

Making Jam For Soldiers

Ontario Women's Institutes
Now Preserving Strawberries
"Wholesale"

A group of Ontario women have donned their aprons rolled up their sleeves and gone into the business of making strawberry jam on a wholesale scale for Canadian soldiers overseas.

Launching of the jam-making campaign by the Federated Women's Institutes of Ontario and the Ontario Red Cross was an emergency experimental effort in the preparation of food for overseas consumption.

50,000 POUNDS JAM

The cooks were members of the Institutes in the counties of Norfolk, Lincoln, Wentworth and Peel. The Ontario Red Cross supplied the cans and labels.

Enough cans were sent out to various areas to take care of the production of 50,000 pounds of jam, according to Superintendent Mary A. Clarke of the institutes.

Swimming Is Her Hobby



Mary Howard, Metro-Goldwyn-Mayer starlet, selects as her hobby, swimming. Miss Howard is considered one of Hollywood's most accomplished swimmers and divers.

The Wise Wife Puts Him First

Aims to Make Her Husband Shine — Builds Her Home Around His Interests Too

In June the season of brides and many weddings, Ruth Millet, the well-known columnist has the following advice for wives who would be successful in that role and who also desire to have their husbands successful in life. The writer believes that every college ought to offer its women students a course called "How to make your husband shine."

Taking it would be the best marriage insurance a girl could have.

She would be told such things as:
Build your home as much around his life and interests as your own. He'll not only be happier for it, but when the two of you entertain, he'll have the right background against which to shine.

LISTEN INTENTLY

Listen as intently to his talk as you do to the talk of others. Even when he is telling a story for the tenth time, act as though it's all brand-new to you.
In speaking of him, or of his work, take the attitude that you are talking of a man of importance, whose ideas and opinions are of consequence. You can scarcely over-do such an attitude, for it is much better to have people say, "She certainly thinks her husband hung the moon" than "She's a swell person, but I don't think he amounts to very much."

Never run him down or belittle him in any way. Don't make scenes that embarrass him.

Keep away from his office. And don't telephone him at the office unless it is unavoidable. You'll be surprised how seldom you actually need to telephone him if you stick to that rule. Eothering a man during his working hours indicates to those who work with him that you don't consider his work very important or his time valuable.

The Perfect Thirst Quencher

"SALADA" ICED TEA

SERIAL STORY
SKI'S THE LIMIT

BY ADELAIDE HUMPHRIES

CAST OF CHARACTERS
SALLY BLAIR — heroine. She had everything that popularity could win her, except
DAN REYNOLDS — hero. He might have had Sally but while he was king on skis
COREY PORTER was king of the social whirl. So... But go on with the story.

Last week: En route to a party Corey's car is smashed and Dan is to go back with Corey to assist him. Craftily, Corey plans on this trip to tell Dan the truth about his benefactor, Sally's father.

CHAPTER XVII

As Corey had predicted, they met the rest of the party on their way back. They stopped to explain what had happened, how near they had come to an accident. Sally was transferred to the big sedan and Corey and Dan went on.

"Don't worry if we are a bit late," Corey said. "If this tank just keeps on dripping this fast one of us will have to hoof it for some assistance. It will take a little time to get it welded when we finally make a garage. You folks go ahead and enjoy your seafood. Dan and I will be along before the night's over."

Sally still felt she would rather have stared with the boys, but perhaps they thought a girl would only be in the way in getting Corey's car back in shape. She still felt disappointed that the evening had to turn out this way. Though she told herself they were lucky — thanks to Dan — to have it turn out as well as it had.

Sally was not to realize until long afterwards how the whole course of her life might have been altered by that narrow escape. How the change in plans was to affect her. She was not to know what was to happen with the fact that she went on to the shore dinner and Dan went back with Corey.

Of course Sally could not enjoy her dinner nearly so much as she would have had Dan been there to enjoy it with her. She seemed to have lost the healthy appetite that she had worked up from her swim. Maybe because of all that had happened in between time.

It was such a beautiful night it seemed tragic to waste a moment of it. The dinner was served on a terrace overlooking the sea, with the never-ending wash of waves against the shore, that shushing, rhythmic sound with its plaintive melody. The crowd of young people was noisy and gay, but try as she would Sally could not join in it. She could not suppress a feeling of depression. Or was it a sort of presentiment that hung over her?

"Snap out of it, Sally!" one of the boys teased, seeing her sitting silent and apart, which certainly was not like Sally.

"Oh, let her alone," Babe Fairchild said. "Don't you know Sally's in love? Don't look so gloomy. Sal. Your sweetheart will get her eventually."

"You mean her two sweethearts?" Pudge corrected, with his knowing grin. Have you made up your mind which one it'll be, Sally? Why don't you toss a coin? Tails for Dan, and heads for Corey? Lucky man wins."

"Don't tease her," one of the other girls rebuked. "You know Sally's so popular she always has to have one or more than one boy friend on her string."
"I'd like to make it three," another boy put in. The orchestra had taken its place on the platform stationed at the end of the long terrace. Floodlights turned the center square, reserved for dancing, into a rosy radiance. "Come on, Sally, I claim the first one. You can't sit and moon alone all evening. That won't get you anything!"

NOTHING TO WORRY ABOUT
No, it wouldn't, Sally knew that. Yet she could not help this strange feeling that seemed like a weight on her heart. She knew it was silly to feel that way. Dan and Corey would be along now very soon. And there was nothing to worry about at all.

Yet as the evening wore on and



they did not come the weight on Sally's heart grew heavier. She tried to conceal it with a smile, she danced every dance and pretended she was having a good time along with everyone else. She told herself over and over that she certainly was silly to care so very much because Dan wasn't there, to feel that just because of that the whole evening was wasted. But she could not help it. The fact that she could not share it with him took all the beauty out of the night, all the music out of the sea, the stars no longer seemed to shine so very brightly.

Then someone said, "There they are! There's Corey. It's about time, old man..."

And the weight on Sally's heart was lifted. She turned for a quick glimpse of Corey's blond head that would tower over most of the others even on the crowded dance floor; she caught his look, searching for her, exchanged a smile. But Sally's eyes still were searching, her heart-beat slackening. Where was Dan? Why wasn't he with Corey? Oh, but surely he must be! Cor-

Quints, Chief Drawing Card

Their Home is the Main Tourist Attraction of Northern Ontario

Callander is one of the focal points of world interest today, aside from the war. In this Northern Ontario village is being conducted an experiment in child welfare and psychology which is being watched with the closest attention, not only by the medical profession but by the public at large, on practically every continent; for it is the birthplace of those remarkable Dionne Quintuplets — Yvonne, Annette, Cecile, Emilie and Marie, who since their birth on May 28, 1934, have become the most famous babies known to modern history, and wards of the Ontario Government.

Each year thousands are drawn to Callander and the Dafeo Hospital, their home, which was named in honor of Dr. Allan Roy Dafeo, to whose skill and care they survived and grew into a healthy, normal childhood.

FINE HOSPITAL

This hospital is modern in every way and, in miniature, is the equal of the large institutions of its kind in great cities. An excellent supervised outdoor playground adjoins the hospital, which stands within its own grounds. The Dafeo Hospital was built by the Ontario Red Cross Division. Organizations and corporations, located in Canada and the United States have offered every co-operation, and thus the children are growing up under ideal conditions. Health permitting, they may be viewed each day.

First Canadian Nurses Overseas Greet England With A Cheer



Among the first Canadian nursing sisters to go overseas, these nurses of the Canadian Red Cross give a hearty cheer on their arrival at an undisclosed British port. They are among the 129 nursing sisters who have arrived in England from this country.

ey wouldn't have come back without him.

It seemed that this dance would never end. As soon as it had Sally's footsteps led her straight to Corey. There was only one question with which to greet him.
"Where's Dan? Didn't he come back with you, Corey?" It seemed as though her very life depended upon the answer. That heavy feeling, like a sword about to descend again was held over her.

"Dan?" Corey said. His blue eyes did not look into Sally's anxious ones. Instead he bent his head, and cupped his hands, to light a cigarette. Even when he looked up once more, his eyes did not meet hers. "Why, no," he said lightly. "Dan didn't come along. You see we ran out of gas. I stayed with the car, he hoofed it several miles. Then we had to be hauled clear back to the city. There wasn't any place before that where we could get the old bus fixed up right. So, since it had got so late and he was pretty tired — and you know Dan has to get to work earlier than the rest of us in the morning — well, he said there was no use in both of us coming back for you, Sally."

"I see," Sally said, slowly. Her heart still beat with that heavy disappointment. Somehow that did not sound like Dan. Even if he had been tired and it had been late it did not sound like him.

Yet it was true that Dan had to be at the office on time and he was very conscientious. It was not necessary for Sally to have two young men to see that she was escorted home safely. Corey was driving the car, so he had to be the one to return. Sally supposed she was still being silly to feel disappointed — she even felt a bit hurt.

LOST FOREVER?

"You mustn't hold it against Dan at all," Corey said, making a magnificent gesture of taking the ab-

sent boy's part. "I told him I knew you'd understand. Sally. I even hoped you wouldn't mind — as long as I came back."
"Of course I don't mind," Sally said generously. It was nice of Corey to defend Dan. She was silly to feel as she had.

Someone in the crowd laughed, and remarked sotto voce, but Sally overheard it. "My bets are on Heads. Anyone want to take it?"
Pudge had named Corey "heads" when he had suggested Sally toss a coin to choose between them. Sally felt a hot flush of anger. They were always making dares, these gay young friends of hers, always treating everything so lightly, as if nothing was of any serious consequence. Her friendship with Dan had begun on a dare. A dare that had nearly wrecked it.

Sally was through with such nonsense. If she could have she would have told Dan the whole truth to-night. She still would tell him the very first chance she got.
How could she know that that chance was lost to her, perhaps forever?

(To Be Continued)

Sports Gloves Are Still Very Short

Smart sports gloves this season remain extremely short. They are shown in combinations of spic-brown and beige, cinnamon and mustard, coconut-oil, beige and gingerbrown. Piped, gored or lattice effects are notable. A most amusing model is in beige piped with brown; it buttons like a bot-tine with tiny shoe buttons on the back of the wrist. Chic town gloves of russet antelope have narrow bands of matching crocodile inset at the wrist. These team up with crocodile bags or belts.

Fashion Flashes

Jackets combining corduroy with wool handknitting are among autumn sports models at Maria Krum, London handknit house. There are also tweed topcoats with hand-knitted yokes and sleeves.

A fitted wine wool evening jacket with flashing beaded shoulders, worn with a wine and white printed crepe dinner gown, is included among the Norman Hartnell models chosen by Marcelle Rogers, the actress, for her forthcoming visit to America. She is selecting several beaded evening models.

Dinner frocks with sheer tops and long sleeves are strong. Likewise are jacket ensembles prominent for evening. One designer features tailored beaded evening jackets in flower designs.

Cotton, also spun rayon suitings, reflecting Scotch tweeds, are starting to percolate through the Scotch piece goods collections for spring, 1941.

WOMEN WANTED

38 to 52 years old. Women who are restless, moody, NERVOUS — who fear hot flashes, dizzy spells — to take Lydia E. Pinkham's Vegetable Compound. Pinkham's is famous for helping women during these "trying times" due to functional irregularities. Get a bottle today from your druggist! WORTH TRYING!

ISSUE 28-'40

TALKS

By SADIE B. CHAMBERS

RASPBERRY SEASON AGAIN

Of course you are planning to can just as many of the small fruits as possible. Firstly, we must take advantage of the cheaper fruits for our own families. Secondly, each one of us should try to meet the requests of the various organizations soliciting our help for extra fruit. Thirdly, extra fruit is useful for those very personal gifts, (do not forget, with each type you can, to set aside a few jars for this purpose). What a joy it will give you at gift time to wrap them in attractive cellophane or other papers and present these goodies to those who are ill, to the lonely or to other very intimate friends.

We have not the space to give you all the different methods of canning and recipes for different jams and conserves we should like to. Many of you who have filed some of these last year can refer to them; those who desire information, please write in.

Naturally we are hearing much about raspberry jam these days. This is my method:—After picking over and washing the berries thoroughly, place in some earthenware vessel, sprinkling alternate layers with sugar in equal measurements. Let stand over night and in the morning place in preserving kettle with ½ cup water, sufficient to keep from sticking to the pan, until sugar and juice dissolves. Boil on medium heat for 20 minutes, then

lower heat a little and simmer for 40 minutes. Skim and place in container using either paraffin or some of the new seals. Store in cool, dry place.

Raspberry Relish
2 quarts ripe raspberries
1 pint cider vinegar
½ cinnamon stick (an inch length)
¾ teaspoon mustard seed
1 teaspoon preserved ginger
2 cups sugar

Pick raspberries and simmer them in the vinegar for 45 minutes, then drain and add the mustard, cinnamon and ginger. Boil slowly for 30 min., then strain and measure and for each quart, add 1 pint sugar. Boil slowly until thick, then bottle and seal.

Raspberry Vinegar
4 quarts raspberries
1 quart vinegar (mild)
Sugar

Place 2 quarts of the berries in a bowl and cover with vinegar. Cover closely and allow to stand in a cold place for 2 days, then mash berries and strain the vinegar through cheesecloth. Pour it over 2 quarts of fresh raspberries. Allow to stand another 2 days. Mash berries and strain and put in a preserving pan with sugar. Allow 1 pound sugar to 1 pint juice.

Heat slowly, skimming when vinegar begins to boil. Boil gently for 12 to 15 minutes and seal in sterilized jars. Use 2 tablespoons raspberry vinegar to 1 glass of water, when serving.

Raspberry Whip
1½ cups raspberries
1 cup fruit sugar
1 egg white beaten stiffly

Crush the berries and allow to stand with sugar for one hour, fold in egg white. Pile in sherbet glasses and top with whipped cream or custard sauce. Garnish with whole berries.

Minted Raspberry Beverage
2 cups fresh raspberries
1½ cups sugar
Few sprigs mint
2 lemons
2 oranges
Water

Crush the raspberries and heat slowly to extract the juice, adding a little water if necessary. Strain the juice through cheesecloth. Add sugar and crushed mint. Cool and add juice of lemons and oranges. Chill. To serve add twice the amount of cold water and pour over cracked ice in tall glasses; garnish with a sprig of mint.

Raspberry Ade
3 cups orange juice, 1 cup lemon juice, 1 cup sugar, 1 cup raspberry juice, 1 quart water. Mix all the ingredients together and stir until sugar is dissolved. Pour into glasses which are quarter-filled with cracked ice. This makes about 2½ quarts.

READERS WRITE IN!

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her columns, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto." Send stamped, self-addressed envelope if you wish a reply.

Weather Hint

The higher the sun in the sky at noon, the warmer is the day generally, for the distance between the earth and the sun does not directly affect the temperature.

ENJOY ITS GENUINE MINT FLAVOR



Every day millions find real enjoyment in the cooling, long-lasting flavor of WRIGLEY'S SPEARMINT GUM—blended from fresh garden mint. It's good for you, too—helps keep teeth bright and attractive. Dentists recommend it.



GET SOME TODAY!

Home Hints

Cakes or cookies in which honey is used as a sweetening require a rather moderate temperature for baking. If the oven is too hot they will burn.

Take advantage of the next windy day to clean your chintz coverings and curtains. Hang them on a clothes line and brush them quickly with a clean whisk broom dipped frequently in warm water.

Ice cubes or desserts are frozen faster in a mechanical refrigerator if a quarter-cup of water is poured on the freezing surface before the trays are put in place.

If you rinse a plate with cold water before breaking eggs on it, add to them a pinch of salt and then stand where there is a current of air, you will have no difficulty in beating them to a froth.

To prevent halibut falling to pieces while boiling wrap in cheesecloth and simmer in boiling water. About 30 minutes time is required to boil 2½ or 3 pounds of halibut.

To prolong the life of a large rug, shift it around every six weeks or so. This prevents constant wear on those sections covering the most-traveled part of the room.

The Peony

She hath a deep-bid virtue
No other flower hath.
When summer comes rejoicing
A-down my garden path,
In outline of color,
In robes of satin sheen,
She casts o'er all the hours
Her sorcery serene.

—Bliss Carman.

LAURA WHEELER DESIGNS CROCHETED SHAWL FOR YOUNG AND OLD



JIFFY CROCHET SHAWL PATTERN 2582

Be in style — add this crocheted shawl to your wardrobe. It's in Shetland Floss—just one easy medallion repeated and joined. Pattern 2582 contains directions for making shawl; illustrations of it and Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.