

About Books and the People Who Write Them

Two Books on Coue-ism

"Auto Suggestion and Its Personal Application." By J. Herbert Duckworth. Publisher: The James A. McCann Company. \$2.00.

"Self Healing Through Auto Suggestion." By Dr. Charles Winbigler, Publisher: American Library Service, \$1.25.

At a time when everyone is talking of the latest psychological development; of Christian Science, and its relation to M. Coue's doctrine, a simple straightforward exposition of the whole matter is a welcomed book to those of us who have neither the time nor the opportunity to go more deeply into the subject. Dr. Duckworth sets forth in simple language not only the theory of the subconscious mind but also reveals the technique whereby, after we have become aware of this new science, we may use it as a powerful weapon for our health and happiness.

"Self Healing Through Autosuggestion" compressed from Dr. Winbigler's larger work entitled, "Suggestion: Its Law and Application, devotes one chapter to explaining and classifying Suggestion in all its branches. The author then passes to Autosuggestion which he defines as an idea impressed on the subconscious mind by the conscious mind. This fascinating theme is dealt with in a thoroughly practical vein. Specific formulae are given for the cure of various ills: insomnia, headaches, nervous pains, etc. We are so plainly instructed how to improve ourselves both in body and mind that it would seem, to the uplifted reader, almost impossible not to become "in every way better and better."

Jane Cornell.

"Wanderer of the Wasteland." By Zane Grey. \$2.00. Publisher: Harper & Brothers.

Zane Grey has the ability to weave into his tales a minute, detailed, vivid description of scenery and country that you do not skip but read with as much avidity as the tale itself. That is art. It is a wonderful and moving picture of the desert of Arizona that you get in this book and a gripping story from first to last. In our judgment it is the best book he has yet written.

It is the adventures of a young man who, for fourteen years, from the ages of 18 to 32, is a wanderer in the wastelands. The title exactly fits the tale. Entering as a fugitive, time, the desert,

good deeds and love transform him body and soul. It is no sermon, but there is just the proper amount of introspection and philosophy to give it a fine flavor. It is a man's book—yes, and a woman's book as well—alive with human passion, everything possible, and yet as thrilling as any romance. Life is more often like that than the jaded reader permits himself to believe.

James Walter Doughty.

"THE POOR MAN." By Stella Benson. Publisher: The Macmillan Company. \$2.00.

All these earnest students who seek their Latin Quarter in Paris or New York must now include San Francisco in their itinerary. West coast "high brows" talk the same patter as their colleagues three thousand miles East; their bags of tricks contain as many pretenses. Instead of a Greenwich Village with its slummers and dank cellars, Miss Benson offers studios perched on high hills. Just when we are breathless from a cycling trip through Southern California, we are switched to China where the action of the latter part of the book takes place. Miss Benson has done a striking thing. She has given us the cant of the

intellectual as seen through the eyes of a hanger on, a young Englishman who is poor, ugly, deaf and weak-willed. But so thoroughly does the author portray the young man in his desire to be a hero and so well does she present his point of view, that despicable as he is, he still has our sympathy. We want him to win the girl in the end. With a "failure" for a hero, she has woven a pattern brilliant and vivid.

Myra May Eichberg. Copyright 1923, Howard H. Seward.

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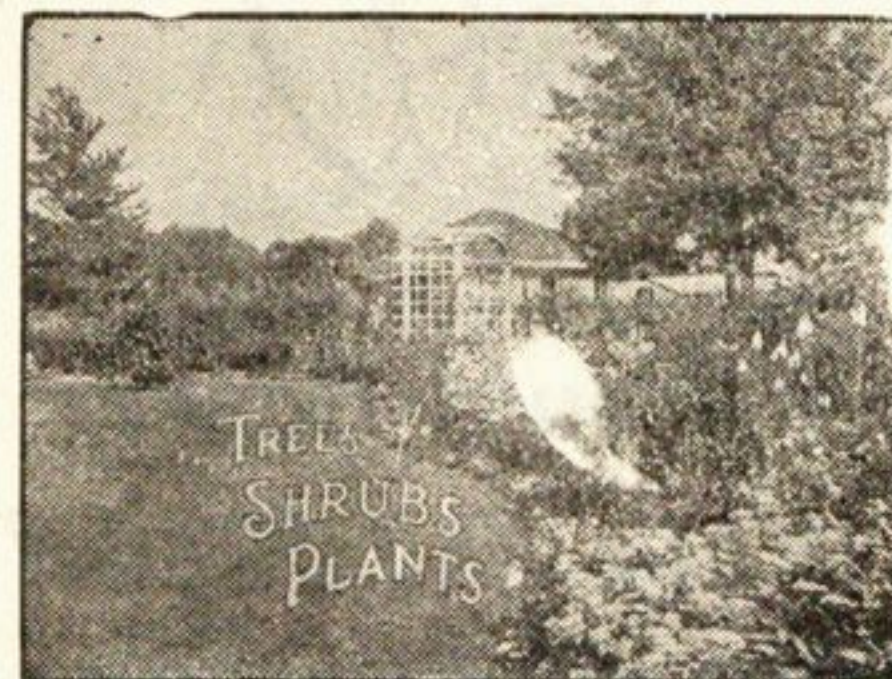
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