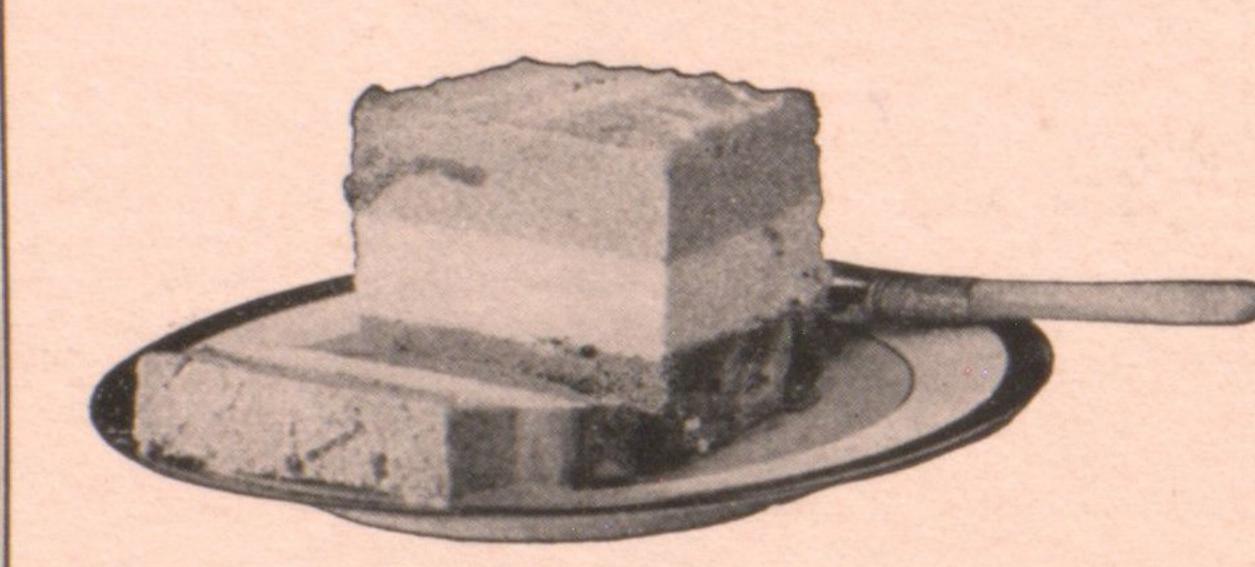
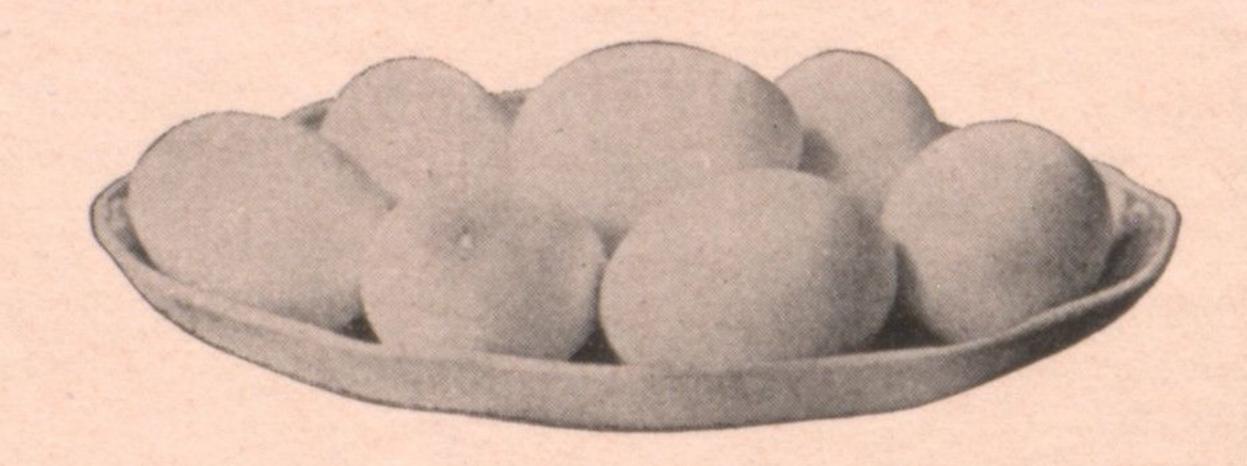
this equals this



1 pt. Ice Cream equals in food value 7 eggs





Prof. McCullum now says that even more valuable than the Vitamins in Milk are the Calcium Salts, and they are vitally necessary for both young and old.

Ice Cream is concentrated milk, eat more of it.