

Little Mistakes Cause Accidents

Big Ontario Traffic Toll Is Made Larger By Drivers' Small Misjudgments, Inattention

Up until the end of June this year there have been 191 people killed in highway crashes in Ontario. Last year during the same six months' period, 239 were killed.

"Our records show," last week said A. H. Rowan, chief of the accident division, Ontario Department of Highways, "that the majority of accidents are caused by little mistakes. It is not a question of wild and drunken driving, but of little misjudgments."

Frequent Misjudgment of Speed has picked up a file at random. The two accidents on the top resulted from side-swiping. The third was caused by inattention while the driver lighted a cigarette—a cause of accidents, incidentally, which is seldom reported. The next was a skid on greasy pavement. The next misjudgment of speed on a curve and so on down the list, all bearing evidence of the truth of the official's claim.

Deputy Grand Master



Dr. John McEneaney of Kingston, Ontario who was elected deputy grand master of the grand lodge A. F. & A. M., of Canada, in the Province of Ontario at the 48th annual communication at Toronto.

Color Indicates Vitamin Values

Eminent American Doctor Advises Us to Eat Bright, Colorful Foods—Yellows Are Rich in Vitamin A

Dr. Victor Heiser, who believes that pharmacy is an older science than medicine, last week gave advice on diet, pointed out that the simplest way to be sure of securing enough vitamins is to eat bright, colourful foods.

Yellow foods, such as butter, corn, carrots, eggs are rich in vitamin A which is essential for good eyesight.

Greens are rich in minerals, and in vitamins A, B and C.

Gently Cooked, Best
With a variety of fresh, gently cooked vegetables, no healthy person need worry about vitamin deficiency. But it is of vital importance to remember that violent boiling or prolonged frying kills delicate vitamins.

The ideal diet, and the safest for delicate digestion, is light meals, simply cooked, with portions of rare meats, raw vegetables.

Grain And Hay To Feed Horses

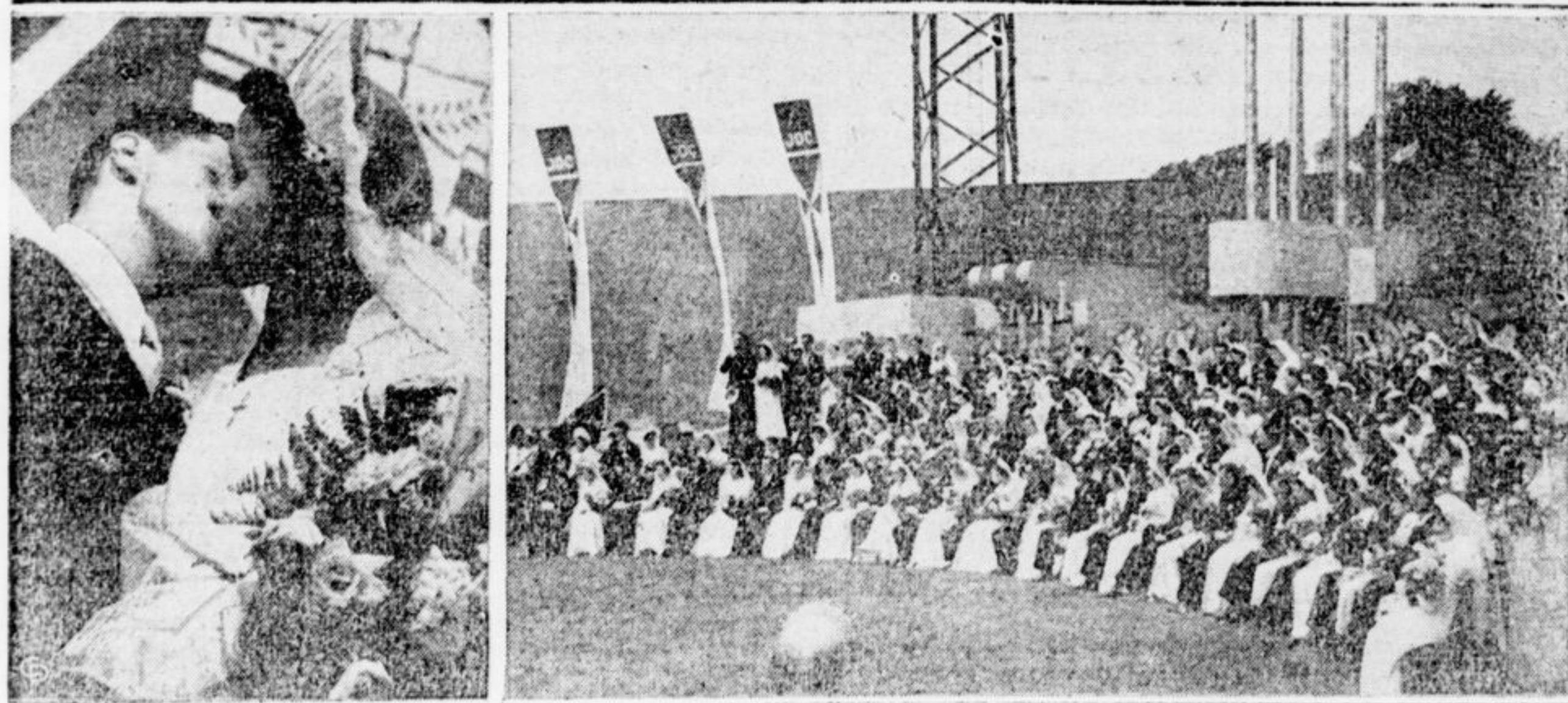
Oats, Bran, Mixed Hay and Roots Are Tops In Equine Diet

No feeds excel oats, bran, mixed hays and roots for horse feeding. Oats are the safest and best of grains. There is a tendency to regard oats as the only safe grain for horses, but in some countries other grains are used as substitutes for oats. The Arab horses, known for their speed and endurance, are fed largely on barley. This grain is also fed to horses in northern Europe. Corn largely replaces oats in the corn belt sections of the United States.

Of the hays, timothy has long been considered standard for the work horse. It is easily cured and for this reason free from dust, but it has also a slightly constipating effect. Mixed hays have a much higher feeding value and mineral content, being especially high in calcium. Farm horses should get these rather than timothy.

Tarnished brass can be restored to its former brightness by applying a little methylated spirit on a soft cloth. Add a few drops of this spirit to rinsing water for organic, muslin and table linen to obtain the right stiffness required.

105 Couples Married In Impressive Montreal Ceremony



Two scenes following the mass marriage at Montreal Stadium show, LEFT, Henri Lepage, one of the grooms, saluting his bride and RIGHT, 105 happy couples grouped together following the ceremonies. The founder and chaplain of the Jeunesse Ouvriere Catholique, sponsors of the mass marriage is Father Henri Roy, O.M.I.

RADIO NOTES AND NEWS

By MADGE ARCHER

NELSON EDDY RETURNS TO THE AIR

Thousands of the admirers of Nelson Eddy in Canada and the United States will cancel all engagements on Sunday night, August 13, to welcome the return of the popular baritone and film star to the Chase and Sanborn Hour. Mr. Eddy resumes his place on the program after a prolonged absence on a concert tour. Donald Dickson, his substitute, is returning to New York to rejoin the Metropolitan Opera Company.

It is difficult to overrate Nelson Eddy's popularity in the entertainment world. This year he was nominated "star of stars" in more than one radio poll. He is equally successful in the concert hall and on the screen as he is on the air.

Eddy is a Rhode Islander and he was born at Providence, in 1901. It was while he was a newspaper reporter in Philadelphia that he discovered that he had a baritone voice of unusual beauty and masculine strength. He made his debut in Philadelphia with an amateur theatrical group and, later, in local performances of the Gilbert and Sullivan operas. From these he graduated to the Philadelphia Grand Opera Company and sang roles in French, Italian and German.

"REQUIEM" DIRECTED BY TOSCANINI

The next important Toscanini date is set for Wednesday, August 16th, when a performance of Verdi's "Requiem" directed by the great Maestro will be broadcast from Lucerne, Switzerland. The use of the four soloists will be familiar to those who listen to the Metropolitan Opera broadcasts during the winter. They are Zinka Milanov, soprano; Kerstin Thorborg, contralto; and Nicola Moscona, bass. The tenor has not yet been named.

ELIJAH: A LIFE OF COURAGE.

1 Kings 18:1-46
"Golden Text.—Jehovah is far from the wicked; but he heareth the prayer of the righteous. Prov. 15:29.

THE LESSON IN ITS SETTING
Time.—The exact year when these events took place we cannot determine; the late Dr. Willis J. Beecher suggests the year 909 or 908 B.C., and this is near enough.

Place.—Mount Carmel is that great mountain range midway along the Mediterranean shores of Palestine and Syria, rising from the western side of the plain of Esdraelon. The river Kishon flows past the northern base of Mount Carmel, emptying into the Mediterranean near the city of Haifa.

1-30: And Elijah said unto all the people, Come near unto me; and all the people came near unto him. And he repaired the altar of Jehovah that was thrown down. Without a word of previous information regarding Elijah, we are simply told that "Elijah the Tishbite, who was of the sojourners of Gilead, said unto Ahab, As Jehovah, the God of Israel, liveth, before whom I stand, there shall not be dew nor rain these years, but according to my word." Ahab, King of Israel, was married to one of the most wicked women of history, Jezebel; she had brought every abomination and idolatrous practice from her native home in Syria along with all the priests of

And the water ran round about the altar; and he filled the trench also with water.

Elijah's Prayer

And it came to pass at the time of the offering of the evening oblation, that Elijah the prophet came near, and said, O Jehovah, the God of Abraham, of Isaac, and of Israel, let it be known this day that thou art God in Israel, and that I am thy servant, and that I have done all these things at thy word.

Hear me, O Jehovah, hear me, that this people may know that thou, Jehovah, art God and that thou hast turned their heart back again.

In this solemn and earnest invocation of God—the name "Jehovah" describing God as he is himself—the one eternal, self-existent Being—is united with the name which shows his special covenant with Abraham and Isaac and Israel. In his own nature incomprehensible to finite beings, he yet reveals himself in moral and spiritual relations with his people, through which they "know" that which is past knowledge." The prominence of the name Jehovah, three repeated in this prayer of Elijah, is significant of the special mission, symbolized in this very name, so also of his immediate purpose. He desires to efface himself. The God of Israel is to show himself as the true worker, not only in the outer sphere by miracle, but in the inner sphere by the conversion of the hearts of the people.

The Sign

38: Then the fire of Jehovah fell, and consumed the burnt-offering, and the wood, and the stones, and the dust, and licked up the water that was in the trench.

The doom of the false prophets, the life of Elijah, the future of Israel, and the honor of God are all involved in what should happen following Elijah's prayer. This miraculous and supernatural fire falling from the heaven convinced the people that Jehovah was the true God.

39. And when all the people saw it, they fell on their faces; and they said, Jehovah, he is God; Jehovah, he is God.

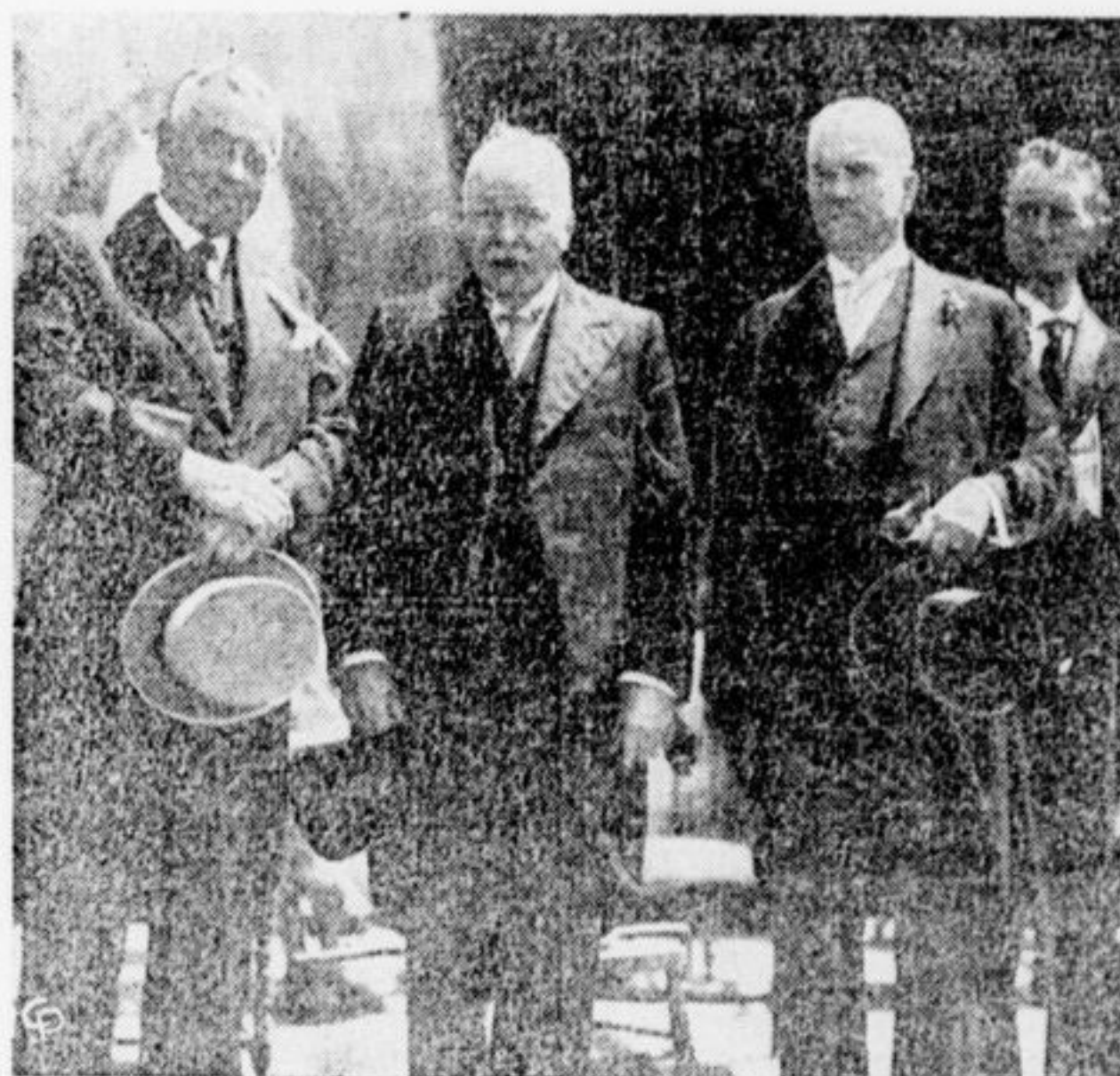
Thus the great fire was the emblem of Jehovah, and the sign of his acceptance of his people's service. And so Elijah had the priests of Baal put to death, not so much from revenge as queen Jezebel had murdered the prophets of the true God, but to carry out the fundamental law of the Old Testament kingdom of God, which prohibited idolatry on pain of death.

40-46: When the last priest of Baal had been put to death Elijah turned to the king and told him to go up to his house and eat and drink for an abundance of rain would soon fall upon the fearfully parched land. But the prophet himself went up to Mount Carmel and cast himself down upon the earth and "put his face between his knees." Thus a solitary man brought back rain to Israel. His prayer was abundantly answered.

There are certain characteristics in Elijah's prayer, which should form the part of all true prayer. It was based on the promise of God. It was definite. It was earnest, humble and full of expectant faith.

After using paint brushes, soak them in turpentine for an hour. Then wipe with a soft cloth and wash in warm water and soapsuds.

Descendants of "Fathers of Confederation"



This group pictured at Charlottetown, P.E.I., on the occasion of the 75th anniversary of the first meeting on the island of the Fathers of Confederation, is comprised of three direct descendants of that distinguished group who conceived the idea of a united Canada. From LEFT to RIGHT they are: Mr. Justice L. P. D. Tilley, Saint John, N.B., son of Sir Leonard Tilley, who was the New Brunswick delegate at the Confederation meeting; Hon. Wm. J. Tupper, lieutenant-governor of Manitoba, son of Sir Charles Tupper; Hon. Geo. D. De Blois, lieutenant-governor of Prince Edward Island; and P. C. Johnson, of Moncton, son of Hon. J. M. Johnson.

Novel Porch Garden

A pretty hanging garden for a porch can be made with an old sponge and some shoots of ivy. Tie a piece of string to the sponge so that it can be suspended, and get five or six shoots of ivy a few inches long and push the cut ends of these into holes in the sponge. Trail the other parts of

the shoots over the sponge, keeping them in place with hairpins, for the closer the stems are to the sponge the better. Keep the sponge moist by soaking it in a bowl of water now and again.

The ivy shoots will send out roots into the sponge, and soon after many new leaves will appear making the ball a mass of greenery.

THIS CURIOUS WORLD

By William Ferguson



BEEES
HAVE A TENDENCY TO BECOME EXCITED IN THE PRESENCE OF PERSONS WEARING BLACK CLOTHES!

GIANT BEANS
HAVE BEEN KNOWN TO GROW 6 FEET LONG IN NEW ZEALAND

A CATERPILLAR OF THE GUIANA FORESTS CUTS FLOWER BUDS FROM PLANTS STRINGS THEM TOGETHER WITH SILK, AND ATTACHES THEM TO ITS OWN BODY SPINES.

INSECTS OF the tropics have many curious ways of making themselves inconspicuous. The caterpillar folds flower buds in its front legs while covering them with silk, then twists its head around and attaches them to its body.

WORK OF ART

HORIZONTAL

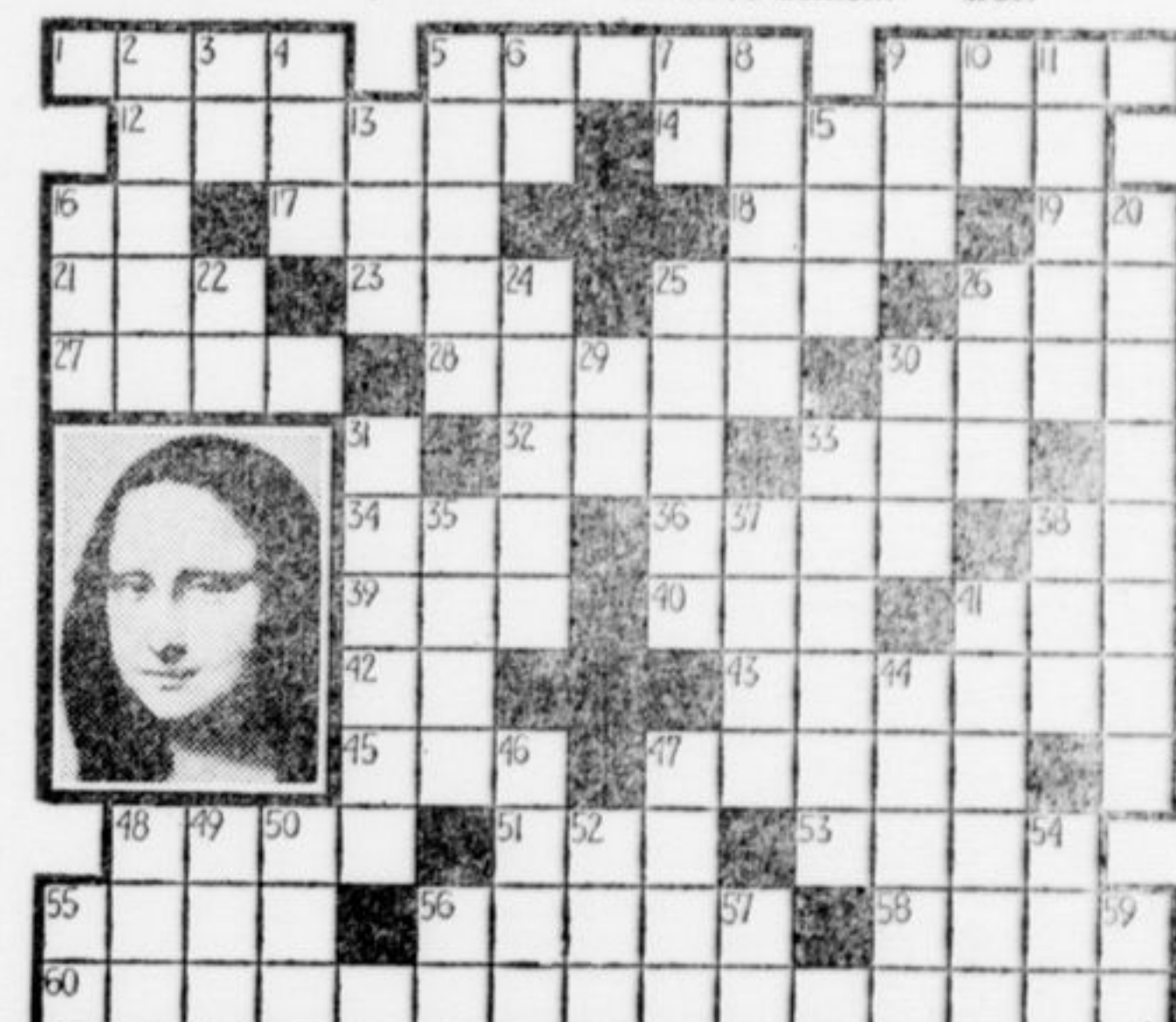
- 19 Famous painting here.
- 5 The pictured lady makes it outstanding.
- 12 Sailor.
- 14 Yellow-skinned fruit.
- 16 North Britain.
- 17 Digit of the foot.
- 18 To sink.
- 19 Above.
- 21 Over.
- 23 To scold.
- 25 Encountered.
- 26 Professional golfer.
- 27 Snare.
- 28 Native African village.
- 30 God of the sea.
- 32 Ozone.
- 33 Reddish-brown.
- 34 Grain.
- 36 Wore shoes.
- 38 Senior.
- 39 Rubber tree.

Answer to Previous Puzzle

EVIL, DELEON, PONCE, RESCOW, LITIA, DE LEON, PRUNERS, DEB, DE LEON, ESS, ILO, DE, ILL, TO, CLOW, SWE, DEAT, JONES, MASHES, MAGA, ABE, D, MARKED, DRAGON, T, P, REEM, IN, EN, CH, I, TO, AR, DE, ROT, O, L, AN, T, ST, Y, W, I, T, I, A, FADE, MAP, S, H, ORES, FLORIDA, I, SPANISH.

VERTICAL

- 2 Umbrella (bird).
- 3 North Africa.
- 4 Work of genius.
- 5 Prying spy.
- 6 Myself.
- 7 Pound.
- 8 Artist's frame.
- 9 To loiter.
- 10 Within.
- 11 Long-beaked fish.
- 13 Electrified particle.
- 15 Wood demon.
- 16 Negative word.
- 19 It was pointed as a.
- 22 Sun god.
- 24 Furnace heat.
- 25 Mosaic.
- 26 To handle.
- 29 Slit.
- 30 Youth.
- 31 This painting hangs in the
- 32 Child's game.
- 35 Wings.
- 37 Throng.
- 38 Son.
- 41 To make mean.
- 44 Rapist of game.
- 46 Stepped upon.
- 47 Oval.
- 48 Cravat.
- 49 Stir.
- 50 Cognizance.
- 52 Indian.
- 54 Part of a circle.
- 55 Morindin dye.
- 56 Hour.
- 57 Musical note.
- 59 Liliaceous tree.



POP — Prepared to Break Duration Record



By J. MILLAR WATT