

## Blondes Fall Heir To Cosmetic Ills

Growing Volume of Skin Infection Noted by Specialists

Women of blonde type must be careful when they apply cosmetics. A series of observations conducted by a Montreal specialist brought forth the fact that "blonde out-numbered brunettes as reactors to cosmetics."

While mildly gets dividends of self-assurance from the use of cosmetics, she is also subjected not infrequently to various types of skin injury and infections caused by irritating cosmetics, the physician points out in the current issue of the Canadian Medical Association Journal. "With the tendency to reversion to the savage type," he humorously writes, "more and more cases of allergy to cosmetics are reported."

**EYELIDS, SPECIAL HAZARD**  
The specialist has found that the eyelids constitute a special hazard. The frequency with which dermatitis has been observed in this area has led to the labelling of the condition as "cosmetic eye."  
Among the cosmetics which have given rise to trouble are powders, creams, shampoos, lotions, pomades, hair dyes, eye-drops, nail polishes and even tooth paste.

## SPORTS WEAR



A three-piece costume for spectator sports or school has skirt and sleeveless jacket of soft, moss-green wool and wool shirt of moss-green, blue and white plaid. The sleeveless jacket may be worn open or closed; the gored skirt has inset pockets. The model is Laraine Day and she chooses a green felt hat with a suggestion of a crown and saucer-brim, highlighted with tall green feathers.

## Today's World Needs Nurses

Education, Culture, Thoughtfulness and Skill Required, R. N.'s Hear

The world is in crying need of what the professional nurse can offer and depends a great deal on the type of nurse and her professional equipment, said Miss Marlon Lindburgh, of McGill University in an address before the 15th annual meeting of the Registered Nurses' Association of Ontario.

**THOUGHTFUL IN MIND**  
Director of the school for graduate nurses at McGill, Miss Lindburgh told of professional education, characteristics and trends within the field with significant bearing on the nurses' education.  
"Nurses can never be too well educated, cultured, thoughtful in mind or skilful of hand," she said.

Miss Ethel Greenwood, of Toronto told the 300 nurses that 1,260 nurses had been enrolled in Canada for war or disaster duty, with 32 of them in military uniform in Ontario. In 1936, the number of nurses enrolled for war or disaster duty was 245 she said.

## Nagger's Desert

In Minneapolis, Frank Leschlein, 67, who said when arrested by police for murdering his nagging wife, "Yes I shot her—I should have done it 15 years ago," was set free because a grand jury refused to indict him. Reason: his son, his wife's sister, all the witnesses called (and 50 neighbors who wanted to testify) all said he was justified.

## Blended For Quality

# "SALADA" TEA

### SERIAL STORY SKI'S THE LIMIT

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BY ADELAIDE HUMPHRIES

**CAST OF CHARACTERS**  
**SALLY BLAIR**—heroine. She had everything that popularity could win her, except  
**DAN REYNOLDS**—hero. He might have had Sally but while he was king on skis  
**COREY PORTER**—hero. He was king of the social whirl. So... But go on with the story.

Last week: In a fit of anger, Sally dashes down the mountain, and plunges headlong toward a wire fence. The last thing she remembers is Dan's cry ringing in her ears.

### CHAPTER VI

When Sally next opened her eyes she was in a small room, a narrow white bed, she could hear the bells of Baker Library Tower, whose tall steeple kept guard over the campus, peeping out their college tunes, and summoning the students to classes. She still must be at the houseparty. But the houseparty was over. This was not the colorful, colonial room of the fraternity dorm.

Her head throbbled with a dull heavy ache; she felt too weary to care where she was. Then one hand seeking her burning temple, encountered bandages, remembrance then came back to Sally. She experienced again that swift downward flight and that terrific plunge forward, the giddy sensation of helplessness, the giddy sensation of helplessness, the giddy sensation of helplessness. Again she heard Dan's voice calling her name.

She stirred and gave a little groan and a nurse, in stiffly starched white uniform, bent over her. "And how are you feeling now?" her pleasant, efficient voice inquired.

"How did I get here?" Sally countered with another question. Where was Dan? Had he carried her the rest of the way down that slippery ravine? Oh, what a little idiot she had been, trying to show off, trying to give vent to her injured pride and anger. Now he would think she needed lessons, not only in the art of skiing, but in good common sense!

"You're in a hospital," the nurse replied. Her cool hand on Sally's forehead cautioned her to lie quiet. "You had a bad tumble, my dear. But you're going to be as good as new in a week or so."  
"A week!" Sally protested faintly.

"You're lucky to get off with that." The nurse's tone was grim.

**MIGHT HAVE BEEN KILLED**  
There was no reply to this. She might have been killed. Sally saw, once more, the barbed-wire fence rushing up at her. She closed her eyes a moment.

After a while she opened them again. "Is anyone waiting to see me?" There was only one person Sally wanted to see.  
The nurse shook her head. "But there is a wire from your father. He will be here sometime today, though Dr. Barnes, talking long distance, assured him it was not necessary."  
Sally's eyes, behind closed lids, misted with tears of weak gratitude. Dear Daddy, she always could count on him. Always he had come when needed, always he got her everything that money could purchase.

"My face..." Sally asked, after another long moment. Her pretty face that had caused so many masculine hearts to pound more quickly. Would she look the same when those bulky bandages were removed?  
"Just a few scratches," the nurse informed her soothingly. "There



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Slow Burning  
CIGARETTE PAPERS  
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DOUBLE AUTOMATIC BOOKLET

ISSUE NO. 17-'40

## Two Young Girls Reared by Wolves

Near Midnapore, India — Discovered When Natives Dug Into Wolf-Den Under Ant-Heap

There have been several cases of children being brought up by animal foster-mothers, but the very strangest is that of the Wolf Girls of Midnapore, in India. They were discovered when natives dug into a wolf den under a huge ant-heap. Huddled together in the noisome den were four shapes — two wolf cubs and two children, girls of about 1½ and 8 years old.  
A missionary, the Rev. J. A. L. Singh, removed the children to his orphanage and attempted to bring them back to a human way of life, but their animal upbringing had become ingrained in them. At first they would only eat raw meat, and ripped off their loin cloths. And they walked and ran on all fours. The younger child, Amala, died shortly afterwards. The elder, Kamala, lived for nine years at the orphanage. But she never learned to use her human faculties. Her vocabulary was limited to some forty words, and to the end she went down on all fours when she wished to move quickly. Covering the ground in this animal fashion she easily outpaced human beings.

## TALKS

By SADIE B. CHAMBERS

### SPRING TRIFLES

In the early spring days when the appetite seems to be lagging and the homemaker extra busy, there is perhaps a greater demand than ever for attractive desserts. Pineapples are now appearing and they always put up a rigid challenge for an all-season favorite. They have an incomparable flavor and an aromatic "air," which helps them wend their way into the highways and byways of nearly all type of menus, especially when something that is different is sought. Just one thing about pineapples: remember that fresh pineapple cannot be mixed successfully with gelatine unless it has been previously cooked. One of the acids of pineapple, uncooked, destroys proteins, hence the result. However, do not allow this to discourage you, for fresh pineapple cooked does have a fresher taste, different from the fruit we have stored.

## ALWAYS A BARGAIN

in grand taste and vital nourishment...



# NOW AT THE LOWEST PRICE IN HISTORY!

ORDER GRAPE-NUTS FROM YOUR GROCER TODAY

**Pineapple Souffle**  
¼ cup butter  
¼ cup cornstarch  
1 cup milk  
Pinch nutmeg  
1 cup shredded pineapple  
3 eggs  
½ cup sugar  
¼ teaspoon vanilla

Melt butter, add cornstarch, blend thoroughly. Add milk gradually, stirring constantly. Boil, add pineapple, beat eggs slightly, mix with sugar and add.

Cook until thickened but do not allow mixture to boil. Cool slightly, add flavorings and fold in egg whites beaten until stiff. Bake in a moderate oven. Serve hot with whipped cream. Time in oven 45 minutes. Oven moderate. Serves 6.

**Pineapple Parfait**  
1 medium sized pineapple  
Fruit sugar  
Vanilla Ice Cream  
Whipped Cream  
Maraschino cherries.

Several hours before serving, prepare pineapple, cutting in cubes or shredding (running through the food chopper is a favorite way). Mix one cup of fruit sugar for every cup of pineapple. Place this in refrigerator or cool place until ready to serve. Serving time, drain juice from pineapple and place alternate layers of ice cream and syrup in parfait glasses. Cover with the pineapple, top with whipped cream and maraschino cherry.

**Pineapple Cream Whip**  
1½ tablespoons gelatine  
¼ cup water  
¾ cup boiling water  
1 pint cream (whipped)  
¼ cup sugar  
1 cup cooked grated pineapple  
12 marshmallows

¾ cup chopped blanched almonds

Soak gelatine in cold water. Add boiling water and stir until dissolved. Stir occasionally, while cooling, until it thickens slightly. When the mixture is the consistency of strained honey, fold in stiffly-beaten cream sweetened with sugar, the pineapple and the marshmallows cut fine. Lastly add chopped almonds. Chill until firm.

**Tapioca Maple Cream**

One-third cup quick-cooking tapioca  
¼ teaspoon salt  
4 cups milk scalded  
½ cup sugar  
1 or 2 egg yolks slightly beaten  
1 teaspoon flavoring  
2 egg whites stiffly beaten

Add tapioca and salt to milk and cook 15 minutes in double boiler or until the tapioca is clear. Stir frequently. Add sugar and pour small amount of mixture over egg yolks, stirring vigorously. Return to double boiler over heat, and stir and cook until thickened. Remove from heat and add flavoring. Fold a small amount into egg white. Add to the remaining tapioca mixture and fold in. Chill. Serve with whipped cream to which has been added some maple syrup. To ¼ pt. whipped cream, add 2 tablespoons maple syrup. Sprinkle with chopped pecans.

### READERS, WRITE IN!

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto."

## LAURA WHEELER DESIGNS EFFECTIVE SPREAD QUICKLY DONE



COPY, 1940, NEEDLECRAFT SERVICE, INC.

### BEDSPREAD MOTIF PATTERN 2523

One place will tell you how effective this Southern belle will be embroidered on a bedspread. Pattern 2523 contains a transfer pattern of a 15¼ x 20 inch motif, 5 motifs 2 x 4 inches; illustrations of stitches; materials required.

Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly Pattern Number, your Name and Address.

her father's hand more tightly. She might have known she could count on him.

But would Dan allow it? Would Dan accept help from the father of the girl who had caused his accident? A girl for whom he had no time, in whom he had refused to believe?  
(To Be Continued)

## Older Woman Can Dress As Smartly

Start From Where And What You Are — And Make It Better

With a practical mind the mature woman who wants to be well dressed knows her figure problems and builds her costumes around them, not around her best points.

Heartening to women whose figures aren't young enough to wear every season's styles is the opinion of Spring Bryington, charming Hollywood actress, aged 42. "I don't believe in the current vogue of trying to change your type every time a new waistline comes in. Start from where and what you are, and make it better.

"Necklines are important for mature women and the high, plain ones of this season may make you look dowdy. Best trick I know to counteract this is to nick a collar front and back, about an inch and a half deep — a heart-shaped cut to give the effect of a slimmer neck and face. The right necklace will do wonders, too — not a long string of beads or a chain, but one of the new choker necklaces that has pendants or tassels.  
"And I know high heels are the most flattering kind but you can't be charming if your feet hurt. And there is a height of heel that is graceful but not too high. Judge for yourself from the shoe that has been the most satisfactory to you."

## Cooking by Distance

On the American air routes passengers have a strange way of measuring meal times. On the Pacific Clippers it takes about 50 miles to eat an egg, and lunch, with coffee to follow, takes just over 100 miles.

## Handy Hints

Annoying, isn't it, when the bristles of your pet hair brush go all soft and "goosey" on you? Here is a way of stiffening them up again. Make a strong solution of alum and dip the bristles into it until they are thoroughly soaked and then dry them as quickly as possible. They'll be quite firm and stiff again.

Bookcases built in the corner of a small apartment are convenient and require a small amount of space. If they are topped with wide panels of mirrors, the effect is decorative as well as pleasantly cool, and an impression of added size is given to the room.

To remove burned food from tin cooking utensils, fill the pan with cold water, add soda generously, bring to a boil and continue boiling until the food is softened. Never use a metal scraper or coarse abrasive on the utensils. Harsh scouring injures the outer tin coating leaving the basic steel exposed.

A soggy, sticky dressing is no compliment to a tender loaf. When making bread stuffing, use stale bread preferably, or dry fresh bread in the oven before mixing, or toast fresh slices.

When baking a rich, dark fruit cake in a metal pan, line the pan with heavy greased brown paper; for a white fruit cake line with greased waxed paper.

## Arbor Day Proverbs

As the tree so the fruit.  
Great trees are uprooted in an hour.  
A twig in time becomes a tree.—Latin.  
Great trees often give more shade than fruit.  
As the twig is bent the tree is inclined.—English.  
Good fruit never comes from a bad tree.—Portuguese.  
A tree often transplanted never grows nor thrives.  
A walnut tree is as good to a poor man as a milk cow.—Italian.  
All superfluous branches we lop away that bearing boughs may live.

## Mr. Caffeine-Nerves Jumps Off



MR. CAFFEINE-NERVES: A job like this would make anybody jittery!



BOB: I found out that too much caffeine made me feel just like you do! Why don't you cut out tea and coffee for awhile and try Postum?



MR. CAFFEINE-NERVES: Hi Bob! That tip about Postum sure did the trick! No more caffeine-nerves for me!

Many people can safely drink tea and coffee. Many others—and all children—should never drink them. If you are one of these, try Postum's 30-day test. Buy Postum and drink it instead of tea and coffee for one month. Then, if you do not feel better, return the container top to General Foods, Limited, Cobourg, Ontario, and we'll gladly refund full purchase price, plus postage. Postum is delicious, economical, easy to prepare, and contains no caffeine.

P190

**POSTUM**



## Seed Grain Life Long

Tests Reveal No Loss in Wheat Alive 15

The answer to the garding the germination seed which has been the farm for two years may be found in the conducted at Ottawa, mental studies on the Enland and the Enland the vitality of the cereals, clovers and stored in dry storage periods, says John D. seed expert of the ment of Agriculture.

**GOOD FIVE YEARS**  
What and barley vitality almost unimpaird years after harvest. Little loss of vitality in the fifth year. The germination was practically dead in the fifteenth year. In some length of time on a fairly high germination grain which is held that it would not heat and the place in which would need to be perfect.

**HOLD SEEDS OF**  
The vitality of stored dry storage wheat after the fourth year. Clover showed little germinating power during three years.  
Grain and seed from a year's crops may be at a high and is frequently with a view to recouping prices and as assurance seed will be available for purposes.

## A TEEN-AGE CREATION



Navy blue accents the collar borders the hem-line of Virginia Weidner's favorite afternoon dress. Stripes of yellow print lend to the beige background. The waist-band and shirred bodice grown-up touches. Virginia next to be seen in the Metro-Goldwyn Mayer production, "Young Edison," starring Mickey Rourke.

## South Pole Said Moving To West

Admiral Byrd Reports Position of Magnetic Pole Changing

Rear Admiral Richard E. Byrd said last week that the south magnetic pole had moved in a westerly direction since he discovered it in 1929.

He said he attempted on his present expedition to fly over the pole again but was unable to do so because of its location stop high peaks.

**UNKNOWN LANDS**  
He added he had discovered mountain ranges in Antarctica that hitherto were unknown.

Mr. Byrd, returning to the U.S. reported that in five flights over Antarctic regions the United States Government expedition had discovered lands not shown on existing maps.

Genoa claims the highest skyscraper in Europe, a 337-foot building, with 31 floors.