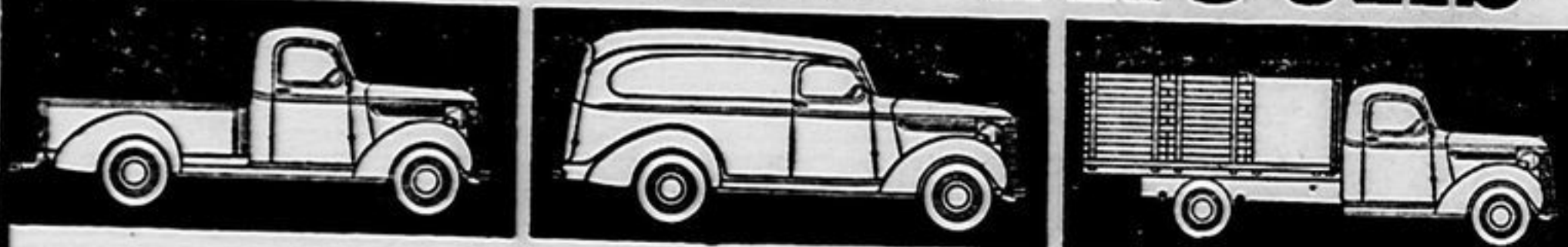




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**HOLSTEIN LEADER**

**LOCAL AND PERSONAL**

The Packing Committee of the Egremont Red Cross Branch request all finished articles be brought on or before Monday, May 6th to Mrs. Habermehl's, as they intend packing next week.

Rev. Mr. Williams of Lions Head, preached in the United Church on Sunday.

Miss Elfrida Wilkinson of Lions Head, visited Miss Ramsay Sunday. Mr. J. Brown returned from Toronto and is visiting his mother, Mrs. Alex. Brown.

Miss Marie Aitken who has spent the last week with her parents, returned to Toronto on Sunday evening. Rev. Mr. and Mrs. Mercer were entertained at the home of the president of the Library, Mrs. Hastie, on Tuesday evening. Games were crokinole and Chinese checkers. A very pleasant evening was spent. Mr. Mercer has been a faithful member of the Library Board, and he will be missed very much. Those winning prizes were: at crokinole: Ladies—Miss Ramsay; gents—Gordon Long; Chinese checkers: Ladies—Mrs. Irvin; gents—Jim Calder.

Mr. and Mrs. Eugene Tipper and Mr. and Mrs. Wilfred Pfaff and children of Kitchener were at Joe Ellis' for the week end.

Mr. and Mrs. George Burrows attended the wedding of the former's niece, Miss Eileen Andrews of Corbetton, to Mr. Bert Horley, Shelburne. Geo. Charles spent the week end with the McGuire family.

Mr. and Mrs. Rolufs and son Fred of Clifford and Mr. and Mrs. Alex. McMillan of Dundalk, spent Sunday with Mr. and Mrs. Colin McMillan. Mrs. Alex. Morrison, son A. J. and daughter June, visited at Singhamton over the week end.

The euchre and dance at the Hall Friday evening was a success. Mrs. Geo. Brown won ladies' first prize, and Geo. Brown the gents', second prize winners were Mrs. Hetherington and Bert Eccles.

Mr. and Mrs. Hetherington, Jean and Joan spent the weekend at Theford. Mr. and Mrs. Stinermol and family of Harriston, have moved into the house vacated by Bert Eccles.

**ALLAN'S CORNERS**

The Ladies' Guild of St. Paul's Church, Egremont was held on April 24th at the home of Mrs. Queen with 16 ladies present. The meeting was opened by scripture reading and prayer by the Rector Rev. M. H. Farr. The reports by secretary and treasurer were read and confirmed, showing a balance of about \$35.00 on hand. The roll call was answered with the word "Joy". Arrangements were made for a bazaar to be held in the near future. Rev. Farr presided for the election of officers for the coming year and commended the ladies for their encouraging work.

The officers elected are as follows: Honorary President, Mrs. Farr; President, Mrs. Queen; Vice President, Mrs. Mack; Sec'y., Mrs. Gordon; Treas., Mrs. Tucker; work Convenors, Mrs. Morton, and Mrs. Carman; Hargrave; Pianist, Mrs. Mack. The meeting closed by singing the King and lunch was served. The next meeting will be held on the afternoon of May 24th at the home of Mrs. Jas. Hargrave when the roll call will be the payment of membership fees.

Mr. R. W. Christie, teacher of S. S. No. 2 has been re-engaged for the coming year.

The A.Y.F.A. held a social in the church on Tuesday evening. Sunday School will commence on the 19th of May.

Mr. and Mrs. Harry Scales visited with Mr. and Mrs. D. Davis on Sunday last.

The youth and beauty of this community attended the Carmount and Patterson receptions in honor of the newly weds. Congratulations. The sympathy of the community goes out to the bereaved in the death of the late Mrs. Matthew Barber and also to Mr. and Mrs. P. Davis in their bereavement.

Mr. Dave Gordon is engaged as present building a brooder house for Mr. Wm. Atchison.

Mr. Orville Lee who is engaged with Mr. P. Schmidt of Allan Park vicinity, spent Sunday with his parents.

Miss Lenore Davis is engaged at the home of Mrs. Clarence Penton in Holstein.

Congratulations to Mr. Elmer Love and Miss McMillan who were recently joined in wedlock.

The Royaltide Women's Institute held their second annual meeting at the home of Mrs. J. Younge with a fine attendance of ladies. The pres., Mrs. S. Mead opened the meeting with the Ode followed by the Lord's Prayer. The scripture reading was given by Mrs. Alex. Morton. Various reports were read by the Sec.-Treas., Mrs. E. Fee. The Red Cross report was given by Mrs. Queen, who up to date, has turned in 54 pair of socks, 1 pair mitts, 8 pair of wristlets and 1 sweater. The roll call was the exchange of bulbs, seeds, etc. A poem "Like Mother Used to Make" was read by Mrs. Falkingham. A demonstration of salad making by Miss Watson, resulted in a treat for the ladies which was very delicious. The past officers were complimented on their efficient work during the past year. A report of the last annual meeting was given in full by the Sec'y-Treas. and the President after reading a poem gave an address which was followed by the Auditor's Report, by Mrs. R. Watson. Mrs. S. Patterson, a member of Dromore Women's Institute, took the chair for the installation of the new officers. The past officers were re-elected, with the exception of the Sec'y-Treas., Mrs. Fee who retired, and Mrs. Ed Lindsay was appointed as the Sec'y-Treas for the coming year. A very encouraging balance is on hand. The next meeting is to be held on Thursday May 16th at the home of Mrs. Arthur Lawrence. The meeting was closed with the National Anthem followed by lunch served by Mrs. Younge and assistants.

**YEOVIL**

Mr. and Mrs. John C. Alles and Marjorie were guests on Sunday with her parents at Meaford.

Mr. and Mrs. Claude Witherow and family Normanby Twp. spent Sunday with Mr. and Mrs. Peter Mutch. Mr. Allan Merchant has returned to his home at Uno Park, Northern Ontario, after spending the winter at the home of Mr. Wm. Reid.

Mr. and Mrs. and Mrs. Chester Chapman of Hamilton spent the weekend with Mr. and Mrs. Thos. Ellis.

Miss Alice Drimmie, Holstein spent the week end at her home on the 16th.

Congratulations to Mr. and Mrs. Alex. Eccles on the arrival of a fine baby boy on Friday in Durham Hospital.

Plan to attend the play, "The Million Dollar Butler" to be held in Holstein Agricultural Hall on Friday, May 17th, by Durham Presbyterian Young People's Society, under the auspices of Holstein Pres. Church.

**Brown Bread Diet Proven More Nutritive**

Dr. E. W. McHenry, professor of physiological hygiene at the University of Toronto, took two white rats to a baker's convention in Toronto last Tuesday. Eighteen days before, both were exactly the same in weight. One ate only white bread, and water; the other whole wheat, and water. Last Tuesday on the professor's laboratory scale at the dinner table, the "white bread" rat weighed 90 grams; the "brown bread" rat, 118 grams.

"Canadian nutrition experts believe the use of whole wheat bread definitely is justified," Prof. McHenry told the Independent Master Bakers' Association of Ontario. "We realize some public prejudice against taste, texture, toasting qualities and the difficulty of keeping whole wheat flour, but its dietary qualities definitely are superior. There isn't any person interested in nutrition who would advise any over-weight man or woman to give up eating bread," he declared. "The proper method to diet is to decrease quantities of all foods and not delete any single item."

Prof. McHenry is known in this locality, being a son-in-law of Mrs. Hastie of Holstein.

**ORCHARD**

Most of the farmers are on the land and hoping for fine weather as its getting late.

Miss Muriel Nelson came home on Monday after spending the winter months at Arthur.

Mr. and Mrs. R. Pinder visited on Sunday with Mr. and Mrs. Jasper White of Yeovil.

Mr. and Mrs. Wm. J. Nelson visited on Sunday with friends in Durham.

Mrs. Norman Dickson is spending a week with Mr. and Mrs. Lloyd Crane of Guelph.

The reception that was held in honor of Mr. and Mrs. Dave Dale last Thursday was largely attended by friends and neighbors. They received many costly and useful gifts and the evening was spent in dancing.

Mr. and Mrs. Finlay Lewis of Dromore spent Sunday with their parents, Mr. and Mrs. Charles Lewis.

**KNOX CORNERS**

Mr. Kaye being absent on Sunday Rev. Mr. Miller of Orangeville had charge of the service. He took his message from the story of Jesus and the Samaritan woman at the well in Samaria. His text was the words of Jesus to the woman, John 4:13-14, "Whosoever drinketh of this water shall thirst again but whosoever drinketh of the water that I shall give him shall never thirst, but the water that I shall give him shall be in him a well of water springing up into everlasting life." So many have tried to satisfy their souls with the things of the world but are still unsatisfied, but nothing can satisfy the longings of the human heart but the water of life, "Salvation." Have we tasted of that water?

Mr. and Mrs. D. Marshall visited on Sunday with Mr. and Mrs. Erwin Ferguson of Egremont.

Mr. C. McAlister and his mother attended the funeral of the latter's cousin at Bellwood on Thursday of last week.

Mr. and Mrs. T. Wallace visited on Sunday with Mrs. Wallace's sister in Chesley.

A large number of the young people gathered at the home of Mr. and Mrs. Clem Patterson on Friday evening and presented them with many useful and beautiful gifts.

Pleased to have Mrs. W. Backus of Hampden visit with us one day last week.

While in town on Friday we had pleasant visit with our good friends, Mrs. Leith and Mrs. Bell and it was the first time we have seen them since December.

Mr. and Mrs. D. Robertson and Miss Clark of Owen Sound were visitors on Sunday with Mr. and Mrs. James Petty.

Active Militia Camp Scheme is Under Way

Despite the calls made on Canadian manhood by the Canadian Active Service Force, the navy and the air force, approximately the same number of members of the Non-Permanent Active Militia will be trained in summer camps this year as in the immediate past when peacetime conditions prevailed.

The actual number, of course, will depend considerably in the ability of various militia units to get men out to camps, which in turn depends somewhat on economic and employment conditions in different parts of Canada. In any case, like all figures of military strength, it probably will remain an official secret until after the war.

Preparations for an unusual influx of khaki-clad men, however, soon will be under way at ten or more camps across the country.

Some will accommodate mobilized C.A.S.F. units and these will spring to life about the middle of May, when troops destined for service overseas march out of barracks in cities and towns to spend the summer, or part of it, under canvas in the wide open spaces.

The 2nd Division, already marked for movement overseas, probably leaves England for a theatre of war will move into camps with other troops of the C.A.S.F., including the reinforcements for the 1st Division now assembled in various Canadian depots of 1st Division units.

While as many militiamen will train this summer as in previous years, they will not do as much travelling. All training for the non-permanent militia will take place in their own military districts, in district camps.

Columbia Victrola and De Forest Croeley 5 tube Electric radio for sale cheap. Apply at Review Office.

**AMONG THE CHURCHES**

**PRESBYTERIAN Y. P. S.**

On Monday evening, April 29th, the Durham Presbyterian Young Peoples' Society were the guests of the Mount Forest P.Y.P.S. There the worship period after which Mae Hopkins took charge. Mr. Thomas Firth rendered a pleasing vocal solo with Miss Catherine McMeekin as piano accompanist. She also favoured the gathering with a well-rendered piano solo. The recreational period was conducted by Mae Hopkins. The host society served a dainty lunch at the conclusion.

**BURNS' LADIES' AID AND W. M. S.**  
The Ladies' Aid met jointly with the Women's Missionary Society on Wednesday April 24th at the home of Mrs. Davey with 14 ladies present. Mrs. Ewen presided and Mrs. Miller led in prayer. The scripture reading was read by Mrs. Hugh MacDonald. Roll call was answered by naming a "Bible Bird." It was decided to have a play put on in the near future. The treasurer then gave her report. Poems were read by Mrs. MacDonald, entitled, "Life's Garden," and "Letter Writing," by Mrs. Davey and also one by Mrs. Ewen, "The Angel's Message."

Miss Vera Stewart presided for the Women's Missionary Society and Mrs. McKechnie offered prayer. The roll call, based on "A miracle" was well responded to. The Study Book was read by Bernice Reay and Miss Vera Stewart gave a report from Mary E. Anderson of Japan, which was very interesting. A contest was then put on by Mrs. Wilbert Bailey. The Mizpah benediction in unison brought the meeting to a close. Mrs. Davey and assistants served lunch and a very enjoyable time was spent.

**MISSION CIRCLE HOLDS BAKING SALE AND TEA**  
The Mission Circle girls of the United Church held a sale of homemade baking and served tea in Queen Street church on Sunday afternoon and added a nice sum to their treasury. Vera Lander and Anna McLean were in charge of the baking table, Mrs. Alex. Hay in charge of the tea which was served by the girls, and Mrs. George Hay leader of the Circle, welcomed the visitors.

**THINKING**  
If you think you are beaten, you are;  
If you think you dare not, you don't;  
If you'd like to win, but you think you can't  
It's almost a cinch you won't;  
If you think you'll lose, you're lost;  
For out of the world we find  
Success begins with a fellow's will.  
It's all in the state of mind.  
If you think you're outclassed, you are;  
You've got to think high to rise.  
You've got to be sure of yourself before  
You can win a prize.  
Life's battles don't always go  
To the stronger or faster man;  
But sooner or later the man who wins  
Is the one who thinks he can.

**ROXY MOUNT FOREST**  
FRIDAY & SATURDAY, MAY 3 & 4  
Showing under the Auspices of the Canadian Legion!  
The story of Britain's air might revealed... authentically! Her glorious exploits at Kiel! Her deadly sky offensive... her death-dealing answer to planes over London... Thrilling!... Magnificent!... True!

**The Lion Has Wings**  
—with—  
Ralph Richardson Merle Oberon  
BUY A TICKET FROM THE LEGION  
SUNDAY MIDNITE, MONDAY, TUESDAY & WED., MAY 5, 6, 7, 8th  
THE BIG SHOW COMES TO TOWN!  
... Stars of stage and screen and hundreds of entertainers in the biggest musical fun show of the year. A dance-packed, song-jammed version of the stage hit that Broadway cheered for months!  
Mickey Rooney Judy Garland

**Bebes in Arms**  
Added Varieties.

**HOW TO WIN AN ARGUMENT**

The way to convince another is to state your case moderately and accurately. Then scratch your head, or shake it a little and say that is the way it seems to you, but of course you may be mistaken about it; which causes your listener to receive what you have to say, and as like as not, turn about to convince you of it, since you are in doubt. But if you go to him in a tone of positiveness and arrogance you only make an opponent of him.  
—Benjamin Franklin

**WHAT'S IN A NAME**

Antoine lived in an Ontario town and frequented the Irish Catholic church as there were not enough French-Canadians in the town to justify the creation of a French-Canadian parish.

One day Antoine came to Father Murphy, to have his second son christened and insisted to have the name of the new-born correctly recorded.

Pere Murphee, please name my baby sam' like mark on paper I give you.

Of course, Antoine, I will but why are you so insistent?  
Well, you see, it's like dis. My first boy I tell you me want his name be Tom and you put down "Tomass." Now I want dis boy name be Jack and no want you name 'im "Jackass."

**A SUNBEAM**

A sunbeam is a ray of light  
That carries joy and cheer.  
It's just a smile and just a song  
To drive away the tear.  
It's making people happier  
Because you're standing near.  
So let's keep smiling together.  
A sunbeam drives the gloom away  
And dances through the pane.  
It laughs the clouds of care away  
And smiles away the rain,  
And when it leaves, the world  
Is glad to have it come again.  
So let's keep smiling forever.

**NOT WHAT MA WANTED**

Andy, who had run out of gas on the outskirts of a country town, saw a boy coming along the road carrying a big can.  
"Say boy!" he yelled. "I hope that's gasoline you have in that can."  
"Well I hope it ain't," returned the boy. "It would taste like the dickens on ma's pancakes."

**Western Canada Special Bargain Excursions**

FROM ALL STATIONS IN EASTERN CANADA  
Going Daily—May 18—29, 1940, inclusive  
Return Limit — 45 Days

**TICKETS GOOD IN**  
COACHES at fares approximately 1 1/2 cts. per mile  
TOURIST SLEEPING CARS at fares approximately 1 1/2 cts per mile  
STANDARD SLEEPING CARS at fares approximately 1 1/2 cts per mile.  
Cost of Accommodation in Sleeping Cars Additional

**BAGGAGE** checked. Stopovers at all points enroute.  
Similar Excursions from Western to Eastern Canada during same period.  
Tickets, Sleeping Car Reservations and all information as to stop-over privileges from any Agent.  
T125

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**CANADIAN NATIONAL**

ESTABLISHED 1877

**Scarfe's**  
SURFACE SATISFACTION  
Varnishes, Paints, Enamels, Wax

**A FINISH FOR EVERY SURFACE**

FOR SALE BY **F. W. MOON** Durham

**Amateur Night Begins**

At an enthusiastic Durham Business Men's last Friday night, it was announced the Saturday amateur night, so popular, on Saturday night, three weeks earlier, and continue them this summer until the fall. Grams will still be in rear of the Town Hall, P. M., and this year plan to erect a permanent directly behind the Town programs it is hoped will be better than ever, awarded the three best as formerly.

It is the intention fall fair again, both entertainment that day to aid expenses incurred business men also plans at the four entrance, and see that the are made more present.

Last year the Association several hundred dollars paying expenses, was provided for civic purposes \$75 towards Park \$150 towards new lam and a considerable sum colored lights to decorate main street.

Re-organization of the for 1940 was effected, leaving officers: President Kross; Vice-Pres.—G. S. Sec'y-Treas.—C. McG. Com.—E. J. Bennett, M. C. B. Lawrence, E. J.

Clerk Willis Given Month S

Owing to ill health, has been little on duty week, and at Monday's cil session, a resolution meously passed granting leave for four weeks, a regular meeting, June 8, him opportunity to recuperator Donald McQueen, ed acting Clerk in his absence.

Pres. Clarence Robinson W. Bayley were a depute the Agricultural Society, annual fall fair grant.

General accounts total also relief acts, were relief has been shut off months, except to those the town. A county has \$57.75 and acct. of \$155. liability insurance were a Court of Revision will May 27th.

**Becker Again Fined for Causing Disturbance**

In Owen Sound police day morning, Cyril Becker second charge within two causing a disturbance in Cafe here. He pleaded was fined \$25 and cost month in jail. Queen Y proprietor of the restaurant that Becker had entered drunk and had used abate in the presence of

**THERE IS A DIFFERENCE**  
Cheap lenses, which riedly made from glass have, strains, struts flaps that prevent good Cheap frames do not enough gold to prevent ing. — There is no TUTE for QUALITY, — comparing prices it to consider VALVE also for CAREFUL. COM service consult.

**W. T. PATTERSON**  
Specialist in Eye Exam at C. Sarney's S DURHAM, Wednesday, Ma Appointments 1—5.30