

026-1976
Richard K. Taylor
March 16, 1976

For Immediate Release

Professor who Denounced Sending Milk Powder
to Guatemala Publishes Non-Milk Cookbook

Dr. Grace Anderson, Wilfrid Laurier University sociologist, has just published a 92-page Non-Milk Cookbook for those allergic or intolerant to milk, or unable to digest milk for genetic, cultural or other reasons.

Dr. Anderson received national newspaper, television and radio publicity last month when she said that Canada's gift of 100,000 pounds of powdered milk to earthquake-torn Guatemala could cause serious problems since three-quarters of Latin-American Indian adults cannot digest milk.

Her Non-Milk Cookbook, distributed nationally by The Treasure Trove, 16 Union St. East, Waterloo, at \$2.95 a copy contains an introduction by Dr. Ivan T. Beck of the Queen's University Medical School, who said the book is "long overdue." Thousands of new Canadians are among those unable to digest milk.

The cookbook, in addition to providing recipes for breakfasts, lunches and dinners, lists a large number of commercial products that can be consumed by those adults who are milk-intolerant or allergic.