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For Immediate Release

Physical Education Major
of Special Interest to Teachers

Wilfrid Laurier University's program in physical and health education is expanding to allow a student to take the program as a second major in a bachelor of arts course.

Students must still take a traditional major, such as English, sociology or biology. The university feels the double major will be particularly attractive to students planning on becoming teachers.

David Knight, WLU director of athletics, said the courses will allow graduates to become effective teachers of physical education. They will be well prepared to coach the various sports programs in elementary and secondary schools.

"The courses will have a practical orientation with special emphasis on coaching," Mr. Knight said. "Six Wilfrid Laurier University coaches, augmented by guest lecturers from the community, will be involved in the instruction program."

The new major, with its second of the student's choice, will turn out teachers qualified to teach in two areas, thus increasing their career potential.

It seems to be an attractive offering: all summer session courses in the new major were promptly filled.

Among the courses to be taught are introduction to team sports, personal and community health, care and prevention of athletic injuries, administration of physical education, and theories of coaching fall and winter sports.

The university has taught courses in physical education for many years. It is able to increase its offerings now that it has increased staff and a \$2 Million athletic building. The building contains such facilities as an olympic-length swimming pool, basketball and squash courts, weight-lifting rooms and other facilities including training rooms, saunas and whirlpool facilities.

Dr. Gerald Vallillee, dean of arts and science, said it seems particularly appropriate that the new major, with its emphasis on the improvement of physical education teaching, should be headed by David Knight. Mr. Knight was named Canadian Coach of the Year in 1972.