

## Something New Under The Sun

### Apple Blossom Fragrance

A new Cologne with a fragrance that symbolizes freshness and coolness and everything that's youthful and gay has made its appearance on the cosmetic market—it's fragrance that subtly matches the delicate, sweet, clear scent of apple blossoms in full bloom. Following its success, a whole new array of bath luxuries has been presented which incorporates this same delicious orchard scent, and wraps you in an aura of springtime enchantment and coolness.

It is rumored that Paris courtiers will show new clear reds with a slight yellow cast for fall, and in anticipation of this forecast a new shade of lipstick called "Sporting Pink," inspired by the brilliant red of the English hunting coats, which British tradition has called "pink" for centuries, has been introduced. Actually, it is a vivid red with a slight yellow undertone—as exciting as the flash of red that whips through the brush during the course of the fox-hunt!

### Champion Scotch Dancer



Competing with competitors from Canada and the United States, Anna Cummings, 22, of Laurentian View, Ont., won the coveted Hon. Ian Mackenzie challenge trophy for Highland fling and sword dance. Miss Cummings established a record by winning for the third year in succession thus becoming permanent holder of the trophy.

## Too Much Beauty Is A Handicap

### Men Prefer Women With Average Good Looks, Health and Good Nature

Unusual beauty in women can be a liability rather than an asset, according to Miss Elizabeth Macdonald Osborne, of Boston University. The noted consultant on women's problems said she had studied the great women in history and found that almost everyone of them had one or two imperfections in their facial features. But they developed their other good points, she added.

"Cleopatra won Mark Antony from his wife who was many times more beautiful than the Egyptian queen," said Miss Osborne. "Cleopatra is not even considered beautiful—but she did have a beautifully modulated voice."

Contenting that men dislike the women with extreme beauty, Miss Osborne added: "They prefer a woman with average good looks, health, mystery, and a warm sympathetic nature. I have found that extremely good-looking co-eds in college need more philosophy than other girls."

"The beautiful women rest on their laurels of pulchritude and when they reach the age of forty they find they no longer can attract persons because they have lost their beauty."

"In this country we are expected to be attractive, and it is more important to look attractive than to be attractive."

**Reasons for Duliness**  
Warning women not to copy the others, Miss Osborne said that the most people are dull and uninteresting because they are pale copies of successful individuals. She listed five reasons why women fail to make good impressions, namely:

1. They develop unpleasant qualities.
2. They have lost self-esteem.
3. They are afraid of what the others will say and think.
4. They are lazy.
5. They have a negative and unco-operative philosophy of life.

## OUT of the NIGHT

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**CAST OF CHARACTERS**  
PRISCILLA PIERCE—heroine, young woman attorney.  
AMY KERR—Cilly's roommate and murderer's victim.  
JIM KERRIGAN—Cilly's fiancé.  
HARRY HUTCHINS—Amy's strange visitor.

**SERGEANT DOLAN**—officer assigned to solve the murder of Amy Kerr.

Last week: The clipping which Cilly had taken from Amy's hand proves to be news notes from a small town Utah paper. Curiously Cilly is examining it when she hears the dumbwaiter passing her apartment. Who would operate it at this early morning hour, she wonders?

**CHAPTER IV**

Cilly awakened with a start next morning to an insistent ringing. She sat up in bed sleepily. It had been a fitful night. The little clock on the dressing table pointed to 8:30. Hurriedly, she jumped out of bed.

It wasn't a dream, then. Amy was gone.

Again the bell rang. Thoroughly awakened now, Cilly recognized it. The doorbell. She slipped on her kimono—she had worn last night to interview Sergeant Dolan and the doctor—and went to the door. It was Sergeant Dolan now, perhaps.

But it was not Sergeant Dolan at the door. It was a woman, a nervous, indefinite little woman whom Cilly did not recognize.

"Good morning," the little woman said in a frightened, shy manner. "I'm sorry to get you up like this—but I had to see you right away. I'm Mrs. Corbett, from across the way."

A Visitor  
Cilly opened the door wider. "Will you come in, Mrs. Corbett?" she invited.

"Thank you. You're Miss Kerr?" Cilly asked.

"No, I'm sorry, but Miss Kerr is not here."

Mrs. Corbett put her hand up to her mouth apologetically, as if admonishing herself not to make another blunder.

"Oh, I'm sorry. She must be the other one. I didn't know. I just looked at the names here above the bell. Hers was the top one. You're Miss Pierce, then?"

Cilly nodded, leading the way into the living room. She noticed that the bridge table was still set up as it had been the night before; the ashes had not been removed. She must tidy the house immediately. Amy's Aunt Harriet would be here. She drew a chair for Mrs. Corbett.

"It's about her—about the other young lady—I wanted to talk to you," Mrs. Corbett said, seating herself on the edge of the chair. "It's about what happened last night."

"Yes?"

"I tell you, Miss Pierce, I'm so upset I don't know what to do. And my mother's in an awful state. You see, I live over there, in the St. Ann apartment, on the fifth floor. My mother lives with me, and this week Mr. Corbett is out of town. We were both alone last night. We went to bed early—about 10:30, I guess. Mother wasn't feeling so well."

Cilly listened attentively.

"She has asthma," Mrs. Corbett continued. "Terrible attacks of it. Well, last night I guess I must have fallen asleep right away, but mother felt badly. She couldn't get her breath—you know how it is with asthma. So she got up and sat at the window to get more air."

"She was sitting there when it happened."

"She was thrown off . . ."

"You mean—she saw her fall?" Mrs. Corbett shook her head. She leaned forward and lowered her voice dramatically. "She didn't fall, Miss Pierce," she whispered. "She was thrown off that roof. A man picked her up bodily and threw her off."

"Oh, my God!"

"I know, it's terrible. I've asked my mother a dozen times this

morning if she's sure. But she insists on it. There was a ship down the bay swinging its searchlight back and forth. And mother says just as that light passed the roof, she saw it plainly. Then I woke up—the noise of the fall, I guess. And everybody shouting out of their windows. But mother had fainted. I thought she was having another attack, and I was too busy with her to pay much attention to what was going on over here."

"Murdered! Amy murdered!" Cilly gasped.

But of course that was it. Amy would never have taken her own life. She had everything for which to live.

"Amy murdered!" Cilly repeated the words dully. Again she had that feeling of unreality, of utter disbelief. It was all a terrible mistake. Nobody could have murdered Amy—gentle, kindhearted Amy. It was all so impossible.

Mrs. Corbett fidgeted nervously on the edge of her chair.

"I'm sure I don't know what to do about it," she said. "Seems as if I had to tell you, Miss Pierce. It's such a terrible crime . . . and right here on St. Ann's avenue. We've lived here for seven years, and it's always been the nicest, . . . I don't want to stay here another night, I tell you—"

"Have you told the police?" Cilly interrupted.

Mrs. Corbett's pale eyes widened in horror. "Oh, no! I couldn't do that! Why, I've never had any dealings with the police—and I'm sure Mr. Corbett wouldn't want me to get mixed up in a murder."

"You'll have to tell the police just what your mother saw," Cilly said emphatically. "They believe it to be suicide. . . ."

"But I really don't want to go to the police—not until I get in touch with my husband, anyway."

"I'm afraid you'll have to, Mrs. Corbett," Cilly insisted. "Because, you see, I will have to tell them of your visit this morning, and naturally they will want to question you. It would be much better, I think, if you went to them yourself."

She Wanted To Hear Jim  
"I hate to be mixed up with the police," Mrs. Corbett whined. "It might have been some gangster. . . ."

"You need only to tell the police what you have told me. You can phone from here, if you wish. Ask for Sergeant Dolan. He is handling the case."

"Sergeant Dolan, I guess I'll wait until I get home, Miss Pierce. Perhaps I can just ask him to stop in and see me. I'd much rather tell him about it at home. . . . I've never been to a police station."

"Of course."

Cilly saw Mrs. Corbett to the door; unconsciously she bolted it after her. Amy murdered! It was incredible.

"I'll have to tell people," Cilly thought mechanically. "I'll have to tell Jim—and Harry Hutchins—and Mr. Ames."

It was 10 minutes past 9, according to the banjo clock on the wall. Mr. Ames was probably looking for Amy this very minute. First, however, Cilly dialed the number of Jim's hotel. Perhaps she could catch him before he left for the office.

"Mr. Kerrigan, please."

She waited while the operator rang Jim's room.

"Sorry, Mr. Kerrigan does not answer. Any message?"

"Never mind, thank you." Jim had left for the office, then. Perhaps she'd better wait a few minutes before calling him there. He seldom got in before 9:30.

She wanted, she suddenly realized, more than anything else to hear Jim's reassuring voice, to have him tell her that the world had not gone suddenly mad, that Amy was alive and well, and it had all been a weird, unbelievable nightmare. Fortunately for her, perhaps, she could not foresee the infinitely more terrifying surprises which she would face before she heard Jim's voice again.

(To Be Continued)

## 1,500,000 People Visited Quints

### Over Period of Four Years the Dionne Five Have Proved a Great Tourist Attraction

The Dionne quintuplets, now five years and four months old, each year are proving more and more an attraction to tourists. Official estimates show that in the past four years some 1,500,000 persons have viewed their childish antics in the playground of their nursery home, Dufou Hospital.

By the end of 1937, the number of visitors to the nursery will have risen to more than 2,000,000 according to estimates of Dr. A. R. Dufou, personal physician to the quintuplets since their birth May 28th, 1934. Keith Munro, business manager for Cecile, Annette, Yvonne, Emilie and Marie, said 500,000 persons each year watch them at play.

"We only keep track of the number of visitors in the summer months," said Munro. "But many view the quintuplets in the spring and fall months. We estimate 500,000 people are viewing the children annually and by the end of this year the number of people probably will run over 2,000,000."

Through Glass Screen  
The quintuplets' playground adjoins their hospital home across the road from the home of their parents, Mr. and Mrs. Oliva Dionne. Visitors enter a horseshoe gallery, and watch the girls through a glass screen. The quintuplets can hear the spectators but are unable to see them through the wire mesh inside the glass.

Good Egg  
A New York museum has the world's largest egg. Found in Madagascar, it comes from an extinct bird—the apornis. The egg has a circumference of over 30 in., and will hold 14 pints of water.

Handy Hints  
When a house is being done up, paint is often spilled on the doorstep, and is sometimes found very difficult to remove. In that case make a strong solution of potash, and wash the step, leaving the solution to soak in. In a short time the paint will become soft and can be washed off with soap and water. Then use cold water. Paint which has been left on for some time will yield to this treatment.

One cup peanut butter, ½ cup mashed banana, lemon juice.

Cauliflower is just as taste-satisfying raw as it is cooked. Next time you plan to have cooked cauliflower as a vegetable, but one a little larger than you need, save some of the nice flowerets to store in your hydrator for use in a crisp salad next day.

Along about Wednesday, if the family is pretty small, the end of Sunday's roast looks monotonous indeed. Grind it up, combine with any leftover bits of vegetables waiting to be used, some breadcrumbs, minced onion and green pepper, a little water to moisten seasonings, and stuff large ripe tomatoes, from which the centres have been scraped. Top with grated cheese and bake.

A useful cabinet for the bathroom. It's made from an old wooden box covered with checked oilcloth, and will hold odds and ends like extra tablets of soap, talcum powder and so on. Cover the sides and top with one piece of oilcloth, fastening with colored drawing-pins; tack another piece across back, and put on two front pieces curtain-fashion on a length of tape.

It is a good plan to put in a piping-cord when hemming the sides of short curtains; this prevents that stretching and consequently having the untidy, sagging appearance they usually have when washed.

When steam rises from your saucapans during cooking, cover the rack above the cooker with two linen tea towels. They will absorb the moisture and prevent your kitchen walls and ceiling steaming. It is this steaming of walls that causes the distemper to flake off so quickly, and by remembering this hint you will have yourself a bill for having the kitchen redistempered.

A good way to use your perfume is to put a few drops in the water with which you damp your clothes. The hot iron brings out the scent.

You know those little two-pronged wooden forks that come in date and crystallized fruit boxes? Don't throw them away, instead, dry them after a good scrub and keep them in the kitchen. They are fine for cleaning tea-

## TALKS

### By SADIE B. CHAMBERS

**TOMATOES AND VITAMINS**  
Every homemaker includes on her regular list "Canned tomatoes and tomato juice." The tomato, full of energy-giving and health-building properties, offers probably the most economical source of vitamin supply we have. It has made a decided success in its pioneering all through the trail of vegetables and fruits, and now holds a place of honor in almost every household. It may well look down from its pinnacle and smile on the world, for it holds an important place on any course of a menu, wherever you choose to place it. While it is an economical substitute for the orange it should not wholly take its place, for it is not quite as complete in the vitamin content as the Southern fruit.

For tomato juice, pick thoroughly vine-ripened fruit. If partially green, a slightly bitter taste is the result. Stem and core the tomatoes. Heat slowly to boiling for 40 minutes. Pass through a sieve and boil five minutes. To each pint jar add ½ teaspoon salt and ¼ teaspoon sugar. Sterilize for 10 minutes in steamer or oven.

**TOMATO CONSERVE**  
12 tomatoes (large)  
6 peaches  
1 orange  
1 cup seedless raisins

Wash and scald tomatoes, peel, cut up, removing seeds. Peel peaches and wash orange, having also washed the raisins. Put through the food chopper the peaches, orange, and raisins. Place the tomatoes in kettle, boil for ½ hour, then add the peaches and

raisins. Boil for 15 minutes. Remove from heat, measure, and for every cup of juice, add ¼ cup of white sugar. Return to heat, boil for ½ hour, stirring frequently. Then place in jelly glasses and cover with paraffin.

**TOMATO JELLY (GALAD)**  
2 cups tomato  
4 egg yolks  
1 teaspoon chopped onion  
1 pkg. of strawberry jelly powder  
1 cup finely chopped celery  
1 chopped green pepper  
1 cup whipping cream  
½ teaspoon salt

Cook the tomatoes, celery and onion and salt ten minutes. Pour over the well-beaten eggs, stirring constantly, cooking in double boiler until mixture coats the spoon. Then pour over jelly powder, stirring well. Let stand until cool. Beat with Dover beater until fluffy. Whip cream and fold into the mixture. Pour into a wet mould and chill. When ready to serve, unmould on shredded lettuce served with sprigs of mint or parsley. Serves 8. The green pepper can be added just before the whipping cream. Some prefer it without.

**BAKED EGG AND TOMATO (Luncheon Dish)**  
3 cups tomatoes  
4 eggs  
1 teaspoon chopped onion  
1 cup grated cheese  
4 tablespoons butter  
Salt and Pepper  
½ cup dried bread crumbs

Four tomatoes in baking dish, break eggs on tomatoes. Cover with cheese, add seasonings. Then sprinkle breadcrumbs on top, dot with butter. Bake until eggs set and crumbs browned. Serves 4.

**Your Household Problems**  
Have you fussy eaters in your family? Do you have trouble providing a varied and interesting menu? Do your cakes fall? Then write, enclosing a stamped, self-addressed envelope to Miss Sadie B. Chambers, care of this paper, and she will endeavor to solve your problems.

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Safety-razor blades to the number of 1,400 can be made from one pound of steel.

**THE WORLD'S LARGEST SELLING TEA IS PACKED UNDER 3 DISTINCTIVE LABELS**

**Lipton's RED LABEL 33c ½ lb.**

**Lipton's ORANGE LABEL 35c ½ lb.**

**Lipton's YELLOW LABEL 40c ½ lb.**

**LIPTON'S Full-Flavored TEA "FIT FOR A KING"**

pot spouts and grand for cleaning between the prongs for your silver forks and for making patterns on the pastry of a pie and for all sorts of other things. You try them!

You know how annoying it is to wash your hair brushes and find that they are limp, if clean. Try shaking out the water and then dipping them into a saucer of milk. When they dry, the bristles will be beautifully stiff.

Remember, when you are washing a brush with a wooden back to smear oil over the wood before washing.

**Ships Sailings Being Cancelled**

His Majesty's Government of Great Britain have requisitioned several of the Cunard White Star vessels, requiring the cancelling of a number of ships' sailings. The following ships will not sail: "Aurania," westbound, Sept. 1, eastbound, Sept. 15, from Montreal; "Ascania," westbound, Sept. 8, eastbound from Montreal, Sept. 22; "Scythia," westbound, Sept. 1, eastbound from New York, Sept. 15; "Britannic," westbound, Sept. 1, eastbound from New York, Sept. 16. Passengers booked for these departures may be given the opportunity of transferring to other sailings, if space is available.

Pears, more than any other fruit, are affected by temperature changes, temperature being held to be the most important single factor relating to their handling, particularly in cold storage.

**Outside Closets KEPT CLEAN this EASY way**

To banish offensive outhouse odors . . . just sprinkle half a tin of Gillett's Pure Flake Lye over contents of the closet—once a week. No need to remove the contents . . . Gillett's does it for you.

Gillett's Lye will save your time . . . save your energy in heavy cleaning. It scours dirty pots and pans . . . clears clogged drains . . . cuts through grease. Keep a tin handy.

**FREE BOOKLET**—The Gillett's Lye Booklet tells how this powerful cleanser clears clogged drains . . . keeps outhouses clean and odors by destroying the contents of the closet . . . how it performs dozens of tasks. Send for a free copy to Standard Brands Ltd., Fraser Ave. and Liberty Street, Toronto, Ont.

**Never dissolve lye in hot water. The action of the lye itself heats the water.**

**Issue No. 36 — '39**

## Seven Fuels For The Human Body

### Whether Weather Hot or A Little of Seven Varieties Necessary

There are seven varieties of food which we all need to keep in health, says a doctor. Whether the weather is hot or cold, whether we are lazy or energetic, we must have some of these kinds of food. No one can replace another, while eat too much of one, another, the balance of nutrition is upset and we may become ill. Here are the seven pillars of a healthy diet:

(1) Proteins. These build up the body and are necessary in the process of cell and assimilation. They are found in actual body tissues, proteins (milk, meat, fish, eggs) are more easily built up our bodies than vegetable (such as peas and beans).

(2) Fats. From cream, butter, eggs, snail fat, most oils (especially fish oils).

(3) Carbohydrates, which energy and are derived from bread and starch, including bread root vegetables, and fruits.

(4) Mineral salts. From meat, the green and white of the egg, vegetables . . . and fruits.

(5) Vitamins. Found with salts in the above class food and in fish oils, they are necessary for health, growth, protection from disease.

(6) Extractives. Flavoured extracts which make foods smell and to taste, and which we use to digest our food. They are found in all natural food, stock, soups, gravies, and they are used for cooking meat and down the sink! (In steaming casserole country, they are served and utilized).

(7) Water . . . is simple in its building, but the most important of the food products, heat and cold, and the warmth of the summer, therefore, we have the body's protection of eating less of the heat-giving foods, such as sugar, fat and starch, replacing them with fruit and vegetables.

**Airplanes Aid Survey**

Air transportation played an important part in the survey of Saskatchewan-Alberta last summer, according to the department of Mines and Technical Surveys. Airplanes, equipped with means of transport for the party, the air service was used by private companies operating in the neighborhood of the and, by arrangement, an came to the survey party on selected days and moved the site chosen for the work. There were eight camp necessities, averaging about miles per move.

Moving a survey camp plane has many advantages. It is packed, man-packed or dog-trained, the plane, the cook and his with perhaps one extra man, manage the whole move. A survey work can proceed on moving day. Moving about about once a week, and the plane comes in if it rains or gales, doing away with conditions of camp being broken or wet floor, and so on, regularly, and, although it was being carried on in the district, it was more like a survey near centers of population.

**Export Trade Huge Increase**

Ottawa Records Largest In Past Six Months—In Trade Expanded

Canada's export trade for the month of July was valued at \$27,050, an increase of 12 per cent over July, 1938, according to a statement issued by the Minister of Finance.

This increase is kept in a general expansion of trade in recent months. For the months ended with July, exports were valued at \$275,000,000 as compared with \$261,000,000 for the same three months in 1938.

Outstanding features of the trade were the continued increase in the exports to the United States and the United Kingdom. The former, the amount \$11,890,000, compared with \$95,000,000, a gain of 20.25 per cent, and to the United Kingdom \$21,365,592, compared with \$16,576,000, a gain of 28.9 per cent.

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