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NOTE: Coverage of this two-day
conference is invited.

People must learn art of being well
doctor tells health care symposium

Trevor Hancock, associate medical officer of health in Toronto, believes that people must learn the art of being well, which may have little connection with anything doctors are doing.

He made the remark at a recent seminar at Wilfrid Laurier University, a forerunner to a two-day conference on the future of health care to be held at Laurier May 2 and 3.

A second health professional at the forerunner seminar, Norman White of the health sciences faculty at McMaster University in Hamilton, agreed.

He said that as many as 30 per cent of all hospital admissions may be caused by errors in treatment, and that both over-treatment and over-investigation in hospitals make people sick.

Dr. Hancock will lead a seminar at Wilfrid Laurier University, during the two-day health futures conference. There will be 31 seminars in all.

Some of the topics to be addressed are organized medicine: whose interest is served?, patients' rights, relaxation techniques in managing stress, teaching the art of being well, and social support and chronic illness.