Spring Gloves Worn Shorter

New Lightweight Suede-Fabrics Are The Most Popular Materials

Short and sweet are the gloves you'll wear with your new Spring suit. Crisp and ever so young, they are tremendously smart in the new lightweight suede-fabrics. New and expensive-looking style details are quickly evident in self or contrast ing hand-stitching, clever button and buckle accents. Even the popular one-button shortie shows new stitching details. However, fashlou goes to the other extreme when it comes to short-sleeved costumes and sponsors the new longer six or eight button fabric glove with dressmaker detail in clever back shirring. Best of all, all types of Spring gloves come in spotless white as well as the new pretty pastels.

THE MASCULINE NOTE Masculinity is the latest note in women's gloves this Spring. Smart women will be seen wearing mannish, hand-stitched, wrist-high pigskins. The gloves that will be worn with the new sportswear will be just this side of pure masculine, rescued only by a loose-fitting effect around the wrist.

SPRING BONNETS



Virginia Grey wears this new spring hat for afternoon or cocktail hours. It is in dusty rose silk braid, the round skull cap crowned with a circle of cabbage roses. Filmy net in a blocked design is worn as a belowthe-shoulder veil.

Cooks Destroy Food Elements

Vital Properties Are Removed By Improper Cooking

It is pointed out by an authority on nutrition that the great majority of professional cooks and housewives in Canada are in the habit of pouring down the sink the most valuable element of vegetables, in disposing of the water in which these have been boield, says the Sarnia Canadian-Observer. In the case of most vegetables the health giving vitamins and mineral salts are set free in the boiling process. The water is then drained off and the vegetables go to the table minus the properties that are needed for health. The same process is resorted to in the preparation of vegetables and fruit for cooking. They are left in water, sometimes for hours, a procedure that robs them of a considerable part of their vital elements. The reform required is that the water thus impregnated with mineral properties should be used in some form. The competent, scientific cook of the future will find ways to do that, if it still is necessary to use large quantities of water in preparation of vegetable

WATER DRAINED OFF There are many other simple expedients that ought to be known and practised in the kitchen. And throughout the country hundreds of thousands of persons are suffering various disabilities that arise from chemical deficiencies caused by the removal of natural elements from the food. The government of Can ada has come to realize that there is a serious situation in that regard and has taken steps to disseminate information on the subject. It is a step that ought to have considerable effect on public health in the coming years.

Tattoo, 1940 Style

Hearts and an arrow, or initials, or a name were the stock in trade of the pre-war tattooist. "But times have changed," H. G. Derrick, tattooist of Old Marhet street, Bristol, England, reports. "Modern couples like their identity numbers tattooed."

But it is all right. If they phange their minds about their boy friends, a process has been invented whereby the number can to award and zo-tattooed.

*They're So Convenient

*TEA BAGS

OUT of the NIGHT BY MARION WHITE Copyright, 1937, NEA Service, Inc.

CHAPTER XXXI It was the following Sunday. Cilly was preparing tea in her apartment. She expected Sergeant Dolan. And Jim, of course. But Jim lived here now. They had been married the previous afternoon, with Sergeant Dolan, ironically enough, serving as best man.

Just at this minute, Jim was out checking their bags to the airport. Some time tomorrow they would be in Utah, to welcome Jim's father

She peeked into the oven, to see if the biscuits had browned sufficiently. "There is nothing I like more," Dolan had told her, "than hot biscuits for Sunday tea . . . It is not often, you know, that a tough id bachelor like myself finds any. body willing to bake them."

Weil, Cilly was willing. If she lived a thousand years, she could never do enough for Sergeant Dolan. When she thought of that terrifying whiri of events the previous Thursday evening . . . the last awful second when she opened her eyes and expected to see Jim lying at her feet dead . . .

Instead it had been Hutchins whom the bullet had found - the self-opinionated, superior Harry Hutchins. She saw the stream of red dripping from his hand, the gun on the floor where he had dropped it. And behind her, outside the shattered glass of Ames and Wakefield's front door, stood Dolan, his service revolver smoking.

It was no less than a miracle. Not only once, but twice that evening, Dolan had appeared at the very second when he was most needed . . And now Harry Hutchins was safely behind bars.

JUST THE FINAL PROOF He didn't stand a chance. The cards were stacked against him. The evidence Amy had left behind her was complete: There was the perfect sequence of his activities, from the moment he stepped from the Utah plane following the theft of the bonds . . . the record of the hotel he had gone to immediately, the affidavit of the landlady in whose house he had lived next . . .



Everything

Starts Next Week

the various transactions in disposing of the bonds, one at a time. Everything was there, except the final proof that he and the man Worth were one and the same. And

You Can't Have

Success, money, love, everything had come to Sally Blair, without the seeking. All of which explains, perhaps, why she set out to win the attention of Dan Reynolds when already she held Corey Porter's heart in her hands. But Sally learned there are some things in life beyond price. Read her story in a romantic new serial of

SKI'S THE LIMIT

the outdoors.

once he was taken into custody,

Mr. Caffeine-Nerves Gets Erased



SECRETARY: I think I know

your trouble-too much tea

or coffee! You've got caffeine-

nerves and the thing that

will fix that is to drink

Postum instead.

MR. CAFFEINE-NERVES:

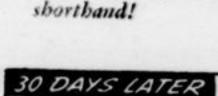
This office would

drive anybody to

the nut-house!



Hush up, meddler! -stick to your



OFFICE MANAGER: Miss Jones, you're psychic! I've been drink-



MR. CAFFEINE-NERVES: I'm always erased when they switch to Postum!

 Many people can safely drink tea and coffee. Many others-and all children-should never drink them. If you are one of these, try Postum's 30-day test. Buy Postum and drink it instead of tea and coffee for one month. Then, if you do not feel better, return the container top to General Foods, Limited, Cobourg, Ont., and we'll gladly refund full purchase price, plus postage. Postum is delicious, economical, easy to prepare, and contains no caffeine.



that was easily established. A dozen people from the bank identified the photographs which the police rushed to Bluefields.

asked herself why the truth had not dawned on her before. What other reason would a girl like Amy Kerr have for pursuing a friendship with the man, if it weren't because in that way she could keep a close check on him? She had acted her

such a girl was done in . . . "

Unfortunately however, she could not know when it was that Hutchins finally became suspicious of her and probably not until a few months previous, when, under the name and appearance of the elderly Mrs. Elliot, he had taken the vacant furnished apartment above to watch her.

cover that Hutchins was the man?" Dolan asked Cilly.

somewhere in the back of my mind was always the wonder why Amy ever kept up a friendship with him. I guess I must have been thinking that when all of a sudden, like a series of flash-backs in the movies, a dozen other ideas popped into my head. Suppose it had been Hutchins hiding out in 2-A. Then everything else fitted together into a perfect picture. I had a curious feeling about him ever since he was here on Thursday evening . . . the wonder is that the truth didn't then dawn on me. He was here with me in the living room, and the outer door bell rang. He mentioned something about a taxi for him, and he walked right over to the buzzer, I was surprised that he knew where to find it so quickly. It was that familiarity with this apartment that should have told me the story instantly. You'd have understood it, sergeant."

I found the Bluefields newspapers," with me. He went upstairs immediately and cleared out any evidence I suppose. He came here twice just to find out from me how the case was going, to gloat, perhaps, that he was getting away with it so nicely. It was that telephone message he worked so neatly, and the trip that night to Connecticut to mail the note from a Mrs. Elliot to Mr. Johnston, so you wouldn't investigate her apartment . . . Did you check on the phone call, sergeant?"

"Yes, it was just as you thought. Hutchins rushed down from the roof and phoned Gloria Harmon from the apartment upstairs. Then, after he got away from here, he hurried back to his hotel and recorded the call himself on the switchboard operator's pad. Neither of the night operators remembered doing it."

RECORDED THE CALL HIMSELF

claimed. "Remember that hotel, Jim? We had dinner there one evening. It's such a small place, and I guess there's only one man on duty at night to run the elevator and handle the switchboard and sit at the desk. It was simple for Mr. Hutchins to write the number down himself. Probably just about that time - one o'clock or so - there's a change of operators anyway. Of course, you'd have discovered it anyway, sergeant, as soon as the telephone bills came through."

Dolan shook his head. "I doubt

For the thousandth time, Cilly

part so thoroughly. In fact, her entire investigation was a marvel of intelligence work. Sergeant Dolan himself remarked that. No special investigator, no group of investigators, could have done more. The discovery, for example, that Hutchins was about to leave Chicago, when Amy arranged to be on the same train with him and strike up an acquaintance. "Well," as Dolan said, 'it took a lot of nerve and brains. To think

That was the tragedy of it. Amy had done it all, single-handed, and given her life for it. If only she had confided in someone, in Cilly, at least.

WEDDING SUPPER Cilly took the biscuits, browned to a golden crispness, out of the oven. If Jim and the sergeant would only be on time . . . yes, here they were now, together. She saw them through the kitchen window. A moment later, their combined bulk filled the tiny kitchen.

"Everything is ready," she announced. "Another five minutes. sergeant, and your biscuits would have been stone cold . . . Come, sit down right away."

It was a very special feast - a combined wedding supper, thanksgiving and bon voyage send-off. Sergeant Dolan contributed the flowers, a glorious corsage of orchics. And after dinner the three talked long, finally returning to the very strange case. "Say how did you actually dis-

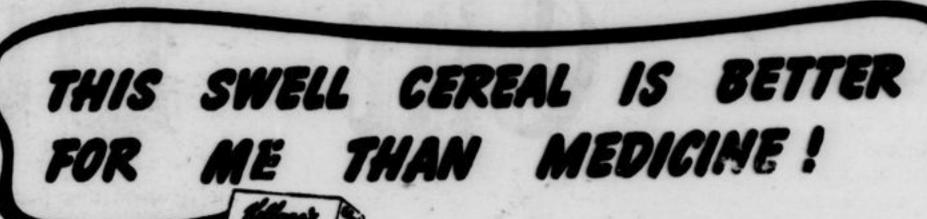
"I don't really know. Of course,

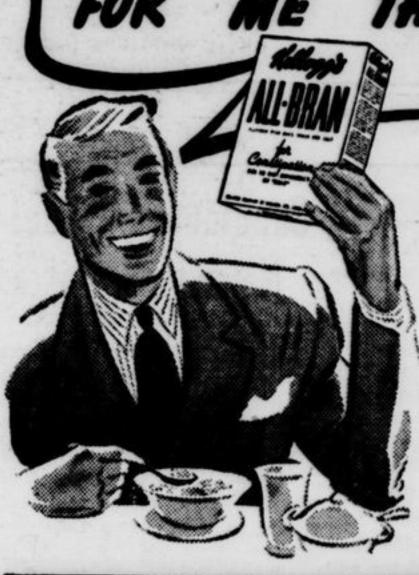
Dolan shrugged. "Maybe I would and maybe I wouldn't. We can't account for the ideas that pop into our head, nor for those that pass

"You remember the evening that Cilly went on. 'They were thrown down the incinerator just a few minutes after Hutchins was here

"I was sure of that!" Cilly ex-

it. If we definitely suspected him, we could check, of course, but otherwise-" He shrugged. "The hotel operator would never say anything about it. That would be reminding the telephone company that they'd forgotten to charge for one call, and few people are that honest. There'd be no special record of it on the telephone bill to Mrs. Elliot because it was a local call from here.





" couldn't make up my mind which was worse - to endure constipation or try to cure it with harsh purgatives. Now I do neither. I prevent it by eating Kellogg's All-Bran. It's a lack of intestinal bulk that causes this common type of constipation. All-Bran supplies the needed bulk and also the intestinal tonic vitamin B1. I eat it as a cereal or in delicious muffins. It's great to be 'regular' again." You can get All-Bran from any grocer. Made by Kellogg's in London, Canada.

ALL-BRAN

GET YOUR OUNCE OF PREVENTION EVERY DAY

No, I don't think we'd ever have caught him on the telephone slipup. He's slick. He figures things out carefully. I worked all Friday trying to get somebody at the Ralston to identify him; he was there, I know it, to plant the bonds and that blue belt, but not a soul saw him. Oh, he'd have gotten away with the whole thing, if it weren't for that evidence in the safety deposit box. What bothers me is the reason he didn't try it sooner. Don't you suppose, Jim, that he heard Amy tell you about it up on the

Jim shook his head. "He couldn't have heard everything we said. We were over near the edge, you see, and he must have been behind one of the furnace stacks. We'd have seen him otherwise . . . " His voice trembled, and he lowered his eyes, as if to hide a guilt.

TRY TO FORGET

He would always feel this guilt, whenever his meeting with Amy on the roof was mentioned. He felt personally responsible, as if he alone had lured her to her death. Dolan laid a sympathetic arm across his shoulder.

"Try to forget how it happened,

Jim," Dolan urged, very kindly. He folded his napkin laboriously, cleared his throat. Then, in the brusque, severe voice that had so often frightened Cilly, he added: "Well, I enjoyed the supper . . . the best biscuits I ever ate, Priscilla, What a girl you are! Smart, goodlooking, and a good cook besides! Say, if ever the old man doesn't treat you right, just remember me. will you?"

He grinned, and they all got up from the table. A few minutes later, Cilly and

Jim, arm in arm, watched him from the window as he disappeared down the street.

(THE END)

Tabby's Titles

Recently Tit-Bits published phonetic translation of sounds in different languages, and the cat's miaou was one sound which each of these languages interpreted in the same way. It is strange that the word "cat" is so similar in various languages. In Scandinavia the animal is called "katt," in France "chat," in Germany "katze," in Holland "cat," in Italy "gattto," in Spain "gato," in Russia "kats," and in Poland "kat." And the Romans had a word for it-"catus."



The Refrigerator that's Almost All Food Storage Space. An Extra Shelf - at No Extra Cost.



SEE THE NEW NORGE AT YOUR LOCAL DEALER'S

By SADIE B. CHAMBERS

ST. PATRICK'S DAY No matter what nationality of host or guests or just plan family, St. Patrick's Day has always been a day anticipated by all interested in appetizing and appealing menus. A jolly aura seems to surround the 17th of March. As we observe such attractive accessories, everyone with that sense of hospitality will wish to join with Erin's own sons and daughters in celebrating. This year we have the unique combination of Palm Sunday and St. Patrick's Day and there will likely be a desire for a family dinner party.

ST. PATRICK'S DAY DINNER

So then "Top of the Morning"!

Cream of Spinach Soup Fried Chicken Southern style Dublin Potato Nests - Green Peas Mint Fruit Salad

Shamrock Rolls Lemon Chiffon Pie Green Tea

Green and White Mints **Dublin Potato Nests**

Boil potatoes in the usual way for mashing. When cooked and mashed mix to the proper consistency with cream or rich milk, adding salt and pepper, 1 teaspoon of fruit sugar and 2 teaspoons chopped chives. Form into nests either with pastry tube or spoon, fill with buttered green peas.

Mint Fruit Salad

Toss together 1 cup diced grapefruit, 1 cup diced pineapple, 1 cup chopped celery, mix well with boiled salad dressing which has been thinned and tinted with syrup from green cherries. Lastly add 1/4 cup after-dinner mints. Serve on chopped watercress (lettuce will do) and garnish with green cherries.

Fried Chicken (Southern Style) 1 medium sized chicken Salt and pepper

14 cup cooking oil 1 cup rich milk.

Cut the chicken into four or six pieces. Dip each piece quickly in cold water, then sprinkle with salt and pepper and roll in flour. Have oil ready very hot in frying pan. Saute the chicken until each piece is brown on both sides. Drain the pieces well and arrange on a platter (be sure platter is warm). Set in a warm place while making the gravy. Pour all out of pan, leaving two tablespoons of the fat and mix evenly with 2 tablespoons flour; then add the milk. Season with salt and pepper; pour over the chicken. Add a little chopped parsley to the gravy before pouring.

Lemon Chiffon Pie 1 package lime Jell-O 11/2 cups boiling water 4 eggs

% cup granulated sugar

1/4 cup lemon juice 1 baked pastry shell. Dissolve Jell-O in boiling water and add salt. Beat egg yolks well; add the sugar slowly; add the gelatine mixture. Beat the whites o eggs stiff and fold into gelatine mixture. Turn into baked pie sheli and chill. Whip 1/4 pint of cream; place around the edges, leaving the centre uncovered. Make shamrocks for the centre decoration by using pistachio jelly powder made in the usual way, but after adding the boiling water, place in a shallow pan until firmly set. With a cutter (shamrock shape) cut the shamrocks. The rest of this jelly need not be wasted. Beat up or put it through the ricer, mix with whipped cream and serve as dessert for the next meal. For your shamrock rolls, make

rolls in the ordinary way, then cut three pieces; place them in a muffin pan, shaping. Leave to rise and cook in the ordinary way.

Honeyed Sweet Potato Slices 6 modium-size sweet potatoes,

1/2 cup honey 1 teaspoon salt

1 cup Kellogg's Corn Flake crumbs 2 tablespoons butter

Scrub potatoes thoroughly and cook in boiling water until tender. Peel and cut into slices 1/2-inch thick. Dip in warmed honey and roll in salted Corn Flake crumbs. Place in greased baking pan and dot with pieces of butter. Bake in moderately hot oven (425 degrees F.) about 25 minutes. Yield: 6 servings.

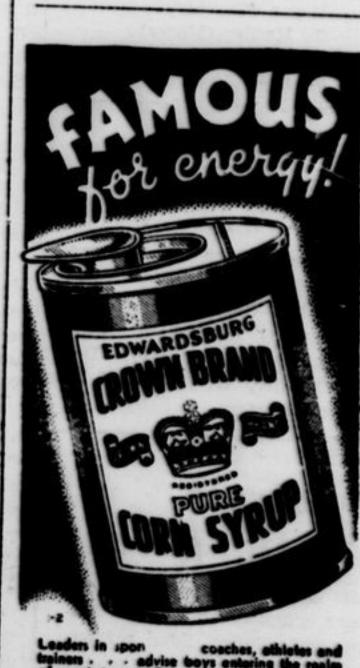
READERS, WRITE IN! Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Mise Sadie B. Chambers, 73 West Adelaide Street, Toronto."

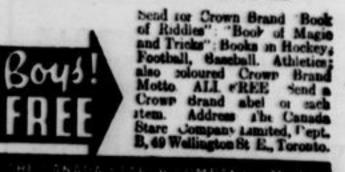
More Bookcases In Living-rooms

More bookcases are being fitted into the American living room. Manufacturers don't make things year after year unless they are selling, and the number of openshelf types exhibited at wholesale markets proves a heavy demand.

The new cases are low, with open shelves, used in combination with other cabinet units - with chests of drawers the same size as the bookcases; with cabinets whose doors open on linen trays; with a combination desk and chest. All these fit together to make the living room more convenient and livable.

The gross value of agriculture production in Canada during 1939 is estimated at \$1,133,545,000 compared with \$1,036,530,000 in





ISSUE NO. 11—'40

Wholesal Index

Vegetable Produ ly from Year trial Mat

The Dominion ics reports its commodity price in the week en 82.2 the previo in the week end Main factors yearly compari Vegetable prod 60.5), animals a 80.0 (79.8-73.) and textile p

and paper, 86.4 and its produc (7.6); non-fer 100, was 122 4

Ontario E Indi

Natives Must Nos Provincial Fish

Hon. H. C. Nixi

cretary, told a time ario Tourist Trade by a decision rai and Federal anthe of Ontario, the old has been abroga-The treaty gay as "long as the sun shines and the abide by the Ontar Laws, said Mr. No aside certain large clusivo rights to in which India

game laws. INDIAN POACE The issue, long a troversy, came to ruary, said Mr. N known to be a po moose and several charged and convis istrate's court and appealed by the ment of Indian Ams of the old trenty.

upheld by judgemes lo Appeal Court am appealed to the 2 which however, did final decision came negotiations betwo

Federal authorities.

"Think Tanks

Brains Puz To Scientis

and Idiots 200 brains from se and ordinary person report after studying

they give no indica

mental capacities Any biologist what explain some of the collection. Many let tackied the problem freiled.

BLOOD STREAM Donaldson, world II gist and brain specal as one of the institu For 35 years, Dr. D of weight, size and a etion, but he died at without reaching a his many theories. own brain to the insi-In one of his last pa aldson indicated that the bloodstream, Il weight or contour of

Find Meat-ea Aren'

counted for he super

A scientist maintal meat has a harmful al chords. Britons, more meat than most alities, and good sing therefore rare. Th little meat-their chiefly of vegetables -and Italy is full ing voices. As a furt mentions that all so vegetarians; carnive such as vultures, en can only utter han