## Oysters Are "Food Pearls"

For Protein, Phosphorus Calcium. Iron and liodine

Do you wonder, every time you open an oyster, if you will be lucky enough to find a pearl? Well, you do. Oysters themselves are pearls - food pearls. One pint of oysters will supply about one quarter of the protein, one half of the phosphorus and one-third of the calcium and all of the iron and iodine required in the food of an average person daily and oysters also contain vitamins A. B. C. D. and G. If these don't make oysters gems in the nutritional line, we don't know diamonds from rubies.

Oysters should not be placed in water before opening. When serving oysters on the half shell, to clean the shells, sprinkle them with water and brush them; in this way the oyster does not open to absorb

To open oysters: put a thin knife under the back end of the right valve, or shell, (the shallower shell is the right), and push forward until the muscle, which holds the shells together is cut. The right valve can then be raised from the

#### New Ice Highway To Pelee Island

The ice trail between Pelee Island and Kingsville, a distance of 16 miles, has become a regular highway the latter part of this winter, when dozens of motorists have motored over the ice fields of Lake Erie to the mainland to buy supplies, before the ice breakup comes in the spring.

The only means of transportation between the island and the mainland for the past number of winters has been by airplane, therefore, the islanders are appreciating and taking advantage of the ice roadway the lake has provided this year.

Tommies Enter Front Line



Plodding through a heavy blanket of snew. British Temmies are shown making their way along a communication trench towards front line positions on the western

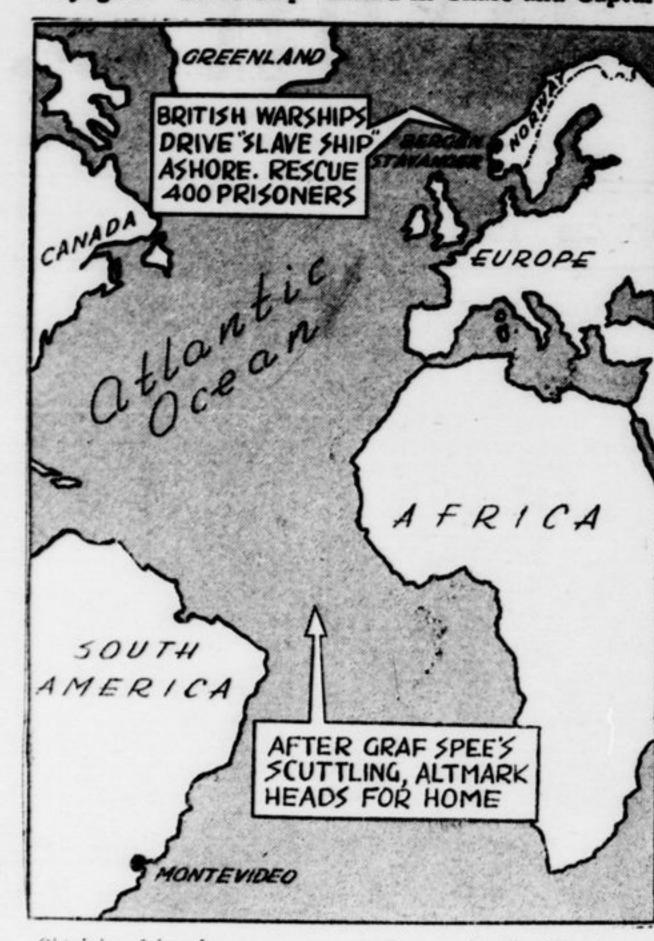
## Forest Industrie. Rely On Spruce

Continuous Supply Is Necessary In Pulp and Paper-Making

Canada's forest industries, particularly the prip and paper industry. depend to a large extent for their existence upon a continuous supply of spruce, according to the Dominion Forest Service, Department of Mines and Resources, Ottawa, The spruce forms 39 per cent, of the 4ccessible standing timber of the Dominion, and 25 per cent, of the wood used annually for all purposes. It is the principal wood used in the manufacture of pulp and paper, and ranks second only to the Douglas fir in Canadian lumber pro-

Spruce is the most widely distributed of any kind of timber, with its range extending from the Atlantic to the Pacific. There are five species in Canada, black, white, red. Engleman and Sitka. Black spruce and white spruce occur in each province. Red spruce is confined to the Maritime Provinces and Quebec, Engleman spruce to the interior of British Columbia and Western Alberta, and Sitka spruce to the coastal region in British Columbia. The Sitka spruce is known in Great Britain as "silver spruce" and is the best wood known for aircraft construction as it is light and resilient and does not splinter o shatter easily with impact.

Voyage of "Slave Ship" Ended In Chase and Capture



Obtaining false clearance papers at Bergen, the Graf Spec's supply ship Altmark was spotted by two British patrol planes as it attempted to dodge along the Norwegian coast in a dash for Germany with hundreds of captive British seamen in its hold. British naval vessels, swiftly summoned to the scene by the patrol planes, overhauled the Altmark and forced it aground, rescuing the captive Britishers and killing a number of the Altmark's crew.

# HAVE YOU HEARD

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

The pilot had taken great pains to explain all about his airplane to the pretty young visitor at the airport-its mechanical features. purpose of this and that, what pilots did to meet actual flying conditions, etc. He looked at the girl and smiled, "Now, you understand, don't you?"

"All but one thing," replied the "And what is that?" he asked.

"What makes the thing stay

We are informed that a humorous Toronto druggist exposes a case of soap in his shop window bearing the pertinent inscription, "Cheaper than dirt."

Sam had just passed through a hair-raising experience. He'd just seen a ghost!

"Yes, suh," the Negro said. "Ah'd jes' come outer the cowshed with a pail o' milk in mah hand. Den Ah hears a noise an' de ghest rushes out."

"Was you skeered?" asked one of his listeners. "Did you shake with fright?"

"Ah don't know what Ah shook with," replied Sam solemnly. "Ah cain't say I shook at all; but when Ah got in de house, there warn't no milk in de pail, only two pounds o' butter!"

A film star was being examined for a new divorce. He had been married six times already and six women gave him a very bad character.

"Don't pay any heed to their stories," he told the judge. "They're only old wives tales."

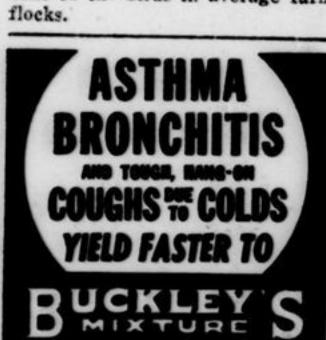
They were having a board meeting of a firm in the city, when the secretary ran in and said the office boy had pinched half the "Disgraceful!" and "Shocking!"

and "Disgusting!" some of the members said. But the chairman said, "Remember, gentlemen, we all had to start in a small way."

"Thanks very much for the birthday cake. But what's the idea of the electric bulb on

"It's forty candle-power.

The poultry ailment known as fowl paralysis is believed so common that it takes nearly 25 per cent of the birds in average farm



# How Can 1?

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

BY ANNE ASH' EY

Q. How can I sew snaps on garments most efficiently?

A. Sew the half of the snap with the projecting point on first. Then press this part down firmly on the material in the place where the corresponding snap is to be sewed. This will leave a distinct impression in the goods to show just where to sew the snap. Q. How can I prevent gravy from becoming lumpy:

A. Add a pinch of salt to the flour that is used for thickening, before mixing it with water. Q. How can I preserve the paint

in a half-used open can? A. Sealing it with paraffin is proof against its hardening. Q. How can I prevent moths from attacking fur?

A. Moths will not attack the fur if plentifully sprinkled with pepper or tobacco, which leaves no unpleasant cdor and can easily be shaken out before wearing. Q. How can I remove coffee

and tea stains from linen? A. Soak the spots in glycerine. Allow to stand for several hours. Then wash in the usual way.

# \*\*\*\*\*\*\*\*\*\*

\*\*\* \*\*\*\*\*\*\*\*\*\*\* SLOW LIGHTNING

Discovery that there are two distinct types of lightning, one the explosive, smashing stroke familiar to everyone, and the other a hitherto unrecognized slow and burning stroke, is announced in the magazine Electrical World. One kind blows a tree apart, the other sets it afire.

SEES OIL UNDERGROUND

A pint of earth, dug from within a few feet of the surface, can be made to give direct signs of oil fields that may be buried 10,-000 feet below. This is done with the mass spectrograph, a new scientific instrument which outdoes the tricks of magicians and which never before has been put to commercial use.

VENOMS STOP PAIN

A combination of venoms from two poisonous southern snakes has been found effective in relieving intense pain from cancer and arthritis and stopping spasms of epilepsy. The reptiles are the rare coral snake and the common cotton-mouth water moccasin.



# **Coal Output**

Previous Year; Coke Tonnage Lower

It's the sugar you eat that causes teeth to decay, Dr. Leonard Fosdick of the Northwestern University (Chicago) dental schoól is Sugar taken into the mouth pro-

duces an acid which, with bacteria normally present, causes tooth decay, he reported to the midwinter meeting of the Chicago Dental Society.

HEALTH

TOPICS

SUGAR AND DECAY

convinced.

"The only method known - at present to control dental decay, which has good scientific evidence to support it, is to avoid the intake of sugar into the mouth," he said.

PLEADS FOR POOR MOTHERS A plea that maternity clinics be established for the poor was made by Dr. Allan Roy Dafoe, doctor to the famed Dionne quintuplets who spoke before several hun-Speaking before several hundred women gathered for the Minneapolis Tribune newspaper wo-

men's press conference, Dr. Dafoe

said the lessons learned as a re-

sult of the quintuplets' care might be made the basis for a broader He urged participation in movements for establishment of clinics for the proper care of mothers and babies "so that all children

PNEUMONIA CONQUERED?

may have the same chance."

Statisticians of the Metropolitan Life Insurance Company are inclined to believe that pneumonia as a death-dealing disease is well on the way to being conquered. They point out that, coincident with new methods of treating the disease, such cutstanding declines in pneumonia mortality have taken place among the insurance company's millions of industrial policyholders in Canada and the United States, that in 1939, as well as in 1938, a new low record death rate was established for the disease. And this improvement has continued into 1940, when a pneumonia death rate of 51.7 per 100,000 was established during the first four weeks of January. a rate representing a decline of 33 per cent as compared with that of the corresponding weeks

### Canadian National Railways Revenues

of 1939.

The gross revenues of the allinclusive Canadian National Railways for the week ending February 14, 1940 were: \$4,355,727 as compared with ...... 3,185,937 for the corresponding week of 1939, an in-

crease of ..... 1,169,790 or 36.7%

Cigarettes released for consumption in Canada during the first nine months of the current year amounted to 5,275,000.



fort-soreness and stuffiness in the nostrile, irritated membranes? Get quick relief. Treat your nose with Mentholatum, the balm with the money-back guarantee! Mentholatum acts instantly—penetrates every nasal passage—soothes inflamed membranes—helps clear head and nose. Get Mentholatum today from your druggist. In jars and tubes-30c.

MENTHOLATUM GIVES COMFORT Daily



FOR WOMEN ONLY If fidgety nerves, restless nights and dis-trees from female functional "irregular-ities" keep you from having fun in life— take Lydia E. Pinkham's Vegetable Com-pound, made especially to help such run-down, weak, ailing women. Try it!

HOW CAN I STOP SMOKING"? The number and urgency of appeals from people who wished to be quit of the habit prompted the writing of a 16-page booklet giving practical answers that have worked. The cost? Just the cost of a pack of cigarettes? Order direct from the author, George A. Little. 112 Lytton Blvd., Toronto. 25 cents with order, or 5 copies for \$1.00 lostage prepaid.

# On Increase

1939 Production in Canada Tops

Canadian coal production during 1939 totalled 15,460,897 tons, compared with 14,294,718 the previous year, the Dominion Bureau of Statistics reports. Imports totalled to 13,884,816 tons, compared with 13,-461,614 and exports 376,203 against

Coke production amounted to 2,-388,927 tons, compared with 2,352,-003 in 1938. During 1939, 1,104,371 tons of Canadian coal and 2,207,707 tons of imported coal were charged to coke ovens. Coal production during Decem-

ber, 1939, was 1,457,825 tons, compared with 1,350,986 tons in December, 1938. Bituminous coal output was 1,059,055 tons, sub-bituminous, 53,166 and lignite 345,604.



Reindeer, so much used in the northern European countries, are the only domesticated species of deer in the world.

The total production of gold in the world since the discovery of America has been estimated at 1,294,935,511 fine ounces.

## .. CLASSIFIED ADVERTISEMENTS ..

AGENTS WANTED SELL WHAT EVERY HOUSEHOLD

ing guaranteed Familex Products. Quick and Sure Sales - Fair Profits - Repeat Orders. Get facts and catalogues today: Famuex Products, 570 St. Clement, Mont-

APPLY GOLD INITIALS ON AUTOmobiles. Profitable opportunity. Samples 10c. Proposition free. Pethick's Monograms, 867F. Toronto.

BARY CHICKS

BABY CHICKS, ALL \$9 PER HUNDred. Barred Rocks, White Legforns, R. I. Reds. Wyandottes. New Hampshires. February and March delivery. Carlton Hatchery. Britannia Heights, Ont.

BIG, HUSKY, QUALITY CHICKS, buy from a breeder who has a reputation for liveability. We honestly believe our stock the best obtainable. White Leghorns, Barred Rocks, Hampshires, low prices. Niagara Poultry Farm, Niagaraon-the-Lake, Ontario.

LOGICALLY POULTRY FARM Bred chicks are better value than hatchery chicks. Five breeds relection, 7 cents and up. farm raised pullets. Circular on request. Highway Poultry Farm. R.R. No. 1, Waterloo, Ontario

CHICKS, WHITE LEGHORNS, 9c, Barred Rocks and New Hampshires 10c, from Government approved, blood-tested stock. Write for catalogue, Brucedate Poultry Farm, St. Thomas. Ont.

MORE FOR YOUR MONEY IN THE new 1940 Tweddle Chicks, more breeding, more egg laying ability. more meat producing ability, and more chicks for your money. You can buy Tweddle chicks as low as \$9.45 per hundred, 18 varieties to choose from, Send for free catalogue and price list. Tweddle Chick Hatcheries Limited, Fergus, Ontario.

SATISFIED CUSTOMERS OUR best advertisement. Read what our when you buy Baden chicks you get quality chicks at a low price. Standard quality White Leghorns \$8.95, Barred Rocks, New Hamp-shires, Hybrids \$9.45, White Rocks and White Wyandottes \$10.45. Heavy breed pullets 90 per cent \$16.90, Leghorn pullets \$18.95. Day old cockerels, three week old capons. Baden Electric Chick Hatch-ery Limited, Baden, Ontario.

JOHNSON'S CHICKS ARE ONE grade, the best we can produce. all breeders are bloodtested and culled. Bred to Lay Barred Rocks and large S. C. White Leghorns. Barron strain. Prices March and April, Rocks 10 cents, 90 per cent pullets 17 cents, cockerels 8 cents. Leghorns 10 cents, 29 per cent. pullets 20 cents, cockerels 2 cents. Safe arrival guaranteed. 10 per cent books your order. Circular on request, J. D. Johnson, Fergus,

ORDER BABY CHICKS NOW, ATtractive prices on well bred Barred Rocks, White Leghorns, Hampshires, Austrolorps, Write for prices, Wingham Hatchery, Wing-

CARS, NEW AND USED MOUNT PLEASANT MOTORS, LTD., Toronto's oldest Chrysler, Plymouth dealers: three locations, 632 Mount Pleasant Road, 2040 Yonge Street, 1225 Danforth Ave.

used cars make us many friends. EDUCATIONAL

STUDENTS NOW ENROLLING FOR courses in Matriculation, Short Story Journalism, Shorthand and Speech Culture, Make use of your spare time. Write today. Canadtan Correspondence College. (es-tablished 1902) 229 Yonge Street.

ELECTRIC MOTORS ELECTRIC MOTORS SUITABLE

for every purpose, Jones & Moore Electric. 296 Adelaide Street W., FISHING TACKLE OR SPORTING

FISHERMEN! SEND FOR OUR new, larger, 1946 Fishing Tackle catalogue, out March 20th. E. Manis, 171 Craig St. W., Montreal,

Quebec. FARM EQUIPMENT FANNING MILL (KLINE) FARMers say best seed grader; wild oat separator, also screening repairs. Testimonials. Kline Manufacturing. Islington, Ontario.

FILMS BEST RESULTS — ROLLS DEVELoped with higloss deckled edged
prints — 25c. Reprints 3c. Beautiful enlargement free. Prompt service. Excel Photos, 1266 Lansdowne Ave., Toronto.

TRIAL SPECIAL - SEND NEGA tive, this advertisement and 16c for three prints and 5 x 7 enlargement, or roll and 25c for eight prints, 5 x 7 enlargement. London Photo Service, Box 551, London, Ont. Established 1919.

Guaranteed CAR AND TRUCK PARTS Used - New

SPECIALIZING IN REBUILT MO-TORS, POWER-UNITS, Hydraulic Holete, Winches, Generators, Start-ers, Magnetos, Carburctors, Radint-ors — Exchange Service, Glass — Parts, Toronto. Levy Auto

FILMS - PRINTS

FREE ENLARGEMENT IN STUDIO veloped and printed by experts. 25c: reprints 10 for 25c. Nu-Way Photo Service. Station "A" Tor-

FOR SALE

HEAVY SIX BUICK MOTOR, 10% Vessot grinder, speed Jack and belts, George Kelso, Markdale, Ontario.

RORSES FOR SALE NUMBER GOOD HORSES, MATCHed teams, one Percheron stallion colt, grey, J. McAninch, Route 4.

LEGHORNS FOR SALE BECKER STRAIN, SINGLE COMP

dark brown Leghorns, males \$3.00. trios \$6.00. Henry Becker, Waterloo, Ontario.

MACHINERY FOR SALE CLEARANCE - TWO ONLY -Brand New Whitte Portable Sawing outfits, steel frame, steel wheels with tongue, swinging steel saw frame takes 24" or 26" circular saws - 5 H.P. Hopper cooled horizontal gasoline engine. fitted with magneto, can be used as portable power plant — sale price, \$285. The A. R. Williams Machinery Co. Ltd., 61 Front St.

West, Toronto.

MACHINERY FOR SALE WADE PORTABLE DRAG SAWS. reasonably priced, easy to operate, a money-maker wherever there are logs to be cut. Write for free descriptive bulletin. The A. R. Williams Machinery Co., Ltd., 64 Front St. West, Toronto.

MEDICAL

SUCCESSFUL SCIENTIFIC STOMach Remedy healed many obstinate cases. User states: For years was troubled with gnawing pain below breastbone. It causes gas and bloating. I tried many remedies, but my only relief was soda and that for short time only. After meals it didn't bother me for a few hours: then if I ate something it stopped coming again after some time. The pain bothered me worse at night. After taking three bottles of Dr. McLeod's Stomachic I was free from pain. I kept on improving and have now been well for six years and enjoying my meals without medicine. If you cannot buy Stomachie at Drug Store write Dr. McLeod's Stomachie Co., 558 Bathurst, Toronto.

GOOD SPRING TONIC. KIPP'S Herb Tablets. Twenty-five cents. All Drug Stores or Malthy's, Tor-

NURSERY STOCK

HARDIEST FRUITS, RARE ORNA. mentals. Request fllustrated cataogue and planting guide: 600 varictics, trees, shrubs, perennial flowers, tested and grown at Dropmote. Order early for free booklet on new fruit recipes, also premium with order. Strong plants; expert packing, guaranteed delivery anywhere. The Man-itoba Hardy Plant Nursery. Drop-

BY ALL MEANS PLANT NUT Trees, Beautiful ornamentals, producing food and wood. Or graft your present stock. For hedges foundation plantings, etc. use fil-berts or Winkler hazels. Write George Hebden Corson, Islington,

OFFER TO INVENTORS

AN OFFER TO EVERY INVENTOR List of inventions and full information sent free. The Ramsay Co. Registered, Patent Attorneys, 272 Bank Street, Ottawa, Canada,

OPPORTUNITIES FOR MEN PREPARE FOR THE FUTURE. INdustry urgently requires trained men. Learn electric welding now. General Welding Works, 100 Jarvis. Toronto.

PERSONAL. QUIT TOBACCO, SNUFF, EASILY inexpensively. Home Testimonials. Charanteed. Advice

free. Bartlett's Rox 1. Winnipeg. HEPATOLA RELIEVES STOMACH and Liver troubles. Symptoms: Pains in right side, under shoulder blades and across hips, indigestion, gas, constipation, gall trouble. Formula of doctor. Results in one day! Price \$5.00. Mrs. Geo. S. Almas, Box 1073W Saskatoon, Sask.

FALSE TEETH LOOSENESS AND annoyance banished cheaply at home by dentist's wonderful discovery for building up old plate to fit. Users amazed. Free information without obligation. Randolph Laboratory, 22 Whitehali Road, Toronto.

KILL HAIR ROOT PERMANENTLY.
Safely, privately. Remove superfluous hair from face, arms, legs,
forever. Treatment \$1.00 postpaid, plain wrapper. Canadian Chemis-try Co., Wilkie, Sask.

PROPERTY FOR SALE SEALED TENDERS RECEIVED
till March 12th for two separate
square Hundreds, 4 acres bush, no
waste, creek, stone house, bank
barn on Highway, Wellington
County, Not encumbered. Five
housand. Apply Mrs. John Place,
435 Woolwich St., Guelph, Ont.

ISSUE NO. 9-'40

SEED FOR SALL wonderful Hay or pasture crop. Red Clover, Alsike, Timothy, mixture, \$13.25 per 100 lbs. Freight paid, bags free, Misner Seeds

SEED FOR SALE

GOV'T INSPECTED, REGISTERED No. 1 and No. 1 Seeds, Oats - Cartier, Banner and Lasalle, Barley-G.A.C. 21. Clover - Alfalfa and Timothy, R. Bruce Ness, Howtek,

SEED POTATORS

BUYING, SELLING, CAR LOTS Truckloads, Table. Certified seed.

Ontarios, Islands. Ask Hiscys, the largest petato dealers in Ontario, STAMPS WANTED

STAMPS ON ENVELOPES. NOTIL ing after 1870, Will buy for eash R. G. Purdy, 216 Glen Manor Drive

TURKEYS FOR SALE WHITE HOLLAND TURKEYS Government approved and utility stock. Prices on application. Bert Irwin, Seaforth, Ontario

USED AND NEW PLUMBING

BATHS, SINKS, TOHLETS, SOIL pipe, bollers, furnaces, radiators, etc. Lowest prices, guaranteed. Catalogue furnished. Main Plumbing Supplies, 921 St. Lawrence,

WANTED ONE 1914-15-16 RUMELY STEAM

consider others. Walter Gerling WATCHMAKING. LEARN WATCHMAKING AT HOME

Engine Catalogue wanted: might

Beginners' outfits from \$5. Nation

al Watch, Regina, Sask. LYONS February Clearance Sale New & Reconditioned

FURNITURE All used furniture is completely reconditioned, guaranteed theroughly clean and sold with positive money back gunrantes of satisfaction. \$19.50 THREE PIECE CHESTER field Suite, upholstered in novelty repp, reversible Marshall spring

\$24.50 SMART, 3 PHECE CRESTERfield Suite, upholstered in blue shade velour, reversible Marshall 825.60 BEAUTIFIL BROWN MOhair Chesterfield Suite, (2 pos.). figured reversible Mars \$22.00 10 PIECE LIVING ROOM

Outfit, comprising 3 piece Chesterfield Suite, Bridge Lamp, Silk Shade, End Table, Sitt Cushion, Table Lamp, Silk Shade, Metal Smoking Stand. \$12.50 STUDIO COUCH, SPRING filled mattress, makes into double or two single beds. 17.50 8 PIECE SOLID OAK DINING room Suite, buffet, extension table and 6 leather upholstered chalts \$24.00 SOLID OAK DINING POOM Suite, buffet, extension table sta 6 leather seat chairs, Perfect. \$39.00 COMPLETE 9 - PIECE DIN

ing room Suite, solid oak, buffet, china cabinet, extension table, 6 leather upholstered chairs. 53.00 LARGE DINING ECOM Suite, in rich walnut finish, buffet, cabinet, extension table and leather upholstered chairs \$69.66 MODERN 9 PHICE DINING room suite, in beautiful 2-tope walaut. Buffet, china cabinet, extension table, and 6 leather uphor tered chairs. \$109.00 BEAUTIFUL SOLID WALnut Dining Room Suite (cost new

approximately \$275), large buffet. extension table, china cabinet 6 leather upholstered chairs. \$59.00 FLOOR SAMPLE, MODERN Chesterfield Suite (3 pieces), reg. \$79. Upholstered in novelty repp. in brown, green or rust shades, bullet type, reversible Marshall spring cushions. \$69.00 MODERN BEDROOM SUITE (factory sample), in bleached walnut finish, waterfall design, Ven-

chiffonier, full size bed, sagicas spring and new mattress. room Suite, (cost new approxi-mately \$256), large buffet, extension table, china cabinet and six leather uphoistered chairs.
\$19.50 SIMMONS STIEEL RED IN
walnut finish, sagless spring, new
mattress and large dresser in wal-

nut finish.

\$39.00 MODERN BEDROOM SUITES
in two-tone walnut finish. Dresser,
chiffonier, full size bed and sagsatistics of the same of the s sagless spring, and new mattress.
\$59.00 FLOOR SAMPLE BEDROOM
Suite in the new bleached walnut
finish with waterfall fronts and
yenetian mirrors. Dresser, chiffonier, full size bed, sagless spring
and new mattress.
\$39.00 CUNNINGHAM PIANO IN
mahogany case, Wonderful condi-

mahogany case. Wonderful condi-\$8.95 HOOSIER KITCHEN CABIN-et with sliding porcelain top. 14.50 6 PIECE BREAKFAST SUITE in ivory enamel trimmed black, buffet, table and 4 chairs.
All merchandise carefully crated for safe shipment on receipt of money order and sold with a positive money-back guarantee of satisfaction.

Lyons Furniture Co.
478 Yonge St.

Blacke M.P.'

week admin of Commi Several said, "only

carly depart blackout f that M.P. The Dail

Affan, and on off over the for a practice minion Ski C coming up at February 28th Boyle, who skill tle of all cont men's events.

when only four Dog P There are g izes. -- French. The dog und r's mood .- Ch A dog has no amily. Chines An old dog d o the collar --

Better have a The dog's ken о кеер и заизау When the de hepherri may si hould not heep When two dop the third runs

not feel them -Sudetens Happ

German Refugees

Western

The dog in in

his flear, the do;

Several hundred Sudeten Germana ly northwest of their old homelan the European war ARE ADAPTING The Sudetens hi Canada within the under a refugee se Grawn up after the ation of Czechoric they speak only Ge ees say they are his

Establishment of milies on land in was supervised as was given \$1,500. The refugees I themselves and gar them with vegetab.