

# Winnetka Weekly Talk

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"My Country 'Tis of Thee, Sweet Land of Liberty."

FRIDAY, MAY 11, 1917.

## Early Morning in the Garden.

Gardening enthusiasm in May and in July constitute two different propositions. The air of a bright spring day is like electricity and people take hold of their first spading and planting with alacrity. But to bring the crop to fruition is another story. When the sun reaches its zenith and there is a mess of weeds to be rooted out, many of our garden novices will quit.

The old timers had their own wise ideas about garden work. They used to get up at an hour in the morning when it is a pleasure to work. Even on the warmest day the air is cool and pleasant in the morning.

People who work indoors can readily get a lot of physical benefit out of their garden if they would do it right. The sedentary toiler needs some form of active exercise in the open air. The many men who get out and play golf and tennis secure the physical activity that they need. Just the same results can be had by hoeing potatoes if one can only think so. The man who usually spends his days in a stuffy mill or store ought to feel a physical stimulus from an hour or two of work daily in the invigorating ozone.

If the indoor worker takes his garden stunt at night when he is dull with nervous strain and in a state of lassitude from bad air and a stooping position over a desk or machine, the additional exercise won't do him much good. If he will get up in the morning when it is cool and pleasant, he will feel the better for his exertion.

The gardeners must expect some lame backs and stiff muscles for a few days. They will have them just the same if they took any unaccustomed pleasure like tennis or baseball. But just as soon as stagnant tissue has been put to work, the body will improve from the more complete use of its powers. But the task will require only half the effort if performed at the coolest time of day, when the worker is refreshed from his night's sleep.

## Life in Army Camps.

As soon as our volunteer or conscripted armies are mobilized, the problem comes up of the kind of life they are going to live in camps. The first thing to be looked out for is their physical comfort. They need good food, well cooked, and plenty of it.

At the time of the Spanish war there were bitter complaints of the food served to soldier boys. Their hardships have made it difficult for many years to secure enlistments. On the Mexican border there has been much less complaint. The absence of scandal indicates that the boys were pretty well fed. The big armies now to be raised will present a greater problem for the quartermaster than was ever handled before. It will take a high range of executive ability to provide a wholesome and appetizing table for so many men.

It will pay to make the boys comfortable. The less their hardships, the more willingly they will do their bit. Patriotism thrives under difficulties, if it means raw food and lumpy beds.

The boys need pleasant recreations and some home-like surroundings. They will be put through some stirring physical stunts, giving them perhaps all the athletics they need. It may not be necessary to organize baseball and football leagues to work

off steam. But when the day's work is over, they need pleasant recreation tents where they can meet and form friendships and gain refreshment for another day. A good line of movie shows would do a lot to relieve the tedium of this hard working life.

Liquor and women always form a problem in connection with army camps and will need to be dealt with rigorously. If these boys are to be worthy soldiers of Uncle Sam, physically able to meet the tests of army life, the people who have money to make by encouraging vices must be kept at a distance. The churches and Young Men's Christian Associations have a great chance to provide wholesome facilities here for recreation, so that the boys will not be driven by dullness to seek diversion in harmful ways.

## Chances of the Soldiers.

When a young man enlists in the army with the war drums beating, there is a tearful time among his relatives. And yet, the chances are that thirty years from today, just as large a proportion of these new recruits will be alive and well as of the fellows that stay at home. Horrible as modern warfare seems, medical science saves by far the greater part of the wounded. A big share of the horrible losses of former wars was due to neglect of wounds and ignorance of treating them.

To balance the dangers of military service, there is the fact that the boys now enlisting are going to live very healthful lives. They will be drilling and practicing war maneuvers in the wholesome open air. They will become physically fitter, able to endure strains, full of good health and courage. For all who do not actually go into battle, it will give them reserves of strength and energy for years to come.

Meanwhile the boys who stay at home will for the next year or two be living largely indoor lives, working in stooping postures over desks, breathing contaminated air. There are always some who give way under these conditions and suffer serious impairment of vital organs. It's dangerous living most anywhere now, and as some humorist said, the bed is the most risky place as most of us die there.

Some people's idea of displaying patriotism is hanging out a flag and leaving it out in stormy weather so that it gets to look like a pink dishrag.

Uncle Sam having signed up with the Entente Allies ball nine, has been assigned a position out in the field.

There is a general agreement that wealth should pay heavily for the war, and everyone's definition of wealth is about \$1000 a year more than he gets.

Girls are willing to go out to domestic service nowadays if there are no children in the family and the mistress will do the cooking, sweeping and laundry work.

**SUBMARINE SLAMS**  
Torpedoes Topical and Typical Suggested by Periscope Observations Taken from Within the Editorial Conning Tower.

After complaining that there is no business life in the village, many of the residents send money away to other places to help produce business life somewhere else.

There is no trouble in getting instructions about planting the garden. Just ask a few friends and you will get just about 167 varieties of conflicting advice.

There is not an amateur gardener in New Trier but what would deny that he would be so unmannerly as to spit on his hands. They all expect to wear gloves.

There are some people who imagine that the proper way to subscribe to this unexcelled exponent of home journalism is to run to the next door neighbor's and borrow the current copy.

The price of gasoline keeps going up, but anyone in New Trier township who owns an automobile is supposed to have a lot of money lying around that he doesn't know what to do with.

After complaining because the birds are less numerous than formerly, there are a lot of people in the village who will turn their athletic

and hungry cats lose in nesting season without any bells on them.

In view of the great amount of land being broken up into gardens, in and around the village, it is a safe bet that the production of ragweed, wormwood, parsley, pigweed and all other known weeds will this year break all previous records.

All the Kaiser has to do in each 24 hour period of time is to travel from the East front to the West front and back again, quell three riots in Berlin, map out a full military program for all commands, decide on just how much food the people may eat, and personally distribute 100,000 iron crosses.

Ed. Weihe, who peddles joy wagons for a living, was recently ill for a few days, and was attended by one of the prominent physicians of the North Shore. When Ed. showed up at his sales emporium a friend asked him if he thought his doctors' medicine did any good.

Not unless you follow the directions," he replied. "And what are the directions?" "Keep the bottle tightly corked."

The young ladies of the village who go in for "lip-sticking" and the young fellows of the neighborhood who indulge in excessive "cigarette rolling" are making a decidedly poor start in life.

There is one reason why some of the fat men in the village always stay fat. When they get on a scales and find they have lost flesh they immediately laugh and chuckle so much about it that they gain flesh again.

Every man in the village is at liberty to tell the government how to run the Army; and the Government also is at liberty to put the advice in the Congressional Record, along with the other jokes.

The favorite sentence at the front is: "If I live through the war." It is indeed a terrible gamble with death which only the bravest men can take without flinching. And that causes the Captain to wonder why the Government insists upon conscripting single men first.

And that reminds the powder monkey that it is reported that everybody in the village will be wearing white stockings by next year. This will not matter much to the men, as they are proverbially modest about showing their socks, but it will probably give an impetus to the sale of high power spectacles.

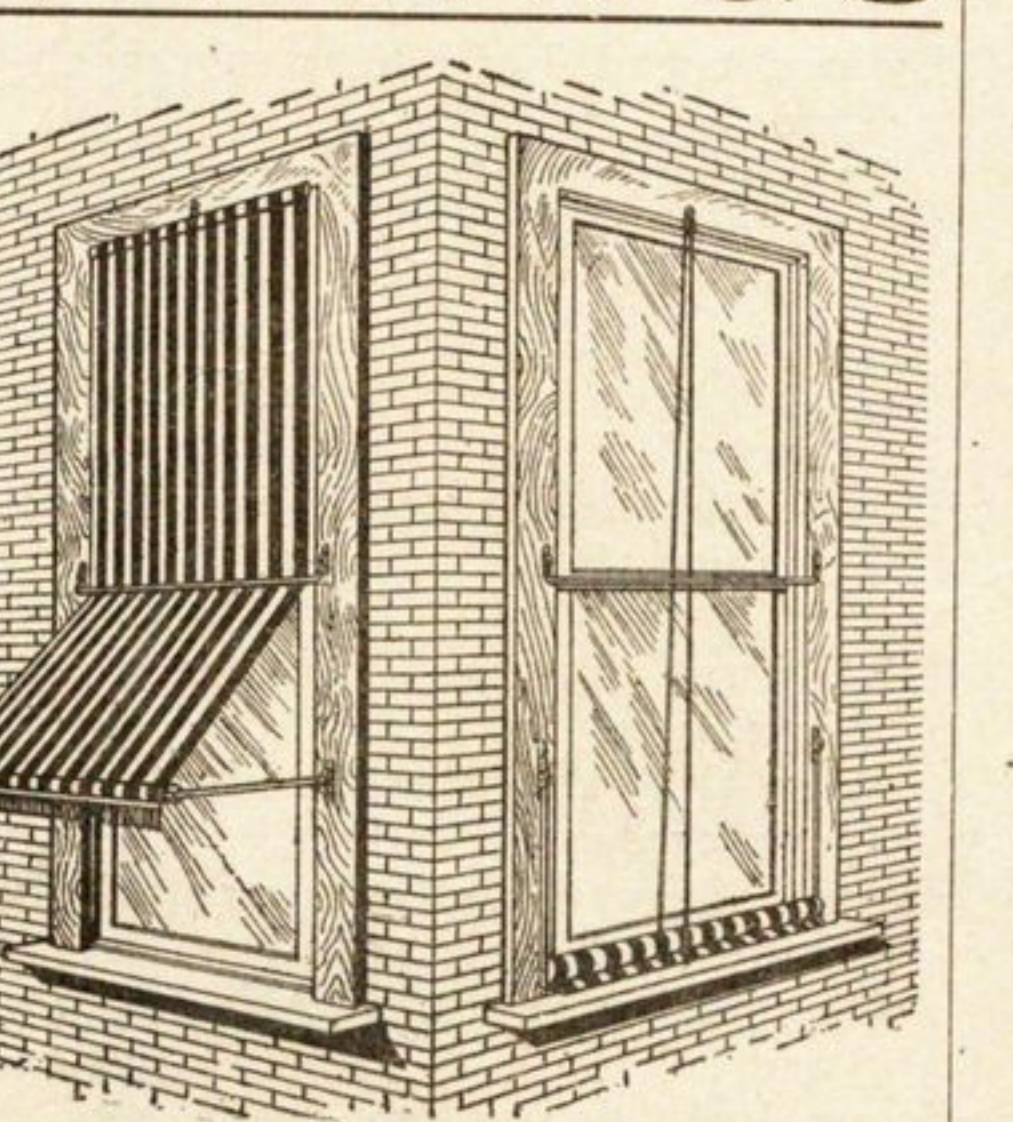
Speaking of spectacles, the bachelor brigade will have to invest in moon-gazing telescopes to locate the pork and beans at the local hash factory, if food stuffs mount much higher.

And: Necessities of life are so high that some of the poor people living along Sheridan road can only afford to eat the luxuries.

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Speaking of Sheridan road, although we haven't listened to every chicken story that has been told us this season, the report of the first mate that chickens are running wild along that thoroughfare leads us to contemplate the sending forth of a scouting party of one, with the hope of effecting a capture.

And, in conclusion, the old tub went into dry dock last week to have the engines cleaned which accounts for the non-appearance of the conning tower through the sea of ink, last Thursday. Thanking you one and all.

Look Over the Other Pages.

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