

## 49 RED CROSS NURSES IN STATE

Has Strong Public Health Nursing Program.



WITH 49 Red Cross Public Health nurses promoting better living conditions in connection with the other activities of the 126 Chapters of the American Red Cross here in Illinois the importance of the work is of unusual interest.

The rural program has been found well adapted to this state, and many localities have been reached by this department of activity during the past year for the first time. Physical inspection of the children in the rural schools is one of the most important phases of this work. They are inspected for defective teeth, eyesight, and hearing. Weighing and measuring are a part of this health program, and frequent nutrition classes are organized to help under-nourished children reach a normal development.

Public Health nurses frequently have adult classes in Home Hygiene as well as classes in the schools, thereby extending their services beyond routine of school inspection. During the past year 2,541 women have passed the examinations and received certificates in Home Hygiene and Care of the Sick given by Red Cross instructors.

Different problems exist in the cities, where the dangers of contagion and the need of intensive health education are greater. In addition to the physical inspection of school children, the organizing of clinics and the investigation of home conditions, there is much "follow up" work to be done. Through the co-operation of the teachers, minor defects which tend to retard school children mentally as well as physically are detected and corrected in the clinics.

In both city and country communities the Red Cross has a clearly defined program which may be adapted to local needs. That 23 Chapters since last year have realized the need of this work and extended their program to include this very practical activity proves the growing appreciation for this endeavor.

On Armistice Day—November 11—the annual Roll Call of the Red Cross will be launched. Membership dollars will enable the Red Cross not only to carry on the valuable service it is already rendering, but expand the work to reach a wider field.

### Copying Aunty.

Dorothy's Aunt Louise is an operatic singer, and after a visit to the city where the aunt lives the family heard Dorothy screaming frightfully. They rushed to her aid, only to be told: "Nothing is the matter. I'm singing like Aunty Lou."



The Red Cross is spending 150 Million Dollars a Year to help the disabled ex-service man and his family. ANNUAL ROLL CALL - NOV. 11 - 23

### HOME TOWN PAPER WEEK.

People of the United States will be afforded an opportunity during the week of November 7th to 12th to express in concrete form their gratitude to those men and women, who through sunshine and rain, prosperity and adversity, persistently and consistently sing the song of the home town. The time long since passed when newspapers, whether daily or weekly, can subsist on the "taking it for granted" spirit of its patrons and well wishers. Costs of producing newspapers today have not decreased in anything like the proportion experienced in other lines and figures quoted recently by daily and weekly newspapers through the country have given the public a glimpse into the expense incidental to conducting the home paper.

To the newspaper men and women of each community has fallen the task of presenting the current events of a fast-moving world in accordance with the modern ideas, more or less extravagant, and keeping a smiling countenance and a courageous heart when others are prone to talk "hard times." Their loyalty to the state and their community has undergone a severe test but they met it with optimism and only a little reflection is required to show how much worse conditions might have been before the turn in the road was reached, had they pursued a different course.

Advertisers had to keep advertising whether they could pay promptly or not and business had to be kept going for the general good. The publishers and editors did their part and the second week in November is proclaimed a time when those who benefited by this policy can express it in terms of support that will insure the future of the small town paper, the backbone of every community that has the semblance of pride in itself and its neighbors.—Sioux City Argus-Leader.

A Phone Call and 30c Places a three-line ad

**Streets With Duplicate Names.**  
London's duplication of its street names is notorious. A casual glance at the directory reveals no fewer than ten Charles streets and half a dozen Charlottes. Park street also appears half a dozen times, and Hill street only one less. Even our best known thoroughfares have their duplicates, for you will find an Oxford street in Whitechapel and a Regent street in Shoreditch.—London Chronicle.

**To Remove Lead in a Gunbarrel.**  
Chemically pure and strong nitric acid will dissolve the lead and not attack the metal of a gunbarrel unless the acid becomes diluted with a little water. To remove the acid, pour all of it out and wipe the gun dry with a rag soaked in olive or cotton seed oil. Do not get the acid on the hands or clothing. If, by chance this happens, wash it off immediately with water and then with some weak alkali.

**Condemned.**  
Well, we are all condemned as Victor Hugo says; we are all under sentence of death, but with a sort of indefinite reprieve... we have an interval, and then our place knows us no more. Some spend this interval in listlessness, some in high passions, the wisest, at least among 'the children of this world,' in art and song.—Walter Pater, in The Renaissance.

**The Meeting Ground of Town and Country—The Home Town Paper**

THAT great part of non-city America which we call the country is in reality town and country. Sometimes the people of the farms have felt that the people of towns did not understand their problems any more than did those of the big cities. But there has been a common meeting ground for all in the home town paper. It has chronicled the activities of the village and of the farms and of the cross roads. It has told of the visits of the village banker and his family and of the farmer and his family, of the new pavement in the village and the improved highway in the country. No publication ever was more entitled to be called "a slice of life" of the people than the home town paper. Week after week, year after year, it has ministered to the natural craving for the homely, intimate news of the countryside, the kind of news which no big city paper can furnish. Now the country newspaper is to have a "week" all its own. The thousands of country papers the nation over have got together to observe "Subscribe for your home town paper week" November 7-12. It is a week for all who love country and village life and "just folks." If you have let your subscription lapse, renew it. If you are a newcomer to the community, subscribe. If you are far from the old home town, make sure that at least once a week you can live again the joys of other days through the visits of the home town paper.

**Subscribe for Your Home Town Paper Week November 7-12**

## "Give Me a Chance To Think!"

All right.

That chance will be during the week of November 7th to 12th.

During that week take a little time and go over in your mind the many things your home town paper has done—is doing—will continue to do—for your home town.

Think about it seriously.

Think whether or not you have stood loyally by at all times when the community's champion has needed financial and moral support.

Think whether or not you have always done your duty by the town's best friend.

Think how much better your home town paper could do if each citizen were as loyal to it as it is to them.

Think of some one far away who would enjoy the weekly visit from the old home town paper, then hand in a subscription for that far-away friend.

If you are not now a subscriber, be one.

"Subscribe for Your Home Town Paper Week," November 7-12

## South Water Fruit Market

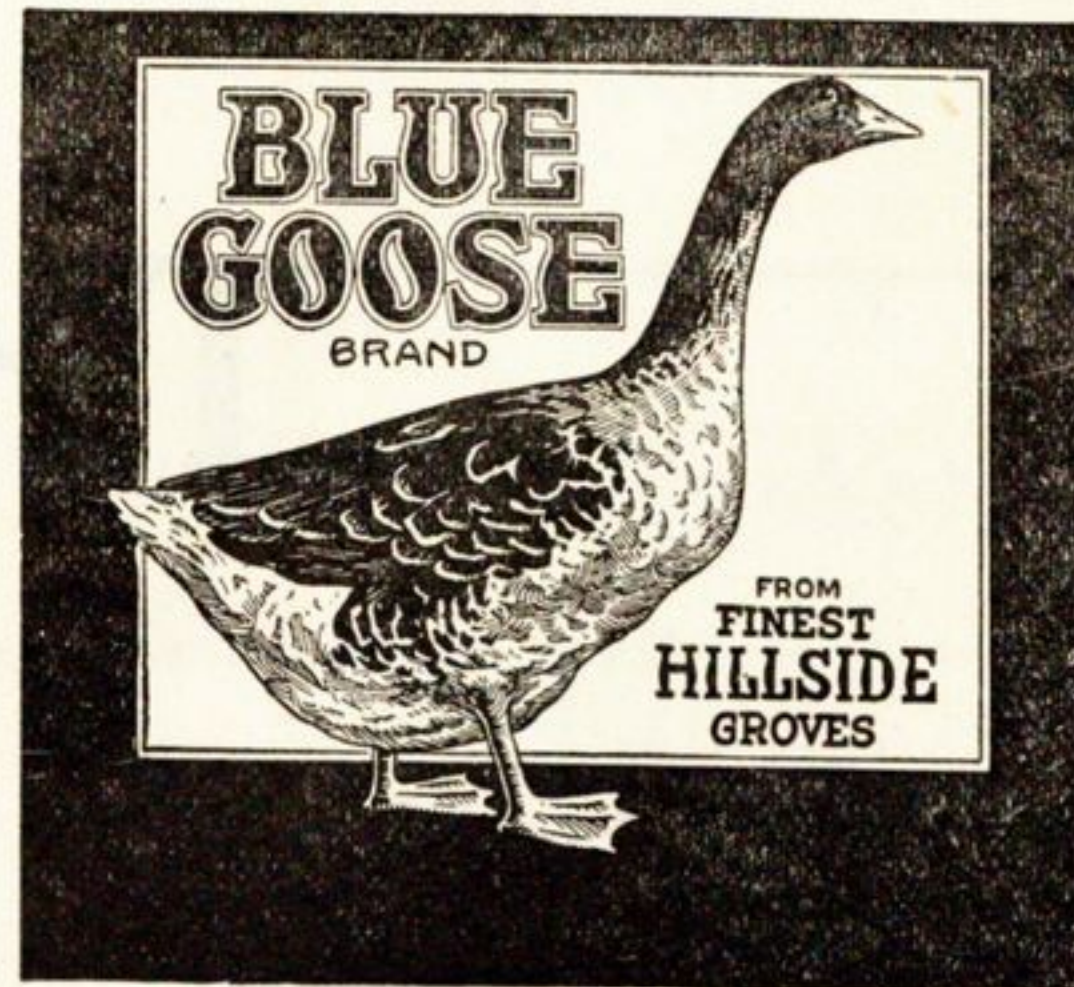
"BUY HERE AND SAVE MONEY"

561 Lincoln Ave. WINNETKA, ILLINOIS Phone Win. 392

You can always save something by trading here; while prices are low, quality is the highest.

### SPECIALS

Jonathan Apples \$3.25 per box	Grape Fruit 5 for 25c	Sweet Potatoes 6 lbs. 25c	Alligator Pears 29c each
Fresh Lettuce ..... 10c, 15c 20c	Celery ..... 10c, 25c bunch	String and Wax Beans, 3 quarts ..... 25c	Fresh Spinach ..... 35c peck
Egg Plant ..... 10c, 15c and up	Cauliflower ..... 20c and up	Beets and Carrots ..... 5c bunch	Yellow Turnips ..... 6 lbs. 25c
White Turnips ..... 6c bunch	Cooking Apples ..... 3 lbs. 25c	Artichokes, Brussels Sprouts, Cabbage, Celery Cabbage, Raddishes, low price.	
California Oranges ..... 39c, 49c, 59c dozen	Florida Oranges ..... 48c, 58c dozen	Lemons ..... 35c dozen	Bananas ..... 30c and up
			Cocoanuts ..... 10c and 15c
			Figs, Dates, Persimmons, Concord Grapes, Pomegranates, low price.



**BUY HERE and SAVE MONEY**  
ORDERS OVER \$2.00 DELIVERED FREE