### Winnetka Weekly Talk ISSUED FRIDAY OF EACH WEEK

The Lake Shore Publishing Company part of the work of the world, a 1222 Central Ave., Wilmette, Ill. Business Telephone ..... Wilmette 1921 Editorial Telephone ..... Wilmette 1920 ness of shirking. Particularly is this Winnetka Office Telephone. . Winn. 388 SUBSCRIPTION ...... \$1.00 A YEAR

Address all communications to the Winnetka Weekly Talk, Wilmette, Ill. take advantage of the unsettled conpassed to the waste basket. The same dition of all activity to point out the applies to rejected manuscript unless return postage is enclosed. Articles defects and to comment upon infor publication should reach this office by Tuesday afternoon to insure appear- efficiency as an excuse for nonparance in current issue.

Strictly in advance

Resolutions of condolence, cards of thanks, obituary poetry, notices of entertainments or other affairs where at regular advertising rates.

Illinois, as mail matter of the second class, under the act of March 3, 1879.

FRIDAY, MAY 17, 1918

### Get Ready For Summer

passed and early summer will soon deavor to better things. be upon us. But experience with the North Shore climate has taught us that when the warm weather most conspicuous the housefly.

screens are in good order, that there out at half past nine in the evening. a tight spiral, which slowly widened deaths before any one ever survived are no holes or ill-fitting frames. It In view of the fact that twilight in is important that the protection England under the summer time against the fly be in place before the schedule lasts until ten o'clock, it coming of the advance guard of the works out that going to bed when nuisance and that may arrive almost the light fades has come again into any day.

it is tight and whole. It is time to morning." look into the back yard of the neigh-

livery stables, or any place in which wildest imagining, in our daily and there is to be found a manure heap and nearer to that simplicity which in which the fly loves to breed. It marked the days of our grandmunity.

It is not enough to screen the house against the entrance of flies, though that is very important. It is essential that the encouragement to flies be reduced to the minimum. One should approach the question of flies with the conviction that if a city entertains flies it does so because the people in it are indifferent to the public health, insensitive to the presence of filth, for flies tell a story of dirt, neglect and general insanitary conditions which is as much to be relied upon as a danger signal potatoes for a meal, you need less as an evil smell.

## Conscientious Objectors

The conscientious objector has always been a troublesome factor in Agriculture at Washington for war time, and he is not in any sense limited to the men who refuse to don uniform because of religious scruples against killing their fellow men. We have always with us those who are constitutionally opposed to practically anything that means advancement or change from established conditions. We have those who are always ready with the suggestions that effort planned for one thing might be much better spent on another. We find any number of point and boil two minutes, stirring these conscientious objectors on principle, with conscience so attuned that it registers disapproval of whatever is on foot.

For the most part the conscien-

tious objection is simply an incident to self-deception, an excuse to the public for failure to take a proper fiction invented to cover a conscioustrue of war work, or activities connected in any way with the war, for there is a particular temptation to ticipation therein.

an admittance charge will be made or refuses to take his rightful place in the army is not regarded as a hero, Entered in the postoffice at Winnetka, exactly. Nor is his counterpart in the ranks of civilians likely to deserve that honor, for there is a a likeness of purpose and of disposition. They both prefer looking on We have had winter weather for at the work of others with an eye so long that is is hard to realize that to criticism, to helping in that work the months of spring have almost or trying to give impetus to en-

comes it will come suddenly and those parts of the realm not adwith it will be the summertime pests, jacent to the mines a law has been made effective which closes the down position, till it gained terrible old ones, and that was probably re-This is the time to see that the doors of all public places with lights vogue. As the London Observer re- but you cannot imagine what loss swarmed around and I set them to This is the time to look about the marks quite plaintively, "the fireside of control of an aeroplane speed work righting the plane and wheelneighborhood to see whether there seems to be the only resort after is near at hand any breeding place nine-thirty. The general effect will for flies. It is the time to consider be to send us to bed earlier, and prethe lid on the garbage can, whether sumably to get us up earlier in the

It is one of the strange things bor to see whether there is there any- about the war that, filled as the thing which is incompatible with the times are with inventions and aphealth of the people in the vicinity. plications of science which, to our It is the time to look into stables, ancestors, would have seemed the animals are kept to see whether private lives we are getting nearer is the time for vigilance and for re- parents. If through this simple livporting to the health department and ing we arrive finally to a new plane to the police whatever is not in ac- of high thinking we shall have much cordance with the regulations safe- to regard as compensatory in the guarding the health of the com- experiences through which we are passing today.

# **POTATOES**

INSTEAD OF WHEAT

Potatoes are plentiful but wheat is scarce. We cannot well export potatoes because of their bulk, but we can use them at home and save wheat for our boys "over there". Potatoes have high food value and body building properties. One medium-sized potato gives us as much starch as two slices of bread. When you have bread. Potatoes can save wheat. Potatoes make good bread and can be prepared in many palatable ways satisfying to the appetite. Here are two recipes. Use them and ask the War Emergency Union for others. Also write the U.S. Department of Bulletin No. 468, "100 Ways to Use Potatoes". It will be sent without charge.

Cream of Potato Soup

3 tablespoons fat

2 tablespoons corn or rice flour.

quart milk. 1/2 onion cut in slices.

11/2 teaspoons salt.

Pepper.

Celery salt. Cayenne pepper.

2 cups mashed potato. Melt fat and add flour, mixing

thoroughly. Then add milk and other ingredients. Bring to boiling constantly. Finely chopped parsley may be added just before serving.

Potato Bread

1 tablespoon syrup. 2/3 teaspoon salt.

1/3 yeast cake.

2 tablespoons lukewarm water.

## Battle With Death Told Schoolmate in Final Letter From Dinsmore Ely

Lieutenant Dinsmore Ely, local avia- doubt, fear, resignation (it was just tor, who died in a French hospital there that I was almost fool enough several weeks ago as the result of to give up., anger that I should think wounds received in action over the of such a thing, and finally realiza-German lines, recently received by a tion that only cool thinking would class-mate at the Massachusetts In- bring me out alive-and it did. From stitute of Technology in Boston and four hundred meters I spiraled down in which the daring flyer relates in with barely enough motor to keep detail one of his most hazardous ex- me from falling, in order that the periences in flight, will be of especial strain on the controls would be interest to Winnetkans and other minimum. The old brain was work-The conscientious objector who north shore residents who had been ing clearly then, for I made a fine deeply interested in the young avia- adjustment of the throttle and gasotor's career. The letter will meet a lene-just enough to counteract the response in the heart of every loyal resistance of controls, crossed in American. It reads:

was awaiting me. We flew in the fast enough so that it would hit the afternoon. I took the machine and ground into the wind in the next strong bond of union between them, a parachute and climbed to 1800 me- turn of the spiral, which I could not ters. We were only supposed to avoid. climb 1400, but I disobeyed and it England has a new curfew law. In grabbed a strut to hold myself in the If the wings had been bent a quarter

Plane Falls 1000 Meters

jack can imagine a million dollars. can was on guard. When a machine is upside down the "Leaving the machine in his care I change.

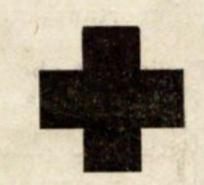
Feels Death at Hand that fall, when I found I could not stimulus to the charm of living." control the machine I believed it was perfectly aware of the danger. I uated this June.

15 ounces riced potato.

10 ounces wheat flour. Cook the potatoes without paring until soft, peel and run through the ricer. Soften the yeast in the water, add the syrup and salt. Add the riced potato and stir in as much flour as possible. Let rise until morning (or if started in the morning until very light). Stir in enough flour to make a soft dough, turn out on the board and knead in flour slowly until very stiff. Let rise until treble in volume and then make into loaves. The dough softens, so knead in the remainder of the flour at this stage. Put in pans and let rise until double in volume. Bake an hour, starting in a moderate oven (350° F.) and slowly increasing the temperature to a hot oven (425° F.).

The substitution of mashed potato for flour is not easy because the amount of water in the potato varies. In this recipe the amount of potato used is one and one-half times the weight of flour. This recipe makes one loaf.

> While Some One gives his Lifewhat are YOU giving?



Think a minute

All of the Red Cross War Fund goes for War Relief

One of the last letters written by | was wholly possessed in turns by order to counteract the bent wings, "My worst experience in the air and just enough to let the plane sink

Makes Perfect Landing

probably saved my life. I threw out "Allowing for the wind, I managed the parachute and took a couple of to control the spiral just enough to turns at it. After diving at the thing land on the only available landing and mounting again, I started into ground in the vicinity. The landing a round-versment with my eyes on was perfect, but the machine rolled the parachute. Unconsciously I went in the ditch and tipped up on its into a loop and stopped in the up- nose. As I had cut the motor just sidedown position, where I hung by before landing the propeller was my belt. I took the motor and stopped and not a thing was broken. of an inch more they would have carried me home.

"The machine fell in its upside- "The machines they use here are speed; then it slowly turned over sponsible for the accident. The weak into a nose dive, and I came out in spot of the Nieuport caused many into a circle at ligne de vol., but the to tell what had happened. Again controls were almost useless, and it the gods were with me, and I lived took all my strength to keep from to be the wiser. When I undid my diving into the ground. You know belt and climbed out of the machine what 'skidding' is. You can imagine my hands were never steadier or my what loss of control in an automo- mind more tranquil. Many Russians bile going at high speed would be, from the detention camp near by would be, any more than a lumber ing it over to a post where an Ameri-

stress comes on the wrong side of hit across country for the aviation the wings and is apt to spring them. field. As I walked through the brush-My plane had fallen a thousand me- wood the beauties of nature were ters, and the wings had been sprung possessed with a renewed charm. The out of adjustment so that the con- sea breeze, perfumed with the scent trols were barely able to correct the of pine, seemed a sweeter incense; the clouds wer more billowy. My step was wonderously buoyant for "I did not regain control of any I felt like one to whom the gods had sort till I was four hundred meters given special privilege to return from the ground, and then I could among the treasures of his childhood. do nothing but spiral to the left. In The passing of death's shadow is a

While at the institute Ely pulled my last flight. It was the first time on the 1918 Tug-o-war team two I have ever been conscious of looking years, and was in the 1916 Tech death squarely in the face. After Show. He was registered in Course the first hundred meters of fall I was IV from which he would have grad-

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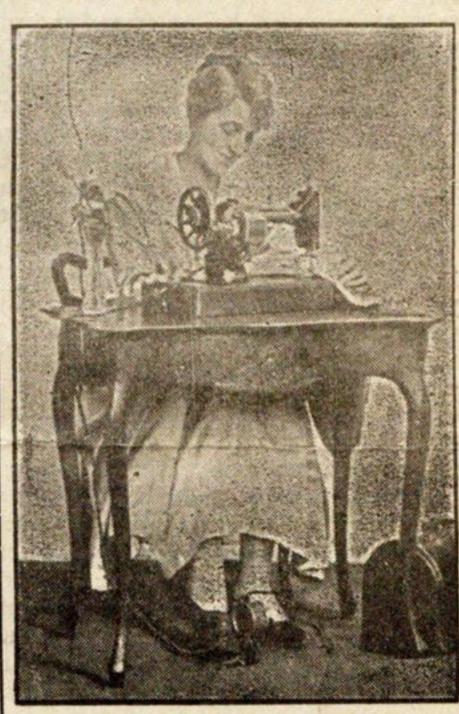
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