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## Laurier to host national conference on psychomotor learning and sport psychology

WATERLOO – Wilfrid Laurier University is hosting the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) annual conference, Oct.20-22, at the Delta Waterloo in Waterloo, Ontario.

SCAPPS aims to promote the study of sport and exercise psychology, motor control, motor learning, and motor development in Canada, while encouraging the exchange of views and scientific information in the fields related to psychomotor learning and sport psychology. This year's annual conference features the following keynote addresses, which media are invited to attend by [registering in advance](#):

### **Why self-control seems (but may not be) limited, by Michael Inzlicht**

Friday, Oct. 21, 9:45-10:45 a.m.

Michael Inzlicht is a professor of psychology, cross-appointed as a professor at the Rotman School of Management, and a research fellow at the Behavioural Economics in Action group, all at the University of Toronto. Inzlicht conducts research that sits at the boundaries of social psychology, cognitive science, and neuroscience. His most recent research interests involve self-control, where he borrows from affective and cognitive neuroscience to understand the nature of self-control, including how it is driven by motivation.

### **SCAPPS ... a 30 year journey, by Patricia Weir**

Friday, Oct. 21, 3-4 p.m.

Patricia Weir is a professor in the Faculty of Human Kinetics at the University of Windsor, as well as the dean of graduate studies. Her research interests lie in identifying changes in motor performance with age, and the factors that contribute to successful aging.

### **The evolution of science: The consequent challenges and opportunities in the case of physical activity message framing, by Amy Latimer-Cheung**

Friday, Oct. 21, 3-4 p.m.

Amy Latimer-Cheung holds a Canadian Research Chair in physical activity promotion and disability, and is an associate professor in the School of Kinesiology and Health Studies at Queen's University. The overarching goal of her research program is to increase physical activity participation among adults with a mobility impairment in an effort to minimize disability and maximize quality of life.

### **Performance psychology and sport psychology: The chicken and the egg, by Kate Hays**

Friday, Oct. 21, 6:30-7:30 p.m.

Kate Hays holds a PhD from Boston University and has practiced psychology since 1971, first in New Hampshire and currently in Toronto. She is a fellow of the American Psychological Association and a fellow and certified consultant of the Association for Applied Sport Psychology. Hays is listed in the United States Olympic Committee Sport Psychology Registry. She is founder of the Toronto Marathon Psyching Team and currently serves as co-director. In 2004, she received the Bruce Ogilvie Award for Professional Practice from APA's Division of Exercise and Sport Psychology.

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### **The role of sensory feedback in motor actions, by Stephen Scott**

Saturday, Oct. 22, 9:45-10:45 a.m.

Stephen Scott is a professor in the Department of Biomedical and Molecular Sciences at Queen's University. He is also a member of the Centre for Neuroscience Studies and the CIHR Group in Sensory-Motor Systems. Spanning the specializations of systems neuroscience, cognitive/behavioural neuroscience and clinical neuroscience, Scott's research focuses on how different regions of the brain are involved in motor control and learning.

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