

NEWS RELEASE

Wilfrid Laurier
University



Art exhibition highlights human interconnection with nature

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WATERLOO – The Robert Langen Art Gallery will host an opening reception for an exhibition of watercolours and acrylics, entitled Protection, from 4 to 5 p.m. on Wednesday, October 5. Artist Sheila Karrow will be on hand to discuss the exhibition, which is on display from October 5 to 29.

Influenced by early Canadian landscape painters, Karrow’s images illustrate a necessity between the human spirit and the land. Composition and technique are evident in her work as she strives for extreme detail, combining both realism and abstraction. Karrow shows the interdependence of living matter by using the organic forest colours of green, ochre and sienna.

“What has died becomes the body for new life – there is no end. Light and dark imagery reoccur in my forest and coastal scenes, as I explore fragile ecosystems and precious landscapes we can no longer take for granted,” said Karrow. “I feel connected when I paint among the tall trees in an old growth forest where time stands still, yet new life and ages past both share the same space. I found my spirit in the forest and by the water, and there I left it.”

An award-winning artist and teacher, Karrow lives with her family on the Queen Charlotte Islands in British Columbia. She spent several years teaching high-school visual arts and English before redirecting her life to focus on parenting and creating art.

As Wilfrid Laurier University’s visual arts centre since 1989, the Robert Langen Art Gallery provides knowledge, stewardship, appreciation and enjoyment of Canadian art and culture to the local community. The gallery is located in the John Aird Centre and is open noon to 5 p.m. from Wednesdays to Saturdays. Admission is free.

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