Happy Marriage: 9 Rules For It

Myrna Loy, Movie Actress. Herself A Successful Wife, Suggests Pointers

In a recent interview Myrna Loy, red-haired screen siren, herself successfully married, gives a little advice to other wives:

"When I first married, four years ago, I mentioned nine points to be happily married and stay happily married. They were: 1. Maintain your good appear-

ance. 2. Study cooking.

3. Don't be too certain of himor let him be of you.

4. Never haggle over money. 5. If he smokes, have plenty of ashtrays.

6. Keep abreast with current af-

7 Don't make dates for him without consulting him first.

8. Don't ring him up at the office un'eys necessary.

9. Above " don't nag. "I still stand by those nine

"A good appearance, naturally, doesn't mean spending all your housekeeping allowance on Schiaparelli clother or doing your best to outshine Mrs. Smith. It is quite possible to be well dressed on a modest income, with just a little throught and other and care."

GIVE YOURSELF A MANICURE



Following the removal of old polish, the nails should be cleaned in warm, brush This picture is posed by Vir-ginia Grey, Metro-Goldwyn-Mayer actress.

Pointers For The Hostess

Give Guests Chance To Shine; Don't Try to Dazzle Them

A woman who shines in the role of hostess says that she had to learn to entertain after she was married just as she had to learn to cook. Her advice will be valuable to brides:

Here are the things she has now found important

To plan her parties carefully, even to the point of anticipating

Never to overbid her hand. That not plan anything, from food to entertainment, so elaborate as to get her into a state of the jit-

To make her parties distinctly her own. (She decided long ago to build her parties around "good talk.")

To keep out of her eyes the faraway look that means the hostess is thinking of the party instead of the grest to whom she is supposed to be listening. To make each guest feel she is

tickled to death to see him? That now that he is present, things can really start.

Not to be neglectful of her guests' comfort in her determination not to fuss over them. To give her guests a chance to

shine instead of trying to dazzle To let her husband appear to be

giving the party just as much as she, instead of treating him like an overlooked guest. And to arrange things so that

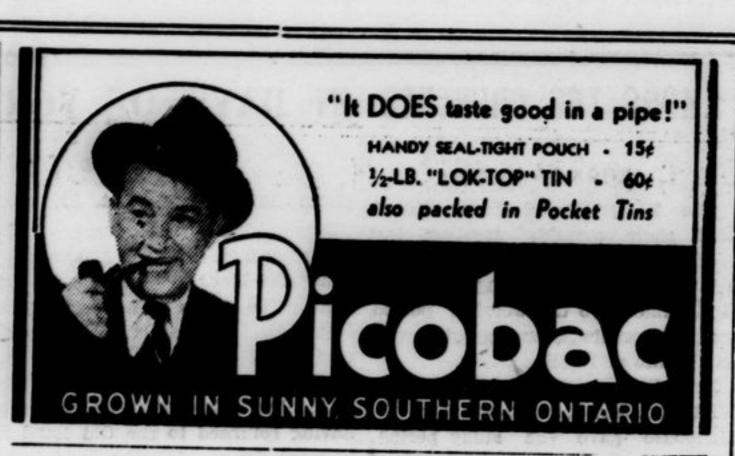
she really 'oes have some time to enjoy the people she asked to her house presumably because she finds their compan pleasant.

Too Much Candy **Bad For Children**

Dr. John J. Torres, health department dentist of Tampa, believes that excessive sale of sweets in school lunchrooms is one of the principal causes of tooth decay in children.

He has recommended to school authorities that the sale of candy in school lunchrooms be curtailed

or eliminated altogether. "It is unfortunate that with but a few exceptions, the lunch rooms in the schools throughout the country have a great assortment of sweets," he said. "Too often have we seen the children buying 10 or 15 cents worth of candy for their lunch."



BY MARION WHITE Copyright, 1937, NEA Service, Inc.

CAST OF CHARACTERS PRISCILLA PIERCE - heroine. young woman attorney.

AMY KERR-Cilly's roommate and murderer's victim. JIM KERRIGAN-Cilly's fiance. HARRY HUTCHINS - Amy's

strange visitor. SERGEANT DOLAN-officer assigned to solve the murder o

Amy Kerr. Last week: The web of circumstantial evidence tightens around Kerrigan when Dolan points out that he might have been on the roof and hidden afterward in Cilly's apartment until the confusion died down!

CHAPTER X

"We're not holding anybody as yet," Sergeant Dolan told Cilly as he and Martin were leaving. "I'm telling you, and I'm tellin everyone else in the house, to be on hand for a call down to headquarters. I will be honest with you, Miss Pierce, the one I'm most interested in is your friend Kerrigan. I'd like to know the reason he asked that girl up on the roof with him. When I find that out . . . well, we'll be see-

As scon as they were gone, Cilly went back into the living room and looked into the Cloisonne vase for the newspaper clipping. She took it into the kitchen and held it over the flame on the gas stove until it disappeared into a fragment of black ash. Then she took Jim's postcard from underneath her pillow and did the same thing with that. The words on the card danced before her eyes as the flames spread around them. "Taking the first plane I can make Love. Jim."

The hot gas flame scorched her fingers, but she held on until the card was nothing more than a mystifying memory.

She breathed a great deal easier when both tasks had been done. It was 11:30 by the banjo clock in the living room when Cilly was ready to leave the apartment. Only



+lavor

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would seem to indicate, why hadn't Amy mentioned it to Cilly before? Certainly she had heard Cilly mention his name enough. For that matter, she had spoken frequently to Jim about the friend who shared her apartment - Amy Kerr. If he knew her, why hadn't he said so?

12 hours since the four of them had

stood in this very room, laughing

and happy. Only 12 hours, yet one

of them was dead and another had

vanished in a cloud of mystery.

Lest Her Secret Slip Out

If Amy and Jim had known each

other previously, as Jim's note

What was behind it all?

She suddenly remembered something she had quite overlooked. It wasn't altogether her idea that the four of them get together last evening in order that they might become better acquainted. It had also been equally Jim's idea. He had, she recalled now, often asked her how she was getting on with the new friend who was sharing her apartment. What was she like? Where did she come from? Casual questions, to be sure. They became important now only in the light of what had happened. Did Amy, as Cilly discussed her, seem familiar to Jim? Was her name familiar? If so, why hadn't he said: "I knew a girl once named Amy Kerr."

And if Jim knew Amy, how did it happen that Amy had not recognized Jim Kerrigan's name? Cilly had mentioned it often enough at home.

Hiding the Past Cilly tried to figure it out as she walked to the subway. Somehow it was easier to think clearly once she was out of the house. Perhaps there was something Amy had wanted hidden . . . prison, perhaps. That was why she tried to wipe out the past four years . . . why she still spoke of an Aunt Harriet who had passed away. Because she feared to speak of where

she had been after she had left Aunt Harriet, lest her secret slip Then the one all-important question returned. What did Amy's past life have to do with Jim Kerrigan? No matter what new track Cilly's thoughts started out on, they invariably came back to that one

vital problem. What was the sec-

ret which linked Jim and Amy? What had happened in Utah? In Bluefields, Utah. Jim had never mentioned Utah. He spoke of Chicago, for that was where he came from. He spoke of his father, whom Cilly understood to be in Chicago. He spoke of Mr. Maddox, the publisher of the Midwest Review, and a friend of his father's, who had given him a job as eastern representative because of that friendship. He spoke of his mother, who died when he was only 12. He spoke of summer vacations on a ranch with his father, and Cilly could sense the deep and

lasting bond between these two. "You'd love my dad, Cilly," he had said one time. "Gee, how I'd like you to meet him . . ." and then his voice had grown suddenly very

There was no mystery to Jim. Cilly was certain of that. He'd only been in New York a few months, whereas Cilly had lived here always, as had her parents, and her grandparents before them. But that was unusual. Nine out of every ten people you meet in New York come from the West or the South or from New England.



It was after one o'clock when Cilly left the funeral parlors. And each time a shoulder brushed hers in the crowded streets, she started so violently that her own pounding heart-beats threatened to choke

She was in no mood to put her mind on the work at the office that awaited her. She would have to turn the Harvey brief over to someone else. It was a disappointment, not to be able to finish it herself: Mr. Crowell had given it to her especially

Under the circumstances, however, there was nothing else to do Tomorrow she would have to be out for Amy's funeral. And during the next few days, there would inevitably be many more conferences with Sergeant Dolan, or summons from him to appear at police headquarters. It would be much better if she forgot the Harvey brief, and adjusted her work at the office so that it would not require any immediate attention on her part.

As she entered the Cannon Building, she was surprised to see Harvey Ames directly ahead of her. He stopped at the news-stand to buy a paper; Cilly noticed that it was the early afternoon edition. She wondered if any news of the death of Amy had appeared as yet. Mr. Ames turned toward the elevators and saw her.

"Hello, Miss Pierce," he greeted pleasantly. "Where's my worthy secretary keeping herself today?" Evidently Sergeant Dolan hadn't

seen him yet. "You baven't heard?" Cilly asked hesitantly. "Heard what?"

"Amy was killed last night, Mr. Ames." "What?"

"She fell from the roof of our apartment house." Let the police, she decided, tell him that it was a murder.

A Man Stricken Mr. Ames gasped. He stared at Cilly open-mouthed. "You don't mean - she wasn't-

that girl?" His words were jedky, "What girl, Mr. Ames?" "That girl - in Brooklyn. St

Ann's Avenue?" Cilly nodded. She was not prepared for the manner in which Harvey Ames took the news of the death of Amy Kerr. That he would be surprised, or even a little stunned, she well expected. But he act-

ed like a man suddenly stricken. His face blanched, he leaned up against the wall as if to support himself. His dark eyes bulged. His collar choked him; he slipped one long finger underneath to loosen it. Harvey Ames was more than surprised at the death of his secretary. He was terrified. "How did you know, Mr. Ames?

Cilly asked him. "How did I know?" he repeated

stupidly. "Why, I saw it in the pa-

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pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly Pattern Number, your Name and Address.



By SADIE B. CHAMBERS

A CHEESE CHAT As cooler days arrive there something homey and appetizing about cheese dishes. Then, too, cheese is one of the high protein foods and should hold an important part in weekly menus. There are two forms of cheese-the soft and hard. Cheese made from skim milk is the hard; the soft type is made from milk and cream. The composition of cheese is one-third protein, one-third fat and onethird water. A gentle heat melts cheese and makes it easier to digest. Intense heat makes cheese tough and difficult of digestion. A little soda is sometimes added to milk and water used in cooking the cheese, which renders it more soluble and easier of digestion. Whilst cheese is very nutritious, it is wise not to feed it to children. It is best kept in a cool place and not tightly covered. Wrapping in waxed paper or cellophane it will keep several days. If it becomes hard and dry, grate and keep covered until ready for use. It may be added to soups (sprinkling on top before serving) or added to any of the starchy foods. A soft crumbly cheese is always best for cooking. I hope these recipes of old favorites will help simplify your menu problems.

WELSH RAREBIT 1/2 lb. cheese (grated) 1/2 or 1 teaspoon mustard

1/2 teaspoon salt Cayenne 2 teaspoons butter

14 cup milk

1 egg Dry Toast Place cheese in double boiler or chafing dish, sprinkle over mixed seasonings. Add butter in pieces, then add the milk. When cheese is melted, stir in well-beaten egg,

cook for a moment. Serve on toast or on salt wafers. COTTAGE CHEESE Heat sour milk or buttermilk until the whey is quite clear; drain | Favorite Press

in a cheese cloth and let drip about five hours without squeezing. Place curd in a bowl; break with a wooden spoon. Season with salt and mix into a paste with a little cream. Mold and set in cool place. CHEESE SOUFFLE

3 tablespoons butter 3 tablespoons flour ½ teaspoon salt

Cayenne

1/2 cup milk 3 eggs

Cook first five ingredients as white sauce for two minutes. Remove from heat and add well-beaten yolks of eggs and cheese. Set away to cool. When cool, fold in whites of eggs beaten stiff, turn into buttered baking dish. Bake in slow oven for 30 minutes.

CHEESE FONDUE 1 cup scalded milk 1 cup soft stale bread crumbs 1/4 lb. mild cheese (cut in small

1 tablespoon butter 1/2 teaspoon salt Yolks 3 eggs

Whites 3 eggs Mix milk, breadcrumbs, cheese, butter and salt. Add yolks of eggs which have been beaten until creamy. Fold in whites of eggs beaten until stiff. Pour in a buttered baking dish and bake 20 minutes in a moderate oven.

YOUR HOUSEHOLD PROBLEMS Have you fussy eaters in your family? Do you have trouble providing a varied and interesting menu? Do your cakes fall? Then write, enclosing a stamped, self-addressed envelope t Miss Sadie B. Chambers, care o this paper, and she will endeavour to solve your problems.

NERVOUS, WEAK



THOUSANDS of tired, weak, nervous women have helped themselves gain strength and energy by taking Dr Pierce's Favorite oped by Dr. R. V

thus it helps to build up and brace the entire body, overcoming nervousness and sleeplessness.

Mrs. E. Surgent of 1 Arthur Street, St. Thomas,
Ont., says: "I was feeling so out-of-sorts and
nervous and lacked strength. Dr. Pierce's Favorite Prescription helped my digestion and strength-ened me just wonderfully. I wasn't so nervous and felt better in every way." Get Dr. Pierce's

per. In this morning's paper. of course."

That was a lie, and Cilly knew it. There had been nothing about Amy's death in the morning papers. They were already printed and on the news-stands by mid night. If Mr. Ames had not been so surprisingly shaken, then he would have realized that. The first detail of the tragedy, would, at the very earliest, be in the afternoon edition of the evening papers. And that edition Harvey Ames was holding in his hand. He had not opened it yet.

(To Be Continued)

Christian Science Thanksgiving Day

Christian Science churches the world over hold Thanksgiving Day services, and the one held in First Church of Christ, Scientist, Toronto, is typical of them all.

The service opened with the congregation singing the hymn "This is the day the Lord hath made." The Thanksgiving Proclamation by the Governor-General of Canada was then read by Mr. John Carleton, the First Reader.

The Scriptural selection was from Psalms and was read by the First Reader. After the Spiritual selection the congregation united in silent prayer which was followed by the audible repetition of the Lord's Prayer with its spiritua! interpretation from the Christian Science textbook, "Science and Health with Key to the Scrip-

tures" by Mary Baker Eddy. The Lesson-Sermon for Thanksgiving Day given in the Christian Science Quarterly and read in all Christian Science churches in Canada and many other parts of the world followed the second hymn. The subject of this Lesson-Sermon was "Thanksgiving" and had for the Golden Text: "Rejoice evermore. Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you." (I Thessalonians 5: 16-18).

Sweater Blouse Beautifies Suit

Simple High Neckline Is Background for Elaborate Jewelry

The perfect basic blouse for fall suits is introduced in the form of a new sweater blouse with simple high untrimmed neckline on which may be worn wide necklaces or elaborate costume clips. Casual and informal, they may gain beauty and formality for dressier suits.

Sleeve Interest, Too Tailored blouses with the new "bishop sleeves," are popular in all

the dark fall colors. New fitted cocktail and dinner blouses are shown in luscious metal and woven silks. Shirrings and darts give them the feminine softness popular this season, and high necklines make these, too, perfect backgrounds for jewels. Sleeves may have the new Gibson Girl top, or may be simple and sleek fit-

Your Children's Eternal "Why?"

Wise Parents Feel Sensible Questions Demand a Reply

Gone are the days when a child's search for knowledge was met with a sharp "Curiosity killed the cat" or "You'll understand all when you are older."

Nowadays wise parents feel that sensible questions demand a reply giving sufficient information to be grasped by the young intelligence. Admittedly one must build up knowledge step by step, but once the child has shown any desire to have his knowledge satisfied in a certain direction, he should be guided on to the path which will lead to full knowledge later and should never be headed off on to side-tracks.

But the problem of the "eternal 'why?'" is a real one, as these questions often require carefully considered replies from parents.



A FLASHING



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GET SOME TODAY!

Cotton Wool Sandwiches

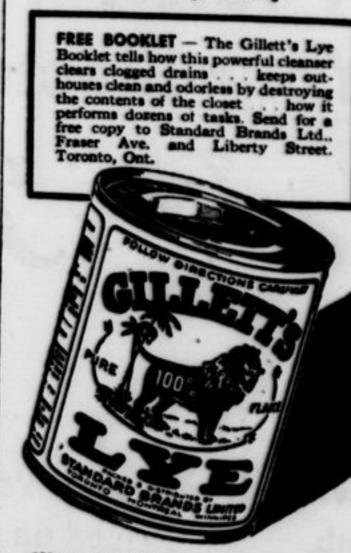
Jean Agnes Galloway, six, of West Hampstead, England, died last week from pneumonia following an operation for the removal of a safety pin which she had accidentally swallowed.

Dr. D. Foster stated at the inquest that the child was given cotton wool sandwiches to eat in the hope that the pin point would be covered.

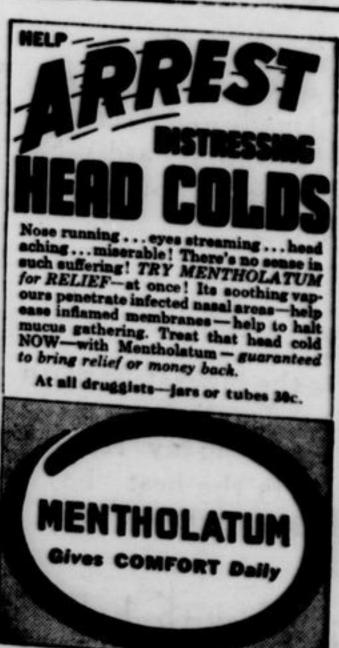
Death by misadventure was the

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Time, Rest and Asp Cure for Si...ple, A

Nervousness

Headache

The commonest caus headache is just plain This conclusion is borne out by the report British Medical Assoc ing at Aberdeen this a conclusion was that un tors cause headaches than physical disorders causes listed were loud prospect of unwelcome

dislike of other people

Low Cost Me And Good

They Can Be High

Value and Well Though Inexpensi

hood serve.

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000 bounds of Canad

wool now in the hands a Co-operative Wool Gr other big dealers can i April and May, based of

for next spring based of under license through Wool Board.

Albino Porcu

An Albino porcupine eves, a rarity in the ann has been found near C. L. Patch, chief a and herpetologist of the Museum at Ottawa, sa

had seen only two Alb pines in his experience. mounted at the museum