Cultivate That Youthful Look

Care of Skin, Hair and Figure Important As Years Go By

Numbers of women grow old long before they need for lack of a little necessary care, writes a doctor. Grey hairs and wrinkles before fifty are, in nine cases out of ton, the result of neglect.

To begin with wrinkles, the very worst and commonest evil, how many women pucker their foreheads, screw up their eyes, and twist their mouths unnecessarily when talking, laughing, reading, and even thinking? Every time this is done it helps the formation of a line or wrinkle, which, once there cannot be obliterated.

When Drying the Face When drying the face even, peo-

ple rub and pull and stretch the skin. But, although wrinkles round the eyes are frequently the result of such treatment, few women give a thought to the matter.

in regard to grey bairs, worry brings them sooner than anything else. Cultivation of a calm temperament keeps these away more effectively than any hair-wash. The hair should be kept clean and well brushed

Eat in Moderation

The figure is still more ender our own control than the face. When women consume quantities of rich foods, avoid exercise, and pay little attention to the make of their dresses, they speedily become ungainly in figure and a burden to

Moderation in eating and drinking, abundant exercise, care as to corsels, the avoidance of iolling and stooping by day and of a hunched-up position during the night, will go a long way towards securing an upright carriage, while the use of a pair of light dumbbells. for a few minutes morning and evening is of great assistance

ALONG HOLLY. WOOD'S BRIDLE PATHS



Robert Taylor spends his time on the ranch he and his wife, Barbara Stanwyck own in Northridge. Here Taylor is putting a five-gaited Arabian-Thoroughbred through its paces in preparation for the annual Northridge Valley Horse show.

Fashion Flashes

The trend in fur coats is definitely toward a clean-cut, fitted silhouette, and even the bulky furs, such as beaver, mink, martens, Persian, and fitch, are being adapted to this silhouette. The high, very small waist and full, flared skirts seen at the last Paris openings are believed to indicate the beginning of this new trend. The tendency is toward broad, flat shoulders and small collars.

Perfectly matched accessories of the identical violet shade of the woollen suit and hat, distinguish one little outfit. Handbag and gloves are of suede. A sitk crepe shirtwaist is of a pale orchid, almost off-white, with violet colored buttons. The shoes are brown with white trim.

A black velvet dinner dress in cover-up style with long sleeves, a peg-top skirt and a turban to match, was the model at a New York style show which got the most applause from the audience.

When In Doubt Use Less Make-up

"When in doubt, use less," is a good rule for the older woman to remember. If she has to wonder whether she has on too much rouge, she orobably has. And it's better to wear too little than too much. It's practically impossible to get on too much lipstick, but it must be smooth with no uneven edges and no blurred spots

at corners of the mouth. from?" To make fipstick stay on for hours, first try the lips, then apply the lip rouge. Let the color set for a minute and blot with cleansing tissues before moistening lips. Never apply fresh lipstick over stale. Remove all of down Brooklyn was." the old color before putting on a new coat. ed to Brooklyn?"

BY MARION WHITE Copyright, 1937, NEA Service, Inc.

in 4-A.

head erect.

know nothing."

Fourth avenue."

Brooklyn, Miss Downey?"

thing you can tell me?"

lately to save money. Rents are a

Dolan nodded. He looked over

the Bayview tenants again. His

eyes rested on the school teacher

"Miss Downey." he said, 'what

Miss Downey, prim and precise,

rose to her feet, smoothing out her

skirt as she did so. She nold her

"Not a thing. Sergeant Dolan."

she stated. "We can't tell you a

thing. We heard the scream, of

course - mother and I. And we

rushed to the window to see what

had happened. Other than that, we

"I see, Have you always lived in

"Oh, yes. I graduated from Ecas-

mus High and Adelpht. We've al-

ways lived in Brooklyn. Mother

was born down in 17th street, near

"Thank you. Miss Downey. And

now, Mrs. Downey, is there any-

What Her Mother Heard

her daughter answered for her.

more than I have, sergeant."

Before Mrs. Downey could rise.

"Mother can tell you nothing

The sergeant smiled courteously.

"Suppose you let your mother also

speak for herself, Miss Downey.

Did you hear or see anything un-

usual on Sunday night, Mrs. Dow-

Mrs. Downey rose hesitantly to

stand beside her daughter. She

was a tubby, round-faced person:

you thought as you looked at her

that here was a woman who would

always have a great deal to say,

on any subject. Obviously, how-

ever, she was just a little in awe

of this school-teaching daughter,

She stood still for a moment, rub-

"It's as my daughter says, ser-

What do you mean - you

geant," she replied, hesitantly, "I

'guess' - Mrs. Downey? Aren't

"Mother is very nervous, ser-

geant," Miss Downey interrupted.

"Please believe me, she has noth-

said sharply, "you will sit down, if

you please. I am questioning your

mother, and I want her to speak

Miss Downey sat down, decided-

In a more gentle tone, Sergeant

"Now, Mrs. Downey," he said,

"I was going to tell you." Mrs.

Downey began at last, "that the

moment I heard that poor girt

scream I jumped out of bed. Lucille

got up, too. Well, it was the most

awful thing. She must have fallen

right past our window. It was ter-

rible. I tell you, never in my life

have I had such a shock. I thought

I was going to faint. My heart's not

so good, sergeant . . . " She paus-

ed for breath and laid a plump

"Well, I went out into the kitch-

en for my tablets - I keep them

over the sink where they will be

handy - and just as I got to the

kitchen I heard someone running

down the stairs. I'm sure of it, ser-

geant, I heard those steps just as

well as I hear your voice now. It

you know how heavy a man's foot-

steps are. It was the murderer.

Cilly stiffened. Mrs. Downey's

words brought the case close to

"Can you tell me how far down-

stairs the man went, Mrs. Downey?

To the third floor, the second, the

"I'm not so sure of that. I think

he went below the third floor . .

(To Be Continued)

The Things of Home

The things of home today seem

A room that speaks of quietness

A garden, with a table set for

And on an oaken chest, flowers

Chintz curtains billowing against

Why is there magic in the sight

A row of books, well read; a knit-

Perhaps they lift my heart and

Of all the love with which our

And joys far greater than our

Which in such small possessions

-Mary Eversley.

So beautiful these simple joys

newly blest.

in a bowl.

the breeze.

ting basket.

speak to me

home is blest.

eyes can see,

is expressed.

of these?

was a man running downstairs

hand over her bosom.

sergeant, I know it."

first?"

fidently.

"now just what did you hear?"

Dolan turned to her mother.

"Miss Downey," the sergeant

guess I didn't hear a thing . . .

"Well -- I don't know . . . "

bing her hands together.

you sure?"

ing to tell you."

for herself."

lot cheaper in Brooklyn."

can you tell me?"

CAST OF CHARACTERS PRISCILLA PIERCE - heroine. young woman attorney.

AMY KERR-Cilly's roommate and murderer's victim. JIM KERRIGAN-Cilly's fiance. HARRY HUTCHINS - Amy's

strange visitor. SERGEANT DOLAN - officer assigned to solve the murder of Amy Kerr.

Last week: When Cilly reveals that Mr. Hunter can walk, Corbett counters that Cilly was in no condition the night before to testify. Cilly realizes now she should have told the officers alone.

CHAPTER XX Sergeant Doian proceeded with

his investigation. "Mr. Smith," he said, addressing the young man in 2-B, "I understand you were not at home when the murder occurred?"

Mr. Smith repeated his wife's explanation to Detective Martin. They had spent the day in Rutherford, N.J., with relatives, not leaving there until 1:20. They did not hear of the tragedy until the fol lowing morning. Dolan looked to Martin for confirmation of this Martin nodded, Evidently the alibi of the Smiths had been checked. Dolan turned again to the Hunt-

ers. "Where did you live before, Hunter?" he demanded. "In Brooklyn, sir. Down on Herkimer street. I was raised in Brooklyn. Never lived anywhere else."

"And you, Mrs. Hunter?" Cilly looked at the woman as she rose to answer the sergeant's question. She appeared visibly shaken and nervous. Without doubt, she had been frightened by Cilly's revelation. Would the sergeant notice that, she wondered? His very shrewd eyes, glancing over Mrs Hunter, were unfathomable.

"I've lived in Brooklyn, sir, ever since my marriage - 25 years ago. Before that I lived on Long Island, in Farmingdale."

"You were married, therefore, shon your husband became para-

Mrs Hunter's lower lip trembled and she fumbled in her bag for a handkerchief.

"Yes, sir." "Was he in an accident?"

"Yes, sir . . . that is - oh, don't ask me to talk about it!" She burst into tears. "You tell him, George!" she pleaded. "You tell him about it. It's better if you do . . . "

"Hush, Nellie!" Mr. Hunter admonished, not unkindly, "You see, sergeant," he explained, "my wife grieves about it. It gets her upset to talk about fr."

"I see, It was an accident, Hun-

"Yes, sir, I had a fall, and then the doctors didn't treat it right, I guess. The old doctor down in Herkimer street who took care of me is dead, and I went to a couple of others, to please my wife, but they couldn't do anything for me.

Mr. Hunter on the Roof Sergeant Dolan rubbed his chin thoughtfully for a moment, but his eyes never left the man's face.

"Hunter," he said finally. strikes me as queer that a man like you - tied to a wheel-chair would want to live on the top floor of a walk-up apartment." Cilly listened eagerly for Hunt

er's reply. Why hadn't she realized that before?

"Well, I guess it seems queer, Hunter admitted. "We can't afford an expensive apartment, in an elevator building, 1 can't work, you see, and we just live on a small income. We took the top floor because I like to get the air, and don't like to sit out on the street. People stare at me, Being up high, I can get out on the roof and sit there. Johnson always helps ma-

Sergeant Dolan looked inquiringly at the superintendent. "That is right, Johnson?" he asked.

"Yes, sir, that's right. Some times in the afternoons, Mrs. Hunter gives me a buzz and I take Mr Hunter up in the wheel-chair. Sometimes in the evening, if the weather is good."

"Did you help him up there last

"Yes, sir. About 1 o'clock last Sunday afternoon. Then just about 4, before I went out for the afternoon, I brought him town again." "O. K., Johnson, Now tell me this - did Mrs. Wheeler say anything

to you about going away?" "No, sir, she didn't, It was a big surprise to me when I went up there yesterday afternoon with Detective Martin. It certainly looked as if she'd cleared out."

Where She Came From "How long did she live in the Bayview Apartments, Johnson?" The superintendent scratched his

head thoughtfully for a moment. Oh, I guess Mrs. Wheeler's been there three or tour years." "Remember where she came

"Some place in Manhattan, I'm sure. She used to joke a lot about coming to live in Brooklyn. She said something about never living more than two doors from Broadway all her life, and what a come-

"Did she ever say why she mov-

Brilliant Girl Canadian Makes **Aviation History** "No. she didn't. A good many folks come over from Manhattan

Elizabeth Gregory MacGill Designs, Builds and Tests A Primary Trainer Airplane

Elizabeth (Elsie) Gregory Mac-Gill, B.Sc., M.Sc., Ph., D., has add ed another triumph to the long string of distinguished "firsts" that characterize her career. She was the first woman in the world to recelve a master's degree in aeronautical engineering, the first (and as far as we knonw) the only woman in Canada to hold a position in that profession, the first on this continent to become chief aeronautical engineer with any company, and now she has become the first woman to design, build and test her own airplane.

Controls Are "Beautiful" The 'plane was designed for Mexican contract but now that the war has started it is hoped that Canada will also take it over. It is a primary training machine on which you learn to fly before you go into an advanced "Trainer." The pilots who have flown it all

It is silver-colored with black appointments, i.e., struts, etc., are black. It has a Chinese-red nose, and the black stripe down the side is now edged with Chinese-red. There is a maple leaf insignia now painted on the fin and it is called the Maple Leaf Trainer. It has Warner engine 145 horsepower at

say that the controls are "beauti-

Food takes 33 cents out of the ypical city worker's dollar in the United States, while housing and fuel take almost 25 cents.

Sea Level.

Linen Will Come

Northern Ireland's linen indusdecided to concentrate as far as possible on exports of linen to Canada and the United States, it is announced.

There is good news for the Ulster linen industry in assurances given that there will be sufficient flax supplies to enable it to carr; on the whole of its normal lines export trade," a communique said. The Supply Looked After

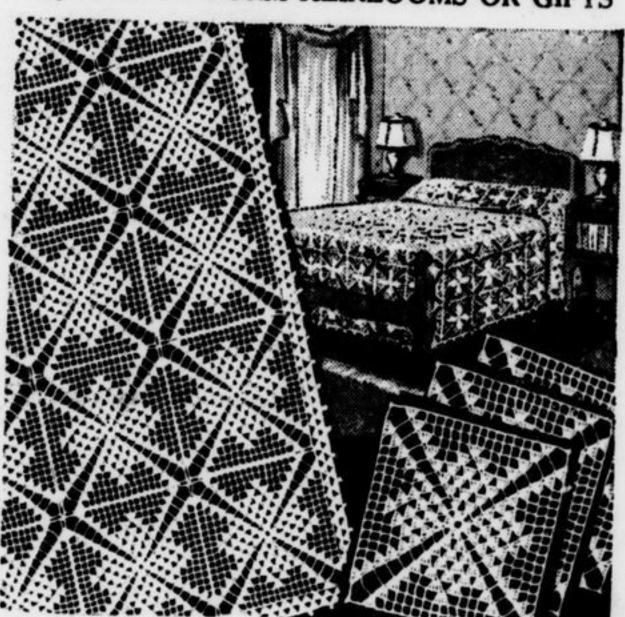
"Flax supplies have caused some trations or difficulties with controllers, as flax is available and they will be able to get delivery.

"Ulster's linen exports consttitute the second largest single it em of trade of the United Kingdom with the United States, and they average about £2,750,000 annually."

Many Irishwomen Hold Positions

Census returns just issued at sons (987.178 men and 351,367 women, or 45 per cent of the to-

CROCHET EASY LAURA WHEELER



CROCHETED SQUARE

PATTERN 2361

Colonial, offers you the chance of making many choice pieces of crocket. Let it help you with your gift list! Pattern 2361 contains directions for square; ill. of it and stitches; materials required; photo. of square. Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly PATTERN NUMBER, your NAME and ADDRESS.

By SADIE B. CHAMBERS

FRUIT DRESSING

DINNER ROLLS

STRING BEANS

old year, which is leaving us with a good deal of sadness and anxiety, let us hope together that there may be "just around the corner" the turning of the road where all the sign-posts point to an assured highway,—where all the dear hopes and bright promises will be fulfillied.

CREAM OF MUSHROOM SOUP

SWEET POTATOES (Southern Style) RED CURRANT JELLY LETTUCE SALAD

at least bdldn't hear him stop at the landing below us." "Thank you, Mrs. Downey, You have done right to tell us . . . GRAPES Mrs. Downey stepped a pace forward. She lowered her voice con-

"But that ign't all, sergeant," she said, "That isn't all."

MOCK MINCEMEAT PIE

1½ cups seeded raisins 3 medium-sized tart apples Grated rind and juice of one

4 cup grape juice 14 cup cooked sweetened cran-

% cup sugar

½ teaspoon cinnamon 1/2 teaspoon cloves 3 tablespoons finely crushed

cracker crumbs Chop the raisins, pare, core and slice the apples. Combine raisins and apples, add orange rind, juice grape juice. Cover in sauce pan and simmer until apples are soft. Stir; add sugar spices and cranberries and cracker crumbs; blend well. This recipe is sufficient for one 9-inch pie, which can be

made with double crust or single. SWEET POTATOES

(Southern Style) Boil or steam potatoes (steaming is preferable as it retains all the flavor of the vegetable.) After they are thoroughly cooked, mash well, being sure all lumps are removed. Grease a baking dish or casserole well; place in it a laytoes. On the top put a layer of marshmallows (whole).

3 cups of flaky cooked rice,

butter, 1 cup chopped celery and tops, 1 small onion, a sprig of celery and 2 tablespoons green pepper chopped, and 1/2 teaspoon of poultry dressing. Wash the apricots, dry and cut in strips with the scissors; then mix with rice and seasonings.

Highest Prices Paid. Immediate Remittance CANADA COMFORTER CO.

Here From Ulster

Northern Ireland's Linen Industry Will Concentrate on Exports to Canada and the U.S.

try, by agreement with the British department of overseas trade, has

It added:

anxiety, but the department of overseas trade has been able to plan ahead so that the Belfast linen manufacturers need fear no frus-

Census Shows They Are In Variety of Jobs in Emerald Isle

Dublin, show that 1,339,085 pertal population of 2,975,000) are

SQUARE TO FORM HEIRLOOMS OR GIFTS



Easy to make-quick to memorize-lovely to own-this square,

A Happy New Year to one and all,—and as we say farewell to the - NEW YEAR'S DINNER MENU -

ROAST DUCK

CHEESE STRAWS MOCK MINCEMEAT PIE COFFEE

DIVINITY FUDGE

SALTED PECANS er of potatoes, then a layer of brown sugar dotted with butter and sprinkled with salt and pepper; then another layer of pota-

Cook in a moderate oven for about 20 minutes or until marshmallows are a light brown.

FRUIT DRESSING Rice and Apricot Stuffing

16 lb. dried apricots, 3 tablespoons

GOOSE AND DUCK FEATHERS WANTED

Telephone A Delaide 1421 736 Dundas St. E. — Toron

at work in Eire. There are 537,-242 males and 106,723 females engaged in agriculture, a drop of 26,111 since 1926. One woman is returned as a coal miner, and another under the classification of

"lighthousemen and crews of

lightships." There is a woman

chimney sweep: 12 women are

carpenters, and five are motor mechanics. In Religion Work

Religious statistics are as follows: professed clergymen and nuns, 5,083 males and 10,049 females; Christian brothers and other monks, 1,216 males (no females); religious lay brothers and lay sisters, 507 and 560; theological students, 3,319 and 668: itinerant preachers, Salvation Army, etc., 48 and 40; church and cemetery officials, 659 and 226.

Canada's Army Eats 8 Tons **Beef Daily**

Soldiers of One Division Consume Equal Quantities of **Bread and Potatoes**

Eight tons each of beef, bread and potatoes, one ton of jam, another of butter - these are the major items in the daily issue for a Canadian army division of 16,600 men, as outlined in the sixth radio talk by a defence department spokesman.

The talk showed the amount of work involved in organizing a division for war. Living accommodation, clothing, food, and war equipment have to be provided or short notice, the spokesman said, and this has proved a huge task, because in Canada no unit was maintained at war strength in peacetime.

Clothing, Equipment Clothing and equipping the troops has been an "intricate and highly technical matter." said the spokesman. The many changes that have taken place since the last war including the mechanization of the equipment and instruction of new types of armament, ammunition, technical equipment, clothing, have

Women In Army Make It Costly

increased.

Britain Finds Out How Expensive It Is to Supply Them With Clothing and Footwear

Women are an expensive pro-

position even if they're in the Lord Woolion, director general of equipment stores at the British ministry of supply, disclosed recently that footwear requirements for women in the army are greater than that of the whole army

in peacetime. Lord Woolton announced some astronomical clothing figures. Great Britain last month delivered 1,250,000 yards of cloth for army overcoats, compared with the annual peacetime production of 600,000 yards.

Astronomical Figures Last month the army received 500,000 battle dress outfits against the normal annual production of 175,000. The Yorkshire woellen mills are producing more than 200,000- army blankets weekly. More than 130,000 pair of army boots are being turned out weekly, an increase of 10,000 pair over the annual pre-war demand. Since June more than 2,500,000 gross of buttons for uniforms were manufactured.

U. S. Ports Store Canadian Wheat

United States Atlantic Coast grain elevators hold more than 15,000,000 bushels of Canadian wheat, the most of which probably will be shipped to the United Kingdom. The Dominion Bureau of Sta-

tistics visible supply figures for the week ended December 1 showed there were 6,033,000 bushels of Canadian wheat in store at New York, 5,386,000 bushels at Baltimore, 2,862,000 bushels at Philadelphia and 1,935,000 bushels at Boston. It is believed these figures have increased since Dec-ember 1 with the movement of more wheat to seaboard.

"It DOES teste good in a pipe!" HANDY SEAL-TIGHT POUCH . 15 1/4LB, "LOK-TOP" TIN - 604 also packed in Pocket Tins GROWN IN SUNNY SOUTHERN ONTARIO

Monastic Mode Invades Fashion

Paris Is Showing Air-Raid Clothing Topped by Hoods and Girdled at Waistline

PARIS-Air-raid swank now calls for clothes patterned or monks' costumes. Hoods top them and heavy cords girdle them in true monastic fashion.

More than one cord ties knots around models in Lanvin's new collection. One descent-to-cellar suit has dark green flannnel trousers and a hooded blouse of green and yellow plaid belted with a thick green cord.

The mechanician one-piece suit with tight-ankle trousers still is the favorite garb for possible gas encounters. New ones are of honey colored flannel with a gold fast.

Blouse And Trousers Capes and coats are often hooded. Belted coats suggest army of ficers. Small pillbox hats are flanked at sides with fringed "epaulets."

Greys, hydrangea blue, dark browns and almond and vivid greens are most popular shades. Shaved lamb dyed vivid green makes a fitted coat and forms yoke and lower sleeves for an afternoon coat of the same color. Red frequently accents black and a cape ensemble combines poils blue with legion red.

Soviet Girls Fly Bombers

In Russian Air Force, Many of Them "Suicide Squad Parachutists Soviet women pilots are believ-

More Than 500 Women Pilots

ed to have participated in the bombing of Finnish cities. (A dispatch from Helsinki said that a woman aviator had been captured there after being shot down by Fannish anti-aircraft

Women pilots form an integral part of the Soviet air force. They live in special sections of the regular men's barracks and range in age from 18 to 30. Aside from a skirt and a beret, they wear the same uniform as do the men -a brown tunic, a Sam Browns belt and a grey greatcoat. The majority have bobbed hair, which

they frequently marcel. The exact number of military women fliers was not available but it was estimated that there are more than 500, including some "suicide squad' parachutists who are trained to drop behind enem lines, blow up bridges and do general reconnoitering work.

The women are spread through

all branches of the air force and

several have a rank equalling that

of a general.

Only A Candle If I had a ship I would sail upon the sea; If I had a gun Then a soldier I might be If I had a horse I'd go hunting; but instead As I've only got a candle, I am going up to bed.



ISSUE NO. 52—'39

To Build Road From New Y To Buenos A

-

12,000 Miles Long, It 4 Opened on Annivers Columbus' Arrival in

Over miles-high mountain across plateaus both arid tile, and through sea-level and jungle, men, arme spades, axes, picks and knives, aided by oxen, burros and machines, are a road in South America. "Pan-American Highwi

When completed, this is

be a thin white ribbon ing from Buenes Aires, miles north to New Yor says a commentator in T York Sun. It is to be called the Par ican Highway and its offi ening, is set for October 1;

the 450th anniversary of covery of the western w Columbus. The project is rapidly in a feasible reality instead of flight of the imagination.

The first northern link great international highway ready familiar to thousan American tourists who hav led over it from the States to Mexico City. thousands of South Am have motored over the so portion, now complete, from os Aires to Lima, Peru. Th pletion of the westermost this highway connected w existing roads from Lima, to Quite, Equador, and northeast to Bogota, Co. Colombian highways carr route to a point near the amanian border.

Chicago Snow Sets Reco

Smiling Canadians Leave Stock Exposition With Titles and 507 Firsts

Prize-winning aristocrats

agricultural world paraded 1939 international livestock at Chicago the last night exposition, while exhibitors med \$1,000,000 in sales and money into the wallets, "It was the greatest sh the 40-year history of the tion," said B. H. Heide, g

Thirty states, four Ca provinces and Argentina we sented among the top w The Argentineans won one place, Canadians took 25 pionships and 507 firsts.

Knighted For Explo



Admiral Sir H. H. Harr former Commodore in com of the British squadron which Germany's pocket battleship " Spee" out of commission, Hi been knighted by King Gr and promoted to rank of Ad

Does Hitler Eat Too Much Fa

following the victory.

Expert on Diet Declares With Torpid Liver Is I Tempered

"If Hitler had fewer eggs less butter and the German p had more, the world would more peaceful place," said Eileen Murphy, of the Br Commercial Gas Associa speaking at Stoke, Eng., on ern home-making.

"Hitler does not drink, smol eat meat," she said. "But his contains too many eggs and much fat. "His chef has to cook egg thirty different ways, and h very fond of vegetables done

"Eggs and fat are good v eaten in moderation. But too i of them tends to upset the ! "A man with a torpid live usually bad-tempered, unrea ablee and hard to live with."

ONIARIO ARCHIVES TORONTO