Canadian Girls **Neglect Glamor**

U. S. Cosmetician On Visit Here Says They Don't Play Up Their Assets

Canadians have better facial contours than their American sisters but they do not take full advantage of this asset, says Mme. Helcha Rubenstein on a brief visit to this country. She thinks if we had a few "glamor girls" as they have in the United States, we might be more beauty conscious. Ski-ing, skating and tobogganing are hard on the skin during the winter and golf, tennis and swimming take their toll under the hot summer sun, but the sports girl who takes care of her skin can still retain its beauty. A few minutes with her jars of cream at night, and a foundation makeup during the day will help to counteract the effects of extreme cold or heat, both equally devastating to the girl who wants to keep that youthful, "dewy" look. OLDER WOMEN

For the older woman, the beauty expert suggests that she should select two or three lovely colors that are definitely becoming to her and build her wardrobe around that color scheme. She also says that in the hectic pace of the 20th century mode of life, accentuated by our war efforts, the muscles of the face do not get enough help from the majority of us to keep them uplifted and youthful. Emotion, tension, fatigue all tend to produce a drooping contour, a double chin, lined skin and sagging throat.

Cause For Divorce

In 1700 an Act was passed by the British Parliament which laid down that any woman, whatever her age and whether she be married, single or a widow, who by the use of perfume, cosmetics, paint, false teeth, wigs, iron corsets, padded bust and hips, or high-heeled shoes, inveigles a male subject of His Majesty into marriage, shall be guilty of having broken the law which prohibits the practising of witcheraft and other arts of black magic, and any such marriage will be counted for null and void.

> HOW TO TRAIN A DOG



You can teach a young dog new tricks and most important of all, you must make him mind. This is the advice of June Preisser, who illustrates with her own blonde cocker-spaniel, Cherry, the proper way to train a puppy. No matter how hard he begs, don't ever give a puppy chicken bones.

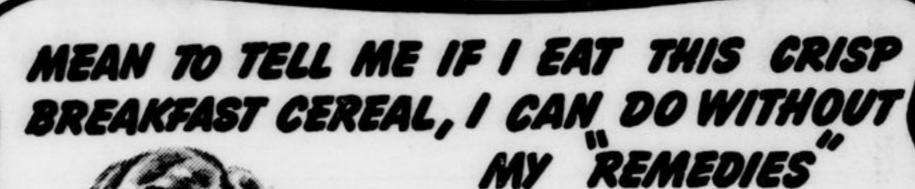
Yesterday's Girls Smaller Framed

Museum Officials at Charleston, S.C., Have to Construct New Models to Fit Dresses of 1860, 1870

Museum officials at Charleston S.C., were forced to conclude that the girls of today are larger framed and are shaped differently than their great grandmothers, when they set about displaying dresses of the decade from 1860 to 1870.

SMALLER SHAPES The original old dresses would not fit modern mannikins so new and smaller manulkins had to be made at the museum for 23 cost-

umes of the Confederate era. incidentally, most of the costnmes for the exhibition were obtained from three northern institutions - because southern women of the period and afterwards either wore out their clothes or cut them up for children's dresses, so comparatively few of them have sur-





Before I discovered All-Bran I was always suffering from either constipation or harsh cathartics, and I don't know which was worse. Now I know a better way is to prevent it. For common constipation, due to lack of bulk in the diet, eat Kellogg's All-Bran regularly and drink plenty of water. All-Bran supplies the needed bulk and also intestinal tonic vitamin Bi. It's great to be 'regular' again." All-Bran is made by Kellogg's in London, Canada. Sold by all grocers.

> Kelloggs **ALL-BRAN**

GET YOUR OUNCE OF PREVENTION EVERY DAY

SERIAL STORY

SKI'S THE LIMIT

COPYRIGHT, 1938 NEA SERVICE, INC.

BY ADELAIDE HUMPHRIES

"That was worth looking at," ad-

mitted Corey. "Perfect co-ordina-

tion and judgment, marvelous

"Who is he?" Sally demanded,

still wide-eyed and breathless. Ne-

ver had she seen anything to equal

that performance in sheer grace

"Don't you know? That's Rey-

nolds. He's out for the Olympics.

He'll make it, too, if he keeps up

that form. He'll probably walk

away with most of the honors to-

morrow. At least, as one of his fra-

ternity brothers, I can say he'd just

better, since we're backing him to

stack up points for dear old Dart-

"I'd like to meet him," Sally said.

It suddenly seemed imperative that

she should meet this young man.

He was the center now of a noisy,

enthusiastic crowd as Sally and

NO TIME FOR WOMEN

his blue eyes narrowed. "That will

not do you any good," he informed

her, crisply, "Reynolds hasn't any

time for women. Not even one as

de-lovely and desirable as you, my

sweet. Especially one of your kind,

"Are you afraid you couldn't

wring his neck?" Sally laughed at

him. "What do you mean by 'one

of my kind'? I can't say I exactly

There was not time for Corey to

answer this, even with one of his

ever-ready wise-cracks. Several of

the young people, gathered about

Dan Reynolds, recognized Sally and

"Alley-oop! It's about time you

"Here comes the Queen, every-

body! Make way! Let's have a roy-

Three loud cheers rang out from lusty young throats as Sally res-

ponded with a mocking bow, flash-

ing her smiles to the right and left.

However, her dark eyes did not

leave the figure of the tall, bare-

headed boy, remaining silent and

He, alone, had not raised his

"Isn't someone going to intro-

duce us?" Sally inquired. Her smile

THE RUDEST PERSON

the formality of introductions. Sal-

ly extended her hand. Another gra-

clous gesture. But one that this

boy Reynolds accepted coldly. Then

he inclined his head briefly, mumb-

led some small amenity, swung on

"What did I tell you?" Corey said

at Sally's side. His handsome face

"Why, he's the rudest person

ever saw!" Sally's face was flushed

and her dark eyes dangerously

bright. Then she shrugged her lit-

tle dainty shoulders beneath the

bulky warmth of her plaid parka,

the booded, wind-proof jacket of

her smart ski-ing outfit, turned to-

ward the others. "Imagine anyone

who's so courageous on top of a

mountain, running away at the foot

of one! What a great big he-man

our would-be Olympic champion is,

after all! Did he think I would bite

This got a laugh, as she had

hoped it would. Someone explained

that Reynolds actually was afraid

of "anything in skirts" for all his

his skis, glided away.

wore a wide grin.

him?"

Corey and called out to them.

Corey glanced at her, sidewise;

Corey drew near.

I might add."

relish that!"

"Hi, there!"

joined us!"

al welcome!"

voice in welcome.

for her.

tempo and control."

and beauty.

CAST OF CHARACTERS come to a smooth, perfect stop with an elaborately executed SALLY BLAIR - heroine. She "Christie.' " had everything that popularity

could win her, except DAN REYNOLDS - hero. He might have had Sally but while he was king on skis

COREY PORIER was king of the social whirl. So . . . But go on with the story.

CHAPTER I

There was really no doubt as to who would be chosen Queen of the Ice Carnival. All bets were on Sally Blair. Sally was the prettiest, the most popular girl to be invited to the winter festival. Sally, herself, would have been more surprised if she had not been chosen than she was when the committee informed her she had been.

"As if anyone else could be the Queen!" Corey Porter said with smug gratification. For Sally was Corey's girl. For the next few days,

It was no small feather in Sally's pretty cap to have been invited by Corey, either. Corey was president of his senior class, best fraternity on the campus, keyman. He was the only son of Peterson Porter, the steel magnate, no mean accomplishment in itself.

They made a handsome couple, Sally and Corey, swinging along, hand in hand toward the practice hill where contestants would be getting in trim for the big meet the next day. Sally was small and as dark and sparkling as Corey was big and smooth and fair. More than one head turned to look at them, more than one remark singled them out, "There goes Corey Porter, senior president, swell guy!" and, "That's Sally Blair. She was voted the most popular girl in her school and now she's to be Queen of the carnival!"

"Remember," Corey said, "you're my girl this week-end, Sally. Anyone who tries to break that up had just better watch his neck!" His look was so fierce, so possessive that Sally laughed.

"I guess no one will dare try," she said. "That is if he values his neck." But she knew that Corey would find plenty of competition. Wherever she went Sally always held court.

A BREATH-TAKING SCENE Rounding the bend they came on

a dazzlingly beautiful sight, wind rippled snow, sparkling with myriad tiny diamonds, dark sentinels of pines marching up the mounttain sides, a blue, blue sky spread like a canopy overhead, and crowds and crowds of brightly-costumed

"Isn't it lovely?" Sally exclaimed, and then, "Oh, Corey - look at that!" She caught his arm, standing breathless, watching a dark figure poised high above their heads, a figure that vorlaged now with one swift graceful forward movement, poised for the gelandesprung, or jump, rose like a bird silhouetted against the sky, then skimmed down the trail of the slick steep slope, a cloud of snow like silvery smoke billowing behind, to



ISSUE NO. 12—'40

Dressing Up Your Windows

Your curtains are a definite gauge of your taste, and of how much attention you pay to the principles of decorating. Many windows are likely to be overdressed, and so it is important to study your home very carefully before you select new fabrics for any of them.

Simple, informal rooms suit most persons best. Heavy draperies are out of place in them, ard have the added serious disadve .age of being expensive. Use interesting but unpretentious fabrics if draperies are called for. Or do not hesitate to eliminate them. In many cases windows can be fully as atractive with just glass curtains of fine net, sheer n i n o n, beautiful marquisette, voile, organdy or casement cloth.

everywhere to get the first glimpse of freshness and beauty, which heralds the arrival of spring. For your Easter dinner I thought probably you would like

(platter garnishings-half pears filled with red currant jelly). Potato Nests with green peas. Ginger Ale Salad Cheese Wafers Orange Pie Coffee Milk Lavender and yellow mints.

> Platter Garnishings-Fill canned pears with red currant jelly and, if you wish, you can have the pears appear really rabbit-like by making tiny ears from some marshmallows, and pink eyes made with gumdrops. I know you will find the correct shade if you will just watch for them. These pear decorations can be placed on platter alternately with devilled eggs. The whole placed on lettuce nests presents a real Easter appearance.

By SADIE B. CHAMBERS

Once again the world is pre-

paring for that beautiful Spring

Pageant of Easter. What a won-

derful privilege to be able to

quietly meditate upon that beauti-

ful message of Peace and Hope,

which all Christendom commem-

orates at Eastertide. Then of

course, there will be the usual

Easter parades and the observance

of all Easter traditions. To the

homemaker, is presented a pan-

oramic parade of baked ham, the

decorations of the egg and the

rabbit sprinkled with lovely spring

flowers, and everyone striving

Easter Dinner

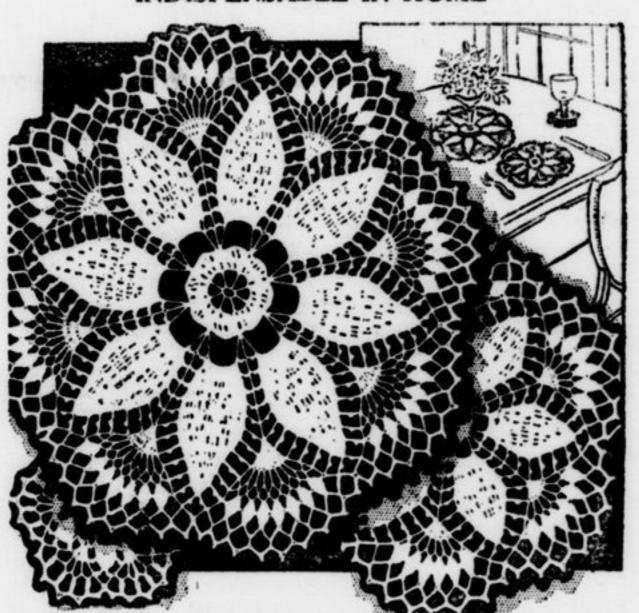
Chilled Grape Juice

Roast Ham

this arrangement of menu.

Baked Ham Choose ham in size according to the size of family. Wipe ham

LAURA WHEELER FINDS CROCHETED DOILIES INDISPENSABLE IN HOME



COPR. 1939, NEEDLECRAFT SERVICE, INC. PATTERN 2358 CROCHETED DOILIES

These three-sized crocheted doilies made into luncheon sets, buffet sets, or individual doilies, will help you make your home attractive for every occasion. Pattern 2358 contains directions for making doilies; illustrations of them and stitches; materials required.

Send twenty cents in coins (stamps cannot be accepted) for his pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly Pattern Number, your Name and Address.

lie, another of Corey's fraternity brothers, and another ardent admir-

was just for him now. The Queen er of Sally's, claimed. singled out a humble subject, be-"I'll take you up on that," Sally stowing a special favor. She would said coolly, with a little proud toss show Corey that he was mistaken. of her head. Her heart beat hard Sally had yet to meet the young with anger and determination. "It man who would not have any time is a double dare, Pudge. For Corey's in on it too, I'm sure." She turned to him, her dark eyes dancing now. Someone hastened to go through "Check, Corey, my lad?"

> A THRILLING CAMPAIGN "Check." He nodded solmenly. That was their phrase to seal a bargain. "Well then," Sally said, "if we

are going to get started for the twohour climb up the hill, suppose you fasten my ski-bindings a bit tight-

er and we'll get going." But Sally was not thinking of ski-ing. Her pretty head already was outlining a campaign that promised more thrill and excitement than conquering a mountain. (To Be Continued)

White-Meat Turkey

A Chehalis, Wash., farm couple has the answer to the problem: "Who gets the white meat?" According to Mr. and Mrs. Ar-

thur L. Hamilton, there will be no more family quarrels on the point. From now on, they said, a gobbler can furnish enough white meat to pass around the entire table. They developed a breed of turbravery and skill. "Though I'll bet keys with abnormally large breasts.

Easter Oddities

Good Friday was known to the Danes as Long Friday, because sermons of great length were preached on that day.

Bun Eating is not a recent custom. The first people to eat buns were the Egyptians, and the word "bun" is derived from "bous," a horned cake which was an effigy of their sacred heifer. The bun represented the moon and the cross its four quarters, and was worshipped by the Greeks, Romans and Egyptians.

Throwing at Cocks was a .popular pastime at Easter Monday fairs about 100 years ago. Men and boys stood some distance away and hurled heavy sticks at cocks, in the same way as they shy at coconuts to-day. This barbarous sport was a salve to their consciences, because the cock crowed thrice during the denial of Our Lord by Peter!

Mobbed for Smiling: In many American towns all businesses, transport and pleasure used to cease on Good Friday from ? a.m. to 3 p.m., as a reminder of the Crucifixion, and people have been mobbed for smiling and lynched because they ignored this unwritten law.

If your skin is dry and chapped, try washing it in warm milk.

with damp cloth and place in roasting pan with heavy side up. Pour about one inch of water in pan. Cover pan very closely and bake in a very slow even until ham is tender. About 30 minutes should be allowed for each pound. When ham is tender, drain off liquid and carefully remove the skin. Mix crumbs and brown sugar - in proportion, three parts sugar to one of crumbs, and 1 teaspoon of mustard. Rub on the fat surface on the ham with this mixture as a heavy coat. Score in diamonds and centre the diamonds with whole cloves. Sprinkle with paprika and place in the oven uncovered to brown. Transfer carefully to heated platter surrounded by the pears and eggs on nests.

Ginger Ale Salad 11/2 tablespoons gelatine 1/2 cup cold water

1 tablespoon lemon juice 1 pint ginger ale 34 cup diced peaches

1/2 cup maraschino cherries 1/2 cup diced pineapple Lettuce

Salad Dressing Mint leaves.

Soften gelatine in cold water then set container in warm water until the gelatine is melted. Add lemon juice and ginger ale, mixing well. Have individual molds ready rinsed in cold water (I hope you have some rabbit molds). Place three mint leaves (water cress makes a good substitute) in bottom of molds. Place about one tablespoon of gelatine mixture in mold, enough to cover leaves. Set in the refrigerator or where very cold, to mold. When the rest of gelatine mixture is cool (not set), stir in the prepared fruit. When molds have been set, fill with the rest of mixture. When ready to serve unmold on shredded lettuce and serve with salad dressing, which has been thinned with whipped cream. (Pineapple must be cooked pineapple or it will not

Orange Pie

1 cup sugar 41/2 tablespoons Benson's corn-

starch

1 cup orange juice

1 tablespoon lemon juice

% cup boiling water 3 eggs

14 teaspoon salt

1 cup of diced orange sections Baked Pie shell. Place orange and lemon juice and boiling water in double boiler. Mix the corn starch with cold water very thoroughly until smooth and add to the mixture in double boiler. Mix well and stir until thickened. Boil for ten minutes. Beat egg yolks well; pour thickened mixture over the eggs beating well. Return to double boiler and cook for five minutes. Add the orange segments, which have had all white removed and cut very finely. Pour into baked shell. Beat egg whites very stiffly, adding 1 tablespoon of fruit sugar and 1 tablespoon of corn starch. Add to top of pie and

READERS, WRITE IN! Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even

brown lightly in a medium oven.

Then chill.

ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto,"

Exploding Public Enigma Number One

by MYRTLE WEAVER

(The author of this article is the wife of a typical Canadian business man, with a business background herself, and with children approaching voting age. The thoughts which Mrs. Weaver expresses out of her fresh concern for Canada not only bespeak the average Canadian mind at this time, but possess a shrewd insight into the critical situation that faces the Dominion.)

Have you ever heard anyone say: "I don't know HOW to vote." "What CAN one believe?" "If a



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candidate IS elected, what can he

Multiply my futility of outlook by that of one hundred thousand, or several hundred thousand others, and what have you? An intelligent electorate?

Have you ever carelessly critiure that promised simply personal advantage? - community advant-

age? - I have. Multiply my desire for something which will further my intereste, and what have you? A national

benefit? Have you ever varelessly criticized a candidate of the "other" party? Have you ever been influenced by public denunciation, or whispering suggestion, vitriolic

abuse, innuendo or ridicule? I have. Have you ever taken the trouble to sift idle rumours? Have you ever used a pencil to make figures take their rightful places? Have you ever kicked the snowball of suspicion apart before it assumed mountainous proportions? I have NOT. Is the result an atmosphere of national goodwill - free from prejudice?

Recognizing these things, what contribution am I able to make to effect a change in present conditions? What am I willing to do?

First, keep an open mind. Refrain from destructive criti-

Appreciate the sacrifice of men who give their lives to public ser-

Take time to think constructively and express to each candidate the policy that I should like to see adopted for Canada's national needs, an example of which is our need for release from sectional interests and fear of material change. Freedom from these should result in cumulative effectiveness of all

forms of thought and service. The late Lord Tweedsmuir exprossed this thought pointedly in his statement to the Canadian institute of International Affairs in Montreal, October 12th, 1937, when he said (in part), "If the Commonwealth, in a crisis, is to speak with one voice, it will only be because the component parts have thought out for themselves their own special problems, and made their contribution to the discussion so that a true common factor of policy can be reached."

I am prepared to do this. Are

Apathy can only be routed by a determination to know facts, face facts, use facts: by assuming the responsibility of citizenship.

Multiply one responsible citizen by one hundred thousand, or several hundred thousand, and what have

No! A Vital Nation - A True Democracy.

An electorate grounded by futil-

Hand-Knit Hosiery Popular In Paris

PARIS-The colored hand-knit stockings which American girls have been wearing with sports togs have crashed Paris town fashions in hordes. Schiaparelli launched them tentatively for sports a couple of seasons ago. Now she is sponsoring them in lisle thread with printed summer frocks as well as with wool tailleurs. Maggy Rouff shows them in wool in all her new colors to accompany spring tweeds. Ilda is knitting them in either wool or mercerized cotton in amusing patterns, as for example plaids or white stars scattered over a sky-blue ground Mme Agnes was the first elegante to launch colored wool stockings in Paris. She's been wearing them all winter with girlish low-heeled strap slippers.

