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## Waterloo Lutheran Seminary to open holistic counselling centre in honour of former principal and dean Delton Glebe

WATERLOO – Waterloo Lutheran Seminary will open The Delton Glebe Centre, a new holistic creative counselling facility to serve both the community and Wilfrid Laurier University, on Oct. 4 at 11 a.m.

Located at 177 Albert St. in Waterloo, The Delton Glebe Centre will offer counselling and preventative mental health services to individuals, couples and families living in Waterloo Region as well as working in partnership with Laurier's Student Wellness program and Muslim Social Services of Kitchener-Waterloo.

Delton Glebe, a former principal and dean of Waterloo Lutheran Seminary, recognized the importance of pastoral care and counselling education and was instrumental in the beginning of the counselling degrees offered by the seminary in the late 1960s. Since that time the counselling programs have grown and hundreds of students have graduated to work in various capacities throughout Canada and beyond. The new centre is being named in his honor to recognize his vision, his commitment to "learning by doing" and his service in the community.

Central to The Glebe Centre's mission is to be a place for holistic creative healing which pays particular attention to diversity and multifaith issues as they pertain to the health and wellness of individuals, couples, families and communities. The model of counselling will encourage creative healing opportunities using art, music, drumming, play therapy and talk therapy, among others. The centre will be a practicum placement site for students enrolled in the seminary's counselling programs, professionals seeking supervised practice for certification and for some contract professional counsellors. The centre will work in collaboration with the requirements and expectations of the new College of Psychotherapy of Ontario.

The media and general public are invited to attend the opening of The Delton Glebe Centre on Oct. 4, starting at 11 a.m. at the Keffer Chapel, Waterloo Lutheran Seminary. For more information or to set up an interview with Principal Dean David Pfrimmer, please contact Kristine Lund, assistant principal and director of the Pastoral Counselling programs, at 519-884-0710 ext. 2246.

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