#### **Wool For Wear** Head To Foot

For Morning, Afternoon and Evening; Hat of Fine Knitting

LONDON - From head to foot, for moroning, afternoon and evening wear, wool is being used. Hats, scarves, gloves, belts, handbags, shoes, and evening headdresses may all be made of wool, Fabrics for hats consist of soft, fluffy combed wool, as it comes from the hands of the comber-and dyer, and introduces something completely novel since it is the first time that semi-raw wool has been used as a finished product.

Makes Gay Turbans

In some cases the entire hat is made from this wool in fine knitting, worked on millinery wire and then elipped to give a deliciously soft, velvety surface. In the others, the fine knitting is done on a net foundation in dark red, purple and blue combinations, giving a rich Oriental effect. Unsupn combed wool forms toques and turbans which are cleverly veiled with invisible tulie to keep the surface from fluffing overmuch; or it may be plaited and wound around the brim of the hat. For close fitting caps and turbans, a wool yarn is plaited and coiled. Other novel ideas include dark red and blue fleece for high Cossack hats; scarlet wool cord and tassels for the trimming on a black wool felt hat, and skeins of bright red, blue and green knitting wool for gay little Martinique turbans.

#### A STUDY IN SIMPLICITY



Graciousness in gown and wearer is in this photograph of Myrna Loy. Bodice, belt and front panel are of pale blue silk crepe; the skirt itself of midnight blue. The simplicity of the bodice is matched in all lines of the gown; the wide belt with petal-chaped detail is boned for rigidity.

#### Curves Taken Up Seriously

By Fashions of Today; Do Few Exercises to Round Out Those Thin Sections

Thin neck, arms and shoulders can be no more. If you have enough curves elsewhere but not sufficiently rounded as to neck, arms and shoulders, here's your meatif you'll pardon the pun! Stand in doorway, feet together,

chin in, head erect, hands to side, palms in, raise the arms till the back of hands touch the sides of the door frame. Press rigidly and hold position for 30 counts and back to position. Ten times and increase daily.

Away With Thin Arms For chest and arms, here's an

offective and responsive exercise: Lie prone on stomach, with hands downward on floor underneath the shoulders, push up, raising head and shoulders, retaining the hips in original position on floor. Do slowly and increase daily, starts ing at 10 counts.

For thin legs and thighs, do this exercise. Start with feet together, hands on hips, chest out, chin in, bend the knees deeply and come out of this position only half way; deep bend again coming half way up and repeat for ten counts. This exercise must be done slowly-increase the count daily.

#### Speedy Bee

A bee beat a homing pigeon in a thrilling half-mile race in New Jersey. The bee took 4 minutes 56 seconds for the course-4 seconds less than its nearest opponent, a hen pigeon.

#### OUT of the NIGHT BY MARION WHITE

CAST OF CHARACTERS PRISCILLA PIERCE- heroine, young woman attorney. AMY KERR - Cilly's roommate and murderer's victim. JIM KERRIGAN - Cilly's fi-

HARRY HUTCHINS - Amy's strange visitor. SERGEANT DOLAN-officer assigned to solve the murder of Amy

Last week: Dolan finds a note, in Kerrigan's writing, asking Amy to meet him up on the roof after the bridge game the night of the murder. Cilly remembers now that Jim and Amy appeared to have known each other before.

CHAPTER IX The apartment bell rang.

"That's Martin," Sergeant Dolan said to Cilly. "One of my men. I've had him checking up on the tenants."

Cilly opened the door for him. "Come in, Martin," Dolan called "What did you find out?"

"Not much, Serg." Martin was a tall, lanky man, commonplace in his plain clothes, with a mop of red hair and innumerable freckles. "Looks as if everybody in the house was tending to his own business when the thing happened," he said.

Dolan nodded, "Of course, Everybody's always minding his own business when a murder's being done. Let's have it. Sit down, Miss. Pierce."

Martin consulted some notes he

Well, there are 10 apartments in the house. Two to a floor. Johnson, the superintendent, has a place down in the basement. Miss Pierce and the other young lady were in 1-A. Souple named Terry in 1-B. Johnson tells me they left the house about 11 o'clock on Sunday night. He met them going out the door with their bags. Said they were going away on a little motor

"That's right," Cilly agreed. "Mrs. Terry stopped in shortly after 10 and asked me if I'd take her gold-fish for a few days. There they are over on the window-sill, They were going up to Fall River to visit Mrs. Terry's mother." "Funny hour to be leaving,

"Mr. Terry preferred to drive all night. There would be less traffic on the roads, he said.

"Well, that takes care of the 1st floor," Dolan said, "Who's upstairs?"

Away A Great Deal "In 2-A there's a Mrs. Elliot. Ra-

ther an elderly woman, Johnson says. But she's not in. Johnson and I looked the place over and it does not appear as if she's been home for a while. Rooms are all tidied up, windows shut down tight, And Johnson says she's away a great deal. She's the last tenant that moved in.

"Now in 2-B, there's a family named Smith. Man and wife and 6-year-old youngster. Mrs. Smith tellls me they were over in Jersey on Sunday visiting her in-laws. They left the youngster over there for a week. She says they didn't get home until somewhere about 3 in the morning. Didn't know a thing about the trouble here in the house. They took a 1:20 train from

"Check up on that," Dolan instructed.

"I'll do that. Now we come to the third floor. Don't think we'll find anything there. In 3-A " ere's a couple named Carruthers, but they are in Bermuda, Johnson tells me. Sailed a week ago Saturday on the "Monarch." I'll check that. And apartment 3-B has been vacant for "We don't seem to be getting

anywhere with the tenants," Dolan remarked. "Who's on the fourth

"On the fourth floor," Martin went on in his steady phlegmatic voice, "in 4-A there are the Downey's. A mother and daughter. The mother's a woman in her 60's, I should say, Daughter teaches a school. The old lady from the look

WITH ROYAL

FLAVORED

LIGHTER

MORE

**TEXTURED** 

DIGESTIBLE

FINER

MAKE BETTER BREAD

CAKES

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of her, never could pick up a body and throw it off the roof." "No," Dolan agreed. "It wasn't

the work of a woman.' "A Mrs. Wheeler lives in 4-B. Lives there alone, she tells me, and Johnson confirms it. Smartlooking woman in her 30's. I'd say a widow. Has a young niece that often spends week-ends with her, but she was all alone this Sunday." The Crumpled Note

Sergeant Dolan shook his head negatively as he listened without comment to Martin's report. Cilly could almost read his thoughts. One by one, he too was dismissing the tentants from consideration. In his hand he still held the crumpled note Jim had written to Amy.

"On the fourth floor, there's nobody we can pin the case on," Martin was saying, "and I'd say we could check off the fifth floor too. In 5-A there's a man and his wife named Hunter, a middle-aged couple. But he's a helpless cripple, paralyzed from the waist down. He sits around all day in a wheel chair. Johnson says he's never been out of the chair in the four years they've lived here."

"That let's him out," Dolan commented. "What about 5-B?" "Vacant."

"Um-m-m-" Dolan shrugged his powerful shoulders. He took a wallet from his inner coat pocket and slipped Jim's note into it, alongside of the Southern Pacific timetable he had found in Amy's bag. Carefully he put the wallet back into his pocket and rose to his feet. "Let's get going, Martin," he

said, "We have still several other angles to check." Cilly rose too. "Just a minute, sergeant," she pleaded, "what about those vacant apartments? Anybody - a vagrant, for example

-might have hidden away in

Dolan turned to his assistant. "What about it, Martin?"

"We thought of that, Serg. Johnson showed me 5-B. In the first place, the door was locked, and he has the only two keys to it. In the second place, he's getting it ready for some new tenant moving in on the first, and Saturday the floors were scraped and shellaced. Anyone coming down from the roof which is covered with tar and soot and dust - would have left some tracks on that newly polished floor. There's not a sign of a foot-

Vacant and Locked "What about the other vacant apartment?" Cilly asked him. "The one on the third floor?"

"We found it locked," Martin said. "Johnson is the only one that has a passkey to it."

"Someone might have come down the fire escape," Cilly suggested. 'He could have passed 5-B, which is vacant, and 4-B, without awakening Mrs. Wheeler, and then climbed into 3-B." Martin shook his head negative-

"The window from the fire escape was latched. He couldn't have opened it from the outside without breaking a pane of glass. Besides, from what I hear, before the young woman fell, there was a scream loud enough to awaken the neighborhood. It awakened Mrs. Wheeler. If any man passed down the fire escape, she would have known

Cilly wondered where else a man might have hidden. Nobody came out of the house immediately after the accident, Cilly knew that, Amy had fallen directly in front of the house, less than 10 feet from the front entrance. As Cilly knelt on the ground beside Amy's body, she would have seen whoever came through the front door. Only one person did. Mr. Johnson, the superintendent. He had come up from his apartment in the basement to se what had happened.

New Light On It Suddenly a new light dawned on the problem, and for the first time the strands of the terrible web of circumstances and coincidences that was encircling her loosened their hold.

Jim must have come down from the roof before Amy fell; if he

#### Setter Champion Will Compete In Ontario Field Trials



"Nickel"--Dru's Glad Ghost--winner of the Ontario Championship in 1937-will be a contender in the Members' Shooting Stake at the Ontario field trials at Niagara-on-the-Lake, October 14th and 15th. This picture of this fine setter-owned by G. G. Vincent, Port Nelson, Ont., shows him with a few of his field trophies.

liflower, when prepared should be

put into lukewarm water-not hot

-for a few minutes. The insects,

caterpillars, and so on, will crawl

out and be found dead in the bowl.

Avoid salt-salt and water kills

the insects and they remain in the

After being in the warm water

wash quickly in cold and remove

any insect which has escaped, then

boil at once. Fresh green vege-

tables are too often spoiled by be-

vegetable.

ing left in water.

had come down after the accident. Shouldn't Soak Cilly would have seen him go out the front door. Or the police would Your Vegetables have found him, still on the roof. Jim couldn't have been up there No vegetable should be soaked when it happened! before boiling. Cabbage and cau-

She almost wept for sheer re-There was a new ring of confidence in her voice as she turned

to Sergeant Dolan. "Mr. Kerrigan couldn't have been up on the roof with Amy," she pointed out with conviction. "Because he couldn't have gotten out of the house after the accident without all of us seeing him. And he wasn't on the roof, or you would have seen him when you went up! That clears him, in spite of the note, doesn't it?"

Sergeant Dolan grinned. "I'd be a fine detective," he said "if I were as trusting a soul as you'd like me to be, Miss Pierce, How can I be sure that he didn't come downstairs and slip into the Apartment 1-A, where a young lady who believed him to be 100 per cent. O.K. could easily hide

him until the rumpue died down!" Cilly gasped. The strands of the web had only relaxe' momentarily to strengthen themselves for a more tenacious grip.

(To Be Continued)



By SADIE B. CHAMBERS

VARIETY WITH MEATS I am sure all cooks have uttered

the same expression some time during the year's cooking or preparing those thousand meals or more, that it is more difficult to provide variety in the meat course than in any other part of routine

Meats with their high protein contents and muscle-building properties should form a place of honor on most menus. It is true in disease, meatless meals are often prescribed, but in health, in a general mixed diet meat does hold an important place. Families tire o fthe same old kind even if they like it. Therefore, when mother presents an attractive meat dish as one of her repertoire she is readily voted a good cook.

Liver Patties pound beef liver 2 or 3 slices bacon 1 cup breadcrumbs

2 beaten eggs 2 teaspoons grated or chopped

teaspoon mace Pepper and salt to taste

A few grains dry mustard Flour for coating Wash and cut up the liver, then drop into boiling water for a few minutes. Take it out and put it through the meat chopper along with the bacon. Mix these with the bread crumbs thoroughly and the seasonings, and moisten with the well beaten eggs. Shape.

Dredge very lightly with flour. Have the frying pan hot and plenty of bacon dripping in it. Saute the cakes and serve them very hot. A garnish of watercress adds greatly to appearance and taste. Another delightful accompaniment is a tomato sauce.

Stuffed Beef Heart

1/2 teaspoon poultry dressing 1 teaspoon salt 1 small sized onion chopped 1/8 teaspoon pepper

Wash the heart thoroughly and remove the muscle portions. Make the dressing by pouring boiling water through breadcrumbs and draining well. Add seasonings and when cool fill the heart or hearts. Cover with water and cook in moderate oven or in fireless cooker until tender. Drain off liquid and thicken for gravy. Sprinkle heart

## Go Into Action

**Best Bird Dogs** 

In Annual Fall Field Trials At Niagara-on-the-Lake, Oct. 14th and 15th - Some of Continent's Best Setters And **Pointers Will Compete** 

Dog lovers and hunters are promised two days' good sport on October 14th and 15th, when the Ontario Bird Dog Association holds its annual Fall field trials for setters and pointers at Niagara-onthe-Lake.

As usual, a large entry is expected from neighbouring States and spectators will have an opportunity to see some of the best bird dogs on the continent in action. Spectators Will See Plenty

Evidence of the growing popularity of the Ontario trials is the necessity of limiting the stake for members' shooting dogs to 20 dogs. In all, five trials will be run: Members' Shooting Dog Stake; Puppy Stake; Derby; Open all Age and the Ontario Championship. The latter is limited to dogs owned in the Province of Ontario.

Pheasants are plentiful in the country surrounding Niagara-onthe-Lake, this year, and the dogs should show at good advantage. Headquarters for the trials will be the Prince of Wales Hotel and all roads will be marked to enable spectators to locate the various events with ease.

Fred Jeffries, London, and Don Crawford, Kingsville, will judge the events.

#### Super-Regularity

Quito, capital of Ecuador, lies on the Equator. Every day the sun rises exactly at 6 a.m. and sets at 6 p.m.

Calico Pets That Tots Love Are Laura Wheeler Design



CUDDLE TOYS PATTERN 2291

Cats and pups are the best of friends in this collection of cuddle toys, each made of just two pieces from scraps of material. Pattern 2291 contains a pattern of 4 toys; directions for making; materials required. Send twenty cents in coins (stamps cannot be accepted) for this pattern to Wilson Needlecraft Dept., 73 West Adelaide St., Toronto. Write plainly Pattern Number, your Name and Address.

with buttered crumbs with salt and pepper. Put in hot oven for a few minutes to brown. Time in oven from 3 to 4 hours according to type of oven. Temperature moderate. Servings six.

Veal Loaf 1½ cups chopped raw veal

1 teaspoon onion juice 1/2 teaspoon pepper 1/2 cup milk 1 teaspoon parsley

1 teaspoon chopped onion 1/4 teaspoon celery salt 1/8 teaspoon mace 1/2 cup chopped pork

11/2 teaspoons salt 1 cup breadcrumbs 1 beaten egg

1 can bouillon (or two bouillon cubes) or two teaspoons meat extract dissolved in 2

cups water. Soak breadcrumbs in milk. Mix the meat with the onion juice, salt, pepper, parsley and milk. Add to the first mixture, mould into a loaf and place in a baking pan. Pour the bouillon around, place pieces of suet on top of loaf. Cover and bake in a moderate oven from 1 to 114 hours, basting often.

Casserole of Veal 1 pound veal ½ pound salt pork 6 medium sized potatoes (sliced)

2 onions sliced. Chop veal and salt pork. Mix and sear. Arrange in layers with the potato and onion in a casserole dish. Cover with water and bake in a moderate oven. Time in oven 3 hours. Temperature moderate. Servings six.

YOUR HOUSEHOLD **PROBLEMS** 

Have you fussy eaters in your Do you have trouble providing a varied and interesting menu? Do your cakes fall? Then write, enclosing a stamped, self-addressed envelope to Miss Sadie B. Chambers, care of this paper, and she will endea-vour to solve your problems.

#### Women Are Glad They're Not Men

Survey Shows They Believe Men Have An Easier Time, But They're Not Envious

Women, it seems, are glad they are women and not men. A survey taken among San Francisco women in all walks of life from housewife to fashion expert, revealed that women believe they lead a fuller life, but that in general men have an easier time of

Lead Fuller Life In answering a questionnaire

women gave varied reasons for their views. Some balanced off the terrors of war against those of bearing children. Others estimated the responsibility of earning a living for a family against the spreading of earnings over a multitude of family needs.

In the main, however, the women agreed that men do have an easier time of it. A few said they would gladly change their sex. Others said they were content and wouldn't be men if they could change their sex.

### **POOR DIGESTION**

IF YOUR digestion is bad, your food will not nour-ish your body. Dr. Pierce's Golden tive juices and helps the stomach digest



FREE SILVERPLATE! Save the coupons from Lipton's 1 fb. and ½ lb. packages They are exchangeable for beautiful Wm. Rogers & Son Silverplate. Write for premium book to Thos. J. Lipton Ltd., Lipton Bidg., Toronto.



#### Afternoon Dress **Holds Spotlight**

Every Well-Planned Wardrobe This Season Should Have

This is going to be a season where a minimum of two afternoon dresses, one very simple and the other more formal, must be considered in every well-planned wardrobe, even though you have to face the winter in last year's

Starting with the simplest wool dress, good for everyday wear generally and sometimes promoted to the afternoon class, your choice lies among wool or angora jersey. duvetyne and wool crepes. Duvetyne is flattering but less practical, perhaps, than the two others. Broadcloth is not so new, but jersey is always good.

Wool Models Simple Styles in wools are necessarily simple. Draped hips, bustle effects, and skirt fullness should all be treated with restraint. The style pointers, include front fastenings to simple, fitted, sometimes seamed, bodices; sleeves almost always long and slender or else with the hint of a leg-of-mutton top; waistlines are nipped in and skirts feature fullness front, or back, but mainly back, in a number of different ways.

#### Compressed History

Bath, England, has no fewer than 240 houses associated with the lives of celebrities, including Wordsworth, Shelley, Gainsborough, Pitt, Dr. Johnson, and Dick-

# KILLS **AS IT CLEANS!**

KEEP your outhouse clean with Gillett's! Just sprinkle half a tin of Gillett's Pure Flake Lye over contents of the closet once a week. It quickly banishes odors . . . destroys the contents and



Booklet tells how this powerful cleanse clears clogged drains . . keeps out houses clean and odorless by destroying the contents of the closet . . . how it free copy to Standard Brands Ltd Toronto, Ont.

#### Athletes' Need Of Vita

Steak and Potatoes A The Best Diet for A Player

Steak and potatoes are best diet for a rugby plays needs vitamins and mine just as much as anyone the player eat a variety and gets plenty of caloriplace those used up duri cise, his diet will be sati Football makes tremen mands on the muscles of t For this reason the weight football player should be carefully. If he loses we diet should be supplement extra milk, malted milk at toods that are rich in call

Salt In Drinking Wa Players lose a great dea ter from the body both at from the body by pors Football players should be ing of the logs and other caused by a lack of salt

Canadian Soldiers' Uniform





Paris Styles Are Cheer

Military Themes and Gay forms Avoided - Acces ies Altract

are cutting their hair shorter, wi snoods are worn more and more

George Izzard, retired poll man, Twickenham, Eng., has se sons serving in the army, navy married sailors, and two others in defence jobs.