

## COMMUNITY WORK OF RED CROSS

### Chapters Show Splendid Work for Soldiers and in Health Lines.

All over Illinois there is an increased interest manifest in the many activities of the American Red Cross. The membership of 293,438 persons in the 126 Chapters shows the far-reaching enthusiasm and the scope of the many activities which comprise the present Red Cross program.

Every part of the state is supporting the work for ex-service men, with five U. S. P. H. S. hospitals caring for ex-service men. This medical social service work is one of the principal activities in each of these hospitals, not only providing recreation, but in assisting the men to adjust their various difficulties.

There have been 10,400 ex-service men served by local Red Cross Chapters during the past year. In addition, 1,521 disabled men still in service have been helped in various ways. World war veterans and their families to the number of 105,522 have been served by Chapters, which have expended \$410,000 in this work. Throughout the nation \$10,000,000 is being spent annually by the Red Cross in helping ex-service men and their families.

Also 63,525 patients in hospitals at army camps and naval stations have been visited by Red Cross workers this year. In addition 10,188 enlisted men have been served by Chapters.

Important as is the work for soldiers and their families, the health program of the Red Cross is filling an equal need in every community where it has been developed. There are 2,542 nurses enrolled with the Red Cross in Illinois. These nurses are qualified according to Red Cross standards for service in war and emergency.

Forty-two Chapters are employing public health nurses for community work. During the past year 66 Red Cross public health nurses have been employed by various Chapters in the state. Their work has been in the schools, in teaching children health and sanitation, as well as reaching the homes of the community through personal visits.

Women in the state have shown great interest in the classes in Home Hygiene and Care of the Sick, which have been carried on in connection with the work of Red Cross Chapters. During the past year 2,541 persons have received certificates in the 319 classes which have been conducted.

The strong health program of the Red Cross, in addition to Home Nursing instructions, include classes in First Aid, Nutrition, and Life-Saving. Much of this work is along preventive lines and designed to prevent accidents or spread of contagion. There have been 3,533 children enrolled in the 155 Nutrition classes in connection with the work of the schools this past year.

In addition to this work in Nutrition, 448 women have completed courses in Food Selection. As the majority of these women were home makers, approximately that many families have received suggestions and instruction regarding food facts and correct diet.

There are 752 members of the Red Cross Life-Saving Corps in Illinois. Each of these persons have passed the examination and is trained in methods of resuscitating victims of drowning.

Also 84 certificates have been issued in the First Aid classes. These classes have been found of great value, not only in instructing men and women in the proper course to pursue in cases of emergency, but in the prevention of accident.

Work of the Junior Red Cross among the 850 Auxiliaries has been carried on by its membership of 210,123 children. They have aided in promoting health programs through the schools, visited hospitals, and helped to provide comforts and entertainment for disabled soldiers, as well as unfortunate children at home and abroad.

To aid in carrying out these many activities, and to increase the community usefulness of the local Red Cross Chapters, an opportunity will be given for renewing membership in the Red Cross during the Fifth Annual Roll Call. This opens on Armistice Day, November 11, and continues through Thanksgiving. Every membership dollar is an investment in community welfare and in relief activities, locally, nationally and internationally.

#### But One Way.

There is but one way to heaven for the learned and the unlearned.—Jeremy Taylor.

#### Effects of Sun Spots.

Magnetic storms manifest themselves by their effect on electrical apparatus and are visible as the aurora polaris. Because such storms frequently coincide with sun spots, it is believed that the atmosphere of the earth is in some way ionized by the sun. The sun spots are believed to shoot huge charges into space as a shotgun discharges shot. When the earth gets into the path of such a bombardment we have auroral displays and other magnetic disturbances. —Youth's Companion.

#### Use Right Screw-Driver.

Probably the screw-driver and the hammer are the most used tools about the house, but it will surprise many people to know that there are three different kinds of drivers to fit three different sizes of screws. If the correct driver is being used it will just fit the slot of the screw and no pressure will be required to drive the screw. Further, the danger of the driver's slipping is reduced to a minimum, thereby preventing accident.

#### Peanut Not Really a Nut.

The peanut is not a nut; it is a pea. It is a trailing, straggling plant, growing from one to two feet high, with thick, angular, pale green, hairy stems and spreading branches, and it ripens its fruit or its peas or nuts, under ground. It is a strange habit. Small yellow flowers are borne at the joints where the leaves are attached to the stems and as soon as pollination takes place the flower fades and the "peg," as it is commonly called, buries itself in the ground, where the pod develops.

#### Game of Chess Is Old.

The game of chess seems to have been known in Hindoostan by the name of Cheturauga. It was changed by the Persians into Chetrang, but the Arabs, who took possession of that country, had neither the initial nor the final letters of that word in their alphabet. Consequently they altered the name to Shetranj. Though at one time the Chinese claimed to have played chess in 174 B. C., the Hindus played it long before that time.

#### Peanut Known as Goober Pea.

The territory of tidewater Virginia grows more peanuts than any other part of the United States. To that territory may be added parts of the Carolinas, also great peanut-growing states. Some places in the Carolinas the peanut is referred to as "the goober pea."

#### All-Day Football Match.

An annual event in the town of Ashbourne, Eng., is a "round-the-town" football match, which takes place on Shrove Tuesday. The number of players is unlimited and the goals are located in a stream four miles apart. The game usually starts early in the day and lasts well into the night.

### THE HOME TOWN PAPER— COMMUNITY INSTITUTION



**YES**, the home newspaper is a community institution, like the church and the school and the farm and home bureaus. It is being so recognized by the state agricultural colleges, which see that it is helping and can help still more to create and envelope a wholesome, satisfying rural and small town life. If you are interested in community life you will want to have a part in home paper week.

Subscribe for the Home Town Paper Week, November 7-12

When It Is

# PRINTING

You Need

Telephone Wilmette 1920

## THE LAKE SHORE PUBLISHING CO.

1222 CENTRAL AVE.

WILMETTE