

### Undernourishment Biggest Failing Among Children

"In 1925, more than 130,000 Chicago school children were examined by the Chicago Department of Health, of which number over 30,000 were suffering from undernourishment as a result of poor food or feeding," is the statement of Dr. Herman N. Bundesen, commissioner of health, in his latest bulletin.

"It is astonishing, at this advanced age of general health knowledge, that there should be so large a number of children with disturbed nutrition or undernourishment.

"This condition of undernourishment is a sort of starving, not due to lack of food, but to the constant use of the wrong kind of food or the inability of the child's body to make use of the food eaten because of not enough fresh air, sleep, or play in the sunshine," is the opinion of Dr. Bundesen.

"Physical defects, such as diseased tonsils and bad teeth, affect the eating of the child. Parents use every device to safeguard their children from fire or accidents, but when it comes to so important a matter as food and nourishment, the lack of knowledge of proper diet or carelessness is shown by the figures quoted above. Malnutrition reduces the protective powers to disease; it lowers efficiency and often results in lingering misery.

"The right kind of food for children is within the reach of all. Green, leafy vegetables; fruits; meats; eggs; bread and butter, and above all, milk—pure fresh milk—in abundance have the necessary food elements, plus vitamins, which are so necessary to life and health."

### Name Visitors' Days at Citizen Training Camps

It was announced at headquarters, Sixth Corps Area, 1819 West Pershing road, Chicago, this week, that final approval of the official visitors' days at the Citizens' Military Training camps this summer had been approved by Major General William S. Graves, the Commanding General of the Sixth Corps Area. At Fort Sheridan, Illinois, Visitors' day has been fixed as Saturday, August 28, 1926.

General Graves, in approving of the above date, emphasized the fact that while the date was known as Visitors' day and that special plans would be made to care for visitors on that day and provide demonstrations, drills, parades, reviews, etc., for the relatives and friends of candidates, that it was not to be understood that it was the only day upon which visitors would be welcome at the C. M. T. camps in the Sixth Corps Area. Visitors will be welcome at all the C. M. T. camps at any time and can witness the work in the C. M. T. camps.

The plans for Visitors' days at the C. M. T. camps not only include parents and relatives of candidates at the camps, but are arranged so that the entire public can see the training of candidates and camp life at the camps. Governors of states and other distinguished citizens will be visitors at the camp on these dates.

Miss Zonia Baber will speak on the "American Occupation of Haiti" at Community House, Thursday, May 27, at 3:30, in the afternoon. The lecture will be given under the auspices of the Woman's International League for Peace and Freedom and all who are interested will be welcome.

Mrs. J. J. Desmond, 1414 Asbury avenue, is entertaining at luncheon and bridge on Wednesday next.

### Royal Tailors' Man to Address Kiwanis Club

The opening gun announcing the entree of the Royal Tailors into Evanston was fired at the North Shore hotel on Tuesday. Before the regular noon meeting of the Evanston Kiwanis club, Mr. Owens, advertising and sales manager of the Royal Tailors, discussed at length what this well-known tailoring house promised to contribute to the Evanston Shopping Community.

### ADJOURN FOR SUMMER

The Young Men's class of the Winnetka Congregational Church school met again last Thursday evening for a ball game in the Lake Front park, at Sheridan road and Maple avenue. The class decided last Sunday to adjourn for the summer following the session of June 6.

### BACK FROM VACATION

Elmer Scheibe, of the G. C. Scheibe Grocery and Market at Indian Hill, has returned from a three weeks' visit at Appleton, Wis.

### WINS TRACK MEET

New Trier high school track men won a triangular meet between New Trier, Loyola and St. Ignatius last Saturday by a score of 70-36-6, in the order of the schools named. The meet was held on the Loyola field. Stover was the star for New Trier, winning three firsts.

Mr. and Mrs. Robert S. Laird of 225 Ridge avenue returned on Tuesday from a ten days' visit on Long Island where they were the guests of Mr. and Mrs. E. W. Ison.

# NEWS NOTES

## About the North Shore Line

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DO you know that the best way to reach Lake Geneva, Antioch and many other popular resort centers is via North Shore Line trains and North Shore Line connecting motor coach routes operating directly to these places? For particulars ask any North Shore Line agent.



FROM one-third to one-half of all patrons on North Shore Line dining cars order the special steaks for which this service is famous.



KNOWING that their families are protected financially against illness or disability, North Shore Line employees can keep their minds wholeheartedly on their work. North Shore Line employees are protected by a service annuity plan, by group insurance and by their own mutual benefit association. A large percentage own their homes in North Shore towns.



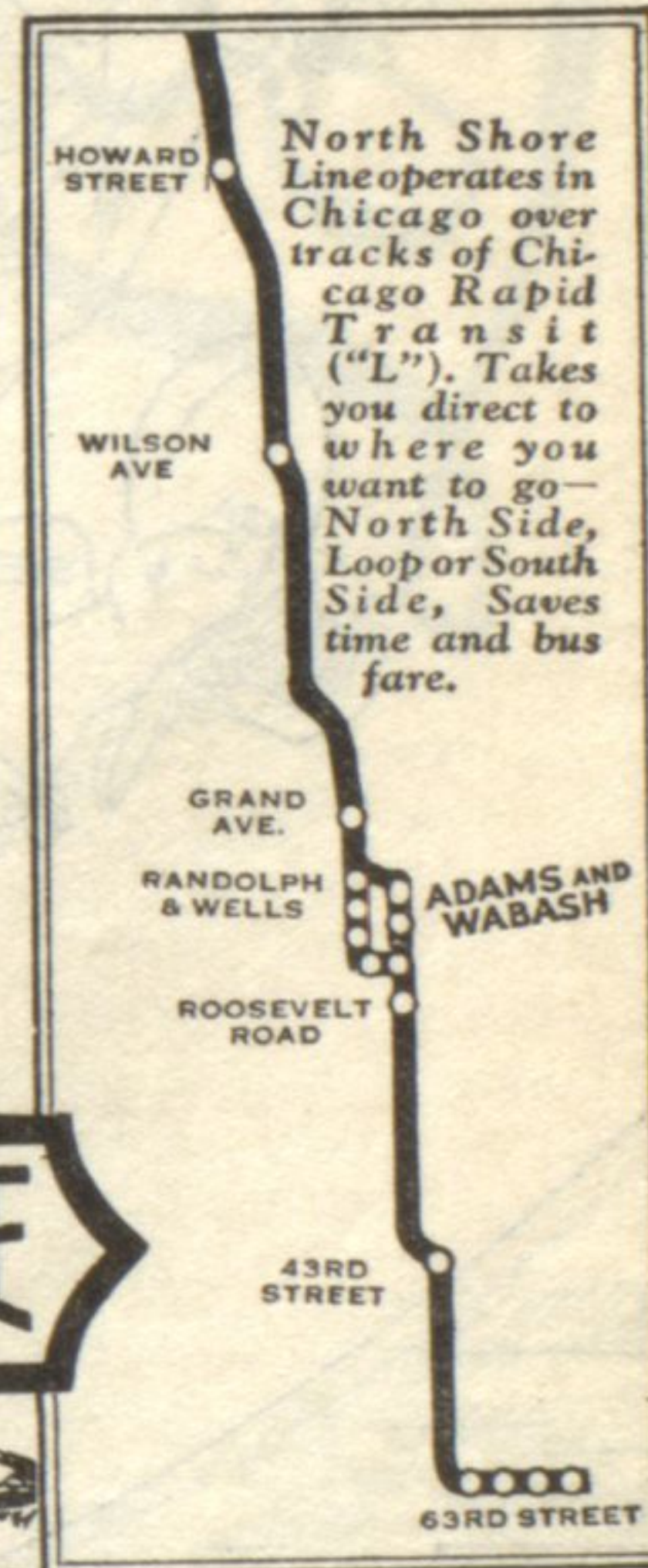
WHY not spend a pleasant day in Chicago at the Field Museum of Natural History and the Chicago Art Institute? The

North Shore Line takes you close to both places. Ask any agent or conductor where to leave the train.



ARE you watching our weekly card of current events posted at all North Shore Line stations? It tells you what's worth seeing in athletics, exhibits, concerts, lectures and other varied attractions along the North Shore Line.

Going East? West? South? Remember, railroad connections in Chicago are most conveniently made via the North Shore Line. Operating over the lines of the Chicago Rapid Transit Co. ("L"), the North Shore Line brings all railroad stations within easy access; direct connections are made with some. Our ticket agents will gladly make Pullman reservations for you on any railroad going out of Chicago.



Every man and woman of the 2000 employed on the North Shore Line is striving constantly to merit your friendship and good will.