

Winnetka Weekly Talk

ISSUED SATURDAY OF EACH WEEK by

LAKE SHORE PUBLISHING COMPANY
1222 Central Ave., Wilmette, Ill.
556 Center Street, Winnetka, Ill.

Telephone Wilmette 1920
Telephone Winnetka 388

SUBSCRIPTION.....\$2.00 A YEAR

All communications must be accompanied by the name and address of the writer. Articles for publication should reach this office by Thursday afternoon to insure appearance in current issue.

Resolutions of condolence, cards of thanks, obituary poetry, notices of entertainments or other affairs where an admittance charge will be made or a collection taken, will be charged for at regular advertising rates.

Entered at the postoffice at Winnetka, Illinois, as mail matter of the second class, under the act of March 3, 1879.

SATURDAY, OCTOBER 1, 1921

Modern Dancing

Dancing is the natural expression of the human feeling for rhythm and music, and so is a diversion which all able bodied people well enjoy. But it is made far more difficult for the ordinary person, by the incessant changes in dance steps.

Up to the time the tango craze spread over the country eight or ten years ago, dancing was fairly well standardized. Anyone who did it the year before, could do it the next year, and a great many of the middle aged people enjoyed it. Then came the development of modern dancing, with thousands of dancing classes teaching a bewildering variety of new steps.

Just as soon as the crowd had learned one new figure, then it went out of style and some new ones had to be acquired. This made business fine for the dancing teachers but it spoiled sport for all who could not afford time and money to follow these whims of the popular taste.

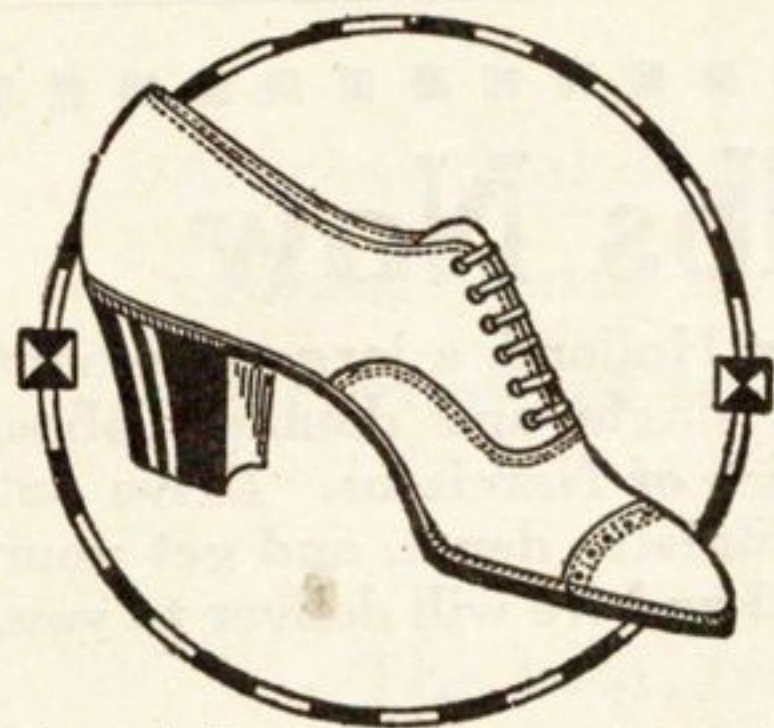
Dancing of recent years has seen some absurd extremes. There was the snake-like and wriggling "shimmy", which could no more be called the poetry of motion than the contortions of the boneless man in the circus tent. On the opposite extreme, the fox trotting of the present day seems about like walking around the hall. But while those freaks and foibles come and go, the old standard waltz that our grandmothers loved still remains the favorite of those who dance for the sake of rhythm more than to exhibit their ability to copy the latest freak.

Married people frequently think, when they get a home of their own

and a family of children, that their dancing days are over. The women of that age claim they get no invitations if they attend dances. But if the married crowds find themselves neglected, they can have their own dancing groups, and follow the fads of the day if they want to, or dance the standard old figures that will always be good. People need not think their dancing days are over so long as they are able to walk to the dance hall.

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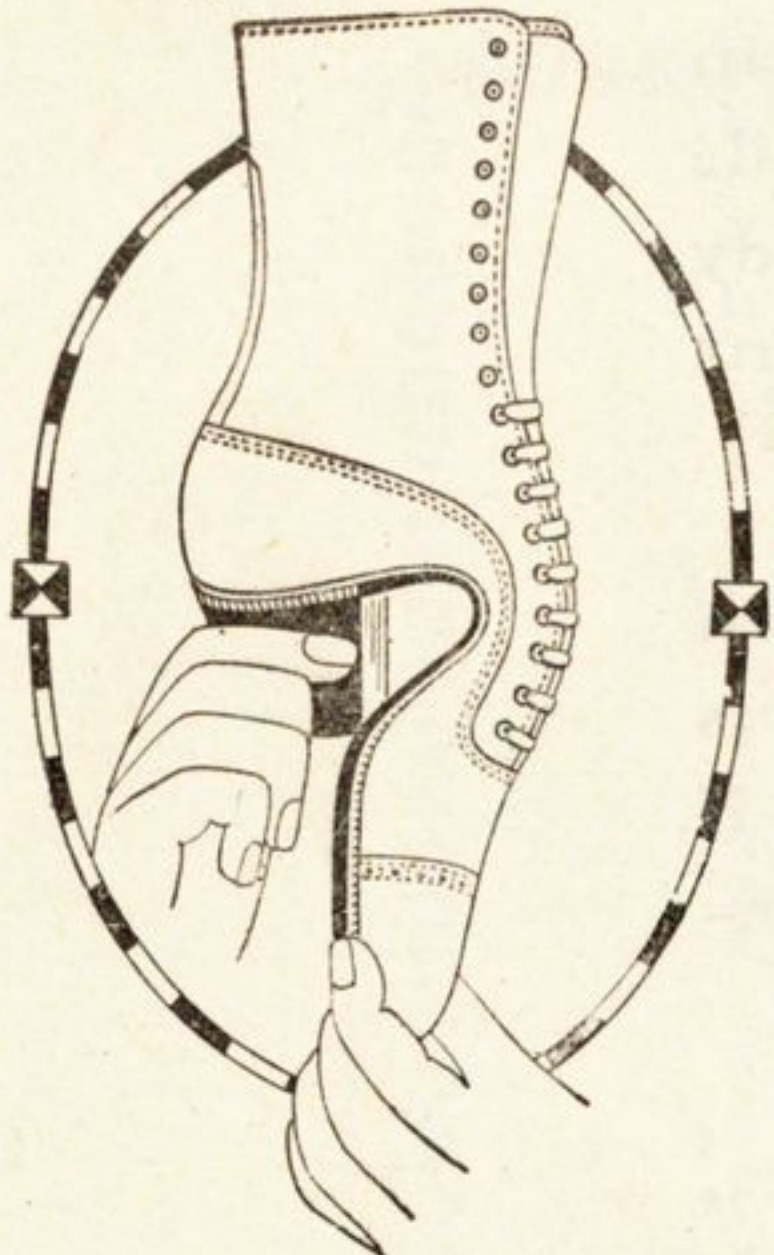


"Sick and tired feet can put you out of harmony with life," writes Doris Docher of the New York Evening World. The same paper quotes Dr. Elinor Van Buskirk of New York as follows:

"The woman who wears a cramped shoe is bound to have a cramped disposition. She can't help being irritable, critical and quick tempered. She doesn't make a good pal, a good wife or a good business woman.

"I would be willing to wager that half the so-called lovers' quarrels are from the girl wearing tight shoes. And as to the nagging wife—well, it is usually the tight shoe which causes her quick, ugly remarks. And many a business girl thinks she has the meanest boss on earth when it's her own stinging, burning feet she hates.

"Besides the irritable disposition which tight shoes cause, there may be physical injury. A high heel throws the balance of the body forward and the strain comes on the lower part of the spinal column, a great center of the nerves. Backaches, headaches, even rheumatism and scatica, are often caused by shoes. A woman can wear any kind of tight clothing and forget it," concluded Dr. Van Buskirk, "but she can't wear tight shoes and keep smiling."



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NAMELESS HEROES
The body of the unknown American soldier to be brought home from France by General Pershing probably will be selected from the Argonne

cemetery at Romagne, where most of the unidentified dead were interred following the fighting in the forest tangles, according to information to the American Legion shortly before

the General sailed. But two percent of the war's dead yet remain in France.

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R. D. CUNNINGHAM

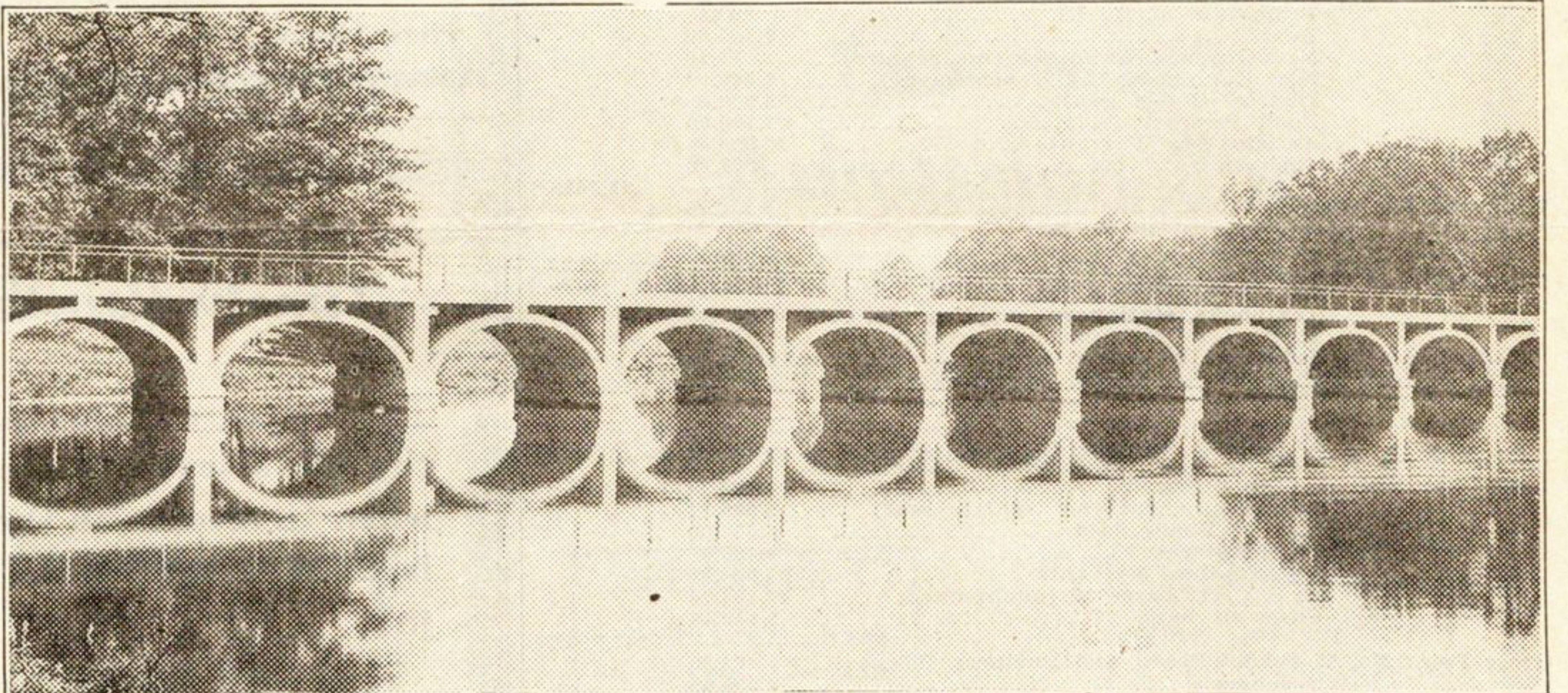
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Enjoy an Autumn Outing at St. Mary's of the Lake

The buildings and grounds of the new Catholic Seminary at St. Mary's of the Lake will, when completed, be one of the greatest attractions for visitors in this part of America. It will represent an investment of \$10,000,000.

Right now St. Mary's is a most interesting place to visit. Go and spend a few hours under the grand old trees. Walk through the grounds, along the lake shore.

See how the architect, the build-

er and the landscape artist are transforming this 1,000-acre forest tract into a realm of rare beauty.

The first group of structures is practically complete. Steel and concrete bridges have been constructed. Wide macadam roads pierce the forest pathways. Landscape features are assuming form.

By all means, plan your trip to St. Mary's of the Lake within the next few days.



North Shore Trains

The North Shore Line has a station at the entrance to the grounds of St. Mary's. Take a North Shore Train to Lake Bluff Station and transfer to the Libertyville branch for the station at St. Mary's of the Lake.

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HOYBUN

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Saturday October 1
ALICE JOYCE
in "The Inner Chamber"
Pathe News Rolin Comedy

NEXT WEEK

Mon. and Tues. October 3 and 4
CONSTANCE BINNEY
in "Such a Little Queen"

Wed. and Thurs., Oct. 5 and 6
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Fri. and Sat., October 7 and 8
MARY MILES MINTER
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in "My Lady Friends"