

C.N.R. Transfers Staff Members

Changes Were Made Necessary by Moving of Central Region Freight Offices From Montreal to Toronto

With the transfer of the Central Region Freight Traffic Manager's offices from Montreal to Toronto and the necessary staff re-arrangement, the following appointments have been announced by C. W. Wells, general freight agent, and approved by F. P. Nelson, regional traffic manager, for the Toronto territory, effective at once:

G. E. Smith, formerly division freight and district passenger agent, at North Bay, to be division freight agent, at Toronto. Mr. Smith succeeds F. G. Gould, who recently was made Assistant General Freight Agent, at Toronto.

G. H. Bush, formerly district freight agent, at Toronto, to be division freight and district passenger agent, at North Bay. Mr. Bush succeeds Mr. Smith, transferred to Toronto.

W. A. Townsend, formerly district freight agent, at Windsor, to be district freight agent at Toronto, succeeding Mr. Bush, transferred to North Bay.

E. P. Cronk, formerly freight traffic representative, at Toronto, to be district freight agent, at Windsor, succeeding Mr. Townsend, transferred to Toronto.

C. E. Little, formerly chief clerk to the general freight agent, to be district freight agent, at Hamilton. Mr. Little succeeds J. W. Sharpe, who has been transferred to Ottawa as division freight agent.

All officers are widely-known throughout the province both in railway and shipping circles.

Ski Folder Shows Jasper In Winter

It's A Skier's Paradise and Winter Playground de Luxe

A folder of interest to skiers, setting forth in picture and story the facilities offered by Jasper National Park in the Canadian Rockies as a winter and spring playground, has just been issued by the Canadian National Railways. This folder, entitled "Skiing in Jasper National Park," is illustrated by 22 attractive photographs depicting outstanding mountain scenes and skiing areas within easy reach from Jasper station, Alberta. Among these pictures are sweeping vistas revealing Jasper's scenic beauty, steep virgin slopes to test skiing prowess, nature-laid trails into vast mountain reaches, skiers in camp in mountain valleys, a mountain-top cabin, in-door scenes of camp life in the evening and miles of untracked mountain country. One of the main features of this folder is a three-colored map showing location of cross-country runs, downhill runs, chalets, motor roads, rivers and lakes, principal mountain peaks and railroad line, drawn to scale.

Equal to Europe's Best

Skiing areas equal to anything the best resorts of Europe used to offer, yet available in the heart of the Canadian Rockies, are described in this folder. Here skiers experience exhilarating holidays during the winter and spring months. Each year as skiing grows in popularity throughout the continent increasing numbers spend two weeks or more at timberline chalets in the midst of ideal powder snow conditions.

Family Life Must Be Kept Confident

Happy Home Atmosphere and Environment of Stability Essential to Children's Well-Being

The day-in-day-out horrors of the war are making adults tense, nervous, sad.

Recognizing to what extent their own emotions are affected by the war, thinking parents are asking themselves and each other, "What can parents do to give their children a feeling of safety, security and confidence in a world in which death and destruction have become commonplace, and might appears to be triumphing over right?"

A distinguished New York psychiatrist, Dr. Ira S. Wile, offers the following advice:

"Try and keep your worries from affecting relationships within the family circle.

"Remember that children—particularly children of early school age—are susceptible to the emotional atmosphere of the home. When adults are jittery, short-tempered, fearful children are quick to pick up these emotions.

"The home attitude should be one that is built upon confidence, courage and faith."

Sky Scanners of the Desert



These soldiers of an Indian division serving with the British command in the Middle East brush up on their anti-aircraft training at a base depot in the western desert. They answered Britain's call for aid from her subjects in the far-flung corners of the earth although India herself is trying to obtain independence from Britain. These sturdy desert warriors undoubtedly have played an important role in stalling the Italian drive into Egypt.

Bankers Urge Preparation For Post-War Adjustments

Bank of Montreal Officials See Need For Prudence and Protections Against Inflation and Speculation

The need for Canada, in the midst of the prosperity occasioned by wartime industrial activity, to prepare for the post-war adjustment was stressed at the 125th annual meeting of the Bank of Montreal by Huntly R. Drummond, the president. He warned against the dangers of price inflation and urged the exercise of economy and prudence by individuals, corporations and governments.

Mr. Drummond expressed satisfaction at the extent to which the war effort of the Dominion had been carried during the past year and said that, extensive as it was, it was only just beginning. Production of war supplies, he said, will be immensely greater next year and, of business generally, it is sufficient to say that practically every phase of industrial and commercial activity is reflecting the intensity of our war programme.

Value of Wheat Crop

He asked that more thought be given to the great potential value of our bumper wheat crop of this year rather than to the immediate embarrassment involved in the handling of it. Employment is at such a high level, he said, that we are approaching the point where it may be necessary, as in Great Britain, to curtail peace-time activities for the purpose of furthering the war effort. Stability in prices, Mr. Drummond said, is being sought through the efforts of the Price Control Board, and company profits are being largely eliminated by the Excess Profits Tax. It is, therefore, he submitted, the duty of the Government to see that wages, which form the major part of the

cost of manufacturing, are not unduly inflated.

The duties of the banks towards the maintenance of business and industrial stability and the prevention of excessive speculation were emphasized by G. W. Spinney, joint general manager, in his address. Mr. Spinney stated that the contraction shown in the bank's holdings of government securities on the balance sheet should not be misinterpreted in the light of the war financing programme of the Government. The fact that security holdings of the Bank had declined was actually, he pointed out, a healthy sign indicating, as it does, that war loans are really being subscribed to from the savings of the people.

Profits Satisfactory

Although profits of the bank were somewhat lower for the past year, Mr. Spinney said that the results were not unsatisfactory in view of the large increase in taxes paid. Revenues, he continued, had been augmented as a result, principally, of an expansion in commercial loans which averaged about 22 per cent higher.

Drawing attention to the high level of industrial activity, occasioned largely by the demands of war, Mr. Spinney remarked that "it is clear that we are rapidly approaching a position in which, by contrast with the past ten years, our principal problem will be the adequacy of the means of production."

The bank, he said, was determined to play its full part in the national effort, looking forward with confidence to the achievement of victory.

Salesman (after knocking in vain): "I thought you said she was at home?"

"Yes, sir, but I don't live here."

The old lady, buying some seeds, was being rather troublesome to the department store clerk.

"You're quite sure these seeds will come up very quickly?" she persisted. "I've left it very late, you see, and I want to be certain that they will come up at once."

"Madam," was the clerk's reply, "plant those seeds, and then jump out of the way if you value your safety!"

He is so practical that he uses the skatlon in his family closet for a coat hanger.

Canadian National Railways Revenues

The gross revenues of the all-inclusive Canadian National Railways System for the week ending November 21, 1940 were \$5,114,656 as compared with 4,839,150

for the corresponding period of 1939, an increase of \$ 276,506 or 5.7%

Modern Etiquette

BY ROBERTA LEE

1. Is it necessary for an employer to say "Good morning" to any employees he passes on the way to his office?
2. Isn't it all right to use slang in conversation?
3. What is a suitable tip to give a taxi driver for a short ride?
4. What is the meaning of a "cover charge" in a dining room of any kind?
5. When meeting a friend on the street, isn't it poor form to begin enumerating one's troubles?
6. Is it all right to ask a friend what his salary is?

Answers

1. It may not be necessary, but it is certainly unkind if he does not extend a simple greeting to those who are serving him. 2. Yes, if used sparingly, but it should never be overdone. It is not good form to use a slang word or phrase in every sentence. 3. If the fare is fifty cents or less, ten cents is sufficient. 4. A charge for the privilege of enjoying the entertainment, such as music and dancing. This is in addition to the price of the food. 5. Yes. Relating one's troubles constantly only magnifies them. 6. Never. Only a very tactless person would ask this.

What Science Is Doing

ICE CREAM FOR DIABETICS

A new ice cream for diabetics has been produced at the University of Illinois containing about 40 per cent as much sugar as the standard product.

T.B. REMEDY?

Mayo Foundation doctors have under investigation a new drug of the sulfanilamide group, called promin, as a possible tuberculosis remedy.

Two Mayo doctors reported that guinea pigs with experimental tuberculosis lived when treated with promin while all of the 20 untreated animals were dead in 82 days. Thirteen of the 29 animals treated with promin were living after 164 days. The Mayo doctors said this fact suggested that the drug was of value as a remedy.

WILL CUT CASUALTIES

Thousands of lives will be saved in this war and other thousands will be saved from permanent disability due to two major advances in medical science since the last war, it is estimated by McGill University medical research workers.

The already widespread use of sulfanilamide and its compounds will be a tremendous aid in fighting infections among soldiers, it was stated last week.

Another advance, described as a radical change in the treatment of compound fractures, will save many lives and many others from permanent disability. By this new treatment the antiseptics, after the area involved has been carefully cleaned, are done away with entirely. Instead, petroleum jelly packs are inserted in the wounds and the whole area bound up in a plaster cast after the bones have been properly set.

300 Kinds of White

One of the most difficult professions in the world is that of matching colours and tints. It cannot be taught like an exact science, for one must be born with a sense of colour. This, of course, improves with practice. One of the biggest colour firms has a huge laboratory stocked with special instruments for making and testing colours, but the final test of matching lies with the eye, and a well-trained matcher can detect no fewer than 100,000 hues and tints. If, for instance, one twenty-thousandth part of an ounce of red is added to an ounce of yellow, and the whole well mixed, the expert eye can see the difference between the mixture and pure yellow. The key men of this profession can detect the difference in more than 300 shades of white and almost as many of black!

Guaranteed CAR AND TRUCK PARTS Used - New

SPECIALIZING IN REBUILT MOTORS, POWER-DRIVEN Hydraulic Generators, Helix's, Winch, Car starters, Magnets, Carburetors, Rechargers, Servicing, Glass - Satisfaction or refund. Levy Auto Parts, Dept. J, Toronto.

Wife Rescues Mate Nailed to Flooring

Turning carpenter, a Memphis, Tenn., husband found himself with double trouble on his hands. After nailing down the flooring in his garage he discovered his trousers had been caught under a board and nailed fast.

Not only did he have to decide whether to cut himself loose from the trousers or to tear up the flooring, but he also had to figure out how to get enough freedom to pry the troublesome plank or to reach for his scissors. His wife came to the rescue with a crowbar.

How Can I?

BY ANNE ASHLEY

- Q. How can I patch woollen cloth more effectively?
- A. Use a thin sheet of gutta percha, which can be purchased especially for tailors' use. Place a piece of the tissue between the layers of cloth to be cemented, and then press with a hot iron.
- Q. How can I make a good sandwich filling?
- A. Add to 1 cup of chopped ham enough vinegar to moisten, and 1 tablespoon of peanut butter. Add celery salt and pepper as seasoning. Mix well before spreading between slices of bread.
- Q. How can I make a plant tonic?
- A. The water in which beef

Canadian Controller Of Ship-Building



D. E. Carswell, director-general of naval construction, who has been appointed controller of ship construction and ship repairs in the department of munitions and supply, with powers to expand ship-building in Canada to its maximum of production and efficiency.

has been washed is an excellent tonic treatment for plants, and especially for roses and geraniums.

Q. How can I check nose-bleed?

A. Pressing on the upper lip at the outer edge of each nostril often stops bleeding of the nose. A piece of ice rolled in cotton, or cotton soaked in ice water, may be inserted in the nostrils and pressure applied from the outside. Another method is to sit erect with arms raised above the head, and the head thrown back slightly.

Q. How can I remove a grease spot from the kitchen wall paper?

A. As soon as you notice a fresh grease spot on the paper, apply some cornstarch to it immediately. Work it in lightly with the fingers. Brush off and repeat until the cornstarch has absorbed the grease.

HEALTH TOPICS

Keep Colds Away From Your Baby

The Health League of Canada has issued a warning to mothers that this is a season of special danger to infants.

For this reason, the mother who gets a call from a friend who is suffering from a cold should not take baby with her if she visits the sufferer. Neither should she allow anyone suffering from a cold to come too near baby.

Baby should not be fed with spoons or cups which have been used by any of his brothers or sisters — or any other person — until the spoons or cups have been thoroughly washed.

This is the time, too, to give baby cod liver oil daily. The doctor should be consulted as to the right quantity. Orange juice is essential to baby, also.

FOR A HEALTHY HOME

The following are ten essentials for a healthy home:

1. A pure and sufficient water supply.
 2. A safe milk and food supply.
 3. Sanitary refuse and sewage disposal.
 4. Sufficient ventilation, heat and light.
 5. Space sufficient for ordinary family demands.
 6. Absence of excessive dampness.
 7. Screening against flies and mosquitoes.
 8. Protection against other insects and rodents.
 9. Protection against fire hazards and other accident risks.
 10. Adequate play space and sunshine for children.
- A healthful home improvement is interpreted by health experts to be one affording freedom from disease and the prevention of

STOCKING UP WITH OGDEN'S!



Santa will be stocking up a lot of roll-your-owners with Ogdens' this Christmas. As a gift, it's tops because it makes milder, smoother, more mellow cigarettes.



1/2 lb. tin 80¢
In a quality colored Ogdens' case.

pre-mature death and is associated with coldness, decency, convenience, and even joy in the daily routine.

Angler's (True) Tale

When J. Elmer Anderson caught two big fish near Winchester, New Hampshire, he took his catch and the scales to a notary public and obtained a legal document testifying that those two fish did in fact weigh seven pounds, four ounces, and six pounds, two ounces, respectively.

Dog's 70-Day Trip

Missing after a picnic at Green Cove Springs, 30 miles away, Monk, a bulldog, found his way home to Jacksonville, Florida. It took him 70 days.

FARMS WANTED

List your farm or suburban property with our real estate department for sale, as we have buyers waiting for the right place.

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ITCH STOPPED QUICKLY
Use DDD
Quick relief from itching rashes, hives, and other extremely uncomfortable skin conditions.
25¢ Bottle, at drug stores. 10¢ or money back.

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Car and Tractor Parts
NEW AND USED AT LOWEST prices. Used electric motors all sizes. Order booklets. Free money refunded. General Auto Supply, Kitchener.

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BRAY - THE CHICK BUY-WORD
For 1941, January delivery chicks should be ordered now. Limited number December. Write for list of Daily specials. Bray Hatchery, 130 John North, Hamilton.

YOU DON'T HAVE TO PAY MORE for Twiddle Chicks and you can't get more for your money. Ask your neighbours and compare with other chicks. Send for our early order booklet. You'll find it just what you need. We have several dollars per hundred by booking your chicks and taking them early and it is the early chicks that make the extra money. Twiddle Chick Hatcheries Limited, Fergus, Ontario.

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DISTRIBUTE 200 FAMILIX NECTARIES from door to door. There is a big demand for toilet articles, brushes, alimentary products, cleaners, etc. Sell for guaranteed satisfaction or money refunded. Read profits with your first sales. Increase your list of customers every day. Try this independent business without RISK. FOR DETAILS, communicate with G. St. George, 570 St. Clement Street, Montreal.

OPPORTUNITY

EARN MONEY AT HOME. SEND 25¢ for full particulars, address M. Ignash, 85 Selkirk Ave., Winnipeg, Manitoba.

PHOTO FINISHING

FREE! You Can Now Own complete set of beautiful silverware absolutely without cost, manufactured and guaranteed by you. You may have silver. Company offers free complete set absolutely free by sending your name to Imperial Silver, Free of charge. Send for complete set of eight pieces. Free of charge. Sent by registered mail and printed 25¢, or 5 reprints 25¢. plus your choice of a free calendar in each month of free silverware. To get the best in quality and service send your films to Imperial Photo Service, Station J, Toronto.

FARMS FOR SALE

SEVERAL CHOICE STOCK FARMS, near London, Ontario. E. Coote, Barrick, Dundas Street, London, Ontario.

DETECTIVES

AMBITIOUS MEN SEVENTEEN and over wanted immediately for secret-service and detective work. Complete training course by correspondence. Free information. Write to C. M. Julien, Box 25, Station T. Montreal.

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LEARN TO PLAY MUSIC, WRITE FOR musical quiz sheet, sample lesson. Name instrument. Correspondence Conservatory of Music, 367 Broadview Ave., Toronto.

MEDICAL

NATURE'S HELP - DIXON'S REMEDY for Rheumatic Pains, Neuritis, Drug Store, 335 Elgin, Ottawa. \$1.00 Postpaid.

GOLDEN HEALING OIL - A proven remedy for skin ailments. Obsolete cases of eczema completely relieved. Try this home treatment. A trial will convince. Six ounce bottle mailed, One Dollar. Dr. W. Price, 67 Carlton St., Toronto.

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Shorta Labor

President of Ontario Grow

Farm labor acute, will go on D. of the United States predicted in dress before convention.

"We farm like these privileges," workers are other industry to pay and higher wages camps are ta.

This situation acute as time ed to this d. pected to be below cost of SOLUTION 3.

"In spite of coming more farmer's dollar below par in has to buy. of most farm present condi farmer's of ed out of pro these essential stance bacon, due it at the still meet on tions."

The solution problem, according to organizer. "We must more in the education and Mr. Stauffer the time when farmers would "creating a way."

Keeping

It's ping pong when she takes after complete "Strike Up the Band" that this crowd to keep in cord some extent swimming spot day in her pod



The luxuries all right for some Anton Mon home life of her home in the Yukon Territory east of Whitehorse.

"It's the most the world if you tryed." Mrs. Mon 15 years haven there have been mixed with the been so very wa

Mrs. Money is in Vancouver so can go to school years of age and accompanied the trips through

Mrs. Money York and later set Toronto Conserv still only a girl with the Yukon and A of Anton Money tentative mining north.

Mrs. Money th much tinsel and the Hollywood vadian north, an books should be v made about it