

## Don't Be Afraid Of New Colors

Everybody Should Try Them Out — Experiment Instead of Staying Drab

This season, try out the new colors you'll find in the shops. Try combinations of coppery browns with black, try grey and brown together. Don't just shake your head when the salesgirl brings out a dress in an odd shade of green. Try it on. It may have just enough yellow in it to do something for your hair and eyes.

Don't be hampered in your choice of color because you consider yourself a blonde, brunette, or a brownie. The color of your hair does not mean nearly so much as does the color of your skin. Many brunettes look well in the traditional blonde color chateausse. Many of the blondes and redheads, too, look well in red.

If you can't trust your judgment in a shop, experiment at home. Buy big sheets of crepe paper in different shades and drape them around your shoulders. Sit in a good light in front of a mirror and see what each color does — or doesn't do — for you.

You may decide to break away from the drab colors you've been wearing. And you may emerge as a more colorful personality than you have ever been before.

## Knee-Pads Play Role



Bonita Granville finds a new use for knee pads when she bends down among the flowers when working in her garden. Miss Granville claims that the leather knee-pads are a great protection for her knees.

## Your Feet Show What You're Like

They Betray a Person's Own Standing — Being Well-Shod An Indispensable Part of Grooming

Your feet — the way you hold them when you are sitting, the way they look when you walk and what you wear on them — tell the world more about your age and what sort of person you are than your culture or the most carefully applied make-up.

### WATCH STOCKINGS

Shoes can be comfortable without being so sensible-looking that they detract from the charm of dress or suit above them. Wear low-heeled shoes by all means if you like, but see that they are smart, trim low-heeled shoes — not squat, dumpy ones. To wear with your best silk dresses, for occasions where no walking is required, have at least one pair with slightly higher heels and a not-so-sensible last.

### TOO OLD TO CARE?

Watch the stocking situation. It's a good idea to wear not-so-sheer ones for sports and during working hours, of course, but every woman needs filmy ones for dancing and dress-up occasions. They make the ankles and legs seem younger as well as slimmer.

You put yourself in the firm-to-old-to-care class the moment you think the time it takes to keep the legs free from superfluous hair is time wasted. You just aren't at your perfectly groomed best unless your legs are smooth and free from hair.

## SERIAL STORY SKI'S THE LIMIT

BY ADELAIDE HUMPHRIES

**CAST OF CHARACTERS**  
SALLY BLAIR — heroine. She had everything that popularity could wish for, except...  
DAN REYNOLDS — hero. He might have had Sally but while he was king on skis...  
COREY PORTER was king of the social whirl. So... But go on with the story.

Last week: Sally accepts Corey's ring in a moment of impulsiveness, thinking she will never hear from Dan again.

### CHAPTER XXI

The first thing that Sally did in the process of trying to forget the Sally that Dan had not wanted, was to destroy the letter that she had kept locked so long in her jewel case. She told herself that Dan was a coward, since he had run away. She told herself that the tables had turned, that she, the Sally Blair again, did not believe in Dan Reynolds. She would forget that she had ever known him.

She had no use for his letter now; she would never read it over again. She did not even read it when she took it out of its hiding place. She tore it into tiny fragments, deliberately, cruelly with the dangerous brightness in her dark eyes. A brightness that was not satisfied even then. She carried the fragments to the fire burning in the grate in her lovely bedroom; she tossed the pieces into the flames. She watched them crumple around the edges, shrink up into a pitiful small heap of gray ashes.

Like my heart, Sally thought, as she watched them — and leaned down swiftly to gather them into the palm of her hand, to let a tear fall on them. The last tear, she resolved fiercely, that she ever would shed over Dan Reynolds. If only she could have turned her love to ashes as simply as this, tossing it back into the flames again!

ENGAGED TO COREY  
She wore Corey's big diamond on the third finger of her left hand now. She was supposed to be engaged to him. Corey had made up her mind for her. Sally, dancing until dawn, partying, laughing, and playing the part of the gay gladiator girl once more did not have any mind to make up. Nor any heart. Only a dull emptiness, taking the place of the old ache, where her heart once had been.

"I hope you won't rush into this marriage," her father said. He was troubled about his daughter. He was not at all sure she was happy these days. She was too feverishly gay, too restless, too eager. Her dark eyes were much too bright to suit him.

He had hoped that if Sally must make a choice of one of the numerous young men who always had clustered around her like bees buzzing over a flower that it would be someone like young Reynolds. But he must have been mistaken in thinking that Sally had been taken with the lad. She would not have forgotten him so soon, when he went away unexpectedly. Sam Blair had been sorry about that. But he had been convinced that the lad had had a good reason; that in time he would return to offer it. He was not as convinced now that Sally, although she wore Corey Porter's ring on her slender finger, was in love with him.

### NOT IN ANY HURRY

"I'm not in any hurry to lose my little girl," Mr. Blair said. Especially not in any hurry to lose her to young Porter, he might have added. But he had nothing in particular against the boy, except that he was a bit wild, had had too much of the good things of this world. If Sally was sure he was the right man for her, her father would have to be satisfied, too. He did not see as much of Sally as he had for awhile, so that he did not find it easy to talk these matters over with her.

"Oh, I'm not in any hurry," Sally returned, stopping to lay a light curse on her father's forehead. That was not exactly true; she was in a hurry now. Outside Corey's horn already was honking impatiently for her to join him. Sally wanted to be in a hurry. Then there was not time to think — or to remember. "I'm not rushing into anything, Daddy."

She wanted to rush, to run, to dance — to live on the edge of excitement and thrills. Surely that was the best way to forget what might have been, not to think of what was going to be. The only way she knew to try to fill that aching emptiness. Oh, she was doing a real

good job, as she had promised herself she would, of being the old Sally Blair again.

### DO YOU LOVE HIM?

But not quite good enough to satisfy her father's keen, loving eyes. "Tell me one thing," he said, before he relinquished her after that light caress. "Do you love Corey, my dear? Are you sure he is the one you want? I rather hoped it might be someone else at one time or another. He did not need to name Dan Reynolds. Sally would know whom her father meant."

"There is no one else," Sally said. And flinched because it was so true. If only there had been, if only that someone had wanted her, then she would have been sure, oh, how sure indeed. "Don't fret about me, darling!" She dimpled at her father, in the gay old way, to reassure him. She laughed, almost too gaily; she blew him another kiss, before she ran out of the room, and down the long flight of steps, into a white world covered with a thick blanket of snow, the first of the season.

Corey jumped out of his roadster to open the door for her. His blue eyes surveyed her with admiration and approval. Approval that held the pride of possession. She was so pretty, his Sally, so sweet, so gay. Her dark eyes were so very bright, her cheeks so flushed. She looked so like a princess in her beautiful fur coat with its matching fur cap under which her dark curls escaped to frame her lovely face. She had been worth fighting for, worth waiting for, worth winning. And Corey had won, as he had always had known he would.

"I have a surprise for you," he told her, as they whirled along the white road at the fast, reckless speed that carried them through all the hours they spent together. "I'm going to get a party together, all the old gang, and go up to Lake Placid for the skiing. Soon after Christmas. The snow should be just right by then. We should have a very gay time of it. What do you say, my sweet, would you like that?"

### A SKIING PARTY

He threw a brief side-glance at her, wanting to see how she would like his surprise. But her face was averted. He only could see the sweet curve of her cheek, the long sweep of her lashes. She did not answer for a moment, so that he thought she might not have heard him and said again, "You would like it, wouldn't you, Sally?"

Her answer came promptly this time. "Of course, I'd like it very much, Corey," Sally said. She was glad they were travelling at such a fast speed. She was glad that Corey could not look into her eyes. That he thought she had not heard him above the roar of the motor. For then he would not be able to hear her heart's painful hammering. He could not see the pain in her dark eyes' depths.

At first, which was why she had not answered right away, Sally had wanted to cry out, No, no! She had wanted to say I don't want to go anywhere where there is skiing. I don't want to climb to the top of any mountain. For all of that would remind her too vividly, too painfully of Dan. Dan who had been the King of the skis. Dan who belonged in that white world of the big outdoors.

But Sally said, "Of course, I'd like it very much, Corey." She did not cry out in protest. What if it did bring back this stifling nostalgia, start her heart hammering again? It might remind her of Dan. Or it might prove that she had forgotten him. It might convince her that the things she told herself were true, that she no longer cared for Dan, that she no longer believed in him.

She had to be convinced of that some time. Or she could not go on pretending. She might as well take this way of facing it. Dan had left her world. She could go back to his. Perhaps then she could put him out of her heart forever, fill that emptiness.

(To Be Continued)

## Varied Autumn Hat Silhouettes

Off-the-Face and Forward Tilted Models Are Being Now Shown

Helen Liebert, one of the most retiring and most original of American hat designers, has been long established in the wholesale millinery business in New York. She is known primarily for her large-brimmed summer hats. She designs for the woman of taste and elegance, yet her name is unknown to many women who wear her hats. This fall she shows a wide variety of silhouettes, including off-the-face and forward tilted hats.

### CLEAN-CUT LINE

Miss Liebert is the only designer known who has already begun to search in out of the way places

## Housekeeping Is A Business

It Needn't Be Hard If You Go About It Properly

Here are some hints for the inexperienced housewife. First of all, don't have anything in your house that is neither useful nor pleasing to your artistic sense. Don't buy more furniture at the beginning than you really need. The more you have the more work to be done. You can always add later. Another thing, don't choose furniture that is only raised about half an inch from the ground — this will mean you'll have to shift it every time you clean, or gravel on your hands and knees.

ON TURNING OUT A ROOM  
New for the job of turning out a room. Sounds simple — but how many new housewives know just how to set about it. First brush thoroughly all small upholstered chairs and put them and other easily carried things out of the room. Then thoroughly brush all the larger upholstered furniture and cover with dust sheets. After that sweep the floor. If you have a large carpet which cannot be taken up easily, sweep the carpet first. Then leave the room for a while to allow the dust to settle. Return and dust every article in the room, clean the window ledges, top of the door and skirtings, also picture rails. Take down the pictures, dust and replace. Polish fur surroundings.

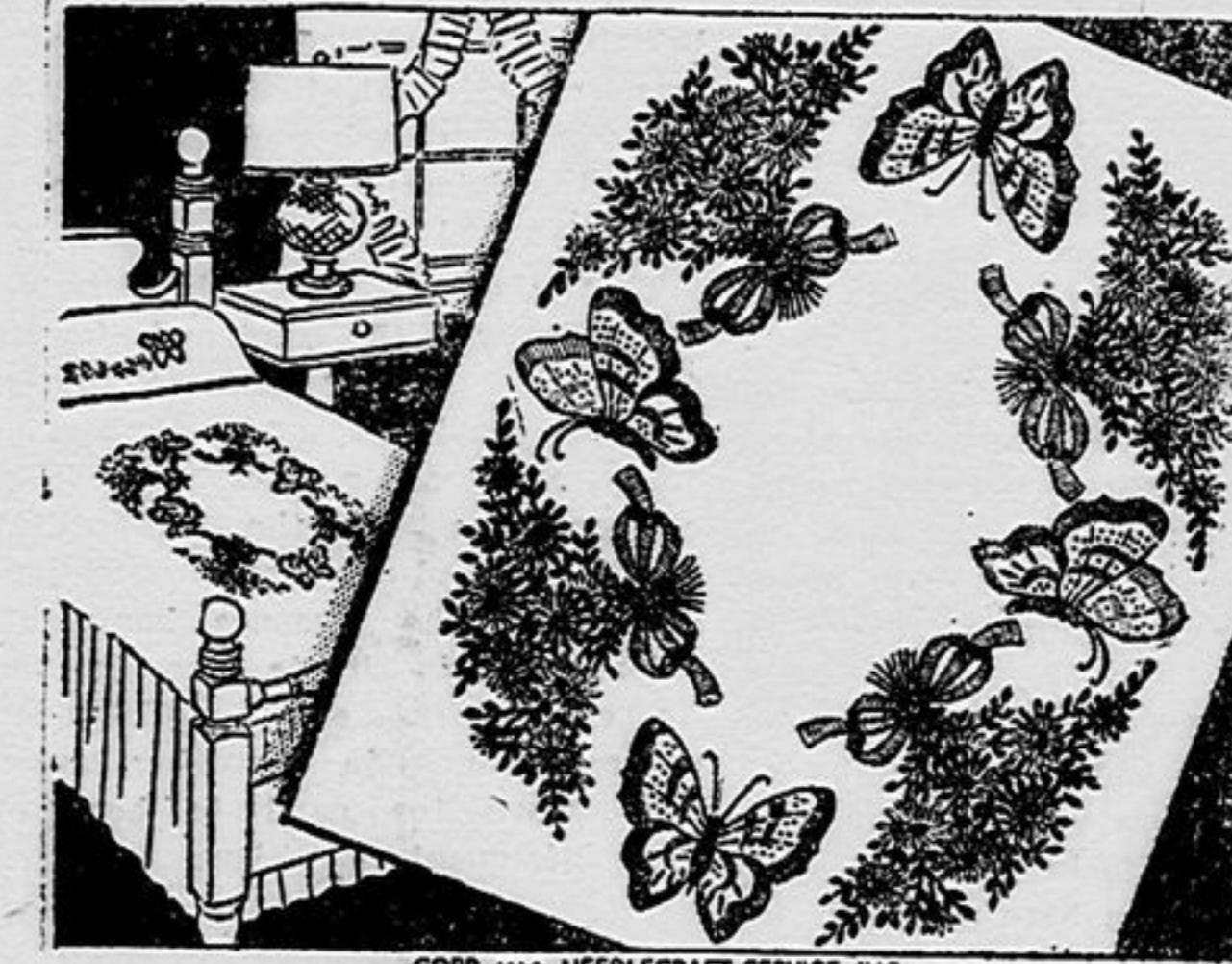
Use furniture polish twice a year after washing off the old polish with vinegar and water. Floors, of course, need polishing more often — a lot depends upon the kind of floor and the amount of traffic over it. Finally replace small furniture.

## Ottawa Says "No" In Wordy Fashion

It took 33 pages of paper and much searching of records to enable the government to answer "no" to a recent question asked in the House of Commons by J. S. Roy, Liberal Gaspé.

Mr. Roy asked if Gordon Ross of Quebec was employed by the government, if so at what remuneration and allowances for expenses. The answer was "no" and consisted of reports from 30 different departments, boards and branches of the government service, each stating either that Mr. Ross was not employed by that branch or that the branch had no information on him.

## Laura Wheeler Offers Ideal Leisure Time Work



Choose gayly colored floss to embroider these easily stitched butterfly patterns on your bedspread. Pattern 2555 contains a transfer pattern of one 15 x 20 inch, two 4 x 4 1/2 inch, and eight 1 1/2 x 2 1/2 inch motifs; illustrations of stitches; materials required; color schemes. Send twenty cents in stamps (cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly Pattern Number, your Name and Address.

for hand loomed American materials.

Sally Victor at the moment is as busy with her Red Cross work for child refugees as with her fall collection. She showed last week with contagious enthusiasm the thousand dresses she had cut on her premises — no small feat for a milliner. As for her hats, Miss Victor, who designs for debutantes and Hollywood, too, emphasizes the clean cut pompador line and her beautiful beaver felts in unusual shades will be something to own.

## Love Soars On Pinions of War

More people got married in 1939 than ever before in the history of England and Wales, according to figures released by the Registrar General. Most of the marriages occurred during the crisis and the war period of the latter half of the year. The marriage rate expressed in number of persons married per thousand of the population was 21.1. This is the highest on record and compares with 17.6 in 1938. In December 1939 there were 136,225 marriages as compared with only 90,716 in 1938.

## TALKS

By SADIE B. CHAMBERS

### "FOOD FOR HEALTH"

Last week I spoke of the merit of the publication, Food For Health, published by the Canadian Medical Association. Continuing with the advice written therein I believe it is timely to mention this week, the "Shopping Hints" and "Cooking Hints," two topics which are of present day value to every thrifty housewife who is interested in the health and economy of her family.

Those of you who are filing the writings of this column will have from last summer, my article "Hints on vegetable cooking." Some is a repetition, but I wish to give the information exactly as printed in the book "Food For Health."

### SHOPPING HINTS

1. Use foods "in season" when the price is lowest.
2. When fresh vegetables are high in price, buy canned vegetables, particularly tomatoes as they retain their total food value in canning.
3. Cheese may replace some of the milk or meat in ones diet. An ounce of Canadian cheese may be used in place of a glass of milk.
4. In buying the cheaper cuts of meat, select those with little bone or waste.
5. Foods in bulk usually are cheaper than those in packages.
6. When possible buy foods in large quantities to get price reductions.
7. Familiarize yourself with the meaning of "government grades" for food.

### COOKING HINTS

1. Use little water for cooking, except for strongly flavored vegetables.
2. Save cooking water from vegetables, or liquid from canned vegetables and use as stock in soups.
3. Cook vegetables with skins on, if possible. Otherwise scrape or pare thinly.
4. Don't overcook vegetables. Such vegetables as green cabbage and spinach need only 8 to 10

minutes cooking. Red cabbage, potatoes, and root vegetables need 20 to 40 minutes.

### WEEKLY FOOD BUDGET

To Insure Good Health For 2 Adults 1 Child. (Age 1 to 10 years).

Food	Amt. Per Week
Milk	8 qts.
Cheese	1 lb.
Butter	2 lbs.
Approximate cost	\$1.75.
Potatoes	10 lbs.
Fresh vegetables	13 lbs.
Dried vegetables	1 lb.
Fresh fruit	5 lbs.
Dried fruit	2 lbs.
Approximate cost	\$1.35.
Meat or fish	4 lbs.
Eggs	1 doz.
Approximate cost	90c.
Bread	7 loaves
Flour and cereals	3 lbs.
Approximate cost	80c.
Other foods and flavorings	cost about 50c.
Daily cost per person	25 cts.

### READERS WRITE IN!

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto." Send stamped, self-addressed envelope if you wish a reply.

## Children of Poor Need A Holiday

Neighborhood Workers' Association of Toronto Strives to Provide Outings in Country For Thousands of Children

In addition to the children and mothers sent each summer to Camp Bolton, the Neighborhood Workers' Association of Toronto, strives to provide holidays for some 1,200 children who for various reasons cannot be sent to camp.

Through the country home department these children are sent to homes within a radius of 150 miles from Toronto. The Neighborhood Workers' Association pays all transportation costs but no board is paid. Persons living in the country who have room in their home for one or two children generously co-operate with the N.W.A. by taking city children for a two weeks' vacation period free of charge.

N.W.A. PAYS TRANSPORTATION  
It is not expected that the hostesses will lay out any elaborate plan of entertainment for the child. Any home that can offer a garden — or a nearby green field (practically unknown to many children who live in the factory areas); three plain, nourishing meals a day, and a comfortable bed, can be a happy holiday spot.

FOR TWO WEEKS' VACATION  
Letters of invitation should be addressed to the Neighborhood Workers' Association, country home department, 22 Wellesley Street, Toronto. They should state clearly as to how many children are invited; the age and sex preferred, and give details of the best transportation route, and where the children will be met; also a letter of reference from the minister of their church. All children are medically examined before leaving Toronto.

## Salvage Old Wool To Make Blankets

Women's Institute Passes Along Thrifty Idea to Others

There's another bit of economy that can be added to the salvaging nearly every one is doing these days.

Rather than discard old socks, sweaters, bathing suits and underwear, in fact anything that has a particle of wool in it, save the garment for making blankets.

Scarborough Junction (Ont.) Women's Institute passes along the idea to other clubs who want to have warm blankets made at a reduced price.

FOR REFUGEE CHILDREN  
By sending twelve pounds of the woolen scraps to the Northern Textiles Company at Chesley, Ontario, a bed cover can be made for \$3.00, a saving of \$1.25, suggests the Scarborough Junction branch president, Mrs. A. C. Redpath. Special comforters in white, cream or pastel shades require the same amount of remnants, twelve pounds, and are woven for \$4 instead of the usual \$5.50.

As a beginning in having blankets made, the group has had three completed. One was sent overseas for British evacuee children and the remaining two are being kept for wherever they will do the most good — for refugee children or families in need.

## ENJOY ITS GENUINE MINT FLAVOR



GET SOME TODAY!

## Designed For Home Harmony

Curtains and Draperies Both Should Relate to Room's Colour Scheme

Windows should not only be decorative and attractive by themselves, but should also harmonize with the entire room.

Curtains and draperies serve a variety of purposes; they may also temper the light, soften the glass and woodwork, bring color and softness to the room and windows, and frame interesting views, give a feeling of privacy, and shut out unattractive views.

Colored curtains and draperies should relate to the color of the wall; patterned curtains and draperies should contain something of the wall color. A pattern that has from four to six colors may be repeated elsewhere in the room and it may establish a color scheme.

For a room without much pattern on the wall paper, or in books and hanging pictures, patterned curtains or draperies give friendliness and interest.

TWO ROOMS MATCHING  
Plain-colored curtains or draperies may match the color of plain walls, may harmonize with them, or may repeat some important color in a figured wall and at the same time harmonize with the rug and other furnishings.

Two rooms may be in harmony if the curtains are the same general color in both rooms, even though patterned in one room and plain in the other.

## British Women Doing Without

Give Up Luxuries As Result of New War Budget — "Just Make Do" Slogan As Regards Clothes and Cosmetics

British women must "make do." Cosmetics, silk stockings, household goods, kettles, clothes — all the things women in pre-war days thought essential — have been all ruthlessly cut for the duration of the war in Britain. And no hoarding either. Each must do her fair share of going without.

PRODUCE FEW NON-ESSENTIALS

The object of the new order is to make more goods available for the building up of export trade, to release workers and new materials for more important war work.

Thousands of men and women are engaged on the production of non-essentials and they will be all switched over as rapidly as possible to war work.

In consequence the humble articles of household ware that have been treated roughly when plenty more were available will be respected now that they cannot be replaced. Women will have to economize on their cosmetics, and coats and dresses will have to be "made over" and do for another season.

## "MIDDLE-AGE" WOMEN

NEED THIS ADVICE!!  
Thousands of women consulting "Try It First" with Lydia E. Pinkham's Vegetable Compound — famous for over 50 years in relieving female functional troubles. Try it!

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