

Mending Tips For Economy

These Suggestions If Followed Out, Will Save You Money

Mending sheets—Sheets are apt to wear first at the corners where they are pegged up to dry. A quick mending method is to bind or face the frayed edges with wide white tape, which is strong and has ready-finished edges that need no turning in.

Towel First-Aid—When Turkish towels wear along the selvedge edges, fold in single turns wide enough to give an unworn fold and herringbone the worn edges down to the towel.

Curtains—They may tear away or wear where the rings or curtain tape are attached along the top, while the curtains themselves are still perfectly good. Get 3/4 to 1 yard of new material matching as nearly as possible. Cut off the worn top portions and replace them with added double hems of new material. Attach the rings or tape to these, or reverse the curtains if preferred, so that the new hems are at the bottoms.

Invisible Mending—If your woollen frock or coat wears into a hole in some conspicuous place—say under the arm or where the stiff padding of the built-up sleeve has rubbed through—dam it carefully with thread of self-material. You can pull these out from the inside of the hem. Darn from the right side, cut off the ends closely and the mend is undetectable.

Strengthening Stockings—Most of us have a pet spot where all our stockings wear first—at the toe, perhaps, or the side of the foot or the heel. Before wearing new stockings lightly darn this weak spot with fine silk and it will last much longer. Shrink the mending silk first by holding it in the stream of a boiling kettle.

Button Tip—When sewing on buttons, always start on the right side of the material, placing your knot where the button will cover it. The thread is less likely to break or wear through if this is done.

Tennis Star's Beauty Rules

Alice Marble Describes Her Way to Health and Continued Good Looks

Alice Marble, queen of Uncle Sam's tennis courts, wants an ice cream soda. Before every match she says: "This time I'll really have my ice cream soda if I win!" She usually wins. So she never gets the soda!

Her coach, Eleanor Tennant, always says: "Now, Pinky, you know you'd rather have a rare beef-steak."

And Pinky (Alice Marble to us) says: "Yes, I would."

Miss Marble has found her way to tennis championships, restored her health and continued beauty by listening to her coach.

"I NEVER OVEREAT" "I never overeat," she explains. "I choose a lot of vegetables and drink lemon juice in water—not hot water."

"I practice the year round, play for exercise and fun, and jump rope daily to keep my figure trim and to improve my breathing."

She listens to a teacher who is determined that she shall keep her beauty. Her skin is even better than it used to be.

Alice never grips the racket and never contracts her muscles, but plays an easy game with good rhythm and timing. Such a system often makes the difference, she says, between imitating men and holding your own as a woman.

Woolens Need Airing Often

Moths Hate the Sunlight; Cedar Chests Best for Storage

Moths hate sunlight and fresh air. It's a good idea to take woolen garments out of dark closets and bureau drawers every so often, and brush and air them thoroughly. For storage, cedar chests with tight joints and tight-fitting covers are good. Tightly closed garment bags also furnish secure protection. Of course this must be laundered or well cleaned before being put away.

For killing moths and larvae stern measures are necessary. There are chemicals any druggist can recommend for doing the trick. But the best plan is not to let them get started. Moths live and breed in dark, undisturbed places. Give them the air!

A good stiff whisk broom or brush plays a part in the health of many woolen treasures.

When dry after washing, brushing will "fluff" long-fibred wool such as angora and help to restore all its original beauty.

Raise the nap of blankets, after drying, by brushing with a clean whisk broom.

Quality Counts Most

"SALADA" TEA

SERIAL STORY SKI'S THE LIMIT

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BY ADELAIDE HUMPHRIES

CHAPTER XXV

After Dan had found Sally and Corey, the rest of the trail down had been easy to make. Not only because the storm had lifted, as Sally had noticed, but because Dan had taken the precaution to note landmarks, a pair of twin pines standing solitary and alone, the frozen waterfall again, a certain big rock, small things in themselves, but guideposts that led to safety.

They did not say much until afterwards. There was no need for words. Afterwards there would be plenty of time to say all that must be explained and understood between them.

Corey knew, too well, that there was no need for him to say anything. When they finally had reached the lodge and warmth and security, he stopped and thrust out a hand toward Dan. He had gained control of himself once more; he was the old Corey, self-contained, almost arrogant. "Thanks, old man," he said. He wore his wide grin, but his blue eyes were narrowed. "You saved our lives again. The third time for Sally—and the third time is the charm, you know."

"That's all right," Dan said very briefly. He accepted Corey's hand. "Forget it. You'd have done the same." But they knew, all three of them, that that was not so.

"Well, so long," Corey dropped Dan's hand. "I want to get thawed out. You two probably have forgotten that you're nearly frozen. You won't miss me." His laugh was short. At his own expense. For Corey knew that this was one time he had not won.

"Sally, my sweet," he looked at her a brief moment, she was very sweet, she was too good for him, he knew that now; but he could make her one last gift, leave her with one kind thought for him, "the best man wins. And that's Dan, of course. He was always the best man. Sally, I tried to outsmart him. But it didn't work. Don't blame Dan for anything. So long, and good luck, to you both."

Before they could answer, he'd turned and left them.

"I MEANT TO COME BACK" Sally only looked after the tall blond figure, somehow gallant at this moment of defeat, a second. She turned to Dan, her dark eyes softly shining.

"I don't know how to thank you," she said. "To think you would risk your own life, Dan, to come after us. To think I ever stopped believing in you, even for a little while!"

"I don't blame you for that," Dan said. "I ran away. But I had my reasons. I meant to come back some day, when I could pay back all that I owed to you and your father, Sally."

Then he knew about that! Someone else had told him. Sally began to understand a little.

"Corey told you—that last night before you went away!" she said. That was what Corey had meant when he said he had tried to outsmart Dan. Poor Corey, who had thought he had to win, no matter what means he must use.

Dan nodded. "He told me a lot of things," he said grimly. "But we won't talk about that now. It's all past, and done. There are so many more far more important things we have to talk about now, Sally. Do you think you can get off those damp clothes, hop into a warm bath—get dressed again, and meet me

"I should have told you, later," Sally continued, for she must make him believe in her now, "but I still was afraid. I still wasn't the Sally I was trying to be. I didn't know that the only thing not to fear is the truth. No wonder you didn't believe in me, Dan! No wonder you ran away from my world."

"I thought you were laughing at me, I thought you meant to deceive me," Dan explained; "to carry on through with that first dare. That was what Corey told me that night. And that you were engaged to him."

"Poor Corey," Sally said. It was easy to forgive him now, to understand. Though he had broken his word to her, nearly ruined all their lives.

"I told you that the past is gone," Dan said. "The future is all that matters. I had an offer today, Sally. Beside the Olympics. That's not what I want, after all. I'm going to stay here, at a good salary, instructing, putting on exhibitions. I can begin to repay your father part of what I owe him. I can take care of you, Sally. If you'll leave your own world, and stay in mine."

"KING OF SKIS" He did not wait for her answer. He drew her to him, gently, yet forcefully. He found her lips. That first sweet kiss pledged their faith in one another more binding, more truly than any words.

"There's only one thing, Dan," Sally's dark eyes looked up into his, these soft color flooding her lovely face, "are you sure that you believe in me now, that I'm the kind of girl you want?"

For answer, Dan kissed her again. "You are the only girl I want," he said. "Queen of my heart."

"And you're the king," Sally said. "King of skis. For—I to me—ski's the limit, darling!"

(THE END)

Two Good Things to do!
WIN A WAR SAVINGS STAMP

Roll Your Own DAILY MAIL

ISSUE 36 '40

Be Well-Groomed On Time, Sense

It Doesn't Take A Lot of Money to Achieve That Fresh Faced Look—Know What Clothes Are Becoming

It's quite possible—in fact a fairly simple matter—to be well groomed, smartly dressed and nicely made up all of the time at a moderate cost in time as well as money.

Anyone will agree that it's not too difficult to be interestingly, neatly—even smartly—dressed on a limited budget. It's a question of knowing which types of clothes are most becoming, then refusing to be switched to types about which you have some doubt. And of planning your wardrobe well in advance of the date you intend to start shopping for it.

PLAN IN ADVANCE The pearl-smooth, clean-skinned look is largely a matter of proper cleansing and sparing use of make-up. Makeup, that is, which suits your own coloring.

If, instead of applying fresh powder over a layer of stale powder, and rubbing at your mouth with a rouge puff every time you happen to think of it, you will remove the old makeup and apply a new coat three times a day, you will have come a long way toward achieving the fresh-faced look.

SOAP, WATER, CREAM If, in spite of meticulous cleansing, your skin always seems a trifle muddy, follow the system screen and stage stars use for removing makeup. Most of them cleanse first with cream, then again with soap and water, and then manage to get their face clean without running the risk of dryness.

One of the fond recollections of my childhood is helping my grandmother dry apples. She used to string them in long strings and it was such fun; then later to help devour them was more enjoyable. Children like them to eat raw and they are very healthful. Apples contain just about as many vitamins as the orange, as also does the tomato,—so let us help the Canadian farmer!

There are several methods for drying apples. You can do it by evaporation or dehydration but for the simple everyday method, the sunshine is very reliable. The yellow transparents are an ideal apple for this purpose but any firm juicy apple will be a success. Peel apples, core and cut in thin slices; place on wire screens or racks (they must have a good ventilation to be a success). Place where they will have bright outdoor sunshine. Take them in at night. If the sunshine is continuous, two days will be long enough, but if not a steady heat leave them an extra day. Of course they should soak in water before using; then cook as any dried fruit. Try 1/2 cup of these in a fruit cake sometime and you will be surprised at the moistness it gives. Besides you need less of the more expensive fruits.

New Fall Shoes Are Trim, Genteel

Extreme Styles Disappear As Milady's Toes Are Covered Up

Shoes for fall have salesmen, who turn up their noses scornfully at the more extreme styles, enthusiastic. Very high, thick, wedge heels and wide-open toes are going to be harder to find this fall. And while there are many shoes with small-toe openings for early fall wear, there are lots more with the covered toes and heels that look attractively genteel after semi-naked summer feet. Most of these shoes have box toes to give plenty of room to toes used to open shoes.

MANY HAVE BOX TOES Black suede shoes with carved wooden heels, the wood in pale tan or the ruddy color of redwood, are new. There are pumps in various designs, many of them with wooden buckles to match the heels. Black suede bags, gathered softly with wide wooden frames, go with these shoes. Both open and covered toes can be found among them.

Square buckles of simulated tortoise-shell effectively trim other pumps, which come in a surprising warm shade near aquamarine, and in a dramatic purplish wine. A particularly lovely pump of black suede is trimmed with a graceful swirl of grosgrain, and there is a grosgrain trimmed suede bag to go with them.

Its Eighth Life In Berkeley, Calif., Henry Atkinson reluctantly drew a bead on his ailing cat, muttered: "This will hurt me more than it will you." He pulled the trigger; the gun exploded. The cat was unscathed. To hospital went Atkinson with a six-inch metal fragment in his chest.

MAKE THESE ECONOMICAL LAURA WHEELER CUDDLE TOYS

CUDDLE TOYS PATTERN 2622

These cuddle toys will cost you next to nothing and being made of but two pieces, with a touch of embroidery to finish them, take little time to sew. Just the thing for a bazaar! Pattern 2622 contains a transfer pattern of 3 toys; directions for making them; materials required.

Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly Pattern Number, your Name and Address.

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CUDDLE TOYS PATTERN 2622

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TALKS

By SADIE B. CHAMBERS

Let's Be Patriotic: Use More Apples

Someone wrote me a short time ago, that food columnists had been neglecting the subject of "Dried Apples." In the past we have said a good deal about apples and have given you two or three recipes using the evaporated apple.

If you have not before made the resolution to use more apples and help the apple growers (and incidentally our country's revenue) make that resolution today.

What a joy to live in this age, when almost everything we buy is graded. Always enquire about the grade when you buy and if one pays a trifle more it is money well spent for guaranteed goods mean economy.

Some tell me they have been disappointed at first in Apple Juice. Try chilling it. It is then a most refreshing and delicious drink. Have you tried the apple juice when baking your ham? It also makes a splendid liquid for jellies and this jelly to serve with cold meat is incomparable.

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JELLIED APPLES & RAISINS Choose the reddest apples possible.

4 apples
1/2 cup white sugar
1 cup boiling water
Thin shavings of lemon rind
1 tablespoon gelatine
1/2 cup cold water

1 1/2 cups apple syrup
2 tablespoons lemon juice
1 teaspoon chopped candied ginger
1/2 cup chopped seedless raisins.

Combine sugar, water, lemon rind and ginger. Boil three minutes; remove the rind. Drop in sections of red apples quartered and cored. Cook in syrup until clear, cover part of the time. Lift sections of apple out carefully so as not to break. Measure syrup; add apple juice to make up 1 1/2 cups. Soak gelatine in cold water. Add to lolling syrup and lemon juice. Many like to use a red vegetable coloring

which gives it a zestful look. When partially set add the apples and raisins carefully, folding them into the jelly. Pile in sherbet glasses, serve with custard sauce, or whipped cream sprinkling the top with a little colored (red) sugar.

APPLE & GINGER CONSERVE
6 cups of prepared apples
(I prefer the yellow transparents)
5 cups sugar
1/2 cup preserved ginger chopped

Put the apples (which have been washed, peeled, cored and chopped) into preserving kettle. Add the sugar and ginger, mix and allow to stand for 2 hours. Cook slowly, stirring occasionally until the apples are clear. Pour into hot sterile glasses and seal.

READERS WRITE IN!

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto." Send stamped, self-addressed envelope if you wish a reply.

Newest Furniture Has Graciousness

Former Hard, Cold Lines Give Way to Pleasing Curves and Curvings

The newest modern furniture shows a tendency among designers of modern to drift away from the cold, square lines toward gracious, pleasing curves—even curvings. The rather unlovely "packing case" lines of "Early Modern," so prevalent a few years ago, are seldom seen.

New wood finishes also are headed. And decorators and interior designers continue to advocate the combination of modern and traditional furniture in the same room.

MODERN FINISHES In walnut—always a widely used wood in modern—the newest of the bleached finishes is off-white. Alone or combined with natural walnut or other woods, this new blond tone is lovely against the increasingly popular pastel fabrics and wall paints or papers.

Black walnut also is used for the new, more gracefully-designed modern pieces. And between the off-white and the black, there is sultan, a smart in-between shade which is a ripper version of the old harvest tones.

VANITY TABLES Modern vanity tables are much simpler than they were a few years ago. The new types are designed from a functional point of view, and they don't make a woman feel like a movie star in disguise when she sits before one of them.

When Kitchens Need Attention

How to Keep Porcelain Sinks and Ranges in First-Class Shape

Repair all tap leaks promptly, if you would maintain a stainless finish on bathtubs and sinks. Even such an impermeable substance as porcelain enamel (fused directly on steel) is not immune to the deluging yellow stain caused by dripping water which contains a mineral deposit. If soap and water do not remove a stain already made, make a paste of powdered chalk and water, and apply generously.

RUBBER MAT HANDY To keep your porcelain enamel sink immaculately clean and free of scratches, use a rubber mat on the bottom of your sink when you use it for washing dishes. Such scratches may be caused by heavy iron frying-pans, but more frequently they come from the "feet" of chinaware itself. The ingredients of china are similar to those of porcelain enamel, and just as diamond cuts diamond, so china may scratch enamel. It is easy to avoid these scratches.

If you would keep the oven door of your range as clean and spark-free as the day you bought it, hanging a damp cloth on it while it is hot. Wipe off all stains and food droppings with soap and water after the range cools.

Likely to "Ration" Gold Wedding Rings

Britain's need for gold and the increase in marriages since the start of the war may result in the "rationing" of gold wedding rings. Under a scheme being discussed by jewelers, the thick gold styles will disappear and be replaced by a slim, narrower ring costing not more than £3 (\$13.35). Platinum and gem-set rings will not be affected.



To survive the struggle agriculture, science, women's work, international trade, industries must all throw in their lot together. The 1940 war-time exhibition shows how Canada co-operates.



Livestock breeders, farmers, faced with new problems will need to see newest machinery, and learn how to overcome wartime difficulties.



Many Agneses Noted Figures

Roman Martyr Is Honored on January 21 by Several Churches

The Agneses of this world have been leading figures in many real dramas. A very sterling Agnes was "the Roman virgin and martyr, who at 12 or 13 years of age was beheaded during the reign of Diocletian." Her festival is celebrated on January 21 by the Greek, Roman and Anglican churches.

St. Agnes Eve, immortalized by Keats, celebrated on January 20, was considered especially a holiday for women, when a girl by divination was supposed to see the form of her future husband.

The vindictive Agnes was Agnes of Austria, wife of Andrew III of Hungary, who devoted herself to avenging the murder of her father, Albert I of Germany. Agnes of Poitiers, second consort of the Emperor Henry III, led a life of hectic political intrigue in her struggles with the nobility, who, after her husband's death, succeeded in depriving her of the guardianship of her son, Henry IV.

THE MOST GLAMOROUS The most glamorous Agnes, and one of the most glamorous beauties of all history, was Agnes Sorel, the favorite mistress of Charles VIII of France, that rather weak prince whose throne was secured to him by Joan of Arc. Charles first saw Agnes when she was about 20 years old and remained faithful to her until her death. Her influence over him was supposed to have been beneficial.

Long-Distance Dog An Ohio sportsman took his dog to Texas. The Irish setter did not like his new surroundings and washing. Ten months later he turned up at his old home—1,500 miles away—in good condition.

Keep your face to the sunshine, and you cannot see the shadow.—Helen Keller.

Has Lead in Exhibit

ALAN

Since attending sin, North China solution there were tions were taken the entire China ed by the Chinese has been a lot life of Alan King periences have fish Empire an that he should in the sitting For Freedom" Industrial Chem Canadian Nat

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