

Parents Look Back!

Did You Hate Having to Kiss Certain Relatives?

Did you tell a little lie occasionally and then feel terribly guilty and wish that your parents wouldn't be cross if you confessed and got it off your mind?

Did you feel that no one in the house was being sympathetic enough about your homework, and that you'd be deliciously happy if only one person would be nice about it and help in a really practical manner?

Did you loathe eating certain foods, such as greens, and yet be ready to eat just a little without protest if only that would satisfy the powers-that-were?

Didn't you hate having to wear clothes that were cut down for you and looked it?

Did you hate having to kiss certain relatives and wish that your parents and the relatives would be satisfied with a polite "Good afternoon!" and a handshake?

Did you long to make real noise without fear of being told to behave every two or three seconds? Didn't you sigh for some place, be it ever so plain and humble, where you could make a noise?

Did you wait, with beating heart, for father to come home and wish that mother had done the punishing? Didn't you long to be able to tell your story first?

If these things happened to you when you were young, will you bear them in mind, in all their lurid colors, now that you have children of your own? If you do remember these childish fears and so forth you will be a better father and mother!

KEEPING FIT WITH THE STARS



Ping pong, tennis, badminton, and swimming are the favorite sports of Judy Garland. She plays all very well and uses these games for her conditioning exercises.

The Place In Which You Live

A Happy Peaceful Interior Important In Your Home

Colors are so important to the making of a happy home, since they create that atmosphere of serenity which sends us home feeling at peace with ourselves and our world and welcomes us back with the same friendliness. But having found that glorious shade of red or orange or vivid green, go easy with it. Use it as an effective touch here and there of colorful originality... a wastepaper basket, a cushion, a candle, a quaint jug or bowl. Overdo the touch and the effect is gaudy, restless, tiresome to live with.

Wallpaper is all-important and therefore must not be chosen entirely on its own merit but as the background which is going to show up the furnishings of a room to the best advantage. Cowslip and pale sunshine shades, for instance, show up the highlights of your color scheme in the most considerate way.

These shades appear to give added dimensions to a room. So do the light shades of blue but, of course, like green, they ask for a sunny room.

Now a few safe rules. Make simplicity the keynote... remember that the most charming effects are always simple. Be colorful, by all means, but in a restful way.

Avoid too violent contrasts... especially between wallpaper and woodwork. Where possible have these toned. Beware of too ornate pieces, particularly in small rooms.

If your abode is small, it is a good plan to have walls of the same tone throughout, especially all on one floor, so that when doors are left ajar, there is a pleasing effect of continuity instead of a jarring chopped-up medley of color.

Point thy tongue on the anvil of truth.

NEWS PARADE...

ROYAL AIR FORCE: On the anniversary of Louis Bleriot's history-making flight across the English Channel thirty years ago, Britain sent 240 of her most modern bombing planes roaring over France last week. It was the biggest war-test flight ever made in history and was an impressive demonstration of the progress in aviation since Bleriot made the crossing three decades ago.

Although the flight was merely a demonstration, the Axis powers will have no doubt now regarding Britain's power in the air and it is almost significant to learn that Hitler on the day of this demonstration was suffering from nervous shock.

NEW FARMING UNIT: In Dearborn, Michigan, Henry Ford exhibited before 400 newspapermen and agricultural experts recently a new mechanized farming unit which he predicted would revolutionize agriculture and "make draft animals economically obsolete." Said he: "It will displace the horse on the farm just as the automobile displaced him on the road." Mr. Ford's horse-displacer consists of a small lightweight tractor with detachable implements embodying new tricks of coupling and operation developed by an Irish engineer named Harry Ferguson. The Ford-Ferguson tractor unit has many revolutionary virtues and costs about \$385.

BRITAIN'S CANNY MOVE: When Britain decided to extend credits totalling \$300,000,000 to her potential allies for the purchase of munitions and other war materials she made a canny move. More potent than threats of force is the threat of economic resistance to fascist military strength has been debated—England and France are unbeatable in the field of finance—and Hitler knows it. Thus the more important result of the British decision is its moral effect—for British credits are more convincing evidence of future intentions than British promises.

150TH BASTILLE DAY: July 14th marked the 150th anniversary of the fall of the Bastille. The celebration took the form of a tremendous military pageant this year and not since recent war scares has France seen such a gay, self-confident and joyous Bastille Day, prompting observers to note that in the war of nerves the Republic has won a great victory.

To most of us Bastille Day has much more significance than just as National holiday. To Frenchmen and to the rest of the world it is a memorial to the "principles of 1776 and 1789", to ideas common to Western democracy. When we think of the storming of the Bastille we realize that it was an act of defiance against vested authority, a dramatic and concrete assertion that men can and will overthrow a government with which they are dissatisfied.

The family Bible of the late Czar Nicholas II of Imperial Russia has been found in a second-hand bookstore in London.

The Bible, bound in satin-smooth leather with solid gold clasps, has been returned to the British and Foreign Bible Society, which gave it to the Czar for his Coronation in May, 1896.

To prevent the formation of a black sulphur line between the yolk and white, the egg should be shelled while still hot and plunged immediately into cold water.

Detroit Red Wings' Star Is Golf Champ.



Pete Kelly, of Charlottetown, star with the Detroit Red Wings in the National Hockey League, successfully defended his golfing crown during the New Brunswick-Prince Edward Island championships on the Algonquin Country Club links at St. Andrews-by-the-Sea, N.B. Kelly had a gross of 309 and net of 281 for 72 holes to lead the field of Maritime golf experts. Swimming at Katy's Cove and parties at the Algonquin Hotel added to the fun of the tournament at the famous resort.

LIFE'S LIKE THAT

By Fred Neher



ONTARIO OUTDOORS

By VIC BAKER

SKEET AND TRAP SHOOTING

The ten zone winners in the Dominion Marksmen 1939 national skeet and trap shooting championships, who emerged victorious over some 400 of the country's leading clay-pigeon marksmen competing on 20 skeet teams and 24 trap squads, were announced recently from the headquarters of the Dominion Marksmen headquarters in Montreal.

The first renewal of the Dominion Marksmen national shooting championships, this year's shooting tournament will give some 3,000 skeet marksmen throughout Canada their second championship team since the sport was introduced to this country at St. Stephen, N.B., in 1929. For trap shooters the competition marks only the second time that a national trap title has been at stake since Jack Trotter, old-time Winnipeg marksman, invented the clay-pigeon more than 60 years ago.

Dominion Skeet Championship—Defending the Canadian Skeet Championship in the Dominion finals held at the end of July is the York Skeet Club team from Toronto. This team posted the highest score among the skeet zone finalists. The Toronto team scored 236 out of a possible 250 points to successfully defend its Central Zone title against six other entries representing Hamilton, Copper Cliff, London, Leveack and Toronto. The other skeet zone winners were: St. John Skeet Club, Montreal Skeet Club, Medicine Hat Gun Club and Trail, B.C., Trap and Skeet Club.

Dominion Trap Shooting Championships—In the trap shooting championships, the defending national titleholders from the Saskatoon Gun Club successfully defended their Mid-Western Zone title after a very thrilling shoot-off against a crack five-man squad from the Medicine Hat Gun Club. The two teams tied in the regular zone shoot with a score of 243 out of a possible 250. In the shoot-off the Saskatoon men outshot their rivals by a single point after posting a score of 242 out of 250. The Medicine Hat team fell to second place among the other three entries from Calgary, Edmonton and Saskatoon who represented the 25 registered gun clubs in the Mid-Western Zone. The other four trap zone winners were: Dartmouth, N.S., Rod and Gun Club, Grand Trunk Riverside Gun Club of Montreal, Sunningdale Gun Club of London, Ont., and the Vancouver Gun Club.

Many go through life as rivers go to the sea, taking the easiest course.

Man must love and be beloved. We must subdue self or survive.

Don't Get Sun In Your Eyes

Protect Them With Dark Glasses or a Crop of Wrinkles Will Result

It's a common enough impulse to fling protection to the winds, or whatever winds blew before the sunshine came along, but that doesn't do away with the common-sense fact that your eyes need it, your head needs it, and most certainly your beauty needs it.

First, let's be sensible about your eyes, and mix the sense with fun. Gone are the days when dark glasses were either a sign of defective sight or an attempt at disguise.

Today, on a sunny day, they are as indispensable as lipstick, and even more useful. An afternoon's sunbath, without glasses, can undo all the good that a year's care ever did. An hour's squinting into the sun can produce a finer crop of wrinkles than a decade of time.

Books And You BY ELIZABETH EEDY

SUMMER READING

When the mercury rises and our brows bead with the heat of summer we turn to the more amusing in the realms of literature. For summer reading we find that the shorter stories and human anecdotes of some of the popular essayists are delightful.

Among the favorites we have selected three to recommend. One is that little masterpiece from the pen of Cornelia Otis Skinner, "Excuse It Please," in which the author carries you along through a series of her amusing experiences, such as meeting old school friends and not having one thing in common with them, and learning to ride a horse.

One of the best collections which has not received the attention it deserves is Harold Nicholson's "Small Talk." Many are familiar with the Hon. Harold Nicholson, M.P., in "Punch" magazine but they should be more familiar with these witty essays. "Small Talk" is a tonic!

The third to come to mind at this season is one that is listed among the new books. Dorothy Parker, favorite of many has released a new collection of her short stories entitled, "Here Lies." Mrs. Parker in all her works shows perfectly, certain situations common to the lives of millions of human beings of all classes, races and nationalities. Her wit is at times barbed and again she writes with compassion but at all times she is penetrating.

We guarantee that one or all three of these will prove entertaining and will leave the reader chuckling and refreshed.

VOICE of the PRESS

FOR HOME AND COUNTRY

We never lose an opportunity to say a good word about Women's Institutes for all the organizations rendering public and unselfish service in a community, we place these at the top. Their activities are sensible and practical, mostly of a humanitarian character carried on without fuss or show to relieve and give comfort and happiness to those less fortunate than themselves. — Bowmanville Statesman.

THINGS WE LEARN

From John Gunther's "Inside Asia," you learn that the Japanese Prime Minister's salary is \$2,592 a year; a beach following a meal in Nippon is a compliment; an average of 29,000 persons are picked off the streets of Shanghai each year, dead of starvation, yet in the same city one may dine at restaurant where a dinner costs \$600, that American cigarettes sell at a lower price in India than in the United States. — New York Post.

WHAT HITLER HAS DONE TO GERMANY

We hear much of what Hitler has "done for Germany." We hear less of what he has done to Germany... to German human beings.

What he has done to German human beings is disclosed in part by an analysis which the New York Times has made of German vital statistics. Thus:

Since Hitler came to power in 1933 cases of diphtheria and scarlet fever have virtually doubled; of spinal meningitis actually trebled. Food poisoning cases increased from 1,565 in 1932 to 2,764 in 1937. Death rates between the ages of one and five went up 12.5 per cent. for girls and 20 per cent. for boys between 1932 and 1936. — Ottawa Journal.

HARK JUNE BRIDES

Average June bride, according to statistics, requires \$28 for her trousseau. Which wouldn't be so bad if she didn't refuse to wear the same clothes a month or so later. — Sherbrooke Record.

"A VERY WICKED MAN"

A daughter of Charles Dickens is quoted as saying that the famous author was "a very wicked man" and that his family led the very Dickens of a life with him. — The Stratford Beacon Herald.

A teachable spirit is beautiful whether in a child or one of mature years.

Times being what they are, Monte Carlo's casino now gives its patrons bargain-basement gambling. For two hours on certain days, the zero on the roulette wheels is suspended, thus giving the customers a better break against the house.

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By GENE BYRNES