Newspaper Laws.

We call the special attention of Pos gasters and subscribers to the following sy sopsis of the newspaperlaws:

1. If any person orders his paper discor tinued, he must pay all arreages, or the publisher may continue to send it until pay mentis made, and collect the whole amount whether it be taken from the office or not There can be no legal discontinuance until paymentismade.

2. Any person who takes a paper from the post office, whether directed to his name or another, or whether he has subscribed or not is responsible for the pay.

8. If a subscriber orders his paper to be stopped at a certain time, and the published continues to send, the subscriber is bound to pay for it if he takes it out the pos office. This proceeds upon he ground hat a man must pay for what he uses.

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AGRICULTURAL

MANURE AND ITS APPLICATION. Farm-yard manure is taken as type of manures, because it contains all the constituents removed from the land, and again restored to it in a form in which they can be made readily available.

The carbonic acid and salts of ammonia, produced by its decomposition, cause water to dissolve more rapidly the mineral constituents.

An artificial manure can be theoretically compounded to take the place of farm-yard manure, but it must contain all its mineral constituents. The farmer must return to the land whatever has been removed from it, for if the constituents of a soil be abstracted without making compensation, it is at the cost sooner or later of impairing its fer-

As bones furnish only two substances to crops, science as well as experience indicate that they are more likely to be useful when used as auxiliaries, for example, with farm yard manure. If on churn, turn sharply half a dozen ing, always adding a little water. When first application will produce good re- churn into sieve, turn butter out on add a little more water to the pan and sults. A constant repetition is productuents necessary, the accumulated stores of bone earth will immediately begin

these constituents which have become over surface, a little at a time; roll up of three eggs, the simple dish forms ingredients of plants is removed from and repeat till all the salt is used. the soil.

After a series of years and a corresponding number of harvests, the fertility of the soil or field diminishes; the place in the composition of the soil after harvest, is the probable cause of its diminished or lost fertility.

excreta of men and animals, the lost pearing people live on the plainest food. or diminished fertitity is restored. of decayed vegetables and animal mat- millionaires who would no more be perter which contains a certain proportion mitted to pertake of such meals as are of the constituents of the soil. The excrements of men and animals represent the ashes of the food consumed and man than they would be allowed to is completed. Nutmeg and vanilla are which has been derived from the soil. use articles that were known to be pois- usually liked best. It requires far The urine contains soluble, the solid excreta the insoluble constituents of the soil derived from the crops, used as live on meat, warm bread, all the but- than it does if added just as it is re-

been removed from it in the crops. composition is accomplished by the res- self enough to ruin the digestion of gives life and taste to what is considertoration of its fertility. It is therefore an ostrich. certain that one of the conditions of fertility of the soil is the presence in it of certain mineral constituents. A rich and fertile ground contains more of

these than a poor barren one does. Vegetable and animal matter and excreta when in the soil, undergo putrification and show exidation; the nitro- The breakfast is varied by corn bread, cupfuls of finely chopped tart apples. gen of their nitrogenized constituents well done, a little zwieback and someis changed in the putrification and decay times stale bread dipped in egg and into ammonia, and a small part into nitric acid, which is the product of ox- cracker crumbs and browned with butidation or decay of ammonia.

In animal manures, therefore, not only are plants supplied with the mineral substances which the soil must they are allowed. For dinner, which sprinkling in among them a generous yield, but they are also supplied with is the middle of the day, they have those parts of their food which the some well cooked meat, one or two vegeplant obtains from the atmosphere, tables, a cup of milk if they like it, or the dish into a larger dish of hot water supply is a clear addition to it in large quantities, and do not repeat till the land is exhausted. The which is a very light meal, frequently is an attractive dish on the table, if better way is to give it a more moder- consists of graham crackers or brown well made. A plain cake, only moderate quantity and repeat it often. ity of manure, and the kind of crop. of a workingman, there were five child- served with a sauce, makes a plain and

ing to the nature of the soil, the qual- A few days ago, in a call at the house ters, with cinnamon sprinkled over, and The best mode of application is to spread ren seated at a table, on which was a acceptable desert. the manure as early as possible on the large dish of meat, swimming with surface of the ground, at a time when gravy, in which potatoes had been cookit is not saturated with moisture or ed. These potatoes were saturated with bound up with frost but in a season fat and almost impossible for digestion of showers.

gredients will in from ten to fifteen smoking from the oven; parsnips fried en. An old whisk broom is a good days, according to the amount of rain, in lard and reaking with the grease; brush for removing dust and ashes from be washed into and retained by the stale cucumbers, shriveled and wrink- the stove, although some would pre-

practice; the soluble matter is washed and two pies, with crust containing so into the ground, under and immediately much lard that they looked absolutthrough the soil hence the result is in- this the children were indulging in equality in the crops of such fields. | quite as much as they pleased. They contain their phosphates and alkalies in and ferocious appitite. Two of them the most soluble state should be ap- had pasty, unhealthy looking complied in the spring; on heavy soils it will answer to apply them in the fall, but before the ground freezes.

DAIRY GLEANINGS.

Ropy milk is often due to a disor-Licensed Austioneer, for the County of Grey. dered state of the liver. Give a fair harges mederate and satisfaction guaranteed. dose of epsom salts (three-fourths pound) to each cow, and follow this with a dose each alternate day of the following: Bicarbonate of soda, one ounce, extract of taraxacum four drams, extract of gentian four drams, water three quarts. Dissolve the taraxacum and the gentian with one and a half undoubtedly have said that they gave pints of the water (hot), and the bicarbonate of soda in remaining half pint. Mix the whole, and give them when sufficiently cool.

will bring the butter in a reasonable their lives. length of time, and it is an excellent plan to keep a memorandum of the temperature of the cream, the temperature of the room in which churning is done, together with length of time of the churning. After such a memorandum has been for a while, one will be surprised at its usefulness. And, in fact, unless one is blessed with a phenomenal memory, a memorandum of the dairy operations will be found to be of bene-

Prof. G. L. McKay finds from repeat- but once. ed experiment that the flavor of butter, other conditions being equal, depends largely upon the right degree of acidity, and to the frequent stirring of the cream during the ripening process, which promotes the development of many of the lactic acid germs determined that his infant heir shall small tub or something of that kind

changing the flavor of butter from one to three points where the same lot of cream is divided and ripened to different degrees of acidity at various temperatures. Ripening for a long period and without stirring, is liable to produce bitter flavor, and low temperature is more favorable to the growth of the germs which impart such flavor.

It takes 150 pounds of butter at good market price to pay for the keeping of a cow one year. At the standard of 4 per cent. of butter fat, that amount of butter will require about 3.509 pounds of milk. Therefore a cow must yield 3,500 pounds of milk, say 1,700 quarts, to just stand even with her owner, if butter is made. In order to give a fair profit on the invest- disturbance of that organ. Simply prement, a cow should yield at least 5,000 pounds of 4 per cent. milk, which would produce say 240 pounds of butter. The value of skim-milk, if it is handled with skill and intelligence, will be about \$15

The Royal Agricultural Society England gives the following rules: To brine butter, make a strong brine, two or three pounds of salt to one gallon of water. Place straining cloth over mouth of churn, pour in brine, put iid on churn, turn sharply half a dozen the bone is deficient in bone earth the minutes. Then lift the butter out of cooked, remove each apple carefully, and work gently till all superfluous a small cupful of sugar, and cook and tive of no increased fertility, but by moisture is pressed out. To dry-salt stir for ten minutes. Then pour over the addition of other mineral consti- butter, place butter on worker, let it the fruit. When cold it will be found drain ten to fifteen minutes, then work incased in a clear jelly and of fine flagently till all the butter comes together; place it on the scale and weigh; vor. This looks inviting and is sure to

A PLEA FOR PLAIN FOOD.

and Valuable Lives.

It is not a generally understood fact, feetly smooth and done, then sugar to but a fact nevertheless, that some of the taste added, a pinch of salt, a bit By means of solid or liquid manure or the wealthiest and most luxurious ap-Solid or farm-yard manure consists There are children in the families of make a good apple sauce, and there is given to the children of many laboring should be added as soon as the sauce onous. Many a mechanic's little ones sweet enough, if added while cooking, food, and reaped from the soil, it re- ter they want, and that of an inferior moved from the fire. covers those constituents which have quality, coffee as much as they choose, Thus the restoration of its original and cheap bakers' cake, which is in it- or even a spoonful of vinegar added

breakfast of catmeal or some other cupful of sugar and one cupful of milk. cereal and milk, with bread at least Water can be used, but of course, does twenty-four hours old, a little, very little butter, sometimes none at all. ter, half a cupful of flour, and three ter. A fresh egg is often the only arti- to invalid or healthy taste. Butter cle outside of farinaceous food that that which the air at all times affords. weak cocoa, with plenty of bread and ter, and cook in the oven three hours. In applying barn-manure, some use butter and a simple dessert. Supper, bread and milk, or the pudding eaten The quantity used will vary accord- with a little molasses or maple syrup. low pan, and covered with apple quarby any person of ordinary constitution. The soluble organic and mineral in- There were hot rolls, soggy-looking, and

On light soils mineral manures which ate like little wolves, with an unnatural plexions, one was evidently suffering with some skin disease; the elder of the group had an ugly-looking eruption on his face and ears, and the entire lot were living examples of the results of a mistaken system of feeding. It was no surprise to the visitor to hear, a few days later, that two of them were very one hopelessly so, with cholera

> morbus. That the death rate among such people does not increase with frightful rapidity, is the one thing that the thoughtful persons and philanthropists

never cease to wonder at. The parents of these children would the little ones the best they could afford, but this was just exactly the cause of all the troubles. They gave them too much and too expensive food. A proper diet would have cost a third of The aim in churning should be to the money, and would have saved health churn at as slow a temperature as and doctor's bills, to say nothing of prevent fruit jars from cracking when

FAILED BUT ONCE.

Don't be afraid. Come right in--my wife's out. Have a little something Here's a nice quality of old-Good heavens, man, you've got the wrong bottle! Look at that label! Don't you see it's marked "Poison!" "Oh, that's all right. That saves i from the hired girl. My own invention, mother has done so for twenty years or you know. Clever, isn't it? Never failed | more.

How was that? Hired girl couldn't read.

MUSIC FOR THE BABY.

HOUSE. THE

SOME USES OF APPLES.

Some physicians in the medical journals are trying to prove that free indulgence in apples will alone cure many disorders. This seems carrying the matter to extremes, for while they are very wholesome for most people, their properties are such as tend mainly to increase the flesh,. Apples, if sour, have a direct effect upon the liver. One eaten before breakfast every morning goes far to prevent any irregularity or pared apples are apt to suit the taste and condition of invalids, sa- plain, baked, in their skins, with only a little water in the pan, and when nearly done sweetened to the taste. If cut around the middle circumference of the apple, one-quarter of an inch deep, before putting in the oven, the fruit has a uniform and handsome appearance. Another way to treat apples is to pare and core and fill with sugar before bakthen weigh salt-for slight salting 1-4 relish with invalids, and if covered with In the shape of the agricultural product of a field, the entire amount of the pound of butter. Roll butter out the pound of butter. Roll butter out the pound of worker and carefully sprinkle salt of three eggs, the simple dish forms a very wholesome and acceptable des-sert.

**The description of the d

Apple sauce is a simple dish, yet is often an appetizing accompaniment to either a plain or an elaborate meal. The fruit is best to be tart, pared and no speck allowed, cooked briskly in a bright saucepan, stirred often, till perof butter, stirred more and at once poured from the dish in which it was cooked. It takes but a few moments to as much difference between it and poor one as between a needle and a pin. more sugar to make sauce of any kind

If apples are sweet or of an insipid kind, not a decided flavor, lemon juice, ed a "poor eating apple." A good pud-The children of one family make their cupfuls of fine bread crumbs add one not give so rich a pudding. Add two beaten eggs, a large spoonful of but-Steam this pudding three hours, and serve hot, with a hard sauce, or sweet-

Jellied apples are dainty and suited a pudding dish and fill it with tart apples, pared, quartered and cored, bit of ground cinnamon. Pour over one cupful of cold water, and one of When cold it will turn out a solid jelly, ately rich, baked in a square, shal-

ABOUT BRUSHES.

It is well to have several brushes of various kinds to use around the kitchsoil, and insoluble matter can then be led, were soaking in cheap vinegar, and fer a wing. If it becomes greasy dip The method of depositing the manure on the field in heaps and leaving it so for a length of time is a bad on the field in heaps and leaving it so for a length of time is a bad on the field in heaps and leaving it so for a length of time is a bad on the field in heaps and leaving it so for a length of time is a bad on the field in heaps and leaving it so fill a good sized four-quart measit so for a length of time, is a bad ure, stood on one corner of the table, and it is ready for use again. There is a small sized scrubbing brush about adjoining the heaps, and cannot after- ely greasy. There was coffee, dark and three by six inches, which one can buy wards be evenly distributed by rain rank looking, and worse smelling, and for a nickel each at some stores; at others twent-five cents is charged for three. A quarter so expended proves a good investment. Use one for cleaning and polishing your glassware, another for washing such vegetables as carrots, beets, turnips, etc., keeping the third one for the regular scrubbing brush. It does the work as well as a larger brush and is not so clumsy to handle; besides, one can better clean around mop-boards, doors and corners with it.

For five cents buy a tiny flat paint brush; use it for brushing over the tops of buns or rolls with milk, beaten egg, or melted butter. Of course there are brushes made expressly for some of the purposes mentioned, but they are not always obtainable at a country town store; these are very good substitutes. Lastly, the ever useful nail brush-one of good, generous size.

DON'T BREAK FRUIT JARS. No matter what method you have to filled with hot fruit oblige me by trying this. Place a silver knife, fork or tablespoon in the jar and pour in the boiling fruit. A teaspoon is of conven-

ient size for jelly glasses. Simply have your jars clean-no heating, scalding, wet towel or anything of the kind is necessary. Set the jars in a row and as one is filled remove the piece of silver placing it in the next one to be filled and so on. I have used this way all the years I have kept house and my

If your jelly glasses have glass or metal covers discard them and paste paper over the top instead; there is then no danger whatever of mold.

SAVE STEPS.

One of the native Indian princes is Keep an old dishpan, candy pail Rege Hill, Ontation and the lactic acid germs that require oxygen for their propagation. Cream that is warmer than the atmosphere gives off odors, while cream that is cooler is liable to take them on. Quick ripening at a temperature of about seventy degrees. Lauder, Registrar. Office hours from 10 Deputy-Registrar. Office hours

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There is a great deal of uncertainty in the methods adopted to remove disease. Doctors are not free from this kind of thing themselves. The poor patient has to put up with a good deal of experimenting. The discoverer of South American Nervine takes too serious a view of life to play pranks of this kind. He does not think that these human bodies of ours should be fooled with. He has recognized that they are subject to disease, but, by scientific methods, he has learned that just as the watch is to be put in perfect repair only when the spring medicine. Nervine restores the main-spring is kept in running order, so exhausted vital forces that have led to with the individual, he remains in per- this tired, don't-care, played-out, miser

tres. Indigestion exists because the are weakened. Nervine builds up the nerve centres, from which come these forces, removes the causes of indiger tion, and then builds up the health com-

How many systems are ron down through nervousness. A stimulant may give ease, but it will not cure nerrous troubles. Nervine has cured more desperate cases of nervousness than and other medicine anywhere. And it does so for the same reason that it cures it digestion. The nerve centres are ranged, or there would be no victims of nervousness. Nervine rebuilds strengthens the nerve tissues, and bence its marvellous powers in diseases of

In the spring of the year the strongest suffer from general debility. The poverished, and the fect health only when the nerve centres able condition. No one can take a bottle of Nervine at this season of the

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tic waters, yolks of of glycerine and a mond-oil, may all be with a single small ly increasing the son becomes habitu In infants, or in c ciation and weakt would be difficult through the mouth on the abdomen a REST

A distinguished has devised and el for the relief of a li who, while suffering organic trouble, ha condition which is ing. In nearly all

ful study reveals t to some severe str have been exhauste to perform its varie Under this meth rest cure, as it n necessary that the bed from three to to the nature of t should be bright of ventilation and it should be a smal tendant or nurse, v s to be the patier are not to be adm of all kinds neces and mental effort

In severe cases t fed, and on no acc lowed to sit up. be done by the nurs be a woman the hal by the nurse. Two measures are the place of the o cise-massage and e may be employed to an hour every noon. Even the fac not be neglected. muscle of the body stimulated with th Neither of these n

the expenditure of tient's nerve force, time the general nu The remainder of sists in a carefully matic course of feed bathing and other The benefits to be part of the program in the regularity at the daily living. A scheme must be ar adhered to. Very few if any

supplement the tre

cure, but entire ch

should be left to

NOON AS NATURI Persons who kee themselves are of t hour of noon is the of life. At that tin undergoes serious mach has dispatched and sends scouting of another. The eye goneness pervading sharpens the facility edge on the teeth. ing time, and ever healthy man or wo the demolition or is called a "good so who pay heed to the ture at this divine ward in good appeti excellent digestion, to all the good the But those who, follo dictates of fashion, dining until all na dead, and have to adventitious aids, l and discomforts wh become the plague

a well-known fact ! ers are healthier a have better chances LI DIETS Li Hung Chang at ent health which h ing his trying pro rope to his strict ese dietry and regim carries with him th and a vast store of ly ched Che-Kiang lerable antiquity, and finest brand. His E

the charms of Veuv