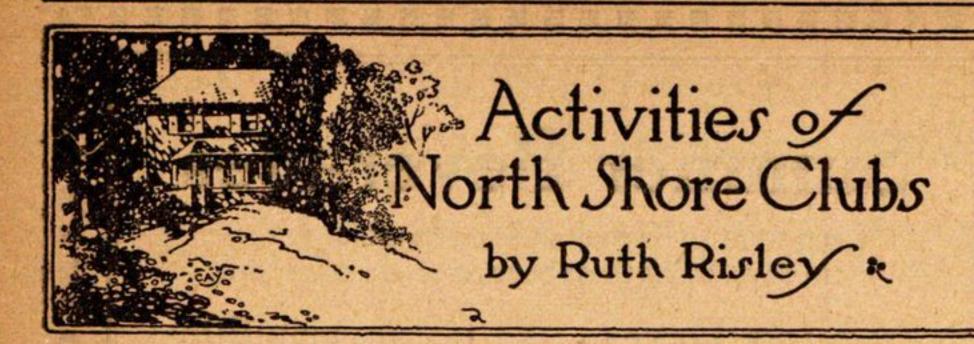
Fats and Oils

as the poor. Do you know why?

Lesson 13. "Food for the Young."

Lesson 14. "Feeding the Much

Lesson 10. "Fats and Oils." Their



NTHUSIASTIC golfers are not letting the grass grow under their feet these days. The golf links and the galleries were enlivened on Wednesday at Indian Hill and on Monday at Skokie with everybody wearing the nattiest kind of bright colored sport clothes.

On Thursday afternoon and evening Indian Hill club entertained with a mixed foursome followed by an informal supper dance. Only two supper dances are given each month, and these are exceptionally may have to be fixed for children well attended.

At Skokie Golf club a dinner dance has been announced for don. Saturday evening, and there will also be the usual affair at Bob O'Link club.

The Highland Park Garden club have a motor trip planned for June 22, when they will visit the various beautiful gardens in that vicinity and Winnetka.

Among those that will be viewed in Highland Park are the J. McGregor Adams, William Ruffner and Samuel Hastings. At Winnetka the artistic landscapes of James Houghteling, Lorenzo Johnson and August A. Peabody will be some of the stopping places.

Tea and refreshments will be served in the garden at the residence of Mrs. Roland Hastings, president of the club.

The closing W. C. T. U. meeting of an immigrant woman. Mrs. A. A. for Americanization work in Chica- Fisher and Lillian Norton. go. The program consists of addresses by Mrs. Fannie Overturf of her talk to the work as applied to Child Welfare."

the season will take the form of a Bryant of Grand Crossing will sing luncheon followed by a program on and Miss Dorothy Madsen, accom-Wednesday of next week at 12:30 panied by her mother at the piano, o'clock, in Community House, Win- will give violin solos. Piano duets netka. The proceeds will be used will be rendered by the Misses Leama

Barrington, on the "Work or the Mrs. Mary Ware Dennet of the Flower Mission"; Mrs. Villa Cole Voluntary Parenthood league of New Case will talk on "Law Enforce- York, spoke before a joint meeting ment"; Mrs. Schumacher on "Scien- of the Woman's Library club of Glentific Temperance Instruction in our coe and the Winnetka Woman's club Schools" and Mrs. Richard B. Walsh on Tuesday afternoon, in the parlors and Prof. W. A. Hadley on "Amer- of the Winnetka club. Her subject icanization". Mrs. Walsh will confine was "Voluntary Parenthood and

COURSE COMPLETED IN HOME NURSING

Certificates To Be Awarded Soon To-The Women Who Have Completed the Course

Last week 191 women completed health of the family? the course in home nursing which has been carried on by the Evanston branch of the Red Cross since last November. Certificates will be awarded to all those successfully completing the course in the near future.

According to Miss Ada Murray, secretary of the branch, the course peas. milk, cheese, etc. in home nursing will again be given next fall. In addition to this the tutes" naturally follow. Whether we Red Cross will offer a course in home dietetics, or "Food in Its Relation to for our pocketbook to decide. Health" to those who have taken the other course. These courses are open to all the women of the north Lesson o. "Milk the Indispensable !

Asked to Register

those wishing to enter the course many of us use them? next fall register at once.

failed to register in time that the be varied in many ways for the ap-course was late this season," she petite of the sick or well. said. "If the women will register for Lesson 9. "The Use of Sugar." Its the new course this spring, we will food value, its production and distribe able to start on time."

The new course will include the following subjects:

Lesson 1. On "Planning the Day's Food," shows that it is possible to plan attractive menus without monotony even in these days of the high cost of living, on a small sum.

What Food Does for Us

Lesson 2. "What Food Does for Us"-what part does it play in the

Lesson 3. Vegetables and Fruits" are better than pills and sanitariums. Preventives are taking the place of

Lesson 4. "The Body's Need for Protein." Various ages require varying amounts of this essential which you know more familiarly as meats,

Lesson 5. "Meat and Meat Substisubstitute or not is largely a matter

Milk Is Invaluable

Food." As a protection to health milk is invaluable.

Lesson 7. "Cereals, the Best Re-Miss Murray requests that all turn for Your Money"-yet how

Lesson 8. "Bread, the Staff of "It was due to the fact that many Life," to both the poor and rich can

bution should be a matter of inter-

Neglected 'Pre-School' Age." Lesson 15. "Special Diets." AWKWARD PLACE FOR AN ECHO

he producer.

use and abuse.

An extraordinary echo is produced by the high hills surrounding a golf course in the south of England, and it is feared that a three-mile limit and clergymen. -From Punch, Lon-

SELL THROUGH WANT ADS

est to the housewife as well as to HUNCH-IF ATTACKED BY SNAKES, WHISTLE; THEY'LL DIE SHAKING

upon the lower organisms.

will send a healthy cockroach into an | parish bulletin. emotional trance which finds expression in a rhythmic dance. High strains produce an ecstatic response which has every semblance of the

Similar results have been observed a popular dance step. Experiments, Hat. carried on by a Reed junior student, showed similar response in a captive mouse, which danced a "fox trot" to a tune whistled in its ear.

LIGHTLY CLAD; MUST DON OTHER COSTUMES

The cure in the town of Villeneuve Saint-Georges, France, has added Lesson 11. "Beverages and Food; The shimmie is fast becoming the something new to the church's cam-Accessories." Are they necessarily popular indoor sport of cockroaches. paign against indecent dress by pur-This fact was divulged at Reed chasing a white dress and announcing Lesson 12. "Proving Whether the College, Portland Oregon, recently that all brides who come to this Food Supply Is Adequate." Malnu- when Dr. Helen Clark, head of the church to be married, lightly clad, trition exists among the rich as well Reed psychology department, de- will be escorted into a room and rescribed the effect of dance music quired to don the more suitable costume. The cure's announcement Miss Clark says soft, tuneful music is made in the latest number of the

SAFETY FIRST

Driving an automobile without being covered with full Insurance, Fire, Theft, Collision and Liability, is like jumping into the Lake unable to swim; no one in sight and you expect to be in the angleworm, which has wriggled rescued. Come in and investigate and shivered in perfect cadence with The Continental Auto Insurance Association. Claim paid at the drop of the

> Clark T. Northrop, 556 Center street.

Winnetka. Another little girl run over on Wed-

Self Service Zone



House Furnishing Section

FOVNTAIN SQVARE EVANSTON

The Economy Basement Has the Needed Summer Togs for the Children

Boys' Blouses are here at

89c

Neat, well made blouses of light stripe percale, plain blue or striped gingham. For boys of the ages 8 to 15 years.

Excellent values at 89c each.

Oliver Twist Suits for Boys are but

\$1.95

These smart, yet very practical Oliver Twist suits have plain colored trousers, white blouses, collars and cuffs to match trousers.

Sizes 2 to 6. Just \$1.95.

Children's Rompers, Sizes

2 to 6 Years, Choice, \$1.25

white checked gingham rompers. Sizes 2

For Tots of 6 Months to

2 Years—Creepers at 98c

blue and pink percale; made in slipover

Creepers of white butcher's linen or of

to 6 years; \$1.25 each.

styles. Choice at 98c.

Children's blue and white or pink and

Boys' Plain Blue Play Suits, Priced from \$1.25 to \$1.49

-Dandy little play suits with neat cuff on sleeves and trousers edged in white. Reasonable at \$1.25 and \$1.49.

> Children's Overalls, in Sizes from 2 to 6 Years, are 95c

They are plain blue or blue with red trimming. Made with bib and suspenders. Practical for play-wear. Your choice, 95c.

> Children's Coveralls — Just the Thing for Summer—\$1.79

They are of dark striped material, have plain blue collar, cuffs and belt. Sizes from 2 to 6 years; \$1.79.

> These Striped Gingham Play Suits—Reasonable at \$1.98

-Also some in plain gingham; made peg-top, straight knee, button trimmed. Sizes 2 to 4. Splendid at \$1.98.

Women's Mercerized 75c Hosiery, a pair . . . 75c

Women's mercerized black or white seamless stockings, in sizes from 81/2 to 10. They are splendid values at 75c a pair.

Longcloth Night Gowns are Here in Sizes 2 to 18 Years

Longcloth night gowns, with neck and sleeves neatly embroidered. At 65c, 75c, \$1.25 and \$1.45.

> Children's Fine Ribbed, Light Weight Hosiery, 49c

These full-of-wear stockings are in sizes from 6 to 91/2, in white or black. Choose from them-49c a pair.

Wemen's Pure Thread Silk Hose are

They are of fine quality, either in black, white or brown. Sizes 9 to 10. Choose from them at \$1.49 a pair.

THE STATE OF THE S

Bracelets

Bracelets are steadily becoming more popular and are now the most acceptable gift in jewelry. They are made flexible with all diamonds, sap-Thires or emeralds, or alternating diamonds, sapphires and emeralds.

They are also made in green gold, platinum top, engine turned or engraved with a few stones spaced an inch apart.

Priced at \$25.00 and upwards.

Charles E. Graves & Company Jewelers and Silversmiths

> MADISON ST. AND WABASH AVE. CHICAGO