

Wilfrid Laurier University



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Laurier students organize 18th annual run for charity

Waterloo, ON (Nov. 6) - Recreational runners can get a late Fall workout and help out a local social service agency at the same time by participating in the 18th Annual WLU 3Km/10Km Run on Nov. 26.

The run, which replaces WLU's Early Bird Run normally held in March, is being organized by a group of WLU physical education students as part of the requirements for a course on organization and administration in physical education and sport-related programs.

Both runs begin on Bricker Street at 9:30 a.m. and will end at the WLU Athletic Complex. They are both open to the public and to both men and women. Registration is \$10 for the 3km run and \$12 for the 10km run, and includes parking and change and shower facilities at the WLU Athletic Complex. Food and refreshments will also be provided throughout the contest.

Runners will race in one of three divisions: Junior (18 and under), Open (19 to 39) and Masters (40 and over). Awards will be presented to the top three finishers of each division, and there will also be draw prizes. Free official race T-shirts will be given to the first 30 people to pre-register.

Net proceeds from the runs will go to Habitat for Humanity.

Registration can be done by mail before Nov. 17. Call Melody Nanaimo at (519) 884-0431 for a registration form. There will also be a special registration on the day before the race, Saturday, Nov. 25, at High Impact Athletic Footwear in Waterloo Town Square, from 10 a.m. to 2 p.m.