

CAMP FOR BOYS TO BRING BACK HEALTH

Camp Gray, Saugatuck, Michigan, To Take Care of 300 Undernourished Chicago Breadwinners

The urgency of assistance for the undernourished boys of Chicago, especially in families where they are needed as breadwinners, is shown in the records of the Employment Certificate Bureau of the Board of Education. Dr. Emma M. Appel, medical examiner of the bureau, told of a number of pathetic cases of youngsters eager to help support their families who have applied for working certificates, but could not be given them because of their physical condition.

Nathan, a Jewish boy, who will be 16 years of age in a few months, applied for a certificate the other day. He weighed only 72 pounds. The youngster cried when he was told that he was too small to work, he was so anxious to help support the family.

Desertion

Another youth had a sad story. His father deserted the family seven years ago, and took with him the baby girl of the household. She died soon after the desertion. The grief over her death affected the mother's mind. Since then the grandmother has been supporting the family on \$4.50 a week. The boy weighs only 74 pounds. His heart is bad, and he is not strong enough even to deliver telegrams.

Still another lad of 14, weighing only 53 pounds, recently applied for a working certificate. This youth has shouldered his mother's anxieties, especially for the past three years since the death of his father. They had a mother's pension for a year, but now that the boy is 14, that will cease.

These are only a few examples of cases that daily come to the attention of the Employment Certificate Bureau. An opportunity to rebuild about three hundred of such underfed boys will be afforded this summer at Camp Gray Saugatuck, Michigan, under the supervision of the Forward Movement association. These boys will be taken to the camp, given proper food, regulated rest, and the right amount of exercise, and will be returned to their homes in Chicago physically fit to become breadwinners for their families. The Forward Movement is seeking to raise \$35,000 for this purpose. This sum, it is estimated, will take care of at least three hundred boys and rebuild them to become healthy, useful citizens.

Dr. W. R. P. Emerson, of Boston, considered the greatest nutrition expert in the country, is spending a week in Chicago to show to the public school system the need for a "nutrition department."

Remove Cause

"We must first remove the cause of malnutrition," said Dr. Emerson, "then build up the boy to normal and keep him there. The school and the home are the places to do this. About thirty per cent of the children in the country are undernourished, and we can get them well. It will take an average of ten weeks, but nearly every child can be brought to normal, if we can get a nutrition department in the school system in every city and town in the country."

"It is not alone the poor that need attention, in fact, in Chicago we found a higher percentage of malnutrition among the rich. The Stockyards district, where one would expect the children of the poor would be among the worst of the underfed, we found the lowest percentage of undernourishment. The potential causes for undernourishment are physical defects, lack of home control, over-fatigue, improper food habits and improper health habits. Poverty is not an essential cause, nor is riches. Both contribute, however. Heredity and obscure diseases also are only secondary. We find as much undernourishment among the rich as the poor. The children of the so-called well-to-do are the best nourished."

"In places like Camp Gray the great benefit is the supervision of the exercises and rest periods, as well as the diet. The youth who is below normal should not be allowed to exercise like his sturdier com-

panions and that is the great trouble of sending boys to camps where there is no scientific supervision of the boy from every standpoint. I look for great benefits to come from such institutions as Camp Gray."

Wilmette Lads "Pick Wildflowers" in Loop

The three children of Edward Kopper, 220 Wood court, Wilmette, Edward and Robert, the 5 year old twins, and Thomas, 3 years old, wandered away from home Sunday.

They said they met a man in the woods near their home, and he paid their way on the "L" to Chicago. Then another man gave them a ride on a Madison street car.

"We was goin' to Sunny school. Then Bobbie said: 'Why go to Sunny school? Let's pick wild flowers.' So we got on a choo-choo an' a man paid for our ride."

Thus Eddie explained their presence in Chicago. A woman found them vainly looking for wild flowers in the Northwestern depot.

Peter Fish, a Chicago photographer, brought the three explorers Chicago, brought the three explorers to a Chicago newspaper office and their father was notified. He took them home. The twins say they want to go downtown again some day.

THE ADVERTISING MAN IS BETTER, THANK YOU

There still remains with us an advocate of the old school of advertising. This is good. A man sauntered into the offices of the Winnetka Talk this week bearing the request that the public of Winnetka be apprised of his readiness to take care of all kinds of household work, from cleaning cisterns to polishing furniture.

"No display," he ordered. "Here's my copy. It 'ran' in a Freeport paper six years ago. It's modest and deserves a modest position in your paper. Make it 1x1 and be sure not to get it on the front page."

Fade out—the editor caught the swooning advertising man.

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Kellogg C. Flakes, 2 for 23c

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