

Band Leaders Bad Husbands

Psychologists Explain Kind of
Life Dance Maestro's Wife
Has

A warning to the girls of this continent that dance band leaders make bad husbands was voiced last week by two sociologists, Dr. Richard T. Lapiere of Leland Stanford University, and Dr. Carlo Lastrucci of San Francisco State College.

They reported on the results of their study of 100 successful band leaders, from whom they had extracted answers to questionnaires. The professors said they found out, from it, that dance band musicians lead very non-typical lives, and that their idealization of early jazz band leaders, such as Beiderbecke, "border on religious worship."

Lead No Stable Existence

Other findings of the savants follow: "Their working activities are such that all their other activities are affected. Working conditions determine how, when and where these men eat and sleep. They enforce an average of at least ten changes of residence a year. They offer no economic security. And they preclude quite largely the achievement of family, home or friends, outside the occupation, as roots of a stable existence."

"While the dance band musician is as likely to be married as are other men of his age group, as its best, marriage can only mean a wife who is expensively and perpetually moved from place to place. Thus, the married dance band musician ordinarily, particularly if he has children, leaves his wife behind and sees her when he can."

1940 Glamor Girl An Elegant Lady

Experts Picture The Ideal Girl
Of 1940 To Be In The Style
Of The Duchess of Kent —
Slender, But Well-Rounded

Glamour, 1940—how will it differ from 1939? And who will best typify it?

The answer, according to several experts, would be the Duchess of Kent.

Here are some of the forecasts about the new type: Mainbocher (Paris designer responsible for the wasp waist and back-to-corsets movement): "She'll look like a goddess, but she'll know all the answers."

Bursting With Health
Tony Sarg (illustrator and marionette artist): "She'll be a full-figured lady—and not cafe society. The Duchess of Kent fills the bill."

Dean Cornwall (illustrator and mural painter): "She'll have a full figure with nice long straight legs. And she'll be bursting with health. Medium height, well-rounded, and muscles all co-ordinated."

Specifications
Here's a composite view of the girl:
Height—about five feet seven. (No taller than before, perhaps even a tiny bit shorter). Slender but well-rounded body.
Average weight—120 pounds.
Bust—34-36; waist, 26-27; hips about 35.
Skin—healthy, glowing, preferably ivory-white with a rosy tinge.
Hair—blondes, red-heads and brunettes all come into the picture for a change. (Blonde was the color last year).

What Books Can Mean To Child

Not Having Them Means Missing
Happy Hours, and Life-
long Friends

Those children who grow up without learning to like books are missing not only lifelong friends, happy hours, but the pleasures of knowledge and tools for carving careers. The child who isn't "bookish" can profit just as much as the student, says Toni Taylor, in McCall's.

"Which child is yours? The dreamer? The gambler? The tomboy? The student? Whichever he is, you have it in your power to open to him a world filled with his particular magic. He will begin to learn, with the first picture books you show to him, that these are exciting new acquaintances; and then that they are loved and trusted friends.

Help In Interest: Activities
"There are so many things that books will mean to your growing boy or girl. First it means the close and happy contact with the adult who reads to him; just a little while later, it becomes the medium for his own accomplishment—reading. And then, when the child can read for himself, books become not merely entertainment, but active helpers in the interests and activities of the child."

Blended For Quality

"SALADA" TEA

OUT of the NIGHT

BY MARION WHITE Copyright, 1937, NEA Service, Inc.

CAST OF CHARACTERS
PRISCILLA PIERCE—heroine, young woman attorney.
AMY KERR—Cilly's roommate and murderer's victim.
JIM KERRIGAN—Cilly's fiancé.
HARRY HUTCHINS—Amy's strange visitor.
SERGEANT DOLAN—officer assigned to solve the murder of Amy Kerr.

Last week: Cilly bluffs Mrs. Hunter, who confesses that her husband is not a cripple but instead feigned paralysis in an accident to collect \$50,000 from a hit-and-run driver.

CHAPTER XXIII

Long before dawn on Thursday the rain started; by 9 o'clock it had settled to a dismal, depressing downpour. Alone in her apartment, Cilly shivered, not so much from the cold as from the penetrating gloom. Though she could not foresee it, this was to be the most eventful day of her life; perhaps it was the premonition which provoked this quivering of her nerves. However, she could not know that. She thought it was a good day for the blues, and would have welcomed the happy release of work at the office. But there were other things which to attend. Most of all, she had to see Sergeant Dolan, even if it meant waiting at police headquarters all day. They could be no more desolate than her own rooms, and not nearly as lonely.

After a quick breakfast, she put on a warm woolen dress, one that had been held over from the previous winter pending the emergency of just such a day as this. Then, fortified against the elements by a long raincoat and waterproof hat, she ventured downtown.

It was not quite 10 o'clock when she reached police headquarters. A youthful officer ushered her into a small ante-room or the same corridor as the meeting room which had held the investigation the day before. Sergeant Dolan, the officer explained, was busy for the moment, but would see her shortly.

Mrs. Wheeler Again
She sat down to wait. The door into the corridor was left open, so that she could watch those who passed by. Beyond the door, she heard a woman sobbing, and the low murmur of a man's voice, offering reassuring comfort. There was something familiar in the voice, low-pitched though it was. She watched the door for their approach. The woman was making an effort to control herself now; the sobs ceased, only the sharp intake of steady breaths was audible. They passed the door, directly in line of Cilly's vision. She sat up suddenly.

The man was Harvey Ames! And the woman who leaned against him, her face hidden in one of his voluminous handkerchiefs, was the one who had fled the Bayview Apartments two days before . . . Mrs. Wheeler.

The Other Woman
Cilly walked to the door and stared after them. There was something gently pathetic in their attitude, and she felt a warmth of sympathy toward them, despite the knowledge that they had defied the conventions.

"Good morning, Miss Pierce!" Cilly turned abruptly to face Sergeant Dolan.

"Been waiting for me long?" he asked. His voice was matter-of-fact and brusque; Cilly thought it lacked the rather cordial friendliness of other occasions. But perhaps she imagined that. He led the way back into the small ante-room, shutting the door behind him. "We can talk in here as well as any place," he observed.

"I see you've located Mrs. Wheeler?" Cilly mentioned. She resumed the same chair she had occupied these several minutes.

"Yes, Ames brought her in this morning." Dolan sat down opposite her. "The old story, Ames and his wife haven't hit it off for years, and Mrs. Wheeler's the other woman. Ames has children and he is fearful of the scandal; I feel sort of sorry for them . . ."

**Control
THE SPASMS OF
Whooping Cough
with
BUCKLEY'S
MIXTURE S**

Crowns High In New Spring Hats

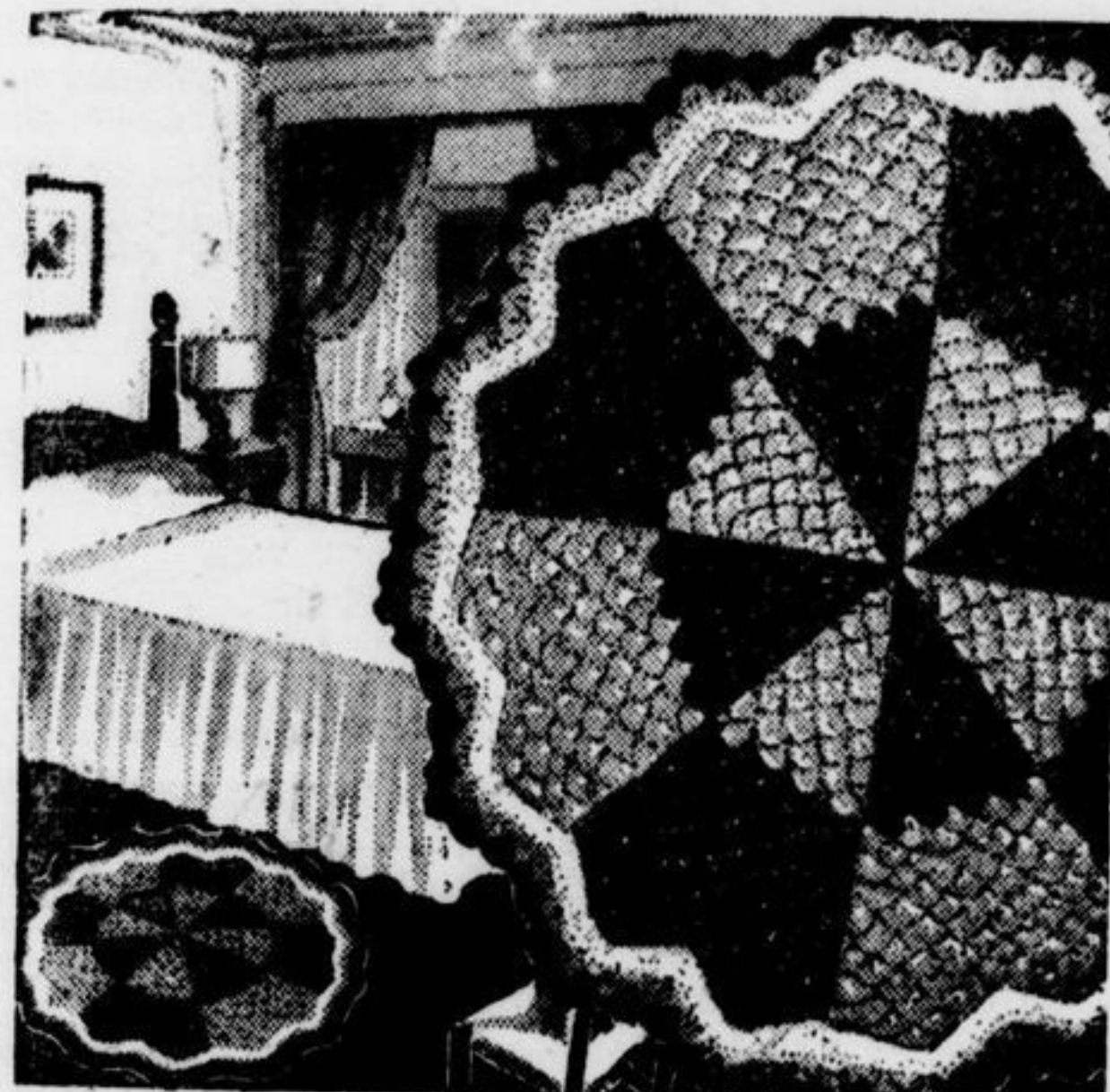
Flowers and Fabrics Used As
Well As Stray

PARIS—The tendency toward slightly higher crowns for spring, noticed in one or two other collections, is apparent in several hats at Molyneux. By higher crowns are meant those of three or four inches, in contrast to the flat little pillboxes and canotters, or the fur toques, raised at front only, which have been so successful all winter. The height of the new hats is not so great that it is worth special comment except that usually Paris milliners promote height for fall and not for spring.

One such hat is almost small enough to be called a toque in three round layers, the largest being the lowest. One of the prettiest is a fairly wide brimmed shape with a little sweep to it, up at one side and down at the other, and a small crown nearly 4 inches high. It is done in baki in a soft Nattier blue, which makes a lovely contrast with three sprays of rosy pink wall flowers against one side of the crown.

Flowers or Fruit
There are pretty flower trimmings at Suzy also, among the smartest being small bunches of violets, one a little larger than the other, at opposite sides of the brim of a small canotier of black felt, each side rolled a little. Blue is also being used by this milliner; tiny, smart and picturesque is a small shape in honey color felt or straw covered by velvet erab apples tinted by hand in rosy tones over the golden base.

LAURA WHEELER DESIGNS SHELL STITCH RUG IN EIGHT EASY PIECES



CROCHETED RUG. PATTERN 2369

Round rugs are always popular. This one crocheted in shell stitch in eight easy pieces is done in four strands of cotton, in candlewick or rag. Pattern 2369 contains directions for making rug; illustrations of it and stitches; materials required; photograph of section of rug. Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.

Quints Finish Reducing Diet

Results Attained When Sisters' Weights Brought Down to Desired Level

Routine of their diet broken by the Christmas Day turkey feast, the Dionne quintuplets are not going back to the restricted diet put into force early last summer, Dr. Alton Roy Dufore announces.

When Dr. Dufore found his five charges were getting chubbily overweight he reduced to a minimum on their menus food containing starches and sugars. The diet produced the desired results, the weights of the little girls evening out in correct proportions to their heights.

Back to regular foods, the order of things may be speedily reversed, but for the present Yvonne, once heavyweight of the quints, is the lightest.

How Many Calories Do People Require?

The calorific value of food is the proportion of heating units the food contains. The harder you work, the more calories you need. These are the calories per day

**WEARY DESPONDENT
GIRLS:** Crying spells, irritable nerves due to functional
"monthly" pain should find a real "woman's friend" in Lydia E. Pinkham's
"Vegetable Compound." Try it!

ISSUE NO. 3—'40

T A B L E

By SADIE B. CHAMBERS

A CHAT ON MARMALADES
About this time of the year as the shelves of the jellies and jams, we find they are beginning to become depleted especially after the extra demands of the holiday season. The wise housewife begins now to replenish. I am giving a few of my favorites.

For any of these, shop for the very best fruit. This has always been a favorite season of mine for making these concoctions as the very choicest of fruits are now being offered.

For the orange, lemon and grapefruit marmalade be sure the fruit is fresh and the skins of the fruit smooth and unblemished. This is one of the secrets of a clear amber colored mixture. Do not use fruit you have had for some time, with skins wrinkled and blemished.

Orange, Lemon and Grapefruit Marmalade
3 lemons
3 oranges
3 grapefruit
1 cup of white corn syrup
Sugar an equal measure of fruit means the fruit thoroughly. Use the squeezer for extracting juice from all fruit. From the best remove all the white membrane. Slice the peel very thin and cut in

strips about 1½ inches long. Place juice and peel in an earthenware dish and leave over night, adding three times as much water as juice and pulp of fruit. In the morning boil for 1½ hours. Remove from the heat; stand over night. The second morning boil for 45 minutes. If you like the bitter taste of the seeds, save some of each fruit in a dish. Cover with boiling water as you are preparing the fruit and before boiling the first morning, add to the juice. Have ready an equal amount of sugar to that of fruit less one cup (for which use a cup of white corn syrup). Slowly stirring, add to the juice. It is difficult to give an exact time of boiling but watch carefully and drop from the spoon; and as it gives the jelly test remove from the heat. Be careful of overboiling after the addition of sugar, or the mixture will be too dark in color.

Prune, Orange and Lemon Marmalade
1 lb. prunes
1 lemon
1 orange
1 lb. sugar

Wash prunes carefully, also the lemon and orange. Extract the juice of orange and lemon and slice peels finely. Boil all the fruit together after having soaked the prunes for three hours. When boiled thoroughly, remove from the heat, put through the colander. Measure the pulp, using equal amounts of sugar. Boil for 20 minutes, then remove from heat and place in jelly glasses. Top with paraffin an airtight in a dry, cool place.

Apricot Marmalade
2 lbs. dried apricots
1 lemon — 1 orange
6 cups water
1 can shredded pineapple
1½ cups sugar
1 cup corn syrup
½ cup candied ginger

Wash apricots thoroughly; add the water and allow to remain over night. In the morning, add the pineapple and boil until the apricots are tender. Add sugar and corn syrup and boil until the mixture thickens. Add the ginger and the juice of lemon and orange and simmer for 15 minutes. Remove from heat; put in jelly glasses, paraffin the top and store in cool, dry place.

READERS, WRITE IN!

Miss Chambers welcomes personal letters from interested readers. She is pleased to receive suggestions on topics for her column, and is even ready to listen to your "pet peeves." Requests for recipes or special menus are in order. Address your letters to "Miss Sadie B. Chambers, 73 West Adelaide Street, Toronto."

Advices Against Strenuous Sports

Violent Exertion Not For Girls
— Strenuous Athletics Often
Have Ill-Effects in Later Life

Outspoken opposition to the participation by girls in the more strenuous sports was voiced by Dr. G. Shepherd, in his address to graduates of the Walkerville (Ont.) Collegiate Institute, at the school's commencement exercises.

Strict Supervision
"To the student body, and especially the girls," Dr. Shepherd, who is himself a graduate of Walkerville Collegiate, declared, "I would beg of them to refrain from violent excursions in the realm of physical exercise, except under the strictest of trained supervision."

"I should like to go on record here as being violently opposed to the participation of our girls in strenuous sports in leagues beyond the confines of this school. The tragic course of what I believe was one of our most famous girls' teams speaks eloquently for itself.

Athletic Heart May Result
"It is a terrible and a shocking thing to have grown up with a group of girls, to have been proud of them and cheered them on, and then to have experienced the tragic end of nearly some third of that group, to realize now that those cheers were hollow mockery and the urgings with which we forced them on but sped them more quickly to an untimely end."

"Mark you, the so-called athletic heart is one that already has been damaged before being subjected to severe physical strains and training."

More Got Married Last Leap Year

In Canada in 1936 A Five Per
Cent. Increase Was Noted
Over Previous Year — A
Chance for Spinsters in 1940

Cultivation by the male sex of that "demmed elusive" art of wariness will need to be at a high pitch to keep marriage statistics in the Dominion within bounds the next twelve months.

Adequate protection against feminine leap year wives is still a minus quantity judging from 1936 results, when marriage in Canada showed an increase of five-and-a-half per cent over 1935.

Next year gives even greater promise of soaring figures. With so many gallant lads leaving for the smoke and din of battle on the other side of the Atlantic, resistance to the fair sex is likely to be at a lower-than-average ebb.

"The popularity of the Shakespearean revivals is another sign that human nature is holding its own." —Otis Skinner

New Minister to Canada



James Cromwell, husband of Doris Duke, "the richest girl in the world," has been named by President Roosevelt as the successor to Daniel Roper as representative of the United States to Canada. His appointment will have to be ratified by the U.S. senate.

Adapt Wardrobe To Way Of Life

Clothes Are Smart When Suit
able for the Occasion — The
Fundamentals of Good
Dressing

"Prepare to see yourself as a new woman this winter but don't get so excited about bustles, basques, -sters, that you forget the fundamentals of good dressing — fine quality, good lines, perfect fit and suitability to your way of life."

This is advice compiled from the opinions of seven outstanding fashion authorities.

Quality, Line, Fit, Suitability
To ascertain what you really need most, think a bit about the kind of life you lead. Is it one continuous calendar of luncheons, afternoon parties and evening bridge? Then you need more dressy day frocks than tailored street models, of course.

Do you work in an office? Then suits and a couple of basic dresses are the answer. One, or at the most two, dressy frocks for social parties after work, dinner wear and Sunday suppers should suffice. Put the bulk of your clothes allowance into the kinds of clothes you have to wear most of the time.

If you live in the country, tweeds and other countryish clothes should be your main concern. Probably one cuffed outfit for shopping lunch in town will do. Perhaps not.

Why New Year's Resolutions?

Just Childish "Guilt Complex"
Says Psychologist

Don't make New Year's resolutions — they're foolish, Dr. Smalley Blanton, of New York, advises.

Such annual resolves to quit and habits or change ways of living, he said, merely are manifestations of a childish "guilt complex."

Dr. Blanton declared in the magazine, *Hygeia*:

"A canvass of New Year's resolutions would show that a majority of them represent a kind of self-punishment rather than a technique of change — and in most cases they are so numerous and so harsh that there is no possibility of their ever being carried out."

"Not As Bad As We Think"
"The childish, hidden and often unconscious feeling of guilt is a powerful — perhaps the chief — motive for our New Year's resolutions."

"Finally, it may indeed be well to admit to ourselves that we are not as bad as we think and that it is not always wise to strain to reach some impossible and illusory ideal of perfection."

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