago's congested districts. It has been estimated by a reliable authority that Arden Shore does the largest percentage of free charity work of any fresh air camp near Chicago. The people are recommended by the different social agencies, by the Chicago hospitals and by the Chicago Board of Education.

Constructive Charity

Arden Shore aims to do real constructive charity work among these needy people. A wonderful time is given to each and every one who enters its gates but at the same time they all learn something that will be helpful in their daily lives and make them better and more self-respecting American citizens.

The mothers, tired and worn with many cares, grow young again with their games and merry parties but they also learn how to take care of their babies, to keep their houses clean and to give their children well cooked, nourishing food. Every day a group of happy mothers gathers in the Beach House where they chatter gaily over their work as they are taught how to make over for their families the clothing sent in by many friends. All the children, from the little kindergarten tots to the boys in Boyville and the young girls in the

waitress section, learn lessons of kindness and fair play and gain knowledge of the trees, birds and flowers in this beautiful place.

The daily swim in the cool waters of Lake Michigan is the crowning glory of the day and to be deprived of this is the severest punishment meted out to any hapless young offender.

The regular summer vacation at Arden Shore is two weeks but little convalescents from the Chicago hospitals often stay all summer and many a broken down mother has found her vacation unexpectedly extended until she is well again and able to take up her burden once more.

The Cinders are the little motherless girls in Cinderella lodge. They are the "little mothers" at home and this is about the only chance they have to be free from care and responsibility. The work among little girls has been greatly increased the past year and now many an anxious working mother is relieved of the fear that her little daughter may come to harm on the city streets and is cheered in the knowledge that she is happy and well cared for at Arden Shore during the whole summer vacation.

Emphasize Nutritional Work

The nutritional work among undernourished children is carried on all the year round at Arden Shore. These are the children who are being forced into industry by the desperate need of their families. In the state of Illinois a child who is 14 years old may obtain a working certificate, if his family need his help, provided he is in good health and of normal weight and has finished the sixth grade in school. But in many cases the child is so undernourished and physically unfit that the certificate is refused. If such a child stays in his home, in the same environment that produced his disability, he seldom returns to school, he frequently joins a mischievous neighborhood gang and at 16, when he may go to work without a certificate, he is usually more unfit physically and morally than he was at 14. It sometimes happens, also that a child who cannot obtain a working certifi-

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